



ALSAMA TOURS

WANDERLUST EXPERIENCE



Zipline & Aerial Tram



✓ Includes

- bus Transportation
- person Bilingual Guides
- shield Security Equipment
- plus Zipline 10 cables and 15 platforms, Aerial Tram and Butterfly Garden

✓ Recommend

- t-shirt Light Clothings and water bottle
- shoe Closed- Toes Shoes (**Mandatory**)
- raincoat Raincoat
- sun Sunblock & insect repellent

Operates: Every day

4 hours



Extreme Cayoning



✓ Includes

- 👤 Certified Guide
- 🍽️ Fruits, water, snacks, and lunch
- 🛡️ Security Equipment
- ➕ Tractor ride, nature hike, Waterfall rappels, natural slide.

✓ Recommend

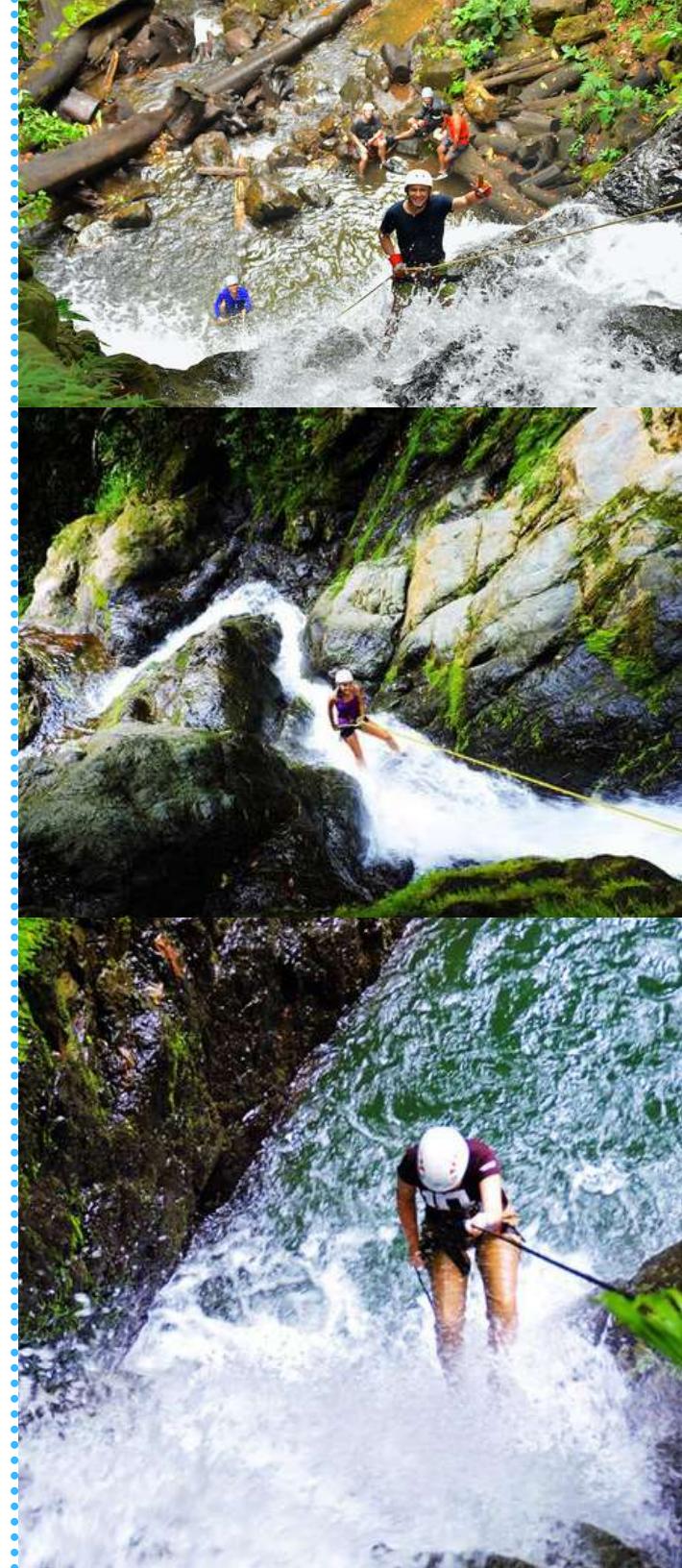
- 👕 Light Clothings
- 👟 Secure and closed Shoes (**Mandatory**)
- FLAG Extra clothes & Towel
- ⚠ Caution: Phone & cameras will get wet



Operates: Every day



4 hours



Manuel Antonio



✓ Includes

- bus Transportation
- person Bilingual Guides
- fork_spoon Lunch
- ticket Entrance Fee
- plus Explore the trails of the Manuel Antonio National Park

✓ Recommend

- t-shirt Light Clothings and water bottle
- bikini Swimming suit & towel
- sun Sunblock & insect repellent
- shoe Comfortable Shoes



Operates: Everyday



8 hours



5 in 1 Adrenaline Extreme



✓ Includes

- bus Transportation
- person Bilingual Guides
- shield Security Equipment
- plus Hanging Bridge, 400m of hiking, high ropes course, Butterfly Garden, Zipline 10 cables, Aerial Tram

✓ Recommend

- shirt Light Clothings
- shoe Closed- Toes Shoes (**Mandatory**)
- cap Extra clothes & Towel
- warning Sunblock & insect repellent



Operates: Every day



5 hours



Zipline Tour



✓ Includes

- 👤 Bilingual Guides
- 🛡️ Security Equipment
- + Zipline 10 cables and 12 platforms, Aerial Tram and Butterfly Garden

✓ Recommend

- 👕 Comfortable clothes
- 👟 Tennis shoes
- ☀️ Sunblock & insect repellent



Operates: Every day



2 hours



Jacó Highlights



✓ Includes

- bus Transportation
- person Bilingual Guides
- fork_spoon Lunch
- plus Monkey Tour, Crocodile Tour on boat and Mantas Beach

✓ Recommend

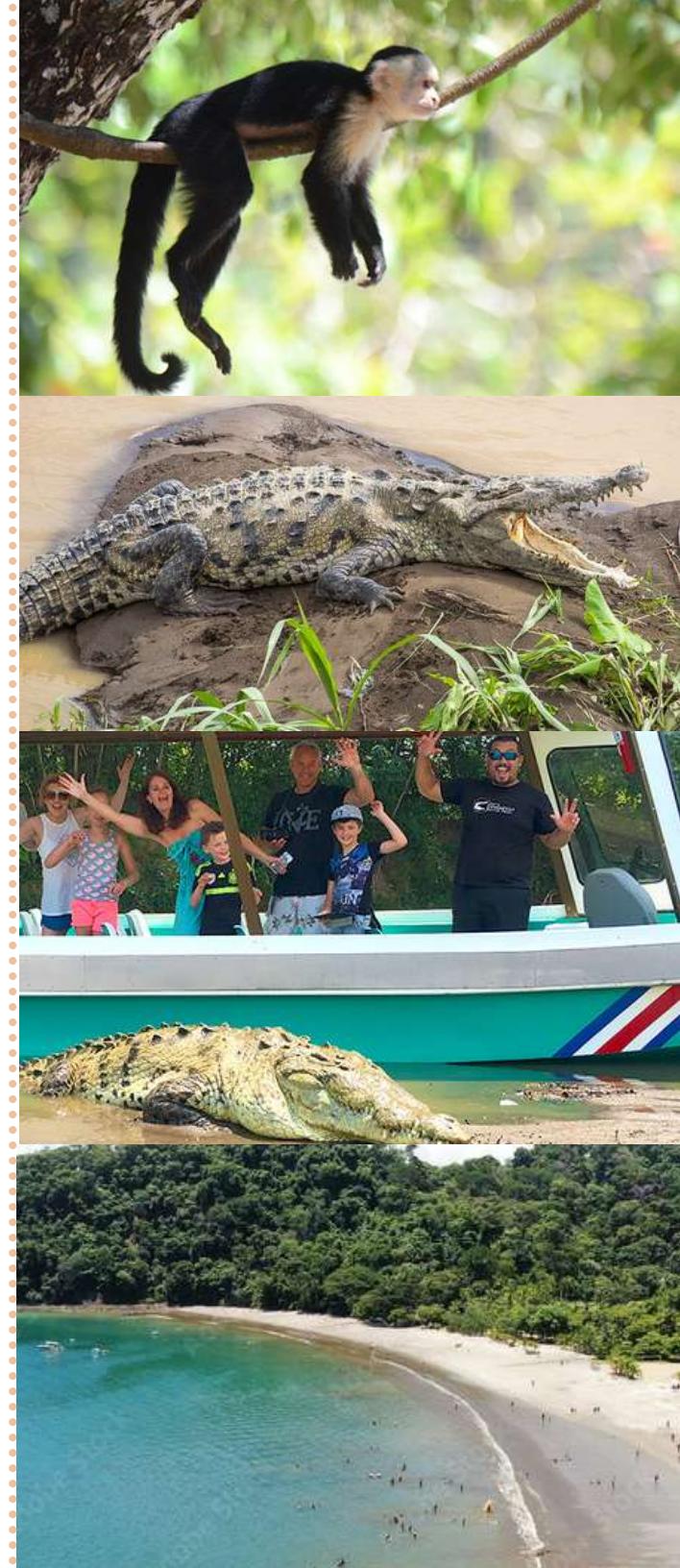
- t-shirt Light Clothings
- bikini Swimming suit & towel
- sun SunBlock
- shoe Comfortable Shoes



Operates: Everyday



8 hours



Chocolate Experience



✓ Includes

- bus Transportation
- person Bilingual Guides
- tasting Tasting of chocolate and Fruits

✓ Recommend

- shirt Light and comfortable Clothings
- sun SunBlock and sunglasses
- shoe Comfortable Shoes

Operates: Everyday

2 hours



Horseback Riding



✓ Includes

- 👤 Bilingual Guides
- 🍽️ fruits and water
- 🛡️ Safety Equipment

✓ Recommend

- 👕 Comfortable Clothes
- 👟 Comfortable shoes
- 🧴 Sunblock & insect repellent



Operates: Every day



2 hours



ATV Adventure



✓ Includes

- ✓ Bilingual Guides
- ✓ Fruits and water
- ✓ Safety Equipment

✓ Recommend

- ✓ Comfortable Clothes
- ✓ Closed Shoes (**Mandatory**)
- ✓ Sunblock & insect repellent

Operates: Every day
 2 hours



Perfect Combination



✓ Includes

- 👤 Bilingual Guides
- 🍽 Fruits and water
- 🛡 Security Equipment
- ➕ Just choose two of these:
ATV, Zipline, surf lessons,
Chocolate Tour and
Horseback riding

✓ Recommend

- 👕 Comfortable clothes
- 👟 Closed Shoes (**Mandatory**)
- 🧴 Sunblock & insect repellent
- 👙 Swimming suit & Towel



Operates: Every day



4 / 6 / 8 hours approx



Isla Tortuga



✓ Includes

- bus Transportation
- person Tour Guide
- fork Breakfast, Lunch,
fruits & Beverages
- musical note Live music
- plus Banana Boat &
snorkeling, unlimited
Rum Punch

✓ Recommend

- t-shirt Light Clothings
- bikini Swimming suit & towel
- sunscreen SunBlock



Operates: Everyday



13 hours



Challenge in the Forest



✓ Includes

- bus Transportation
- person Bilingual Guides
- shield Security Equipment
- plus Hanging Bridge, 400m of hiking, high ropes course, Butterfly Garden, Rock Wall.

✓ Recommend

- t-shirt Light Clothings
- shoe Closed- Toes Shoes (**Mandatory**)
- raincoat Raincoat & Extra clothes
- sun Sunblock & insect repellent



Operates: Every day



3 hours



Mangrove Kayak or Boat Tour



✓ Includes

- bus Transportation
- person Bilingual Guides
- boat Boat Tour *
- shield Security
- plus Choose between Kayak or boat

✓ Recommend

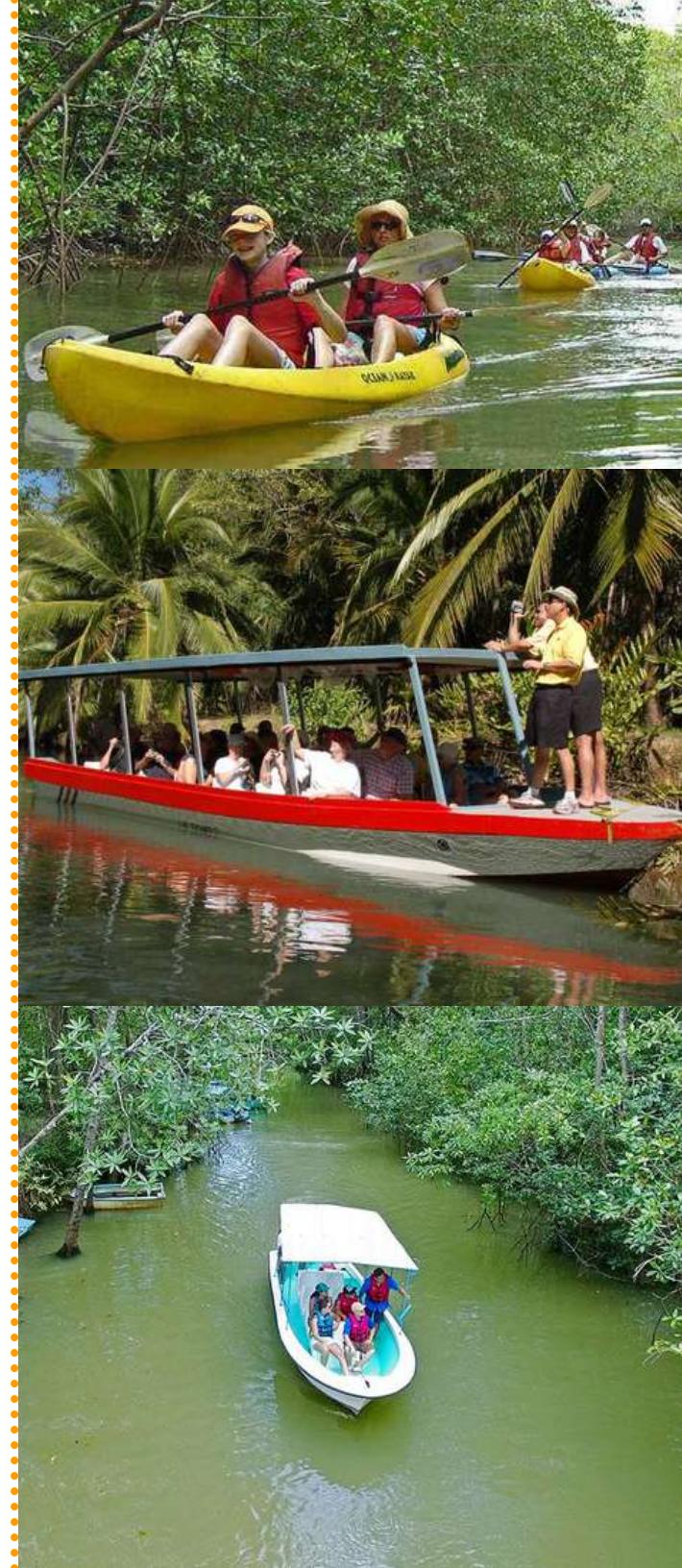
- shirt Comfortable clothes
- shoe Comfortable shoes
- plus SunBlock & insect repellent, hat or visor and binoculars



Operates: Every day



5 hours



Explosión de Aventura



✓ Includes

- 🚗 Transportation
- 👤 Tour Guide
- 🛡️ Security Equipment
- ➕ ATV, Aerial tram & Zipline

✓ Recommend

- 👕 Light Clothings
- 👟 Closed-Toes Shoes (**Mandatory**)
- ^K Extra clothes and Towel
- ☀️ Sunblock & insect repellent



Operates: Every day



5 hours



Coffee Tour, Poas, La Paz



✓ Includes

- bus Transportation
- person Tour Guide
- fork-lunch Plate Lunch
- ticket Entrance Fees
- plus Doka Coffee Tour, National Park Poas Volcano and La Paz Waterfall Gardens

✓ Recommend

- shirt Light Clothings
- shoe Comfortable shoes
- raincoat Rain coat & long pants
- insect-repellent Insect repellent

calendar Operates: Every day
clock 10 hours



Sea Kayak/ Outrigger Canoe



✓ Includes

- bus Transportation
- person Bilingual Guide
- fork/knife Bottle water & fruits
- shield Security Equipment
- plus Showers & Changing rooms

✓ Recommend

- t-shirt Light Clothings & Extra clothes
- shoe Water shoes
- swimsuit Swimming suit & Towel
- sun Sunblock, hat



Operates: Every day



4 hours



Jungle Crocodile Safari



✓ Includes

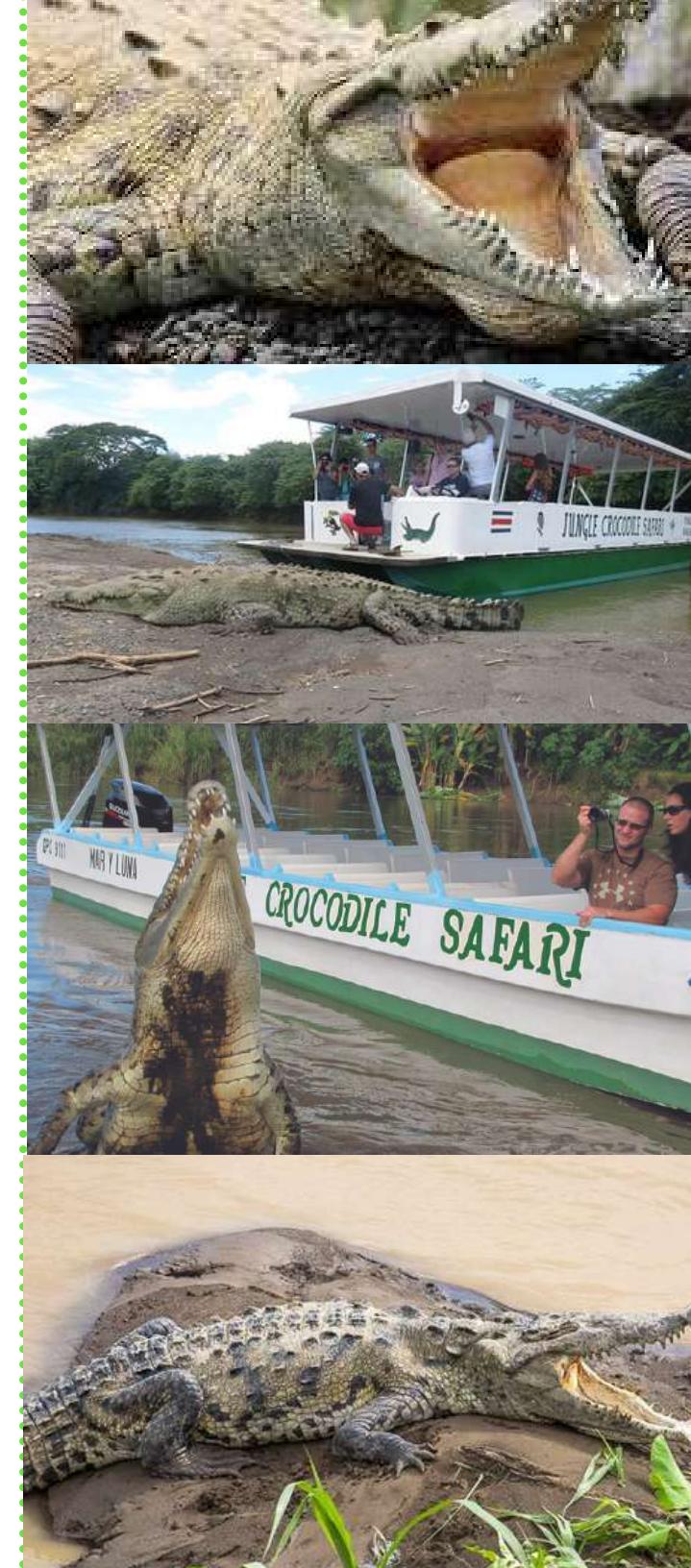
- bus Transportation
- person Certified Captain, bilingual and certified Guide
- boat Boat Tour
- shield Security

✓ Recommend

- t-shirt Comfortable clothes
- shoe Comfortable shoes
- plus SunBlock & insect repellent, hat or visor

Operates: Every day

4 hours



White Water Rafting



✓ Includes

- bus Transportation
- person Bilingual Guides
- fork/spoon Lunch, fruits, and juice
- shield Security Equipment and safety kayakers

✓ Recommend

- t-shirt Light Clothings & Extra clothes
- shoe Water shoes
- swimsuit Swimming suit & Towel
- sun Sunblock



Operates: Every day



7 hours



Kayak Fishing



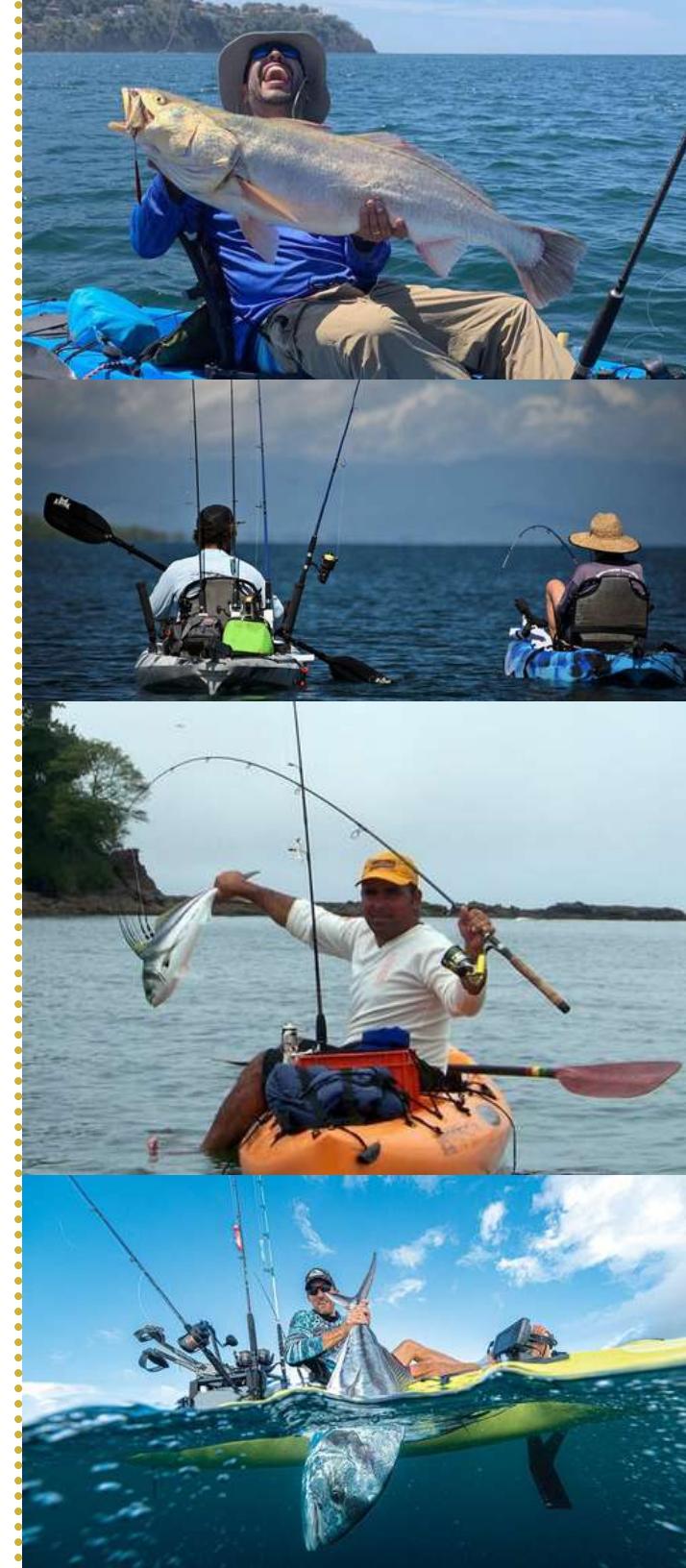
✓ Includes

- bus Transportation
- person Tour Guide
- fork_spoon Bottle water & fruits
- shield Security Equipment
- plus Showers & Changing rooms

✓ Recommend

- t-shirt Light Clothings & Extra clothes
- shoe Water shoes
- swimsuit Swimming suit & Towel
- sun Sunblock, hat

Operates: Every day
 4 hours



Tocori Mountain & Waterfall



✓ Includes

- bus Transportation
- person Bilingual Guide
- fork/knife Snacks & juice
- plus Horseback riding, all equipment needed

✓ Recommend

- t-shirt Light Clothings, long pants, hat
- shoe Hiking boots or water shoes
- swimsuit Swimming suit (wear underneath) & Towel
- warning Sunblock and Insect repellent



Operates: Every day



4 hours



Stand up Paddle



✓ Includes

- 🚌 Transportation
- 👤 Tour Guide
- 🍴 Bottle water & fruits
- 🛡️ Security Equipment
- ➕ Showers & Changing rooms

✓ Recommend

- 👕 Light Clothings & Extra clothes
- 👟 Water shoes
- 👙 Swimming suit & Towel
- 🧴 Sunblock, hat



Operates: Every day



4 hours



Catamaran Cruise & Snorkeling



✓ Includes

- bus Transportation
- person Tour Guide
- fork_ladle Lunch on board, fruits, juices & Cocktails
- musical_note Mini live music performance
- plus Snorkeling,water slide, open-sea-Kayaks

✓ Recommend

- t-shirt Light Clothings & comfortable shoes
- bikini Swimming suit & towel
- sun SunBlock



Operates: Everyday



5 hours



Carara National Park



✓ Includes

- bus Transportation
- person Tour Guide
- fork-and-knife Lunch
- ticket Entrance Fees

✓ Recommend

- shirt Light Clothings, hat or visor
- shoe Hiking Shoes
- sun-block Sun block, insect repellent, binoculars



Operates: Every day



7 hours



The Explorer Tour



Includes

- Transportation
- Tour Guide
- Breakfast or lunch
- Entrance Fees

Recommend

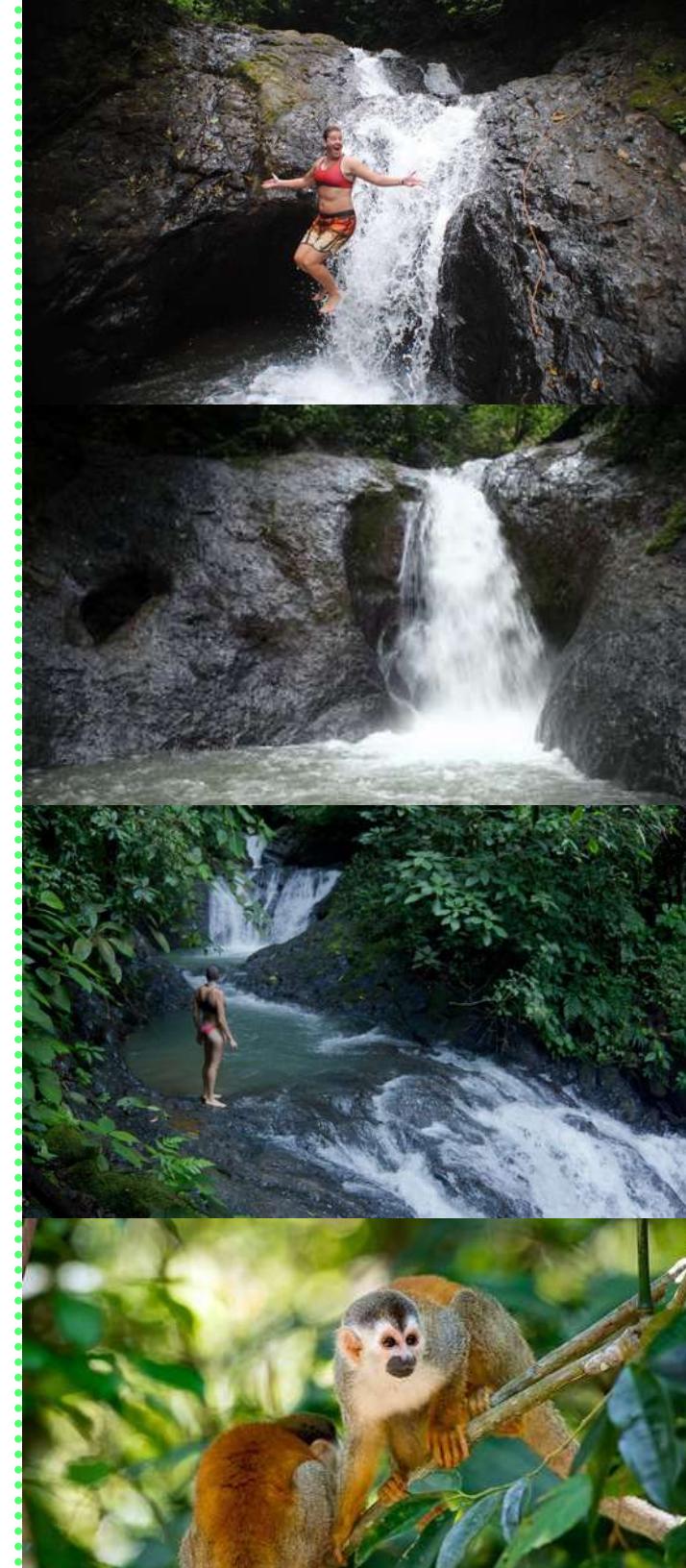
- Light Clothings & Extra clothes
- Water shoes
- Sunblock



Operates: Every day



4 hours



Sailboat Tours



✓ Includes

- 🚌 Transportation
- 👤 Tour Guide
- 🍽️ Bottle water, drinks, snacks, beers & fruits
- ⛴️ Taxi boat from the beach
- ✚ Snorkeling equipment and Fishing Rod

✓ Recommend

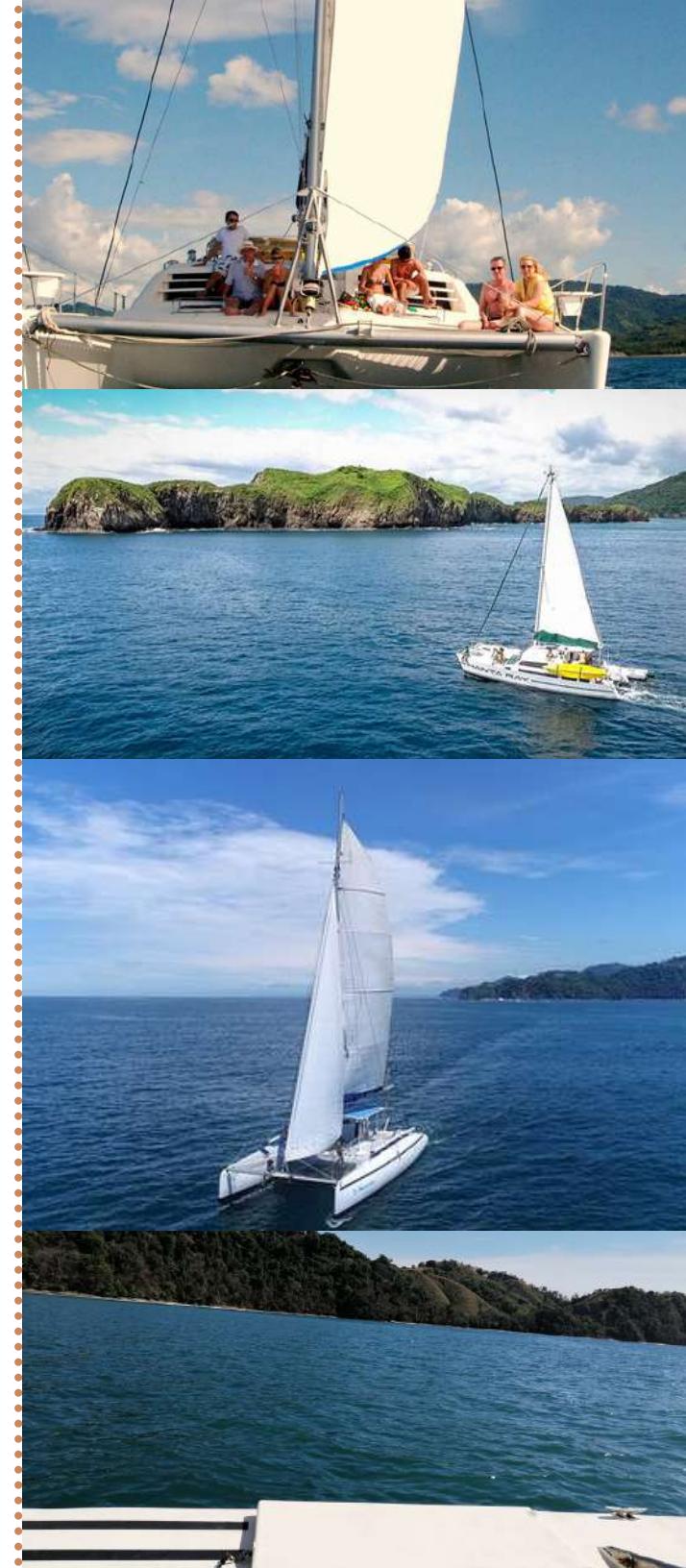
- 👕 Light Clothings & Extra clothes
- 👞 Water shoes
- 👙 Swimming suit & Towel
- 🧴 Sunblock, hat



Operates: Every day



2 / 3 / 4 / 5 / 6 / 7 hours



Arenal & Hot Springs



✓ Includes

- bus Transportation
- person Tour Guide
- fork_spoon Lunch
- steam Hot Springs
- ticket Entrance Fees

✓ Recommend

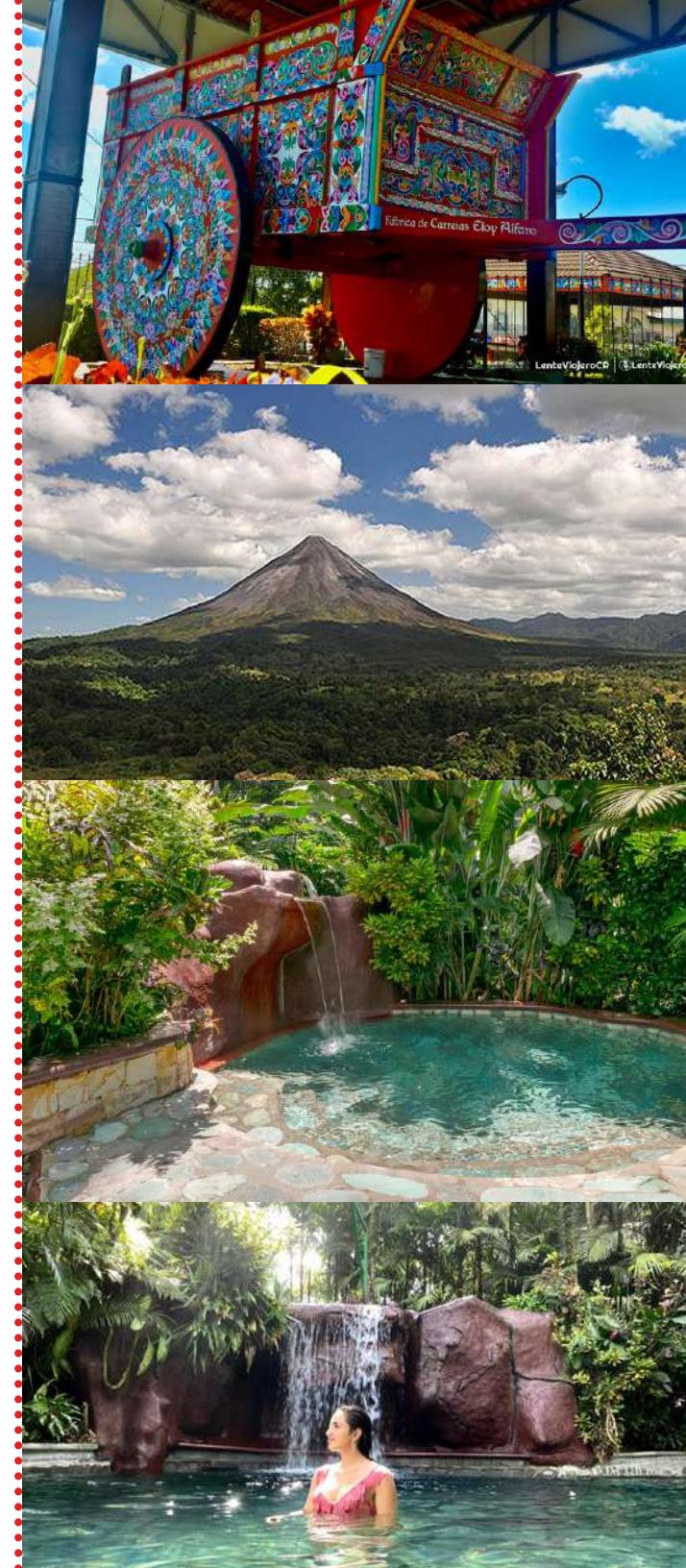
- t-shirt Light Clothings
- shoe Comfortable shoes
- swimsuit Swimming suit & Towel
- sun Sunblock and Insect repellent



Operates: Every day



12 hours



Offshore Fishing



✓ Includes

- bus Transportation
- person Tour Guide
- fork/knife Bottle water, beers & fruits
- plus Fishing Rod

✓ Recommend

- t-shirt Light Clothings & Extra clothes
- shoe Water shoes
- swimsuit Swimming suit & Towel
- sun Sunblock, hat



Operates: Every day



7 hours



Parasailing Tour



✓ Includes

- bus Transportation
- person Tour Guide
- shield Security Equipment
- plus Parasailing tour & Insurance
Ask for the banana boat

✓ Recommend

- t-shirt Light Clothings & Extra clothes
- swimsuit Swimming suit & Towel
- sun Sunblock, hat

Operates: Every day

15 minutes





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