

Character traits

There is evidence that certain character traits lead to long-term success. For example, the [Stanford Marshmallow Experiment](http://en.wikipedia.org/wiki/Stanford_marshmallow_experiment) (http://en.wikipedia.org/wiki/Stanford_marshmallow_experiment) found that the ability to delay gratification as a young child translated to better long-term outcomes by a number of life measures. We've since gathered similar evidence about many other character traits such as [zest, grit, optimism, self-control, gratitude, social intelligence, and curiosity](http://www.kipp.org/our-approach/character) (<http://www.kipp.org/our-approach/character>).

How could technology help either develop or measure character traits like these in students?