Contact RIKU ISRAIL

[rikkuisrail@live.com](mailto:rikkuisrail@live.com)

Mbl. No. +91-9163544686

Kolkata, West Bengal, India

(WILLING TO RELOCATE)

LinkedIn https://[www.linkedin.com/in/rikuisrail-862a4956](http://www.linkedin.com/in/riku-israil-862a4956)

Skype - risrail

Personal Trainer/Security Officer/Forklift Operator

Professional Summary

Passionate Personal Trainer with a demonstrated history of working in the Health, Wellness and Fitness industry. Reps (India) certified level 4, NSQF Level 4, PD APPROVAL. Experienced in Security CCTV operation, control room operations, Loss Prevention, Claim Investigation with 3 years in Hospitality Industry overseas. Skilled in Service Delivery, Customer Support, Customer Service Representatives, Computer Literacy, Operational Excellence, Strong community and social services professional with a SSC focused in English Language and Literature, General from National Institute of Open Schooling.

Certified Light Forklift Operator.

Achievements

Protection Controller in the sudden closure of The Bank of Tokyoa Mitsubishi, Kolkata Branch. Protection Controller in the First Democratic Tunisian Election held at Tunisian Embassy in Dubai, UAE (2014). Executed various projects successfully like Retro – Conversion at National Library, Kolkata. HTML Tagging, American Medical and Insurance projects.

Professional Experiences

February 2020 **Freelancer**

**Personal Trainer/Fitness Instructor/Gym Instructor**

Providing Personal Training at the comfort of the clients home or gym.

January 2019 -. **Flex-Fit Gymnasium**

January 2020. **General Trainer**

Taking care of client’s health, wellness and quality of life. Delivering fat loss, weight training to youths, adults and senior citizens which are fun, safe and extremely effective and tailored to individual need & goals. Inspecting the equipment condition and informing the management regarding the same.

October 2015 – **Al Kawkab Ornamental Fish Trading LLC**.

February 2018 **Partner**

Reviewed performance trends, productivity, quality and level of client services, evaluated results and implemented change management. Managed payroll and hiring of legal and administrative staffs. Structured Ministry of Human Resources and as per UAE law implemented Human Resources strategies for recruitment and selection.

Monitor operation budgets, expenditures and reported on budget and cash flow.

March 2013 – **Al Bustan Centre & Residence**

September 2015 **Security Officer**

Minimized threats such as harassment through proactive strategies and careful monitoring of the premises. Followed emergency response procedures to deliver initial medical care and secure evidence of criminal activities. Responded to all types of crises, including medical issues and intrusion alarms. Monitored entrances, exits and CCTV feeds on a continuous basis to keep a close eye on the movements of individuals and materials throughout the facility. Trained subordinates and non-security personnel in the correct methods for handling security concerns. Developed, implemented and enforced security standards to protect the organization's personnel, visitors and assets.

March 2008 - **Data Entry Operator – Freelancer**

December 2012 **Data Analyst**

Loaded machines with source media to capture data points. Evaluated the source paperwork for each project to locate important pieces of information such as customer names and bill totals.

Compared the digital data with source documents to identify and correct data entry errors.

Verified the accuracy of financial data and associated transactions before inputting into given software. Tracked data entry operations and errors with daily logs and monthly reports. Compiled, sorted and verified the original documents prior to data entry.

March 2001 - **Kolkata Response Group Pvt. Ltd.**

January 2008 **Investigation Officer**

Investigated various claim cases for the Life Insurance companies like ICICI Pru Life Insurance, Max New York Life, Tata AIG and more. Pre-marital verifications, Pre-job investigation for the Insurance Advisors, Medical investigations & Documents verifications.

Escorted Bollywood Actors and Actresses like – Zayed Khan, Esha Deol, Sunil Shetty, Tushar Kapoor, Celina Jaitley, Isha Kopikar and Ajay Jadeja. Protection Controller to the Delegates in the closure of Bank of Tokyo Mitsubishi, Kolkata Branch.

Professional Certification

Diploma in Personal Training from K11 School of Fitness Sciences, recognized by REPS (India) and PD Approval.

National Skills Qualification Framework (NSQF Level-4)

Cardio Pulmonary Resuscitation (CPR) from Rashtriya Life Saving Society, India. (December 2019 – December 2020)

Automated External Defibrillator (AED) from Rashtriya Life Saving Society, India. (December 2019 – December 2020)

International Award for Security Personnel from City & Guilds at Dubai Police Academy, UAE.

Certified Light Forklift Operator from Macneill Engineering Ltd. India.

Education

National Institute of Open Schooling - Senior Secondary Education

St. Augustine's Day School-Secondary Education

Personal Details

Date of Birth 12th May 1975

Father’s Name Mohammed Israil

Interest Music, Traveling and Bodybuilding