Covid-19 and social distancing

Key words/vocabulary

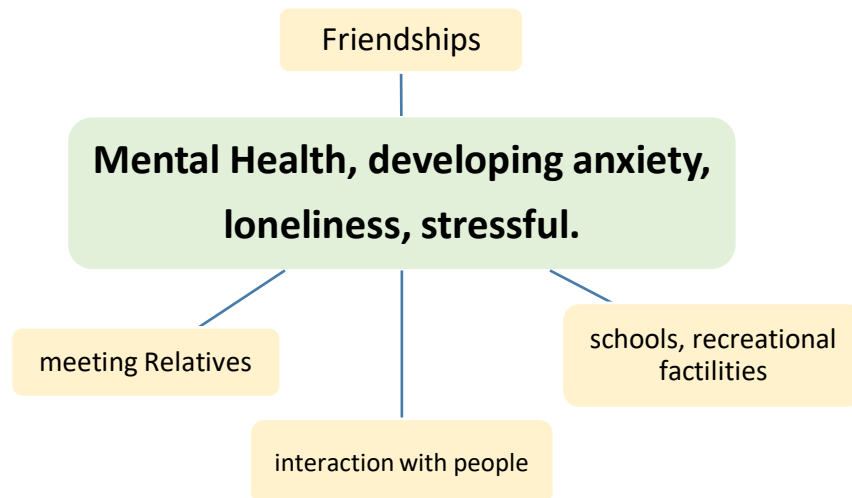**Introductory paragraph: (Nothing is normal we have a new normal)**

Sudden change in normal routine life (Why)

Socially inactive (social distancing /no social interaction) (define and explain why it is important in the current situation)

Hard/ difficult time (adaptation) (explain Why?)

Second Paragraph

Effects of covid-19 and social distancing (human nature to meet and connect with oth

Friendships

Mental Health, developing anxiety, loneliness, stressful.

meeting Relatives

interaction with people

schools, recreational factilities

Third paragraph (Current event has forced us to stay at home)

All these (above mentioned) help us to nurture, feel better, provide comfort, love, remove stress, keep us strong. (Explain How?)

Fourth Paragraph: what could be done? (Distance physically not mentally)

Connecting with friends on social media, befriend with parents, siblings, playing online multiplayer game, keep friendships alive through chats, video calls.