Please answer each prompt based on your experience:

	1 (Very Low)	2	3	4	5	6	7 (Very High)
How mentally demanding was the task?	0	0	•	0	0	0	0
How physically demanding was the task?	•	0	0	0	0	0	0
How hurried or rushed was the pace of the task?	0	•	0	0	0	0	0
How successful were you in accomplishing what you were asked to do?	0	0	0	•	0	0	0
How hard did you have to work to accomplish your level of performance?	0	0	•	0	0	0	0
How insecure, discouraged, irritated, stressed, and annoyed were you?	•	0	0	0	0	0	0