

100126 - Turkey, Smoked Ham
Category: Meat/Meat Alternate**Product Description**

- This item is fully cooked smoked turkey ham produced from turkey thigh meat. This product is shipped frozen in cases containing four 10-pound vacuum-sealed packages.

Crediting/Yield

- One case of turkey ham provides about 393 1.63-ounce portions.
- CN Crediting: Approximately 1.63 ounces of turkey ham credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

Culinary Tips and Recipes

- Turkey ham can be used in wraps or sandwiches made with whole grain-rich bread and topped with a variety of healthy ingredients such as lettuce, tomato, and peppers.
- Turkey ham can also be used as a replacement for ham in recipes such as egg dishes, soups, and greens.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

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Nutrition Facts

Serving size: 1.63 ounces (46 g)/1 MMA
smoked turkey ham

Amount Per Serving

Calories 41

Total Fat 2g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 29mg

Sodium 269mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 7g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.