# Ultimate HIIT Timer

INTERVAL TRAINING TIMER

# Mission statement:
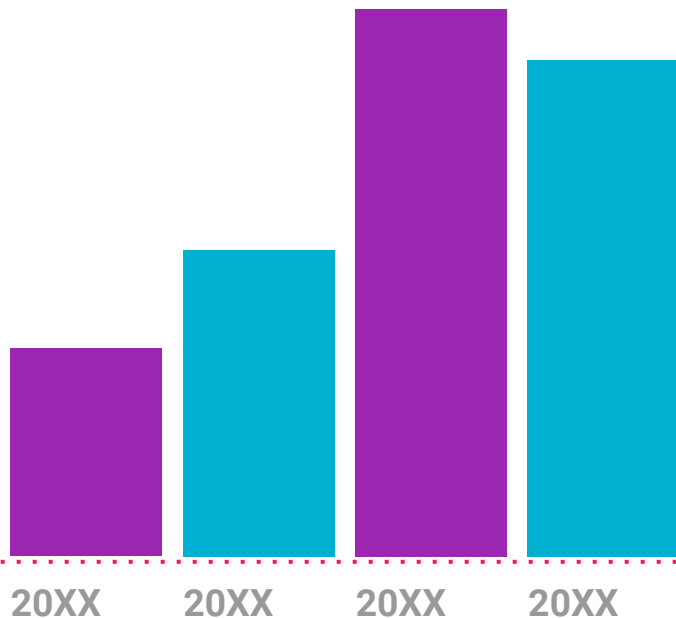# Be simple, and stay fit

# The problem

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Most of interval training timers have several problems in common.

- Poor UI
- TOO customizable, complicating!
- They only have sprint-rest period pattern. No variations.

# The solution

Simplify

Motivate

Track your progress

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# Features

- P0
  - Timer for HIIT training
  - Whenever the timer hits the sprint period, LED blinks and it notifies the time period by beep sound
  - Timer setting saving feature
- P1
  - The user can see the progress log daily
- P2
  - The user can choose favorite workout music
  - Notification service
  - Widget
  - Facebook share

# Milestones

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**Monday, 11th week**

Finalizing
layouts and
designs

**Saturday, 11th week**

Timer preset
saving logic

**Wednesday, 12th
week**

Facebook share
feature

| Mon | Tue | Wed | Thr | Fri | Sat | Sun | Mon | Tue | Wed | Thr | Fri |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|

**Wednesday, 11th week**

Completing timer
features

**Sunday, 11th week**

Progress chart

# Constraints

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**Timer**

How to notify certain point while the timer is running

**Chart**

MP Chart library

**Threading & services**