Activity report

First name : Joshua Last name : PAVIUS GALTIER

 $Date: 2022-10-18 \hspace{1.5cm} Group: L1_MI_ang_4$

Was the activity completed in class or at home? It was completed at home
Other students who participated:
I was the only one

Activity type (debate, interview, role play, game, video, etc.): I read my book about psychology and took some notes about my reading

Resources used: Where did you find these resources (CRL, internet, etc.)? Please note all websites used: I found a PDF of the book online but I don't have the name of the website in mind

Why did you choose this activity? How did it help you accomplish your personal goals? Because I wanted to improve my English and my knowledge about societal psychology

How did you prepare for this activity? I just opened the book on my computer

Feedback: Why was this activity worth your time? Would you recommend it? What might you change next time to make it more successful?

Yes it was and I would highly recommend it. And I couldn't think about anything I would change for next time