

Chapter 1

Psalter, Week One

1.1 Sunday, Evening Prayer I

Mode 3
L ike burn-ing incense, Lord, let my prayer rise up to you.

Mode 1
Y ou are my re-fuge, Lord; you are all that I de-sire in life.

Mode 4
T he Lord Je-sus humbled himself, and God ex-alt-ed him for ev-er.
At the Canticle of Mary, antiphon as in the Proper of Seasons

1.2 Sunday, Office of Readings

Mode 4
S ee how the cross of the Lord stands revealed as the tree of life.

Mode 3
H ere is a King of my own choos-ing who will rule on Mount Zi- on.

Mode 2
L ord, you are my pro-tec-tor: you have raised me up in glo-ry.

1.3 Sunday, Morning Prayer

Mode 3

As morning breaks I look to you, O God, to be my strength this day,

al-le-lu-ia.

Mode 6

From the midst of the flames the three young men cried out in a loud

voice: Blessed be God, al-le-lu-ia.

Mode 4

Let the people of Zi-on re-joice in their King, al-le-lu-ia.

At the Canticle of Zechariah, antiphon as in the Proper of Seasons

1.4 Sunday, Daytime Prayer

Mode 4

What bet-ter can we do than to take ref-uge in the Lord! His love will

nev-er fail.

Mode 4

The Lord is my strength, and I shall sing his praise.

Mode 4

I shall proclaim your goodness, Lord, for you have answered me.

1.5 Sunday, Evening Prayer II

Mode 1

The Lord will stretch forth his mighty scepter from Zi- on, and he will
reign for e- ver. al-le-lu-ia

The earth is shak-en to its depths be-fore the glo-ry of your face.

All power is yours, Lord God, our mighty King, al-le-lu-ia.
At the Canticle of Mary, antiphon as in the Proper of Seasons

Chapter 2

Psalter, Week Two

Chapter 3

Psalter, Week Three

Psalter, Week Four

Mode 2

Lord, let my cry come to you: do not hide your face from me.

Mode 2

B e at-ten-tive, Lord, to the pray-er of the helpless.

Mode 2

Y ou, O Lord, established the earth, and the heavens are the work of your

hands.

Mode 6

Mode 2

Lord, do not withhold your compassion from us.

Mode 4

God, I will sing to you a new song.

Mode 5

Lord, save us from the hands of all who hate us.

4.3 Tuesday, Daytime Prayer


Mode 1

D o the things you have learned, and you will be blessed.

Mode 2

Let my pray-er rise up be-fore you, O Lord.

Mode 2



cry to you, O Lord: do not hide your face from me.

4.4 Tuesday, Evening Prayer

Mode 3

I f I forget you, Jer-u-sa-lem, let my right hand wi-ther.


Mode 4

In the pre-sence of the angels I will sing to you, my God.

Mode 1

A -do-ration and glo-ry be-long by right to the lamb who was slain.

Mode 8



D o great things for us, O Lord, for you are mighty, and ho-ly is your name.