



# Research Trends in Social Robots for Learning

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## Abstract

**Purpose of Review** With the growth in the number of market-available social robots, there is an increasing interest in research on the usage of social robots in education. This paper proposes a summary of trends highlighting current research directions and potential research gaps for social robots in education. We are interested in design aspects and instructional setups used to evaluate social robotics system in an educational setting.

**Recent Findings** The literature demonstrates that as the field grows, setup, methodology, and demographics targeted by social robotics applications seem to settle and standardize—a tutoring Nao robot with a tablet in front of a child seems the stereotypical social educational robotics setup.

**Summary** An updated review on social robots in education is presented here. We propose, first, an analysis of the pioneering works in the field. Secondly, we explore the potential for education to be the ideal context to investigate central human-robot interaction research questions. A trend analysis is then proposed demonstrating the potential for educational context to nest impactful research from human-robot interaction.

**Keywords** Social robots · Education · Robots for learning · Robot tutor · Human-robot interaction

## Introduction

Over the years, the field of social robotics has considerably grown, represents a big share of all human-robot interaction research. Social educational robots are pedagogical or intelligent agents that aim to support learning and teaching. As illustrated in Fig. 1 (extrapolated from [1]), social educational robotics is a multi-disciplinary field embedding notions, methods, and theories from learning sciences, robotics, and human-computer interaction.

Several recent review papers have analyzed new findings in social educational robots, some of which target specific areas of the curriculum. Some focused on works dealing with language or literacy [2–6]. Other reviews focused on the methods; for instance, Yang and Zhang [7] present artificial intelligence (AI) methods for intelligent tutoring robots, and

Jamet et al. [8] review research works using the learning by teaching approach. Other reviews looked at the application of social robotics to specific target groups of learners, for instance, social robots for primary [9] and special education [10].

Belpaeme et al. [11] proposed a systematic review of papers published between 1992 and May 2017, and presenting studies featuring social robots in education. In this survey, authors specifically targeted three questions around the notions of *Efficacy*, *Embodiment*, and *Interaction Role*. In terms of embodiment, their findings showed a predominance of studies using the Nao robot. The role of the robot seems to be predominantly that of a tutor or a teacher. Rosanda and Istenic [12] found a similar trend when analysis studies were conducted in classroom settings. Finally, in terms of efficacy, authors found that studies were targeting two main outcomes: affective (i.e., empathy or immediacy) and/or cognitive (i.e., learning gain). Their analyses showed that the effect of social robots in education seems to be, as for now, limited to “short, well-defined lessons”.

As we will show in this review, education provides interesting technical, theoretical, and methodological challenges for robotics. Education is one of the most growing areas for commercialization of social robots, foreseen to provide an

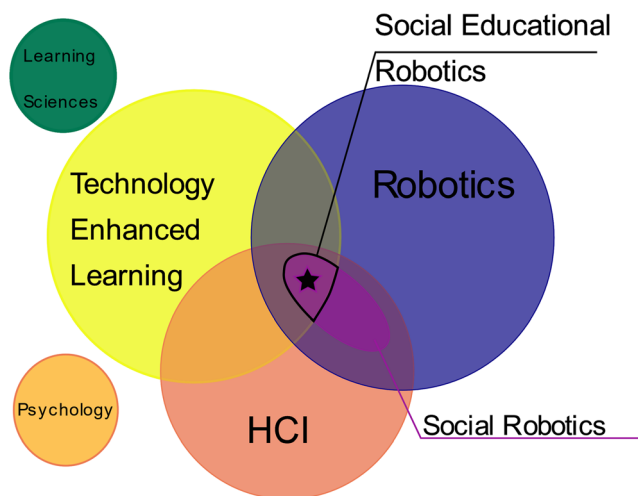
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**Fig. 1** View of fields of study that conformed social educational robotics. HCI: human-computer interaction and \* denotes social educational robotics (extrapolated from [1])

engaging and personalized learning experience. This instant in social educational robotics provides a unique opportunity to reflect on where the research originated and where it is

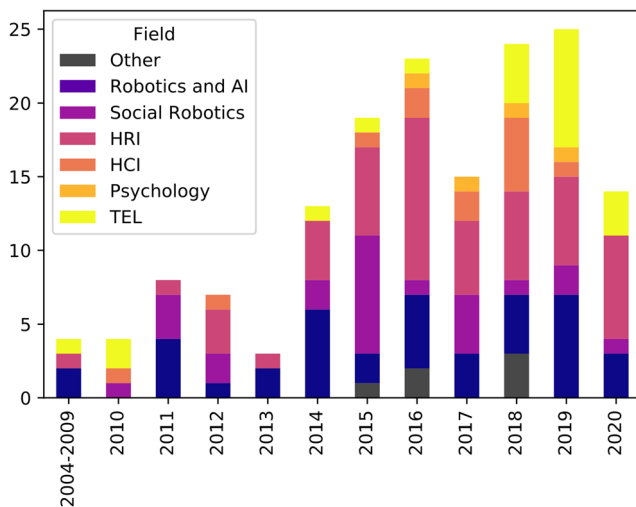
heading. In this article, we extend on a recent review by Belpaeme et al. [11] incrementing the number of papers considered in the analysis by more than a third issued from publication since May 2017 until March 2020. We review technical and research trends in the field and consider what the future may hold for the field.

## Methodology

Our aim with this paper is to highlight trends of research. We will be looking at evolution thought this past 15 years of several aspects of social educational robotics. Using Belpaeme et al.'s collection as an initial base, we first extended the list of papers to cover research from 2004 until March 2020. This was done by reproducing the methodology described in the original paper and searching the same keywords. Furthermore, we annotated this new enriched collection aiming to answer novel questions and focusing on temporal trends of the field. Finally, in order to obtain bibliometric information about the published papers, we used the CrossRef

**Table 1** Publication venues for papers in the dataset

Field	Journals	Conferences
Technology-enhanced learning (TEL)	British Journal of Educational Technology Computers and Education International Journal of Emerging Technologies in Learning (iJET) Journal of Computer Assisted Learning LNCS Artificial Intelligence in Education LNCS Adaptive Instructional Systems Journal of Special Education Technology	INTED Conference European Conference on Game Based Learning Creativity and Cognition Conference European Association for Computer Assisted Language Learning IEEE International Conference on Advanced Learning Technologies (ICALT)
Psychology	Cognitive Systems Research Educational Psychology Computers in Human Behavior Interaction Studies	
Human-computer interaction (HCI)	International Journal of Child-Computer Interaction Frontiers in ICT ACM Transactions on Interactive Intelligent Systems	ACM Conference on Human Factors in Computing Systems (CHI) IEEE Colombian Conference on Communications and Computing (COLCOM) International Conference on Human-Agent Interaction (HAI) ACM Conference on Interaction Design and Children (IDC) ACM on International Conference on Multimodal Interaction (ICMI) IEEE/RSJ International Conference on Intelligent Robots and Systems IEEE-RAS International Conference on Humanoid Robots (Humanoids) International Conference on Robotics and Mechatronics (ICRoM) IEEE International Conference on Systems, Man, and Cybernetics (IROS) AAAI Conference on Artificial Intelligence
Robotics and AI	Frontiers in Robotics and AI Journal of Advanced Computational Intelligence and Intelligent Informatics Advances in Intelligent Systems and Computing Autonomous Robots Mechanical Engineering Letters Robotics and Autonomous Systems International Journal of Humanoid Robotics IEEE Robotics & Automation Magazine LNCS Towards Autonomous Robotic Systems Science Robotics Paladyn Journal of Behavioral Robotics	
Human-robot interaction (HRI)	Journal of Human-Robot Interaction ACM Transactions on Human-Robot Interaction	ACM/IEEE International Conference on Human-Robot Interaction (HRI) IEEE International Symposium on Robot and Human Interactive Communication (RO-MAN) International Conference on Companion Technology (ICCT)
Social robotics	International Journal of Social Robotics LNCS Social Robotics Technologies	
Others	Frontiers in Computational Neuroscience Topics in Stroke Rehabilitation	IEEE International Conference on Development and Learning and Epigenetic Robotics (ICDL-EpiRob) International Conference on Software, Telecommunications and Computer Networks (SoftCOM) IEEE Congress on Evolutionary Computation (CEC) Annual SIGdial Meeting on Discourse and Dialogue



**Fig. 2** Publication field for papers in the dataset throughout the years. (HRI): human robot interaction, (HCI): human-computer interaction, and (TEL): technology-enhanced learning

python API [13] and scrapped information based on papers' digital object identifier (DOI). Papers without a DOI were excluded from our dataset. The output dataset contains 160 papers and is available online as well as the source code used for our analysis [14].

With a first look at the paper datasets, we propose to cluster the publication venue (i.e., journal title, conference proceedings title) in relation with the fields that encompass social educational robotics. Table 1 presents the list of venues and how they were clustered. Figure 2 shows the evolution of the publication fields over the years. Looking at this data, we observe a recent trend of publications in technology-enhanced learning venues and less in more core HCI and robotics venues. This could be explained by more reliable robotics system allowing to focus on educational impact of social robots in real world settings.

## The Origins of Social Robots for Education

In order to capture the most prominent and influential papers from early years, we use our enriched survey based on [11], now containing 160 papers published from 2004 to March 2020. To determine which articles are the most influential, we used the number of citations for each work as the discriminant metric. The number of citations is a bibliometric measure, commonly used to determine the influence of papers, researchers, and institutions. In order to obtain the number of citations for the list of papers in our concerned dataset, we crossed the papers using their DOI with data obtained from Crossref [15]. Crossref's citation count, however, is limited to citation that include a DOI and thus susceptible to being incomplete. For completion, we used the count of citations from

Google Scholar on the 20th of March 2020. The top 8 most cited papers from the survey are listed in Table 2. All these works have introduced either new methods, new areas of application, or novel perspectives and hence been highly influential in the field.

The most cited article is by Tanaka and Matsuzoe [16] and presents one of the first long-term experiments in a school. The paper reports on experiments featuring a robot care receiver used for L2 English vocabulary learning for children in Japan. The study is one of the initial works using the learning by teaching (LbT) paradigm. This approach places the robot as a learner and the student as the robot's teacher. LbT is a very interesting paradigm for social robots in education as it can play both on the student's extrinsic motivation and be used to adapt the training. Several projects have been using this paradigm for handwriting or reading for instance [24, 25]. A recent review by Jamet et al. presents an overview of the HRI studies using LbT [8].

The second most cited paper by Fasola and Matarić [17] presents an autonomous robotic coach system for elderly to learn physical exercise. This paper points out the applicability of autonomous tutoring for elderly and the importance of embodiment in engaging adult participants. Although assistive robotics studies often frame their contributions apart from learning, they measure offline benefits of training and include motor learning evaluation with sometimes pre-posttest [26].

Saerbeck et al. [18] present a study showing social robotic tutor with supportive behaviors and demonstrate its positive learning effects. Similarly, Han et al. [21] introduced a home robot-assisted learning system targeting L2 (in this case English for Korean children) and demonstrated post-experimental positive effects of the social robots in comparison with a computer-based learning system. This study constituted one of the first large studies (90+ students) demonstrating significant results.

Fridin [20] explored a different role for the social robot and proposed one of the pioneering research studies featuring a robot teaching assistant, helping the teacher to teach kindergarten new concepts and motor skills. This work demonstrated the use of social robots in preschool to assist teachers in an interactive storytelling scenario.

Personalization and social adaptation are key areas of research in social educational robotics. Szafer and Mutlu [19] show how one can measure the learner's attention using EEG during the learning task and present an adaptive robotics agent that can regain attention, demonstrating improvements in recall. Leyzberg et al. [23] report one of the pioneer works evaluating the influence of personalized tutoring by a robot tutor compared with not personalized with a large cohort. They showed a "one-sigma" improvement in posttest showing positive benefits of personalization. A year after, Kennedy et al. [22] show that robots can effectively employ teaching strategies when used to teach prime numbers to children.

**Table 2** The top 8 most cited papers (citations retrieved on 6 March 2020)

Article	Citation count	
	Crossref	Google Scholar
Tanaka and Matsuzoe, “Children teach a care-receiving robot to promote their learning.” [16]	126	245
Fasola and Matarić. “A socially assistive robot exercise coach for the elderly.” [17]	122	232
Saerbeck, Schut, Bartneck, and Janse. “Expressive robots in education: varying the degree of social supportive behavior of a robotic tutor.” [18]	108	260
Szafir and Mutlu. “Pay attention! Designing adaptive agents that monitor and improve user engagement.” [19]	85	224
Fridin. “Storytelling by a kindergarten social assistive robot: a tool for constructive learning in preschool education.” [20]	77	163
Han, Jo, Jones, and Jo. “Comparative study on the educational use of home robots for children.” [21]	68	178
Kennedy, Baxter, and Belpaeme. “The robot who tried too hard: social behaviour of a robot tutor can negatively affect child learning.” [22]	64	148
Leyzberg, Spaulding, and Scassellati. “Personalizing robot tutors to individuals’ learning differences.” [23]	58	148

However, their study also showed that “a robot which is not appropriately social led to greater learning gains of children in a maths task than a robot with appropriate social behaviours.” This novel study has nourished even more research to assess the potential of social personalization in learning with a robot tutor.

From these pioneering and highly cited works, we derive two research-question areas that are often addressed in social robots for education:

- *Effectiveness*: Does social behavior enhance learning? What can be taught with a social robot? What is the role of social robots in education?
- *Social adaptation and personalized learning*: Can educational paradigm be applied to robots for learning? What are the added values of personalization and adaptation? Is there an effect of the social agent embodiment?

These questions go beyond the special context of using robots in education. This makes the educational context a challenging and interesting area for social assistive robotics to tackle important challenges.

## Evolution of Social Educational Robotics over the Years

As discussed earlier, and simply looking at the publication venues, there seems to be a shift of the field towards demonstrating effective robot’s intervention in learning contexts. This section aims to look at the evolution of key aspects of studies in social educational robotics over the last 16 years to observe potential research trends.

Figure 3a shows a clear trend of research studies involving **children participants**. Like the observations of Belpaeme et al. [11], we noticed a large body of research pertaining to elementary and primary school learners. While this trend can be justified by the current educational needs of the younger population, one can wonder if it could be a consequence of the robot’s design, its abilities, and its credibility in the social role attributed to it in the learning context. Concerning the reported outcomes, affective and cognitive outcomes were distinguished and annotated for the new papers added to the dataset similarly to [11]. While before 2016, studies were tackling either affective or cognitive outcomes exclusively. Using data up to 2016, Belpaeme et al. found that a large number of works were presenting affective outcomes. However, the past 3 years have revealed an emerging inclusive trend of reporting on **both affective and cognitive outcomes** rather than focusing on a single one (see Fig. 3b). This trend is at the benefit of evaluating cognitive impact of the robot and to investigate its worth. We also noticed that a very small number of studies target the teachers’ or the educators’ ease at physically using social robots in educational contexts.

Looking at the offline impact of learning sessions with a robot, we investigated how many papers were reporting **retention outcomes**. Indeed, when dealing with learning, especially with a robot, one would expect that the effect of learning is not limited to the session itself but that students not only retain but even find themselves to be able to transfer what they have learned with the robot afterwards in time. While most of the works reporting cognitive outcomes present results on immediate posttests, only 15% of works published report on retention outcomes. A major research question addressed in social educational robotics research deals with **social adaptation and personalization**. This research is motivated by the

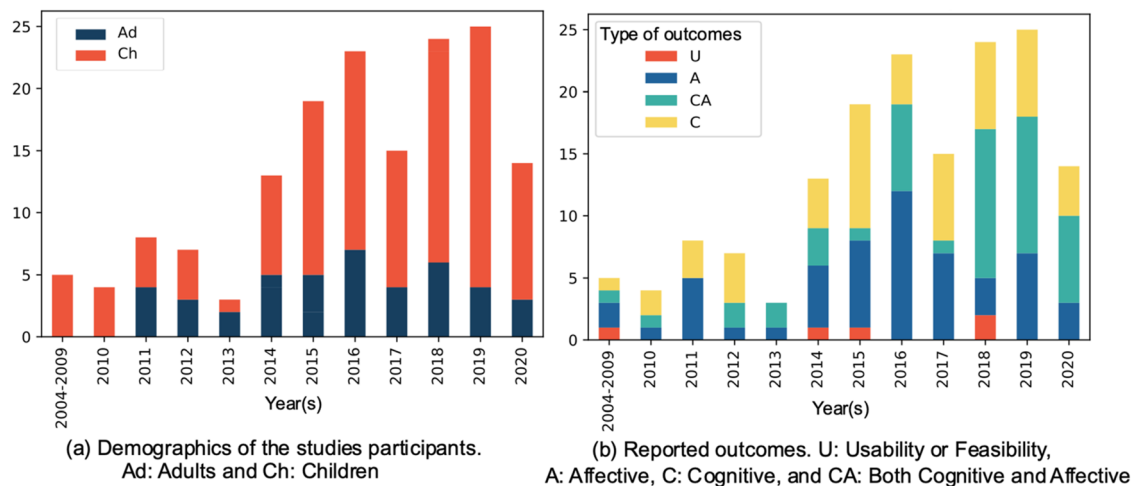


Fig. 3 Demographics and reported outcomes of studies

will to promote individualized and tailored learning experience. As a consequence, a large majority of research studies reporting on advances in personalization of learning are conducted with one student at a time (see Fig. 4a). This trend is particularly true for papers published over the last 5 years, during which the proposition of **one-to-one** setups has increased up to more than 80%. These studies have proposed exiting novel methods to enable robots to adapt the learning content as well as its social behavior [23, 27–33]. We refer to works that mentioned using a Wizard of Oz or other kinds of human interventions to control the robot while it was interacting with the learners as “**Teleoperated**”. Figure 4b presents the number of studies over the years according to the autonomous vs. teleoperated modality. Over the last 5 years, the number of studies in which the robot is not teleoperated became relatively high (above 60%) compared with studies with a wizard or a teleoperating system. On this matter, Clabaugh and Matarić [34] propose an interesting analysis of current methods and constraints to reach fully autonomous social assistive robotics.

Another important aspect in instructional design is the material used. Preparing the learning material is a major task for all educators. While social robots often need a computer (to handle the computations) or external sensors to operate, we were particularly interested in the **material used as a medium** for the interaction between the learner and the robot. To address this question, we annotated the dataset and defined four categories of tools. Some setups made use of tangible interfaces including custom-made buttons [25], physical objects [35, 36], cards, usually manipulated by the learner [37], and books [38]. Some papers reported the use of computers and laptops, used both to display material and for the learner to answer questions [39]. Touch screens such as interactive tables (allowing several learners at a time) and tablets were also quite abundant (i.e., [40]). Several studies also reported the use of screens that were used to augment the discourse of a

lecturing robot. Despite the majority of works using external tools, some studies did not use any external material at all—solely the robot was interacting directly with the learner. This was particularly the case in studies targeting motor imitation such as sign language [41]. Figure 5a shows the proportion of each of the material category. While some studies were using a combination of different tools, we see that most studies were using none or **touch screens**. The use of touch screen is not specifically particular to the educational context of social robot as noted by Park et al. [42]. Tablets and touch screens can ease the interaction especially in the absence of automatic speech recognition, which we know is not yet robust in spontaneous context for children [43].

Another aspect that we considered was the way the robot was moving in the interaction. Robots are embodied agents, and while their motion can be used to enhance their social presence through communicative gestures, robots can also be capable of manipulating objects while collaborating with humans [44]. We were interested in the types of motion that robots were exhibiting during robot-learner interactions. We annotated the dataset for robot motions being either communicative (non-verbal gestures that correspond to speech acts or affective gestures), deictic (pointing), or manipulative (directly interacting with objects of the environment) gestures. We found that almost all the studies presented social robots that used communicative gestures while a very few used manipulative gestures (see Fig. 5b). Several factors can explain this: Robots used in educational contexts do not have bodily manipulation capabilities (i.e., Jibo, Tega). There is also a trade-off between the reliability and the speed of object manipulations (from perception to plan execution) and interaction flow. Most of the contributions of these studies being non-technical but theoretical, the object manipulation came second. We noticed that nearly none of the mobile robots were moving in the environment, and that the interaction with student was confined to being at a table or in a dedicated area in the classroom.



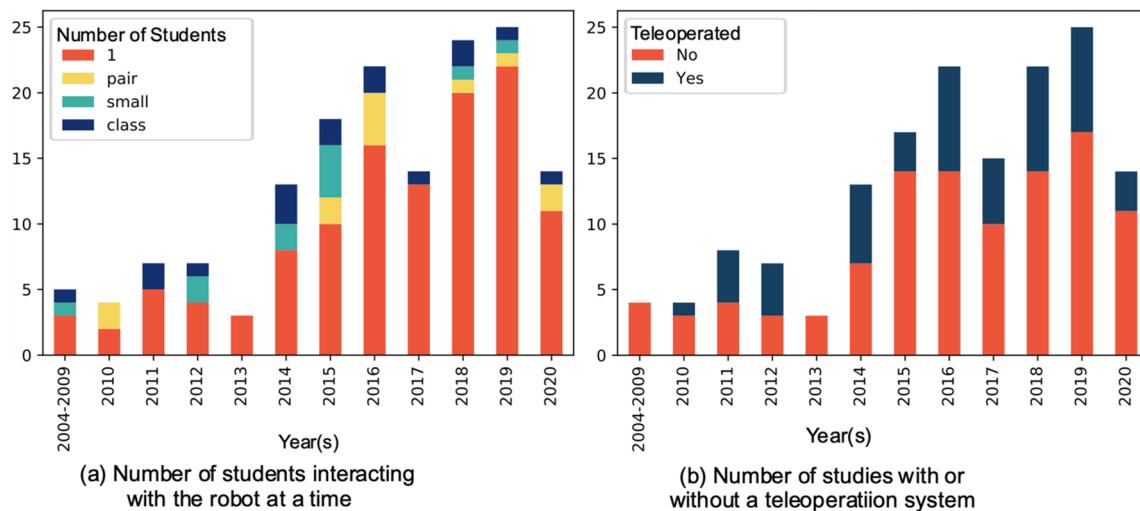


Fig. 4 Experimental setup. Small 3–5 students, class: 6 and above

## Reflections on Social Robots in Education

At this point, several potentials and threats are to be considered for the growth of the social educational robotics. This section makes some concrete recommendations for future research in social robots in education.

**Analyze the Learning Process** One big area of research in technology-enhanced learning is learning analytics. Learning analytics aims to use data mining techniques to understand learning and interaction processes and to inform the design of learner models [45–47]. Several reasons make social educational robots interesting for learning analytics. On one hand, robots feature lots of sensors that can be used as inputs to investigate the temporality and multimodality of learning mechanisms. These sensors can be used to build affective and knowledge learner models. On the other hand, learning analytics provides tools to analyze and model data streams,

and to provide insights on the learning outcomes beyond the simple pre-posttest analysis. Some recent works in robots in education have started to use learning and interaction logs to extract learners' strategies in a problem-solving task [48] and or to model learner's behavior in a literacy scenario [49].

**Benchmark, Reuse, and Reproduce** As noted previously by Belpaeme et al. [11], there have been several research studies covering similar curriculum areas (i.e., handwriting, L2, and literacy) which sometimes use the same platform (48% of studies used the Nao robot). Besides, we noticed that the robots were often used for communicative motions. These motions are not platform dependent and could have been acted with a different social robot. For these reasons, a major recommendation is to propose a wider use of open source systems and benchmarked material as well as design and empirical challenges. To evaluate the interaction effect, one needs to have a solid learning activity, with a real benefit, with the

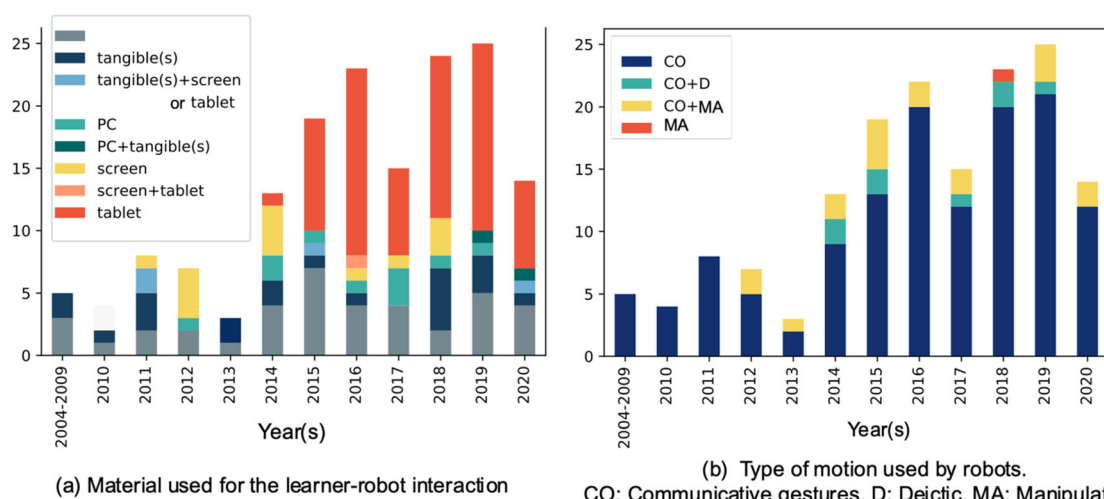


Fig. 5 Type of material and motion

adequate learning material as well as evaluation (i.e., pretest, posttest, and retention test). With shared instructional designs, researchers in social educational robotics could tackle core and general robotics or human-robot interaction research challenges. A good example of this is the Cowriter project [24], a project that aims to help children with handwriting difficulty using the learning by teaching paradigm, which published its code openly on Github [50]. Several researchers have been extending the initial work looking at long-term interaction [51], status of the robot [52], the influence of learner-robot spatial arrangement [53], the impact of engagement styles [54], and the applicability to help with the Kazakh script transition [55]. A shared repository of learning materials will guarantee reproducibility and a robust design of the learning material. These learning materials would need to specify the eventual prerequisites, the targeted skills and concepts covered by the learning scenario, the types of feedback, the structure of the interaction (i.e., problem-solving, guided lessons), and the educational material (i.e., books, web application) that are presented to the learner during the activity. Finally, instructional design challenges involving educators could help to develop scenarios that can be tested outside of research. As several platforms that are used in social HRI are commercial products, many of these robots might not be affordable for public schools. Making their scenario usable by teachers in their classroom, researchers would be able to evaluate long-term and unplugged effects of social robots in learning.

**Scale up** While individualizing learning is a first foreseen application of social robots in education, it is less realistic to allocate one physical robot per student in a class and that the robot would be facing only one user at a time, given that most social educational robots are relatively expensive for public educational institutions. Besides, one of the recent challenges of human-robot interaction research has been focusing on developing solutions to permit robots to handle social interaction with multiple users. Research challenges that are brought from handling multiple users are different from one on one interaction and should be prioritized to demonstrate applicability and worth of social robots in education. Only a few works so far have targeted group of learners by proposing robot teachers or presenters for the whole classroom or more interactive setups with a robot facilitator that handles small groups of students [56].

## Conclusion

Robots have started to show a real potential as learning or teaching companions for children in classrooms or at home, for elderly to maintain cognitive and physical abilities, and for learners with deficiencies to adapt content to their capabilities. Robots show the potential to improve individual adaptation by learning from and with the user. Several research projects

have aimed to apply HRI to education and learning in order to teach broader disciplines than just STEM, such as languages or handwriting. Robots also have the potential to enhance learning via kinesthetic interaction. They have shown to enable users to improve their self-esteem and to provide adaptive empathic feedback. Robots can thus be a means to engage the learner and to motivate him in the learning task. While robots for learning is quite an applied topic of HRI, we found that the context of learner-robot interaction is one of the most challenging and interesting for research while having the potential of a great impact.

In this paper, we proposed to update the review proposed by Belpaeme et al. in 2018 and to analyze the list of works with novel questions aiming to discover research trends. This study is subject to several limitations. Firstly, some studies meeting our inclusion criteria could have been missed in the data acquisition process. This would have had a limited effect on our analysis due to the already substantial number of works included. Secondly, we only report empirical studies in which the robot was used during the learning activity. We have also excluded research papers that did not report on participants. We excluded short research papers and other reviews. We included the papers that were initially included by Belpaeme et al., some of which can be related to the field of social assistive robotics (e.g., Fasola et al. [17]). The update of the literature review with from 2017 to March 2020 was made to limit the scope of the inclusion to only manuscripts dealing with social robot in educational context. As such, some literature on social robots for autism therapy have not been included. For review specifically on social assistive robotics for autism or elderly therapy, we recommend (for review on this field) to see [57–61]. Finally, our manual annotation of the dataset can be prone to errors. An automatic extraction of information could be envisioned to update the database in the future.

Social educational robotics has the potential to enhance research in human-robot interaction. Stronger collaboration with educators and learning science researchers can also be made in order to use robots to design and evaluate novel learning paradigms. This could be achieved by interdisciplinary contributions published in technology-enhanced learning venues.

## Compliance with Ethical Standards

**Conflict of Interest** Wafa Johal reports grants and non-financial support from European Union Horizon 2020 research and innovation program under grant agreement no. 765955. Also, she reports that this work is incrementing on a previous review published in Science Robotics 2018 by Belpaeme et al., “Social robots for education: a review”.

**Human and Animal Rights and Informed Consent** This article does not contain any studies with human or animal subjects performed by any of the authors.

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