

Get ready to  
experience the  
greatest health  
app in the town...

HealthMate

Sign Up

OR

Swipe up to Login



I'm your personal  
AI assistant to  
track your  
health...

HealthMate

USERNAME

PASSWORD

Login

OR



Hi, Ahmed Abdullah  
I'm your personal  
health assistant



**Track my Health**



**Daily Goals**



**How am I feeling?**



**Set Tobacco/  
Alcohol  
Consumption**



**Settings**



**Set Timer**

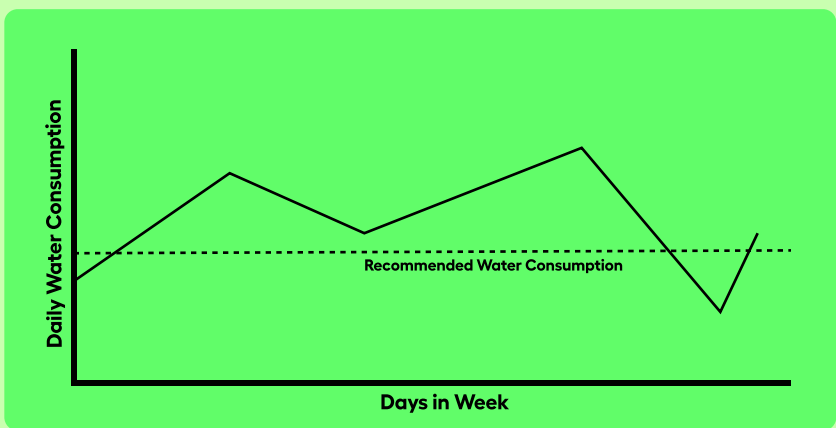




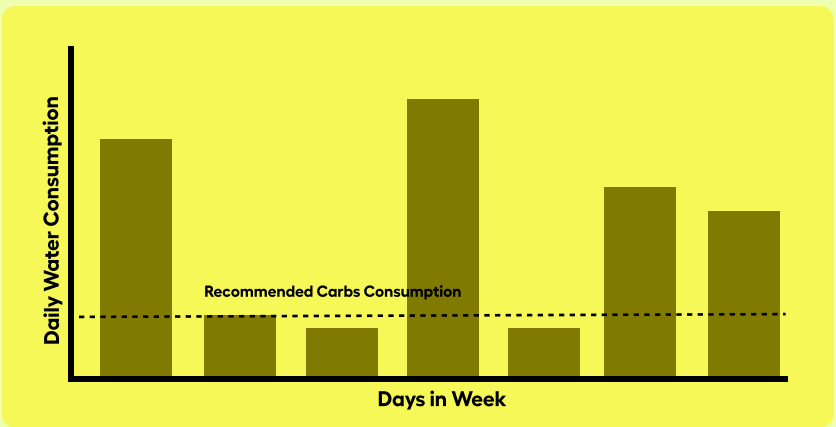
An apple a day can  
keeps the doctor  
away...



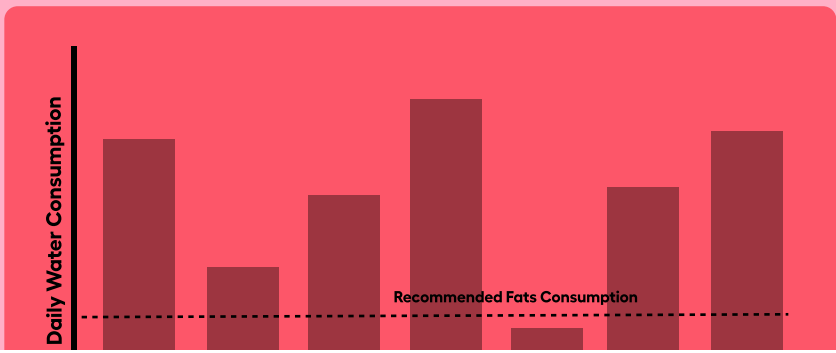
# How's my water intake?



# How's my carbs intake?



# How's my fats intake?





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**DO A MOOD  
TEST?**



**SUGGEST  
SOME SONG?**



**SUGGEST A  
QUOTE?**





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**TASKS FOR TODAY**

**STATUS**

**5L of Water**

**5KM Running**

**50 Push Ups**

**Reduced Alcohol by 5%**

**50 Sit Ups**

**Reduced Sugar by 10%**

**Reduced Body Fat**

**Reduced Sodium by 5%**



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away...



ALCOHOL



GIN



WHISKEY



TOBACCO



...



...



...



...



SUBMIT



# **Eat Up!**

**Your Journey Needs Energy**

**06:22**

**Timer set for 7 minutes...**

**Please have your lunch, unless the  
screen will remain this for next 7  
minutes**

**Force Exit**





# **Eat Up!**

**Your Journey Needs Energy**

**06:22**

**Timer set for 7 minutes...**

**Please have your lunch, unless the  
screen will remain this for next 7  
minutes**

**Force Exit**