



## 111790 – Apple Juice, 100%, Unsweetened, Cups, Frozen

Category: **Fruit**



### Product Description

- This item is U.S. Grade A apple juice. It is delivered frozen in cases with 96 individual portion 4-ounce cups.
- Apple juice is fortified (if needed) to contain at least 30 milligrams of Vitamin C (ascorbic acid) per 100 milliliters of apple juice.

### Crediting/Yield

- One case of apple juice provides 96 ½-cup servings of fruit.
- CN Crediting: One 4-ounce serving of apple juice credits as ½ cup fruit.

### Culinary Tips and Recipes

- Apple juice can be served as a fruit option at breakfast, lunch, or afterschool snack.
- Individually portioned apple juice is a convenient option for breakfast in the classroom, field trips, or grab-and-go lunches.
- To find culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at [www.fns.usda.gov/usda-fis](http://www.fns.usda.gov/usda-fis)

### Nutrition Facts

Serving size: 4 ounce (125g) apple juice

#### Amount Per Serving

Calories 60

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 2mg

Total Carbohydrate 15g

Dietary Fiber 0g

Sugars 8g

Includes 0g Added Sugars

Protein 0g

Source: [USDA FoodData Central](#)

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.