

100254 - Strawberries, Sliced
Category: **Fruit****Product Description**

- This item is U.S. Grade A sliced strawberries packed in an extra light syrup. This product is delivered frozen in 30-pound pail.

Crediting/Yield

- One case of sliced strawberries provides about 107 $\frac{1}{2}$ -cup servings of fruit.
- CN Crediting: $\frac{1}{2}$ cup of strawberries credit as $\frac{1}{2}$ cup fruit.

Culinary Tips and Recipes

- Thaw and serve strawberries as a topping for hot cereal, whole grain pancakes, waffles, yogurt, or other fruit.
- To find culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

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Nutrition Facts

Serving size: 1/2 cup (140g) sliced strawberries

Amount Per Serving

Calories 90

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 1mg

Total Carbohydrate 23g

Dietary Fiber 2g

Sugars 17g

Protein 0g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.