

Quantum Mechanics

## Problem Sheet 3

The Simple Harmonic Oscillator & Problems on Basic Quantum Mechanics

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## The simple harmonic oscillator

### 3.1

Given that  $\hat{H} = (\hat{p}^2 + \hat{x}^2)/2$  and  $[\hat{x}, \hat{p}] = i$  and an energy eigenstate  $|\psi\rangle$  with energy  $E$ , we have:

$$\begin{aligned}
 (E \pm 1)(\hat{x} \mp i\hat{p})|\psi\rangle &= (\hat{x} \mp i\hat{p})(\hat{H} \pm \mathbb{I})|\psi\rangle \\
 &= (\hat{x} \mp i\hat{p})\left(\frac{\hat{p}^2 + \hat{x}^2}{2} \pm \mathbb{I}\right)|\psi\rangle \\
 &= \frac{1}{2}(\hat{x}\hat{p}^2 + \hat{x}^3 \pm 2\hat{x} \mp i\hat{p}^3 \mp i\hat{p}\hat{x}^2 \mp 2i\hat{p})|\psi\rangle \\
 &= \frac{1}{2}[(\hat{p}\hat{x} + i)\hat{p} + \hat{x}^3 \pm 2\hat{x} \mp i\hat{p}^3 \mp i\hat{p}\hat{x} \mp 2i\hat{p}]|\psi\rangle
 \end{aligned} \tag{1}$$

### 3.2

Consider the Hermitian conjugate of the annihilation operator  $\hat{a}$ :

$$\hat{a}^\dagger = \frac{m\omega\hat{x} - i\hat{p}}{\sqrt{2m\omega\hbar}} \tag{2}$$

We have:

$$\hat{a}^\dagger\hat{a} = \frac{m\omega\hat{x} - i\hat{p}}{\sqrt{2m\omega\hbar}} \frac{m\omega\hat{x} + i\hat{p}}{\sqrt{2m\omega\hbar}} = \frac{m^2\omega^2\hat{x}^2 + \hat{p}^2}{2m\omega\hbar} + \frac{i}{2\hbar}[\hat{x}, \hat{p}] = \hat{H}/\hbar\omega - 1/2 \tag{3}$$

This allows us to calculate:

$$|\hat{a}|n\rangle| = \langle n|\hat{a}^\dagger\hat{a}|n\rangle = \frac{E_n}{\hbar\omega} - \frac{1}{2} = n \tag{4}$$

On the other hand, this is just  $|\alpha|n-1\rangle|^2 = \alpha^2$ , which implies  $\alpha = \sqrt{n}$ .

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### 3.3

The pendulum follows an approximately harmonic potential of the form:

$$V(x) = \frac{1}{2}m\omega^2x^2 \tag{5}$$

Given that  $A = 3\text{ cm}$ , we require:

$$\left(n + \frac{1}{2}\right)\hbar\omega = \frac{1}{2}m\omega^2A^2 \tag{6}$$

solving which gives the enormous energy level  $n = 5.5 \times 10^{30}$ .

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### 3.4

We minimise the function  $E(p, x) = p^2/2m + m\omega^2 x^2/2$  under the constraint  $xp = \hbar/2$ . Consider the function  $f(p, x, \lambda) = E(p, x) + \lambda(xp - \hbar/2)$ , we have need:

$$\begin{aligned}\frac{\partial f}{\partial p} &= \frac{p}{m} + \lambda x = 0 \\ \frac{\partial f}{\partial x} &= m\omega^2 x + \lambda p = 0 \\ \frac{\partial f}{\partial \lambda} &= xp - \frac{\hbar}{2} = 0\end{aligned}\tag{7}$$

Solving which gives us  $E_{\min} = \hbar\omega/2$ , which is indeed the ground state energy of the harmonic oscillator.

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### 3.5

The position representation of the  $n$ -th energy eigenstate of the harmonic oscillator is given by:

$$\psi_n(x) = A_n H_n(\xi) e^{-\xi^2/2}\tag{8}$$

where  $\xi = \sqrt{m\omega/\hbar}x$  and  $A_n$  is a normalisation constant.

The nodes of the function are due to the Hermite polynomial  $H_n(\xi)$ , which is of degree  $n$ . By the fundamental theorem of algebra, it has  $n$  roots, which are the nodes of the wave function.

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### 3.6

The ground state wave function of the harmonic oscillator is given by:

$$\psi_0(x) = A_0 e^{-m\omega x^2/2\hbar} = A_0 e^{-x^2/4l^2}\tag{9}$$

To obtain wave functions of higher energy states, we can apply the raising operator  $\hat{a}^\dagger$  to the ground state wave function. Consider:

$$\begin{aligned}
\langle x|\hat{a}^\dagger|0\rangle &= \frac{1}{\sqrt{2m\omega\hbar}} \langle x|m\omega\hat{x} - i\hat{p}|0\rangle \\
&= \left(\frac{x}{2l} - l\frac{d}{dx}\right) \psi_0(x)
\end{aligned} \tag{10}$$

or, raising the state again:

$$\begin{aligned}
\psi_2 &= \left(\frac{x}{2l} - l\frac{d}{dx}\right)^2 \psi_0(x) \\
&= A_0 \left(\frac{x^2}{l^2} - 1\right) e^{-x^2/2l^2}
\end{aligned} \tag{11}$$

The normalisation constant is given by:

$$A_0 = \frac{1}{\int e^{-x^2/2l^2} dx} = \left(\frac{l}{\sqrt{2\pi}}\right)^{1/2} \tag{12}$$

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### 3.7

Consider the matrix element  $\hat{x}_{jk} \equiv \langle j|\hat{x}|k\rangle$ :

$$\begin{aligned}
\hat{x}_{jk} &= \langle j|\hat{x}|k\rangle \\
&= l \langle j|\hat{a}^\dagger + \hat{a}|k\rangle \\
&= l(\sqrt{j} \langle j|k-1\rangle + \sqrt{j+1} \langle j|k+1\rangle) \\
&= l(\delta_{j,k-1} \sqrt{j} + \delta_{j,k+1} \sqrt{j+1})
\end{aligned} \tag{13}$$

Thus,  $\hat{x}_{jk}$  is non-zero only when  $k = j \pm 1$ , i.e.,  $\hat{x}$  is a tridiagonal matrix with the diagonal elements being zero.

For  $\hat{p}$ , we have the identity:

$$\hat{p} = i\sqrt{\frac{m\omega\hbar}{2}}(\hat{a}^\dagger - \hat{a}) \tag{14}$$

which gives us:

$$\begin{aligned}
\hat{p}_{jk} &= \langle j | \hat{p} | k \rangle \\
&= i \sqrt{\frac{m\omega\hbar}{2}} (\sqrt{j+1} \langle j | k+1 \rangle - \sqrt{j} \langle j | k-1 \rangle) \\
&= i \sqrt{\frac{m\omega\hbar}{2}} (\delta_{j,k+1} \sqrt{j+1} - \delta_{j,k-1} \sqrt{j})
\end{aligned} \tag{15}$$

which is also a tridiagonal matrix with the upper 'diagonal' elements switching their signs. •

### 3.8

Since  $\hat{x}$  and  $\hat{H}$  commute and the Hamiltonian of a harmonic oscillator is time independent, we have by Ehrenfest's theorem that the expectation value of  $\hat{x}$  is time independent. We can evaluate the ket  $\hat{x} |\psi\rangle$ :

$$\begin{aligned}
\hat{x} |\psi\rangle &= l(\hat{a} + \hat{a}^\dagger) \left( \frac{1}{2} |N-1\rangle + \frac{1}{\sqrt{2}} |N\rangle + \frac{1}{2} |N+1\rangle \right) \\
&= l \left( \frac{1}{2} \sqrt{N} |N\rangle + \frac{1}{\sqrt{2}} \sqrt{N} |N-1\rangle + \frac{1}{\sqrt{2}} \sqrt{N+1} |N+1\rangle + \frac{1}{2} \sqrt{N+1} |N\rangle \right)
\end{aligned} \tag{16}$$

where we have ignored  $|N-2\rangle$  and  $|N+2\rangle$  since they are orthogonal to  $|\psi\rangle$ .

We thus have the expectation value of  $\hat{x}$ :

$$\langle \psi | \hat{x} | \psi \rangle = \frac{l}{\sqrt{2}} (\sqrt{N} + \sqrt{N+1}) \tag{17}$$

where  $l = \sqrt{\hbar/2m\omega}$ .

This shows that while the position expectation of a single 'pure' state  $|N\rangle$  is zero, that of a mixed state is not. •

## Problems on basic quantum mechanics

### 3.9

$\hat{H}$  is obviously Hermitian since its complex conjugate is itself.  $\hat{B}$  is not for the same reason.

Apparently the eigenvalues of  $\hat{H}$  are  $\hbar\omega$  and  $-\hbar\omega$ , with the former having the eigenstate  $|1\rangle$  and the latter (degenerate) corresponding to  $|2\rangle$  and  $|3\rangle$ . It is trivial to show that the eigenvalues of  $\hat{B}$  are 1 and  $-1$ . The former has the eigenstate  $|1\rangle$  and  $|2\rangle + |3\rangle$ , while the latter has the eigenstate  $|2\rangle - |3\rangle$ .

Both  $\hat{H}$  and  $\hat{B}$  have degenerate eigenvalues so they cannot uniquely specify the eigenstates. Consider the commutator  $[\hat{H}, \hat{B}]$ :

$$\begin{aligned}
 [\hat{H}, \hat{B}] &= \hat{H}\hat{B} - \hat{B}\hat{H} \\
 &= \hbar\omega b \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & -1 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix} - \hbar\omega b \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & -1 \end{pmatrix} \\
 &= \hbar\omega b \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & -1 \\ 0 & -1 & 0 \end{pmatrix} - \hbar\omega b \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & -1 \\ 0 & -1 & 0 \end{pmatrix} \\
 &= 0
 \end{aligned} \tag{18}$$

Since  $[\hat{H}, \hat{B}] = 0$ , the two operators share a common set of eigenstates. It is easy to see that the eigenstates of  $\hat{B}$  are just linear combinations of those of  $\hat{H}$ , so we choose  $|1\rangle$ ,  $|2\rangle + |3\rangle$  and  $|2\rangle - |3\rangle$  as the shared eigenstates.

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### 3.10

By Erfhentfest's theorem, we have the time derivative of the expectation value of an operator  $\hat{A}$ :

$$\frac{d}{dt} \langle \psi | \hat{A} | \psi \rangle = \frac{i}{\hbar} \langle \psi | [\hat{H}, \hat{A}] | \psi \rangle + \langle \psi | \frac{\partial \hat{A}}{\partial t} | \psi \rangle \tag{19}$$

The second term is zero for a time-independent operator. The probability of measuring energy  $E_k$  is given by:

$$P_k = |\langle k | \psi \rangle|^2 \tag{20}$$

Consider the projection operator  $A_k$  onto the  $k$ -th energy eigenstate acting on the state  $|\psi\rangle$ :

$$A_k |\psi\rangle = |k\rangle \langle k|\psi\rangle \quad (21)$$

The expectation value of  $A_k$  is thus:

$$\langle\psi|A_k|\psi\rangle = \langle\psi|k\rangle \langle k|\psi\rangle = |\langle k|\psi\rangle|^2 \quad (22)$$

Consider the commutator  $[\hat{H}, A_k]$  acting on  $|\psi\rangle$ :

$$\begin{aligned} \hat{H} A_k |\psi\rangle - A_k \hat{H} |\psi\rangle &= \hat{H} |k\rangle \langle k|\psi\rangle - |k\rangle \langle k|\hat{H}|\psi\rangle \\ &= E_k |k\rangle \langle k|\psi\rangle - |k\rangle \sum_r \langle k|\hat{H}|r\rangle \langle r|\psi\rangle \\ &= E_k |k\rangle \langle k|\psi\rangle - |k\rangle \sum_r E_r \langle k|r\rangle \langle r|\psi\rangle \\ &= E_k |k\rangle \langle k|\psi\rangle - E_k |k\rangle \langle k|\psi\rangle \\ &= 0 \end{aligned} \quad (23)$$

where at the second step we expand  $|\psi\rangle$  in terms of energy eigenstates and at the fourth step we have used the orthogonality relation  $\langle k|r\rangle = \delta_{k,r}$ .

Since the projection operator commutes with the Hamiltonian, we have:

$$\frac{dP_k}{dt} = \frac{d}{dt} \langle\psi|A_k|\psi\rangle = \frac{i}{\hbar} \langle\psi|[\hat{H}, A_k]|\psi\rangle = 0 \quad (24)$$

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### 3.11

The probability of measuring  $q_r$  is given by:

$$P(q_r|\psi) = |\langle q_r|\psi\rangle|^2 \quad (25)$$

The summation of all probabilities is:

$$\begin{aligned}
\sum_r P(q_r|\psi) &= \sum_r |\langle q_r|\psi\rangle|^2 \\
&= \sum_r \langle\psi|q_r\rangle \langle q_r|\psi\rangle \\
&= \langle\psi|\psi\rangle \\
&= 1
\end{aligned} \tag{26}$$

where we have used the completeness relation  $\sum_r |q_r\rangle \langle q_r| = \mathbb{I}$ .

Note that we can express a state in its position representation:

$$|\psi\rangle = \int \langle x|\psi\rangle |x\rangle \, dx \tag{27}$$

where  $\psi(x) \equiv \langle x|\psi\rangle$  is the wave function.

The expectation value of  $\hat{Q}$  is given by:

$$\begin{aligned}
\langle\psi|\hat{Q}|\psi\rangle &= \int \int \langle\psi|x'\rangle \langle x'|\hat{Q}|x\rangle \langle x|\psi\rangle \, dx \, dx' \\
&= \int \psi^*(x) \hat{Q} \psi(x) \, dx
\end{aligned} \tag{28}$$

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### 3.12

(a) Given the TISE in the position representation:

$$-\frac{\hbar^2}{2m} \frac{d^2\psi(x)}{dx^2} = E\psi(x) \tag{29}$$

we have the general solution:

$$\psi(x) = A \sin kx + B \cos kx \tag{30}$$

where  $k \equiv \sqrt{2mE}/\hbar$ .

For  $\psi(0) = 0$ , we have  $B = 0$ . For  $\psi(a) = 0$ , we have  $k = n\pi/a$  where  $n$  is an integer. Thus, the energy levels are:



$$E_n = \frac{\hbar^2 n^2 \pi^2}{2ma^2} \quad (31)$$

To fix the normalisation constant  $A$ , we have:

$$|A|^2 \int_0^a \sin^2 \frac{n\pi x}{a} dx = 1 \quad (32)$$

which gives us  $A = \sqrt{2/a}$ .

(b) The expectation value of the position is given by:

$$\begin{aligned} \langle \psi | \hat{x} | \psi \rangle &= \int_0^a \psi^*(x) x \psi(x) dx \\ &= \frac{2}{a} \int_0^a x \sin^2 \frac{n\pi x}{a} dx \\ &= \frac{a}{2} \end{aligned} \quad (33)$$

(c) The variance of the position is given by:

$$\langle (x - \langle x \rangle)^2 \rangle = \langle x^2 - 2x \langle x \rangle + \langle x \rangle^2 \rangle = \langle x^2 \rangle - \langle x \rangle^2 = \langle x^2 \rangle - \frac{a^2}{4} \quad (34)$$

where we treat  $\langle x \rangle$  as a constant.

We evaluate  $\langle x^2 \rangle$ :

$$\begin{aligned} \langle x^2 \rangle &= \int_0^a \psi^*(x) x^2 \psi(x) dx \\ &= \frac{2}{a} \int_0^a x^2 \sin^2 \frac{n\pi x}{a} dx \\ &= a^2 \left( \frac{1}{3} - \frac{1}{2n^2 \pi^2} \right) \end{aligned} \quad (35)$$

which gives us the variance:

$$\langle (x - \langle x \rangle)^2 \rangle = \frac{a^2}{12} \left( 1 - \frac{6}{n^2 \pi^2} \right) \quad (36)$$

(d) Consider a particle undergoing elastic collisions with the walls of the box. Suppose that the particle starts from  $x = 0$  with a velocity  $v$  at  $t = 0$ . The position of the particle at time  $t$  is given

by:

$$x(t) = \begin{cases} vt & 2na/v \leq t \leq (2n+1)a/v \\ a-vt & (2n+1)a/v \leq t \leq (2n+2)a/v \end{cases} \quad (37)$$

The average position of the particle is given by the integral:

$$\begin{aligned} \langle x \rangle &= \sum_{n=0}^{\infty} \frac{1}{a/v} \int_{2na/v}^{(2n+1)a/v} vt \, dt + \sum_{n=0}^{\infty} \frac{1}{a/v} \int_{(2n+1)a/v}^{(2n+2)a/v} (a-vt) \, dt \\ &= \frac{a}{2} \sum_{n=0}^{\infty} [(2n+1)^2 - (2n)^2] + \frac{a}{2} \sum_{n=0}^{\infty} [2 - (2n+2)^2 + (2n+1)^2] \\ &= 0 \end{aligned} \quad (38)$$

where as the variance is given by:

$$\begin{aligned} \langle (x - \langle x \rangle)^2 \rangle &= \lim_{N \rightarrow \infty} \frac{v}{Na} \int_0^{Na/v} x^2 \, dt \\ &= \lim_{N \rightarrow \infty} \frac{v}{2Na} \left( \sum_{n=0}^{N-1} \int_{2na/v}^{(2n+1)a/v} (vt)^2 \, dt + \sum_{n=0}^{N-1} \int_{(2n+1)a/v}^{(2n+2)a/v} (a-vt)^2 \, dt \right) \\ &= \lim_{N \rightarrow \infty} \frac{a^2}{2Nv} \left( \sum_{n=0}^{N-1} \frac{1+6n+12n^2}{3} + \sum_{n=0}^{N-1} \frac{(a-vt)^2}{a^2} \right) \\ &= \lim_{N \rightarrow \infty} \frac{a^2(4N^2 - 3N + 3) - 6avt + 3vt^2}{6} \\ &\approx \left( \frac{2}{3}N^2 - \frac{1}{2}N \right) a^2 \end{aligned} \quad (39)$$

### 3.13

Consider  $\hat{H}^2$ :

$$\begin{aligned} \hat{H}^2 &= \hat{f}^\dagger \hat{f} \hat{f}^\dagger \hat{f} \\ &= \hat{f}^\dagger (\mathbb{I} - \hat{f}^\dagger \hat{f}) \hat{f} \\ &= \hat{f}^\dagger \hat{f} \\ &= \hat{H} \end{aligned} \quad (40)$$

where the second term of the second equality is zero since  $\hat{f}^2 = 0$ .

Suppose that  $\hat{H}|\psi\rangle = \lambda|\psi\rangle$ , applying  $\hat{H}$  to both sides of the equation gives us:

$$\hat{H}^2|\psi\rangle = \lambda^2|\psi\rangle = \hat{H}|\psi\rangle = \lambda|\psi\rangle \quad (41)$$

which implies that  $\lambda$  is either zero or unity.

Suppose that  $\hat{H}|0\rangle = 0$  and  $\langle 0|0\rangle = 1$ . We have two cases. Either  $\hat{f}^\dagger(\hat{f}|0\rangle) = 0$ , which means that  $\hat{f}|0\rangle$  is in the null space of  $\hat{f}^\dagger$ ; or  $\hat{f}|0\rangle = 0$ , which means that  $|0\rangle$  is in the null space of  $\hat{f}$ . Consider the condition  $\hat{f}\hat{f}^\dagger + \hat{f}^\dagger\hat{f} = \mathbb{I}$  acting on  $|0\rangle$ :

$$\begin{aligned} (\hat{f}\hat{f}^\dagger + \hat{H})|0\rangle &= |0\rangle \\ \hat{f}\hat{f}^\dagger|0\rangle &= |0\rangle \\ \hat{f}\hat{f}\hat{f}^\dagger|0\rangle &= \hat{f}|0\rangle \\ 0 &= \hat{f}|0\rangle \end{aligned} \quad (42)$$

where at the third step we apply  $\hat{f}$  to both sides of the equation and at the last step we use the fact that  $\hat{f}^2 = 0$ .

This implies that the second case is true. Thus  $|a\rangle = \hat{f}|0\rangle$  is just zero. Now let us consider the other eigenstate  $|1\rangle$  that satisfies  $\hat{H}|1\rangle = |1\rangle$ . We consider:

$$\begin{aligned} \hat{f}^\dagger\hat{f}|1\rangle &= (\hat{f}^\dagger\hat{f} + \hat{f}\hat{f}^\dagger)|1\rangle \\ |1\rangle &= |1\rangle + \hat{f}\hat{f}^\dagger|1\rangle \end{aligned} \quad (43)$$

which implies that  $\hat{f}\hat{f}^\dagger|1\rangle = 0$ .

There are still two possibilities. Either  $\hat{f}(\hat{f}^\dagger|1\rangle) = 0$  or  $\hat{f}^\dagger|1\rangle = 0$ . We take the second case and view  $\hat{f}^\dagger$  as the ‘raising’ operator and  $\hat{f}$  as the ‘lowering’ operator. Suppose that  $\hat{f}^\dagger|0\rangle = A|1\rangle$  and  $\hat{f}|1\rangle = B|0\rangle$  for some constants  $A$  and  $B$ . We have:

$$\begin{aligned} \hat{H}|1\rangle &= |1\rangle \\ \hat{f}^\dagger\hat{f}|1\rangle &= |1\rangle \\ AB|1\rangle &= |1\rangle \end{aligned} \quad (44)$$

This implies that  $AB = 1$ . Therefore,  $\hat{f}^\dagger|0\rangle = A|1\rangle$  is just some constant multiple of  $|1\rangle$ .

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