# Persona 1 Able & Active Other Language Vision Hearing Cognitive Mobility Vincent, 78 Sydney,NSW Married Social Isolation

### **Interests**

- · Meeting Nigerian-born friends at church
- · Making people laugh
- Exploring the local neighbourhood

### Connection

- Joins all the programs that are on offer
- Volunteers using skills and experiences.
- Wishes he saw his family more.

### **Tech**

• Has a telephone, TV and internet access

# **Quality of Life**

- · Sometimes comfortable asking for help
- Values feeling acknowledged
- Manages many medications

# **Mobility**

· Walks without any assistive devices

## Vincent might say...

- "For my 75th birthday, I did the Harbour Bridge climb."
- "They say I can't take care of myself."