# STA303 - Final Project

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```
library(readr)
library(tidyverse)
## -- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
## v dplyr
           1.1.4
                     v purrr
                                     1.0.2
## v forcats 1.0.0
                        v stringr
                                     1.5.1
## v ggplot2 3.5.1
                         v tibble
                                     3.2.1
## v lubridate 1.9.3
                         v tidyr
                                     1.3.1
## -- Conflicts -----
                                              ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                    masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
library(knitr)
# # Load the original data and clean data
mmh_data <- read_csv("mmh_survey_data.csv")</pre>
## Rows: 736 Columns: 33
## -- Column specification -----
## Delimiter: ","
## chr (26): Timestamp, Primary streaming service, While working, Instrumentali...
## dbl (7): Age, Hours per day, BPM, Anxiety, Depression, Insomnia, OCD
## i Use 'spec()' to retrieve the full column specification for this data.
## i Specify the column types or set 'show_col_types = FALSE' to quiet this message.
mmh <- mmh data %>%
  na.omit() %>%
  rename(Hours = `Hours per day`,
         While_working = `While working`,
         Favourite = `Fav genre`,
         Foreign = Foreign languages,
         Classical_freq = `Frequency [Classical]`,
         Country_freq = `Frequency [Country]`,
         EDM_freq = `Frequency [EDM]`,
         Folk_freq = `Frequency [Folk]`,
         Gospel_freq = `Frequency [Gospel]`,
         Hippop_freq = `Frequency [Hip hop]`,
         Jazz_freq = `Frequency [Jazz]`,
```

```
Kpop_freq = `Frequency [K pop]`,
        Latin_freq = `Frequency [Latin]`,
        Lofi_freq = `Frequency [Lofi]`,
        Metal_freq = `Frequency [Metal]`,
        Pop_freq = `Frequency [Pop]`,
        RnB_freq = `Frequency [R&B]`,
        Rap_freq = `Frequency [Rap]`,
        Rock freq = `Frequency [Rock]`,
        VGM freq = `Frequency [Video game music]`,
        Music_effects = `Music effects`) %>%
 mutate(Music_effects = ifelse(Music_effects == "Improve", "Improve", "No effect")) %>%
 select(Age, Hours, While_working, Instrumentalist, Composer, Favourite, Exploratory,
        Foreign, BPM, Classical_freq, Country_freq, EDM_freq, Folk_freq, Gospel_freq, Hippop_freq,
        Jazz_freq, Kpop_freq, Latin_freq, Lofi_freq, Metal_freq, Pop_freq,
        RnB_freq, Rap_freq, Rock_freq, VGM_freq, Anxiety, Depression, Insomnia, OCD, Music_effects)
# Randomly split cleaned data into training set (75%) and test set (25%)
rows <- sample(1:616, 462, replace = FALSE)</pre>
training <- mmh[rows,]</pre>
test <- mmh[-rows,]</pre>
# Summary for all variables
summary(mmh)
##
                       Hours
                                    While_working
                                                      Instrumentalist
        Age
## Min. :10.00
                  Min. : 0.000
                                   Length:616
                                                      Length:616
## 1st Qu.:18.00
                  1st Qu.: 2.000
                                   ## Median :21.00
                 Median : 3.000
                                   Mode :character Mode :character
## Mean :24.79 Mean : 3.702
## 3rd Qu.:27.00
                   3rd Qu.: 5.000
## Max. :89.00 Max. :24.000
##
     Composer
                      Favourite
                                        Exploratory
                                                             Foreign
```

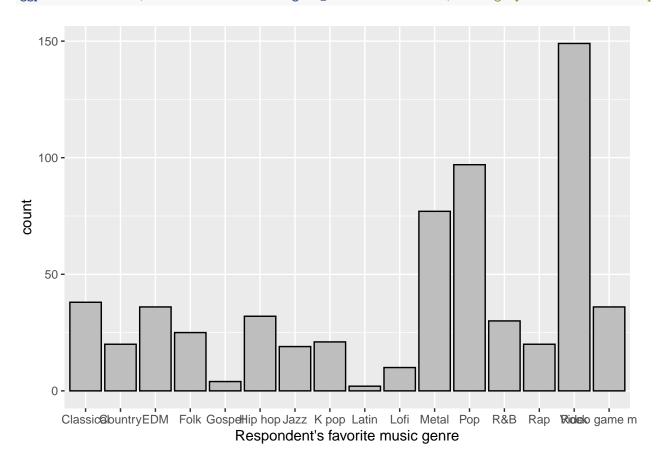
```
## Length:616
                     Length:616
                                        Length:616
                                                          Length:616
## Class :character Class :character
                                        Class : character
                                                          Class : character
## Mode :character Mode :character
                                        Mode :character
                                                          Mode :character
##
##
##
##
        BPM
                       Classical_freq
                                         Country_freq
                                                             EDM_freq
## Min. :
                      Length:616
                                         Length:616
                                                           Length:616
                   0
##
   1st Qu.:
                 100
                       Class : character
                                         Class :character
                                                           Class : character
## Median :
                 120
                      Mode : character
                                         Mode :character
                                                           Mode :character
## Mean : 1623500
## 3rd Qu.:
                 144
## Max. :999999999
   Folk_freq
##
                      Gospel_freq
                                        Hippop_freq
                                                           Jazz_freq
## Length:616
                     Length:616
                                        Length:616
                                                          Length:616
## Class :character
                     Class : character
                                        Class : character
                                                          Class : character
## Mode :character Mode :character
                                        Mode : character
                                                          Mode :character
##
##
##
    Kpop_freq
                      Latin_freq
                                         Lofi_freq
                                                           Metal_freq
```

```
Length:616
                        Length:616
                                            Length:616
                                                                Length:616
##
    Class : character
                        Class : character
                                            Class : character
                                                                 Class : character
                        Mode :character
##
    Mode :character
                                            Mode :character
                                                                Mode :character
##
##
##
##
                          RnB_freq
                                              Rap_freq
                                                                 Rock_freq
      Pop_freq
##
    Length:616
                        Length:616
                                            Length:616
                                                                Length:616
##
    Class : character
                        Class : character
                                            Class : character
                                                                 Class : character
    Mode :character
                        Mode :character
                                            Mode :character
                                                                Mode :character
##
##
##
##
##
      VGM_freq
                           Anxiety
                                            Depression
                                                               Insomnia
##
    Length:616
                               : 0.000
                                                 : 0.000
                                                                   : 0.000
                        Min.
                                          Min.
                                                            Min.
##
    Class : character
                        1st Qu.: 4.000
                                          1st Qu.: 2.000
                                                            1st Qu.: 1.000
##
    Mode :character
                        Median : 6.000
                                          Median : 5.000
                                                            Median : 3.000
##
                        Mean
                              : 5.884
                                          Mean
                                                : 4.894
                                                            Mean
                                                                    : 3.801
                                                            3rd Qu.: 6.000
##
                        3rd Qu.: 8.000
                                          3rd Qu.: 7.000
##
                        Max.
                               :10.000
                                          Max.
                                                 :10.000
                                                            Max.
                                                                    :10.000
##
         OCD
                      Music_effects
##
           : 0.000
                      Length:616
    1st Qu.: 0.000
                      Class : character
##
    Median : 2.000
                      Mode : character
##
           : 2.659
    Mean
##
    3rd Qu.: 5.000
##
    Max.
           :10.000
# Number of rows containing NULL values in the original data
NULL_values <- colSums(is.na(mmh_data))</pre>
NULL_values
```

## Timestamp Age ## 1 ## Primary streaming service Hours per day ## ## While working Instrumentalist ## 3 ## Composer Fav genre ## 1 ## Exploratory Foreign languages ## 0 ## **BPM** Frequency [Classical] ## 107 0 ## Frequency [Country] Frequency [EDM] ## 0 ## Frequency [Folk] Frequency [Gospel] ## 0 0 ## Frequency [Hip hop] Frequency [Jazz] ## 0 0 ## Frequency [K pop] Frequency [Latin] ## 0 ## Frequency [Lofi] Frequency [Metal] ## 0

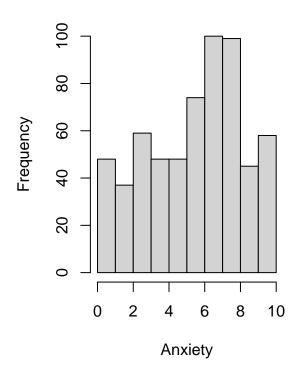
```
Frequency [Pop]
                                                Frequency [R&B]
##
##
                                               Frequency [Rock]
##
                 Frequency [Rap]
##
## Frequency [Video game music]
                                                         Anxiety
##
##
                      Depression
                                                        Insomnia
##
                                0
##
                              OCD
                                                  Music effects
##
                                0
##
                     Permissions
##
# EDA
```

```
library(ggplot2)
library(ggpubr)
attach(mmh)
ggplot(data = mmh, aes(x=Favourite)) + geom_bar(color="black",fill="gray") + labs(x = "Respondent's favourite")
```

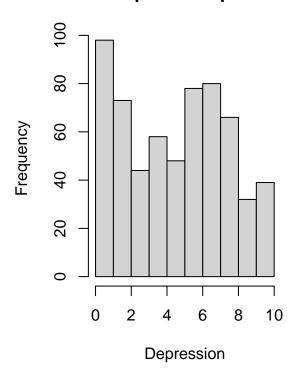


```
par(mfrow=c(1, 2))
hist(Anxiety, main = "Self-reported anxiety")
hist(Depression, main = "Self-reported depression")
```

# Self-reported anxiety

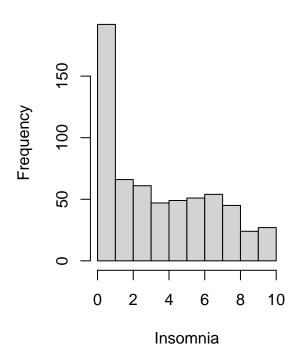


# **Self-reported depression**

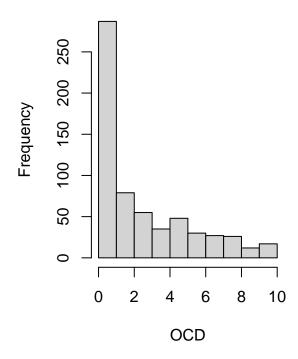


```
par(mfrow=c(1, 2))
hist(Insomnia, main = "Self-reported insomnia")
hist(OCD, main = "Self-reported OCD")
```

## Self-reported insomnia



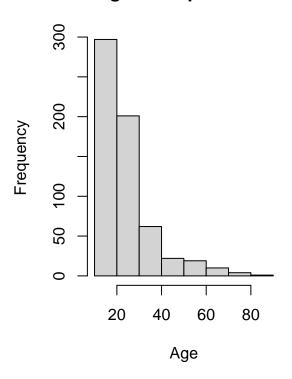
# **Self-reported OCD**

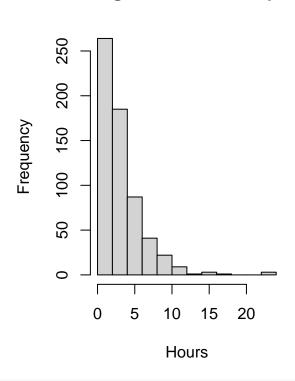


```
par(mfrow=c(1, 2))
hist(Age, main = "Age of respondents")
hist(Hours, main = "Listening to music hours/per day")
```

## Age of respondents

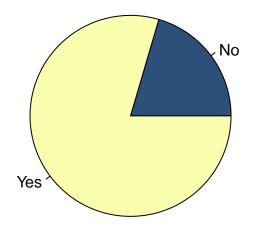
# Listening to music hours/per day





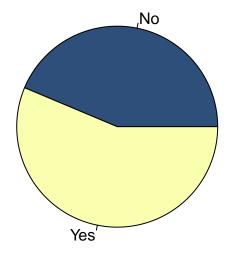
```
par(mfrow = c(1, 1))
t1 <- table(While_working)
pie(t1, col = hcl.colors(length(t1), "BluYl"), radius = 0.85, main = "Listen to music while working/stu-</pre>
```

# Listen to music while working/studying



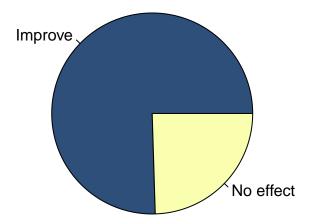
```
par(mfrow = c(1, 1))
t2 <- table(Foreign)
pie(t2, col = hcl.colors(length(t2), "BluYl"), radius = 0.85, main = "Listen to music in a foreign lang"</pre>
```

## Listen to music in a foreign language



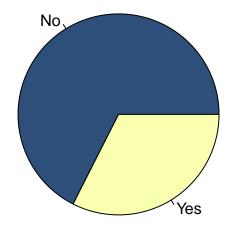
```
par(mfrow = c(1, 1))
t3 <- table(Music_effects)
pie(t3, col = hcl.colors(length(t3), "BluYl"), radius = 0.85, main = "Effect of music on mental health"</pre>
```

### Effect of music on mental health



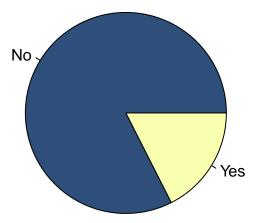
```
par(mfrow = c(1, 1))
t4 <- table(Instrumentalist)
pie(t4, col = hcl.colors(length(t4), "BluYl"), radius = 0.85, main = "Whether play an instrument regular</pre>
```

# Whether play an instrument regularly



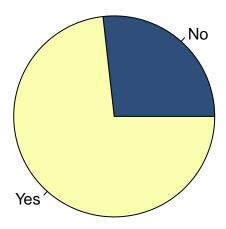
```
par(mfrow = c(1, 1))
t5 <- table(Composer)
pie(t5, col = hcl.colors(length(t5), "BluY1"), radius = 0.85, main = "Whether compose music")</pre>
```

# Whether compose music

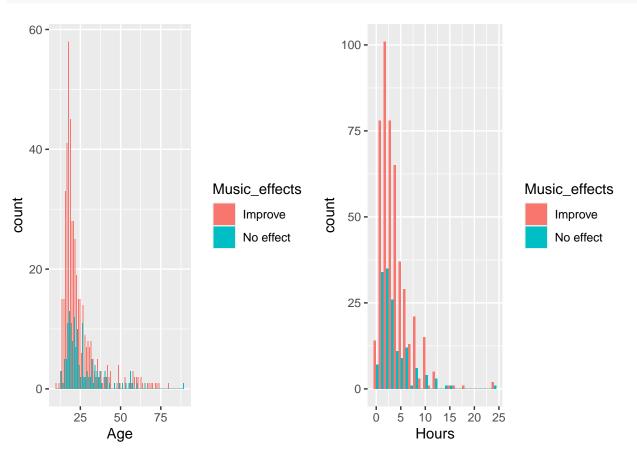


```
par(mfrow = c(1, 1))
t6 <- table(Exploratory)
pie(t6, col = hcl.colors(length(t6), "BluYl"), radius = 0.85, main = "Whether actively explore new arti</pre>
```

### Whether actively explore new artists/genres

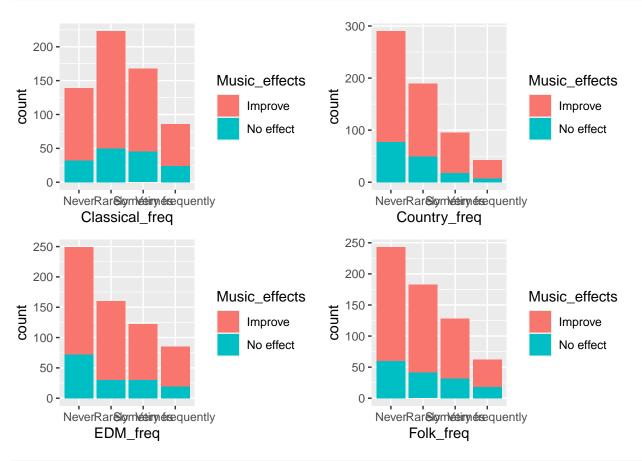


```
a = ggplot(data = mmh, aes(x=Age,fill=Music_effects)) + geom_histogram(position="dodge",binwidth=1)
b = ggplot(data = mmh, aes(x=Hours,fill=Music_effects)) + geom_histogram(position="dodge",binwidth=1)
ggarrange(a,b, ncol = 2, nrow = 1)
```

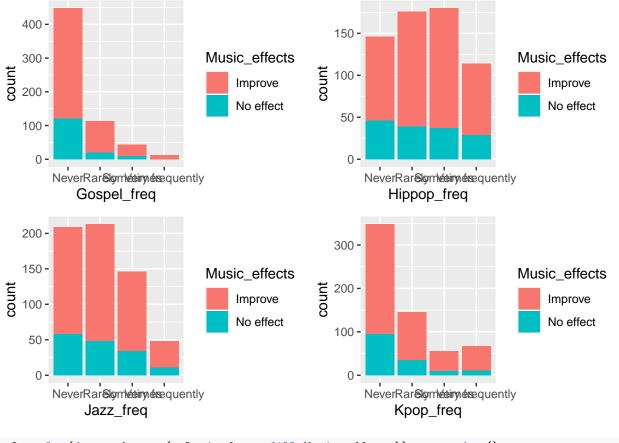


```
g1=ggplot(data=mmh, aes(x=Classical_freq, fill=Music_effects)) + geom_bar()
g2=ggplot(data=mmh, aes(x=Country_freq, fill=Music_effects)) + geom_bar()
g3=ggplot(data=mmh, aes(x=EDM_freq, fill=Music_effects)) + geom_bar()
```

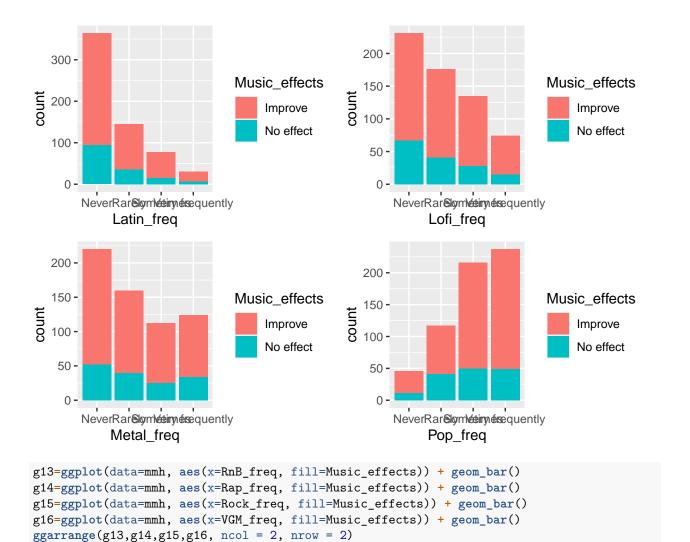
```
g4=ggplot(data=mmh, aes(x=Folk_freq, fill=Music_effects)) + geom_bar()
ggarrange(g1,g2,g3,g4, ncol = 2, nrow = 2)
```

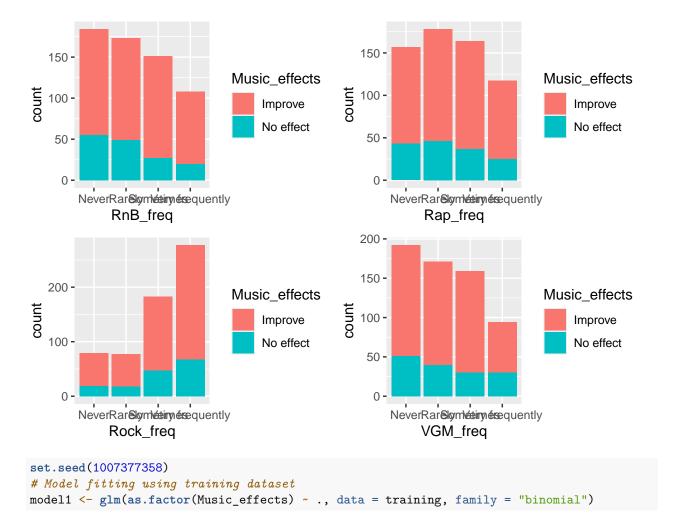


```
g5=ggplot(data=mmh, aes(x=Gospel_freq, fill=Music_effects)) + geom_bar()
g6=ggplot(data=mmh, aes(x=Hippop_freq, fill=Music_effects)) + geom_bar()
g7=ggplot(data=mmh, aes(x=Jazz_freq, fill=Music_effects)) + geom_bar()
g8=ggplot(data=mmh, aes(x=Kpop_freq, fill=Music_effects)) + geom_bar()
ggarrange(g5,g6,g7,g8, ncol = 2, nrow = 2)
```



```
g9=ggplot(data=mmh, aes(x=Latin_freq, fill=Music_effects)) + geom_bar()
g10=ggplot(data=mmh, aes(x=Lofi_freq, fill=Music_effects)) + geom_bar()
g11=ggplot(data=mmh, aes(x=Metal_freq, fill=Music_effects)) + geom_bar()
g12=ggplot(data=mmh, aes(x=Pop_freq, fill=Music_effects)) + geom_bar()
ggarrange(g9,g10,g11,g12, ncol = 2, nrow = 2)
```





## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred

#### summary(model1)

```
##
## Call:
  glm(formula = as.factor(Music_effects) ~ ., family = "binomial",
##
       data = training)
##
## Coefficients:
                                   Estimate Std. Error z value Pr(>|z|)
##
## (Intercept)
                                  2.800e-01
                                            1.068e+00
                                                         0.262
                                                                0.79323
## Age
                                 -1.829e-03
                                             1.453e-02 -0.126
                                                                0.89984
                                             4.956e-02
                                                         0.862
## Hours
                                  4.270e-02
                                                                0.38889
## While_workingYes
                                 -7.544e-01
                                             3.286e-01
                                                        -2.296
                                                                0.02170 *
## InstrumentalistYes
                                 -7.875e-01
                                             3.695e-01
                                                        -2.131
                                                                0.03307
                                                        -0.770
## ComposerYes
                                 -3.453e-01
                                            4.482e-01
                                                                0.44102
## FavouriteCountry
                                  1.111e+00 1.457e+00
                                                         0.762
                                                                0.44584
## FavouriteEDM
                                 -5.254e-01 1.094e+00 -0.480
                                                                0.63110
## FavouriteFolk
                                  8.072e-01 1.111e+00
                                                         0.726
                                                                0.46768
## FavouriteGospel
                                  1.233e+00 2.341e+03
                                                         0.001 0.99958
```

```
## FavouriteHip hop
                                 -2.065e+00 1.228e+00 -1.681
                                                                0.09276 .
                                 -6.493e-01 1.351e+00 -0.481
## FavouriteJazz
                                                                0.63082
## FavouriteK pop
                                  1.009e+00 1.209e+00
                                                         0.835
                                                                0.40373
## FavouriteLatin
                                  1.679e+01 3.956e+03
                                                         0.004
                                                                0.99661
## FavouriteLofi
                                 -1.575e+01
                                            1.231e+03
                                                       -0.013
                                                                0.98979
## FavouriteMetal
                                                         0.382
                                  3.666e-01 9.608e-01
                                                                0.70282
## FavouritePop
                                  1.394e-01 9.036e-01
                                                         0.154
                                                                0.87742
## FavouriteR&B
                                 -1.267e-01
                                            1.099e+00 -0.115
                                                                0.90819
## FavouriteRap
                                 -1.050e+00
                                            1.105e+00 -0.950
                                                                0.34209
## FavouriteRock
                                  2.963e-01
                                            8.620e-01
                                                         0.344
                                                                0.73105
## FavouriteVideo game music
                                  1.370e+00 9.140e-01
                                                         1.498
                                                                0.13405
## ExploratoryYes
                                                       -2.759
                                 -9.358e-01 3.392e-01
                                                                0.00580
## ForeignYes
                                  1.148e-01 3.197e-01
                                                         0.359
                                                                0.71939
## BPM
                                  1.739e-08 3.549e-06
                                                         0.005
                                                                0.99609
                                                         0.561
## Classical_freqRarely
                                  2.230e-01 3.977e-01
                                                                0.57501
## Classical_freqSometimes
                                  7.800e-01
                                             4.255e-01
                                                         1.833
                                                                0.06679
## Classical_freqVery frequently 9.396e-01
                                            6.099e-01
                                                         1.541
                                                                0.12342
## Country freqRarely
                                  2.433e-01
                                            3.340e-01
                                                         0.728
                                                                0.46646
## Country_freqSometimes
                                                       -1.291
                                 -5.923e-01 4.590e-01
                                                                0.19683
## Country freqVery frequently
                                 -1.326e+00
                                            1.035e+00
                                                       -1.281
                                                                0.20002
## EDM_freqRarely
                                 -4.758e-01 3.688e-01 -1.290
                                                                0.19694
## EDM freqSometimes
                                                      -0.022
                                 -8.649e-03 3.995e-01
                                                                0.98273
## EDM_freqVery frequently
                                  1.225e-02 6.061e-01
                                                         0.020
                                                                0.98387
## Folk freqRarely
                                            3.844e-01 -0.028
                                 -1.087e-02
                                                                0.97744
## Folk freqSometimes
                                  6.731e-01 4.405e-01
                                                         1.528
                                                                0.12650
## Folk freqVery frequently
                                  2.753e-01 5.836e-01
                                                         0.472
                                                                0.63712
## Gospel_freqRarely
                                 -7.331e-01 4.027e-01
                                                       -1.821
                                                                0.06864
## Gospel_freqSometimes
                                 -5.928e-01 6.556e-01 -0.904
                                                                0.36585
## Gospel_freqVery frequently
                                 -1.701e+01 1.448e+03 -0.012
                                                                0.99063
## Hippop_freqRarely
                                 -5.360e-01 4.630e-01 -1.158
                                                                0.24701
## Hippop_freqSometimes
                                  1.824e-01
                                            5.204e-01
                                                         0.351
                                                                0.72595
## Hippop_freqVery frequently
                                  1.101e+00
                                            7.165e-01
                                                         1.536
                                                                0.12453
## Jazz_freqRarely
                                 -3.083e-01
                                            3.455e-01
                                                       -0.892
                                                                0.37226
## Jazz_freqSometimes
                                                         0.017
                                  7.493e-03 4.373e-01
                                                                0.98633
## Jazz freqVery frequently
                                  5.893e-01
                                            7.982e-01
                                                         0.738
                                                                0.46029
## Kpop_freqRarely
                                 -2.337e-01 3.689e-01 -0.634
                                                                0.52637
## Kpop freqSometimes
                                 -5.862e-01 5.778e-01 -1.014
                                                                0.31035
## Kpop_freqVery frequently
                                 -6.596e-01 6.420e-01 -1.027
                                                                0.30422
## Latin_freqRarely
                                 -3.902e-01
                                            3.984e-01
                                                       -0.979
                                                                0.32733
## Latin_freqSometimes
                                 -3.349e-01 4.668e-01 -0.717
                                                                0.47310
## Latin freqVery frequently
                                                         1.190
                                  8.896e-01 7.475e-01
                                                                0.23399
## Lofi freqRarely
                                  1.622e-01 3.572e-01
                                                         0.454
                                                                0.64975
## Lofi freqSometimes
                                  2.520e-01 4.226e-01
                                                         0.596
                                                                0.55103
## Lofi_freqVery frequently
                                 -4.980e-01 5.445e-01 -0.915
                                                                0.36041
## Metal_freqRarely
                                 -4.321e-02 3.880e-01 -0.111
                                                                0.91133
## Metal_freqSometimes
                                                       -1.459
                                 -7.070e-01
                                            4.845e-01
                                                                0.14446
## Metal_freqVery frequently
                                  7.867e-03
                                            5.548e-01
                                                         0.014
                                                                0.98869
## Pop_freqRarely
                                  1.031e+00 5.855e-01
                                                         1.761
                                                                0.07817
## Pop_freqSometimes
                                  3.255e-01 6.133e-01
                                                         0.531
                                                                0.59564
## Pop_freqVery frequently
                                  4.257e-01
                                            6.643e-01
                                                         0.641
                                                                0.52165
## RnB_freqRarely
                                                       -0.163
                                 -6.487e-02 3.973e-01
                                                                0.87030
## RnB freqSometimes
                                 -4.957e-01 4.726e-01 -1.049
                                                                0.29425
                                 -8.335e-01 6.417e-01 -1.299
## RnB_freqVery frequently
                                                                0.19394
## Rap freqRarely
                                  6.429e-01 4.445e-01
                                                         1.446
                                                                0.14808
```

```
## Rap fregSometimes
                                 6.917e-01 5.240e-01
                                                        1.320 0.18683
                                 3.961e-01 7.357e-01
                                                        0.538
## Rap_freqVery frequently
                                                               0.59029
                                                        0.674
## Rock freqRarely
                                 4.005e-01 5.942e-01
                                                               0.50027
## Rock_freqSometimes
                                 4.310e-01 5.562e-01
                                                        0.775
                                                               0.43844
## Rock freqVery frequently
                                 4.084e-01 6.017e-01
                                                        0.679
                                                               0.49726
                                -2.333e-01 3.685e-01 -0.633
## VGM freqRarely
                                                               0.52659
## VGM freqSometimes
                                 -4.798e-01 4.239e-01 -1.132
                                                               0.25776
## VGM_freqVery frequently
                                 1.541e-01 5.196e-01
                                                        0.297
                                                               0.76680
## Anxiety
                                 -2.104e-01
                                            6.406e-02 -3.285
                                                               0.00102 **
## Depression
                                 3.225e-02 5.433e-02
                                                        0.594
                                                               0.55282
## Insomnia
                                 -1.079e-02 4.871e-02 -0.222
                                                               0.82460
                                 1.304e-02 5.078e-02
                                                        0.257
                                                               0.79738
## OCD
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 522.87 on 461 degrees of freedom
## Residual deviance: 399.33 on 386 degrees of freedom
## AIC: 551.33
##
## Number of Fisher Scoring iterations: 16
# Use AIC to get a reduced model with only significant variables
sel.var.aic <- step(model1, trace = 0, k = 2, direction = "both")</pre>
```

## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred ## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred

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## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
select_var_aic <- attr(terms(sel.var.aic), "term.labels")</pre>
select var aic
## [1] "While_working"
                        "Instrumentalist" "Exploratory"
                                                           "BPM"
## [5] "Classical freq" "Gospel freq"
                                          "Pop freq"
                                                           "Anxiety"
# Fit a new model with the variable selected by AIC method
reduced.model.aic <- glm(as.factor(Music_effects) ~ While_working + Composer + Exploratory + EDM_freq +</pre>
                    + Pop_freq + Anxiety + Depression + Insomnia, data = training, family = "binomial"
summary(reduced.model.aic)
##
## Call:
## glm(formula = as.factor(Music_effects) ~ While_working + Composer +
      Exploratory + EDM_freq + Gospel_freq + Pop_freq + Anxiety +
      Depression + Insomnia, family = "binomial", data = training)
##
## Coefficients:
##
                               Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                              0.659257  0.505499  1.304  0.192175
                              ## While_workingYes
## ComposerYes
                              -0.664774   0.348670   -1.907   0.056572   .
## ExploratoryYes
                             -0.628479
                                         0.260099 -2.416 0.015679 *
                             ## EDM_freqRarely
## EDM_freqSometimes
                              0.005259
                                        0.301783
                                                   0.017 0.986096
## EDM_freqVery frequently
                                         0.391448 -0.773 0.439248
                             -0.302770
## Gospel_freqRarely
                             -0.686550
                                         0.339473 -2.022 0.043135 *
                            -0.584170
## Gospel_freqSometimes
                                         0.508460 -1.149 0.250597
## Gospel_freqVery frequently -15.648673 725.365484 -0.022 0.982788
```

0.999394

0.255359

0.222439

## Pop\_freqRarely

## Pop\_freqSometimes

## Pop\_freqVery frequently

0.496778 2.012 0.044246 \*

0.486076 0.525 0.599341 0.489936 0.454 0.649817

```
## Anxiety
                               -0.180522
                                           0.049768 -3.627 0.000286 ***
## Depression
                                           0.045755
                                                      0.952 0.340954
                                0.043571
## Insomnia
                                0.020182
                                           0.040183
                                                      0.502 0.615491
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 522.87 on 461 degrees of freedom
## Residual deviance: 463.40 on 446 degrees of freedom
## AIC: 495.4
## Number of Fisher Scoring iterations: 15
# Use BIC to get a reduced model with only significant variables
sel.var.bic <- step(model1, trace = 0, k = log(nrow(training)), direction = "both")</pre>
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
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## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
```

```
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
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## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
select_var_bic <- attr(terms(sel.var.bic), "term.labels")</pre>
select_var_bic
## [1] "While_working" "Exploratory"
                                       "Anxiety"
# Fit a new model with the variable selected by BIC method
reduced.model.bic <- glm(as.factor(Music_effects) ~ While_working + Anxiety, data = training, family =
summary(reduced.model.bic)
##
## Call:
## glm(formula = as.factor(Music_effects) ~ While_working + Anxiety,
      family = "binomial", data = training)
##
## Coefficients:
##
                    Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                                0.31353
                                        1.238 0.215806
                     0.38808
## While_workingYes -0.88283
                                0.25329 -3.485 0.000491 ***
## Anxiety
                   -0.14052
                                0.03955 -3.553 0.000381 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 522.87 on 461 degrees of freedom
## Residual deviance: 498.73 on 459 degrees of freedom
## AIC: 504.73
## Number of Fisher Scoring iterations: 4
# LASSO
library(glmnet)
## Loading required package: Matrix
## Attaching package: 'Matrix'
## The following objects are masked from 'package:tidyr':
##
##
       expand, pack, unpack
```

```
## Loaded glmnet 4.1-8
x <- as.matrix(training[,-which(colnames(training) == "Music_effects")]) # predictors matrix
y <- training$Music_effects
cv.out = cv.glmnet(x, y, family = "binomial", type.measure = "class", alpha = 0.5)
## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
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## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
## Warning in storage.mode(xd) <- "double": NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
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## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
## Warning in cbind2(1, newx) %*% nbeta: NAs introduced by coercion
best.lambda <- cv.out$lambda.1se
co <- coef(cv.out, s = "lambda.1se")</pre>
thresh <- 0.00
# select variables #
inds <- which(abs(co) > thresh )
variables <- row.names(co)[inds]</pre>
sel.var.lasso <- variables[!(variables %in% '(Intercept)')]</pre>
sel.var.lasso
## character(0)
# No variables are selected by LASSO
# For model selected by AIC
# Cross Validation
library(rms)
```

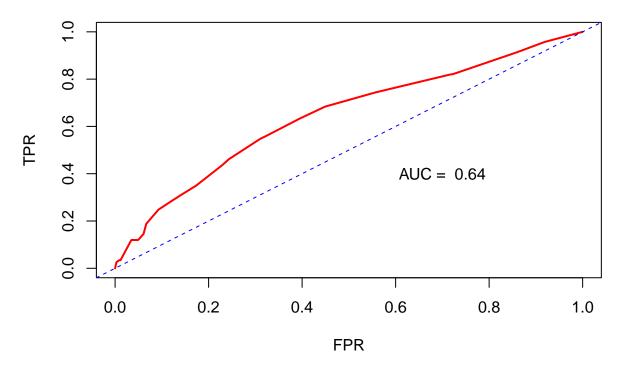
## Loading required package: Hmisc

```
##
## Attaching package: 'Hmisc'
## The following objects are masked from 'package:dplyr':
##
##
       src, summarize
## The following objects are masked from 'package:base':
##
##
       format.pval, units
## Fit the model with 1rm from rms package ##
lrm.final.aic <- lrm(as.factor(Music_effects) ~ While_working + Composer + Exploratory + EDM_freq + Gos</pre>
                  + Pop_freq + Anxiety + Depression + Insomnia, data = training, x = TRUE, y = TRUE, mod
cross.calib <- calibrate(lrm.final.aic, method="crossvalidation", B=10) # model calibration</pre>
plot(cross.calib, las=1, xlab = "Predicted Probability")
    0.7
     0.6
Actual Probability
     0.5 -
     0.4
    0.3
     0.2
                                                              Apparent
                                                              Bias-corrected
    0.1
                                                              Ideal
     0.0
            0.0
                                0.2
                                          0.3
                                                              0.5
                                                                        0.6
                      0.1
                                                    0.4
                                                                                  0.7
                                      Predicted Probability
           B= 10 repetitions, crossvalidation
                                                            Mean absolute error=0.025 n=462
##
## n=462
           Mean absolute error=0.025
                                         Mean squared error=0.00098
## 0.9 Quantile of absolute error=0.047
# Discrimination with ROC curve
library(pROC)
## Type 'citation("pROC")' for a citation.
##
## Attaching package: 'pROC'
```

```
## The following objects are masked from 'package:stats':
##
       cov, smooth, var
##
p <- predict(lrm.final.aic, type = "fitted")</pre>
## Warning in formula.character(object, env = baseenv()): Using formula(x) is deprecated when x is a ch
     Consider formula(paste(x, collapse = " ")) instead.
roc_logit <- roc(training$Music_effects ~ p)</pre>
## Setting levels: control = Improve, case = No effect
## Setting direction: controls < cases
## The True Positive Rate ##
TPR <- roc_logit$sensitivities</pre>
## The False Positive Rate ##
FPR <- 1 - roc_logit$specificities</pre>
plot(FPR, TPR, xlim = c(0,1), ylim = c(0,1), type = 'l', lty = 1, lwd = 2,col = 'red')
abline(a = 0, b = 1, lty = 2, col = 'blue')
text(0.7,0.4,label = paste("AUC = ", round(auc(roc_logit),2)))
      0.8
      9.0
TPR
      0.4
                                                         AUC = 0.73
      0.2
      0.0
                          0.2
            0.0
                                                                     8.0
                                                                                   1.0
                                        0.4
                                                      0.6
                                               FPR
auc(roc_logit)
```

## Area under the curve: 0.729

```
# For model selected by BIC
# Cross Validation
library(rms)
## Fit the model with 1rm from rms package ##
lrm.final.bic <- lrm(as.factor(Music_effects) ~ While_working + Anxiety, data = training, x = TRUE, y =</pre>
cross.calib <- calibrate(lrm.final.bic, method="crossvalidation", B=10) # model calibration</pre>
plot(cross.calib, las=1, xlab = "Predicted Probability")
     0.5 -
Actual Probability
     0.4
    0.3
     0.2
                                                               Apparent
                                                               Bias-corrected
     0.1
                                                              Ideal
                   0.1
                                 0.2
                                               0.3
                                                             0.4
                                                                           0.5
                                       Predicted Probability
           B= 10 repetitions, crossvalidation
                                                              Mean absolute error=0.03 n=462
##
## n=462
           Mean absolute error=0.03
                                        Mean squared error=0.00332
## 0.9 Quantile of absolute error=0.088
# Discrimination with ROC curve
library(pROC)
p <- predict(lrm.final.bic, type = "fitted")</pre>
roc_logit <- roc(training$Music_effects ~ p)</pre>
## Setting levels: control = Improve, case = No effect
## Setting direction: controls < cases
## The True Positive Rate ##
TPR <- roc_logit$sensitivities</pre>
## The False Positive Rate ##
FPR <- 1 - roc_logit$specificities</pre>
plot(FPR, TPR, xlim = c(0,1), ylim = c(0,1), type = 'l', lty = 1, lwd = 2,col = 'red')
abline(a = 0, b = 1, lty = 2, col = 'blue')
text(0.7,0.4,label = paste("AUC = ", round(auc(roc_logit),2)))
```



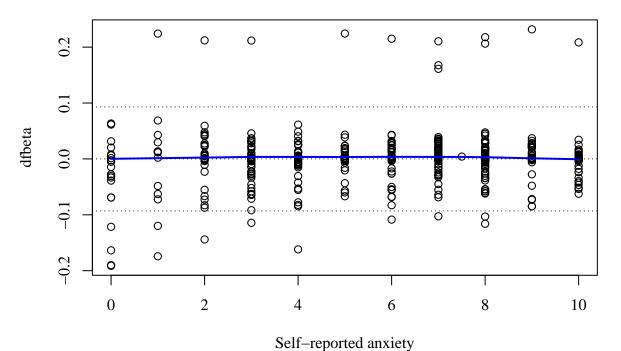
auc(roc\_logit)

# Dfbetas

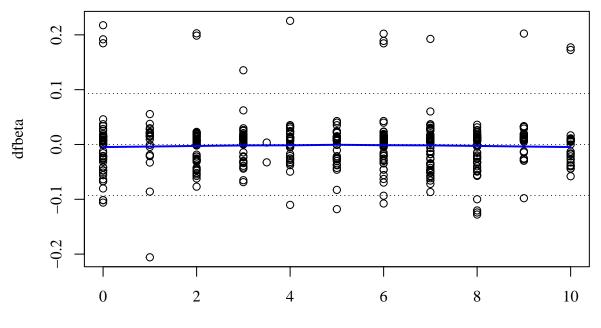
## Area under the curve: 0.6442

```
log.mod.final <- glm(as.factor(Music_effects) ~ While_working + Composer + Exploratory + EDM_freq + Gos
                      + Pop_freq + Anxiety + Depression + Insomnia, data=training,family="binomial")
df.final <- dfbetas(log.mod.final)</pre>
head(df.final)
      (Intercept) While_workingYes ComposerYes ExploratoryYes EDM_freqRarely
     0.009234249
                       -0.10051638 -0.033222020
## 1
                                                     -0.07297795
                                                                    0.001995082
## 2
      0.053788226
                        -0.13659316 -0.019846721
                                                     -0.11691083
                                                                    0.007101832
## 3 0.011647006
                        -0.01145506 0.005880764
                                                     -0.01191007
                                                                   -0.033470960
## 4 -0.017017357
                       -0.02330994 0.009480114
                                                     -0.02192363
                                                                    0.037809064
     0.012426386
                         0.02720594 -0.029704436
## 5
                                                      0.04532954
                                                                    0.004176274
##
     0.018529234
                       -0.02802083 0.023301278
                                                     -0.01748294
                                                                    0.046229634
##
     EDM_freqSometimes EDM_freqVery frequently Gospel_freqRarely
## 1
           0.007770666
                                   0.1611525920
                                                      -0.046279193
## 2
           0.147085561
                                  -0.0006807627
                                                       0.202148806
## 3
           0.001618019
                                   0.0010310878
                                                       0.008839664
## 4
           0.046395409
                                   0.0316320247
                                                       0.017945197
## 5
                                   0.2121359398
          -0.001622083
                                                      -0.054405891
## 6
           0.042620454
                                   0.0328358795
                                                       0.011437960
##
     Gospel_freqSometimes Gospel_freqVery frequently Pop_freqRarely
## 1
              0.002380642
                                        -1.861104e-05
                                                          0.072812820
              0.019344087
## 2
                                         1.104817e-06
                                                          0.005867460
## 3
              0.005939953
                                         7.675705e-06
                                                          0.007615783
## 4
              0.018903573
                                         4.801178e-06
                                                         -0.005516797
                                        -3.083159e-05
## 5
             -0.036237740
                                                          0.010990284
                                         7.450060e-06
## 6
              0.012188303
                                                          0.004708244
```

```
Pop_freqSometimes Pop_freqVery frequently
##
                                                   Anxiety
                                                             Depression
                                   0.030105881 -0.01202648
## 1
           0.014506271
                                                            0.009812301
## 2
           0.008016471
                                   0.056355825 -0.01668982 0.054435641
## 3
          -0.008538325
                                   0.007958566 -0.01747853 -0.010557223
## 4
          -0.005440801
                                  -0.033451947 0.02288234
                                                            0.021612419
## 5
           0.062966317
                                   0.004743541 -0.05424033 -0.007431798
## 6
          -0.020635068
                                   0.005497301 0.01448541 -0.034676442
         Insomnia
##
## 1 0.108835115
## 2 -0.050874252
## 3 0.024534881
## 4 -0.001312367
## 5 -0.075195613
## 6 -0.061126942
par(family = 'serif')
plot(training$Anxiety, df.final[,7], xlab='Self-reported anxiety', ylab='dfbeta')
lines(lowess(training$Anxiety, df.final[,7]), lwd=2, col='blue')
abline(h=0, lty='dotted')
abline(h=-2/sqrt(nrow(df.final)), lty='dotted')
abline(h=2/sqrt(nrow(df.final)), lty='dotted')
```

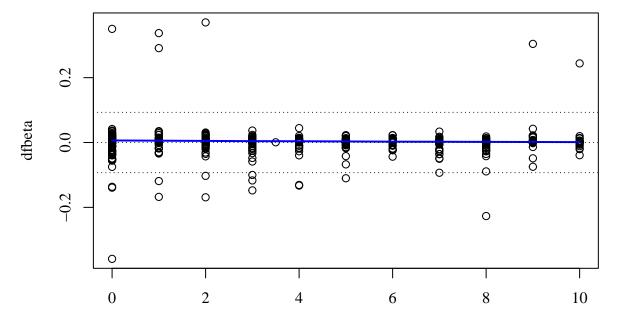


plot(training\$Depression, df.final[,8], xlab='Self-reported depression', ylab='dfbeta')
lines(lowess(training\$Depression, df.final[,8]), lwd=2, col='blue')
abline(h=0, lty='dotted')
abline(h=-2/sqrt(nrow(df.final)), lty='dotted')
abline(h=2/sqrt(nrow(df.final)), lty='dotted')



Self-reported depression

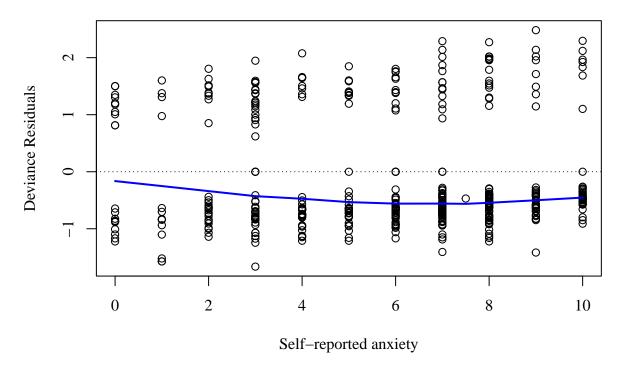
```
plot(training$Insomnia, df.final[,9], xlab='Self-reported insomnia', ylab='dfbeta')
lines(lowess(training$Insomnia, df.final[,9]), lwd=2, col='blue')
abline(h=0, lty='dotted')
abline(h=-2/sqrt(nrow(df.final)), lty='dotted')
abline(h=2/sqrt(nrow(df.final)), lty='dotted')
```



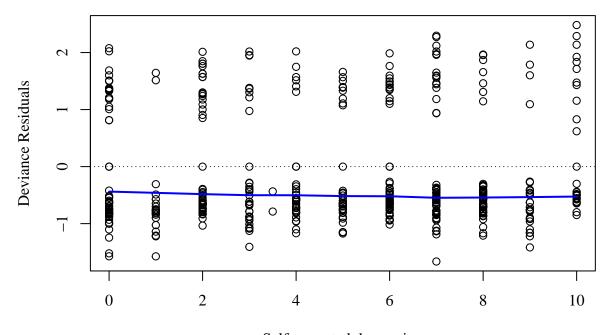
Self-reported insomnia

```
# Plot the deviance residuals
res.dev <- residuals(log.mod.final, type = "deviance")
par(family = 'serif')
plot(training$Anxiety, res.dev, xlab='Self-reported anxiety', ylab='Deviance Residuals')</pre>
```

```
lines(lowess(training$Anxiety, res.dev), lwd=2, col='blue')
abline(h=0, lty='dotted')
```

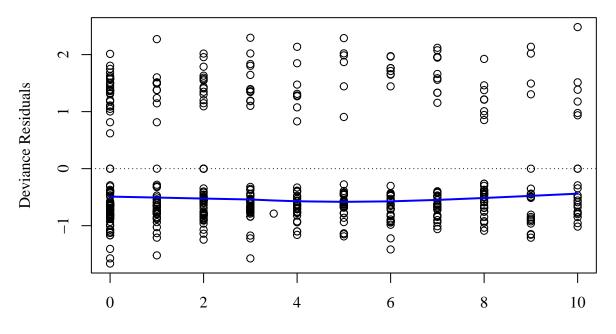


plot(training\$Depression, res.dev, xlab='Self-reported depression', ylab='Deviance Residuals')
lines(lowess(training\$Depression, res.dev), lwd=2, col='blue')
abline(h=0, lty='dotted')



Self-reported depression

```
plot(training$Insomnia, res.dev, xlab='Self-reported insomnia', ylab='Deviance Residuals')
lines(lowess(training$Insomnia, res.dev), lwd=2, col='blue')
abline(h=0, lty='dotted')
```



Self-reported insomnia

```
# Test set prediction
n= nrow(test)
test$Music_effects <- ifelse(test$Music_effects == "Improve", 1, 0)
pre.prob = predict(reduced.model.aic, test, type="response")
pre.prob <- ifelse(pre.prob < 0.5, 0, 1)

# Calculate the number of correct predictions
correct_predictions = sum(test$Music_effects == pre.prob)

# Calculate accuracy
accuracy = correct_predictions / n
accuracy</pre>
```

## [1] 0.2532468