

DYAH PUSPITA MARLANGEN

Bandung | [linkedin.com/in/dyahpuspitamarlangen](https://www.linkedin.com/in/dyahpuspitamarlangen) | +62 882188 23005 | puspitamarlangen@gmail.com

EDUCATION

DIPONEGORO UNIVERSITY

Semarang, IDN

Health Nutrition (GPA: 3.92)

July 2024

- Organization/Awards: Winner of healthy food innovation competition, Laboratory Assistant of Nutritional Status Measurement

WORK EXPERIENCE

INDONESIAN YOUTH ACTION

IDN

Staff of Sponsorship and Fundraising

March 2024 – Present

- Communicating and negotiating with potential company partners and maintaining cooperation with companies for the organisation's operational activities
- Establish a healthy relationship with each company partner, both in the short term and the long term.

BANDARHARJO HEALTH CENTRE

Semarang, IDN

Community Nutritionist

October – November 2023

- Assessed health problems that occur in the community from the early infant age to the elderly by conducted periodic health checks
- Executed an anemia management project focusing on health issues in adolescents girls with more than 60 patients
- Provided counseling and health education to prevent nutrition and other health problems

RSUD dr. SOEWONDO

KENDAL, IDN

Clinical Nutritionist – Food Service

August – October 2023

- Identified nutritional problems and ailments that occur in patients. Mainly surgical, geriatric, critical ill, maternity department
- Provided food intake interventions personalized to the patient's need and conditions based on Nutritional Care Process
- Innovated healthy foods to develop daily menus and improved food quality control in hospital food service management
- Evaluated the patient's dietary intake to determine the further treatment to be given
- Provided nutrition education and dietary recommendations to prevent disease during the recovery period

LEADERSHIP & ACTIVITY

STUDENTSxCEOs

Semarang, IDN

Operation Officer

October 2021 – October 2022

- Coordinated an external event for students in the Central Java area, with a focus on education and economic development
- Broadened the organization's exposure by arranged events with speakers from a well-known companies
- Accomplished partnered with over 20 companies, sponsors, media partners, and communities at the national level

BUSINESS PLAN NUTRITION COMPETITION

Semarang, IDN

First Place Winner

December 2022 – January 2023

- Developed an innovative approach to healthy food with the objective of advancing nutrition in Indonesia.

- Developed a healthy cookie, named “COOCHOLIN”, which is made from local ingredients (Lindur from mangrove) and is designed to meet the daily nutritional needs of vulnerable groups

BUSINESS PLAN KEDAI REKA MATCHING FUND

Semarang, IDN

Funding Recipient

November – December 2021

- Formulated a healthy food product for the prevention of stunting in coastal areas, made from sweet potato, to achieve the United Nations' Sustainable Development Goals.
- Secured 1.8 million rupiahs in funding to develop and create an objective standard for biscuits designed for pregnant women.

SKILLS & INTERESTS

Skills: Project Management | Organization Administration | Clinical & Nutritional Counseling | QA/QC | Microsoft Office (Excel, PowerPoint)

Interests: Volunteer, Social Project, Travel