



CCDF MATCH PARTNERSHIPS
IN-PERSON SHOWCASE

April 6, 2016

Salt Lake City's Youth and Family Division

Salt Lake City's Youth and Family Division fosters positive youth development in Salt Lake City by providing out of school opportunities for social, emotional, skills, character, and citizenship development in an inclusive and caring environment.

YouthCity - Liberty Park, Fairmont Park, Central City, Ottinger Hall, Sorenson Center

CityLab - Tracy Aviary & Sorenson Center

Teen - Central City and Northwest

Summer Internships

YouthCity Government

Additional Funding Impacts

- Expand summer programs from 8 to 10 weeks
- Provide 35 weeks of Afterschool Programming
- Add additional site at Sorenson Center

Program Staffing

Each program site has:

- a full time Community Programs Manager

- 3 or 4 part time Group Facilitators during school year

- 2 to 4 additional full and part time seasonal Group Facilitators during summer

- Specialized instructors in Dance, Filmmaking, Music, and Art

Staff Trainings

- All staff attend Jumpstart and Recharge Conferences
- All staff complete full week of training prior to start of summer program:
 - Policies and Procedures
 - Defensive Driving
 - Coaching the Van Driver
 - 1st Aid and CPR
 - Food Handler's training
 - Identifying and Reporting Child Abuse
- Monthly safety training
 - OSHA-approved safety trainings
- Multi-site staff retreats for large program planning/trainings
 - September 2nd: Science Summit
 - March 4th: CityVille and Digital Teaching Tools

Prevention and Education Components

- Education and Career Readiness
- Financial Literacy
- Emotional Intelligence & Self-Concept

Education & Career Readiness - YouthCity Science Summit



Education and Career Readiness - CityVille

- Annual comprehensive mini-town adult simulation
- All YouthCity sites gather together in spring to participate in CityVille
- Participants apply for and work at jobs throughout the city in one of nine businesses
- Participants will have either an (A) or (B) day shift schedule

Education and Career Readiness - CityVille

- Education:
 - College Application & Acceptance Letter
 - College Exam + Diploma = Higher Pay

- Career Readiness:
 - Businesses & Positions
 - Training week
 - Guest Speakers
 - Purchase your Life

Financial Literacy - CityVille

Bank Accounts

- Each week on their off day students must visit the bank to collect weekly paycheck and pay for living expenses:
 - Housing
 - Car payments
 - Student Loans
 - Food
 - Chance Cards
- Program Managers are in the bank assisting students in processing payments for expenses
- Savings for ComiCon

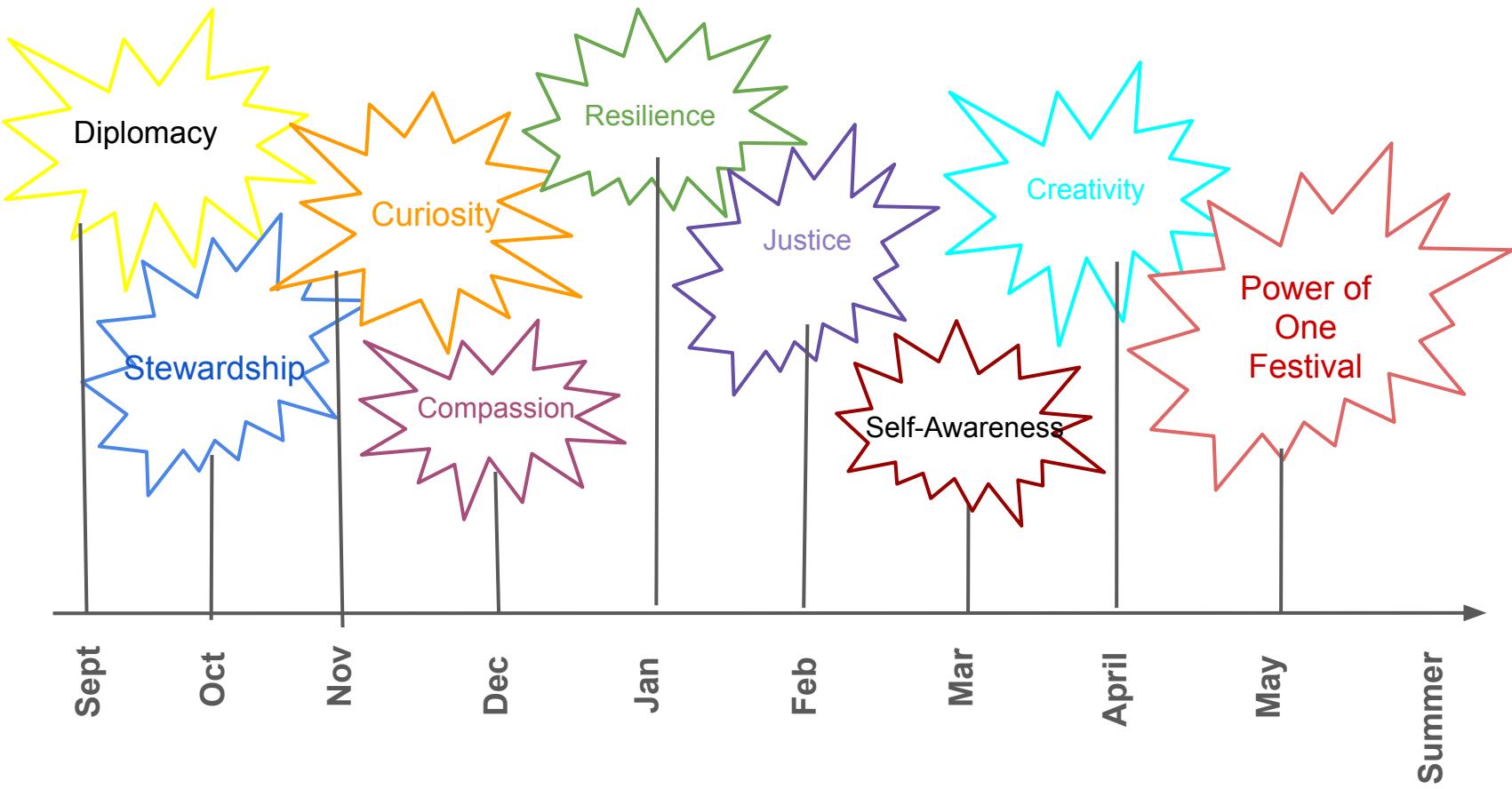
Financial Literacy - Financial Incentive System

- Each YouthCity site implements a financial incentive system throughout the year
- YouthCity Dollars are earned by:
 - Demonstrating Power of One character traits
 - Completing program support tasks
- Students have the opportunity to spend money earned or save up for larger rewards



Power of One

A Framework for Successful
Problem Solving Strategies



Power of One 2015-16 Timeline

Each month, YouthCity staff:

1. Introduce the monthly Power of One trait during the meeting by using the provided presentations.
2. Dedicate one field trip each month to exploring/practicing/understanding the monthly Power of One trait (think group games, field trips, guest speakers, etc...)
3. Conduct conversations about the Power of One character trait and point out when they see the Power of One being demonstrated at YouthCity.
4. Incorporate Power of One concepts into all discipline conversations.
5. Create a dedicated space within the building to post monthly Power of One information.
6. Spotlight/highlight/recognize all YouthCity kids throughout the year as Power of One people.
7. Prepare kids for the Power of One festival held in may of 2016.

Suggested Power of One Questions:

- When have you witnessed (insert character trait here) at YouthCity?
- Who at YouthCity emulates (insert character trait here)?
- How can a person develop (insert character trait here)?
- How will (insert character trait here) help solve problems?
- How will focusing on (insert character trait here) help make our community a better place?
- What other people should be added to the Power of One presentation?



Power of One

Diplomacy

What is Diplomacy?

Diplomacy is the art of dealing with people in a sensitive and effective way.



Power of One: Diplomacy

- Showing Respect
- Making Introductions
- Making Friends
- Giving Compliments
- Expressing Gratitude
- Giving Compliments
- Dealing with Jealousy
- Social Etiquette
- Bullying
- Being Assertive
- Making an Apology
- Conquering Fears
- Team Work
- Power of One People

HOW TO APOLOGIZE



Diplomacy:
Learning
how to
apologize

Outcomes

Education and Career Readiness

- 85% of youth complete all assigned homework and hand homework in on time
 - We had difficulty tracking homework completion - have switched to using report cards and personal tracking logs
 - Evaluation Tool Results - Academic Success: 4.95 (70%) Academic Attitudes: 4.88 (70%)
- 90% of youth self-report understanding personal responsibility for attitude, behavior, and time management
 - Evaluation Tool Results - Sense of Self: 5.69 (81%) Grit: 5.88 (84%)

Financial Literacy

- 80% of youth meet savings goals and balance their CityVille personal income and expenses
 - All Participants took part in the CityVille ComiCon in 2015.
 - Program Staff and CityVille Bank staff played an active role in teaching financial literacy

Emotional Intelligence & Self-Concept

- 90% of youth self-report their level of self-awareness, self regulation, social skills, and empathy in peer interactions
 - Evaluation Tool Results - Positive Core Values: 5.67 (81%) Positive Life Choices: 5.7 (81%)

Collaborations

Field Day at Jordan Park with YMCA of Taylorsville (started as an idea at a Recharge Conference)

Salt Lake County Afterschool Program Providers Meetings

Utah Afterschool Network Committees

- Media & Communications
- Quality Tool
- Credential

Jumpstart and Recharge Presentations

- YouthCity is represented every year by managers and group facilitators

Foster Grandparents

Assist new programs with site visits and orientation

Number of Youth Served

684

Number of Youth Receiving Free or Reduced Lunch

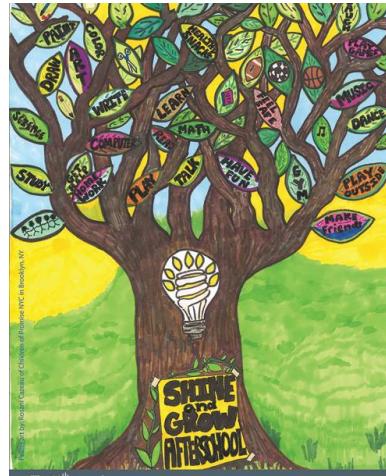
492

72% of participants received free or reduced lunch



A project of the Afterschool Alliance

A two-panel poster for the Inaugural YouthCity Science Summit. The left panel features the title "YOUTH CITY SCIENCE SUMMIT" in red and blue, with a subtitle "Join us for an afternoon of scientific exploration as YouthCity & CityLab present ideas, concepts & discoveries in Science, Technology, Engineering & Math." The right panel shows a graphic of a lightbulb plus a brain, with the text "Where: Salt Lake City & County Building 451 S State St. 4th Floor" and "When: Friday, December 11, 2015 4pm - 5:30pm". Logos for YouthCity and CityLab are at the bottom.



The 14th annual
LIGHTS ON AFTERSCHOOL
afterschoolalliance.org

Afterschool Alliance Mayor Education Initiative Municipal Library EDUCATORS healthy kids UTA LIGHTS ON AFTERSCHOOL



Quality Tool

YouthCity has been completing the Quality Tool since 2006.

- It helps to identify any issues that need immediate changes
- It serves as a training tool with new staff
- It enables us to create a community around the program and share our desire to increase program quality on a continual basis.

Program Impact - Children



Claude & Jackson

Program Impact - Children

Trogon - “I am not an artist”



Program Impact - Families



Brianna and Family

Program Impact - Families

David Gamboa & Family



Program Impact - Community



Program Impact - Community



Program Impact - Community



Program Impact - Community



Program Impact - Community



Program Impact - Community



Program Impact - Community



Data Collected

- Refugee participants
 - 95 of 684 or 14% of all participants
- Ethnic makeup - Diverse group of participants
 - 336 of 684 or 49% of all participants
- Income Level
 - 541 of 684 or 79% of all participants qualified for a fee reduction

Evaluation Process

1. Participant Numbers show an increase year to year:
 - a. FY1213: Served 309 participants
 - b. FY1314: Served 348 participants
 - c. FY1415: Served 400 participants
 - d. FY1516: Served 376 participants (so far)
2. Increase in partner collaborations:
 - a. Salt Lake County (Sorenson Multi-Cultural Center)
 - b. Salt Lake City Department of Community and Economic Development
 - i. Sorenson Unity Center
 - ii. NEA Our Town Project
 - c. The Mundi Project
 - d. Splore
 - e. Salt Lake City Library
3. Increase in the likelihood that elementary-age youth will graduate from high school based on transition to YouthCity Teen programs
 - a. FY1314: 5
 - b. FY1415: 34
 - c. FY1516: 47 (not including 2016 summer interns)

Future Plan

- Continue access to YouthCity for low income and minority youth
- Continue Year-round out of school time programming
 - 35 Weeks Afterschool
 - 10 Weeks Summer
- Continue Structured Program Delivery Model
- Provide a balanced mix of academic support and enrichment programming
- Continue to develop digital teaching tools to support alternate education opportunities

Objectives and Outcomes

OBJECTIVE 1. Increase the capacity of YouthCity to reach and sustain throughout the year the maximum enrollment capacity of elementary-aged youth at five programming sites.

- Outcome 1.1. Each of the five sites increases average daily attendance (ADA) of elementary-age youth as measured by daily attendance roll kept by the Program Managers and calculated from the following baseline: 24 ADA for Central City Recreation Center, 9 ADA for Fairmont Park, 25 ADA for Liberty Park, 20 ADA for Ottinger Hall and 18 ADA for Sorenson Center.
- Outcome 1.2. Each site is adequately staffed with qualified and caring adults to maintain a minimum ratio of one adult to every twelve youth served as measured by ADA records and staffing rosters per eight-week session for each site.
- Outcome 1.3. Skill level of staff at each site is improved to effectively meet the instruction and supervision needs of elementary-age youth as measured by hours of completed professional development training and/or certification credentials received or renewed.

Objectives and Outcomes

OBJECTIVE 2. Deliver high quality and age-appropriate out-of-school time YouthCity programming to elementary-age youth living in Salt Lake City, Utah.

- Outcome 2.1. A majority of elementary-age youth demonstrate pro-social development in sectors of resiliency, self-esteem, and self-efficacy as measured by the YouthCity Assessment Tool, developed by Dr. Maria Newton, College of Exercise and Sports Science, University of Utah, and her graduate students, who administer the assessment tool to each site twice per year.
- Outcome 2.2. Partnerships between YouthCity sites and the elementary schools, where the majority of youth served are enrolled, are strengthened to support the academic success and learning engagement of elementary-age youth as measured by the number and quality of direct communications between YouthCity site program managers and school administrators and teachers.

Objectives and Outcomes

OBJECTIVE 2. Deliver high quality and age-appropriate out-of-school time YouthCity programming to elementary-age youth living in Salt Lake City, Utah.

- Outcome 2.3. Cross-site curricula is used effectively to implement instructional activities that address prevention and education components as measured by degree to which outcome benchmarks for the three prevention and education components are achieved by elementary-age youth.
- Outcome 2.4. Each site measures and improves, as needed, the quality of OST programming delivered based on results from annual Utah Quality Assessment and Improvement Tool evaluations.

How will the Quality Tool Inform and Impact Programming?

- Identify any problem areas that need to be addressed immediately
- Training tool for new staff (Group Facilitators and Managers)
- Draw together partners and stakeholders in order to raise awareness and improve program quality on a continual basis.

Prevention and Education Components

- Education and Career Readiness
- Financial Literacy
- Emotional Intelligence & Self-Concept

Prevention and Education Curricula

- Education and Career Readiness:
 - YouthCity Science Summit
- Financial Literacy
 - CityVille
- Emotional Intelligence & Self-Concept
 - The Power of One

Digital Teaching Tools

- What is a digital teaching tool?
 - Living Document
 - Digitally Archived
 - Created by staff to share across sites
 - Over 100 made so far in these categories:
 - STEM
 - Life Skills
 - Arts and Creativity
 - Sports and Recreation

Outcomes Tracking

Education & Career Readiness

1. A majority of elementary-aged youth complete all assigned homework and hand in homework on time (Education) and self-report understanding personal responsibility for their attitude, behavior, and time management (Career Readiness).
2. Homework completion and on-time hand-in will be tracked through each youth's report cards.
3. Changes in understanding of personal responsibility for attitude, behavior, and time management are measured through self-reports collected twice per year in the YouthCity Assessment Tool.

Outcomes Tracking

Emotional Intelligence & Self Concept

1. A majority of elementary-aged youth self-report an increased level of self-awareness, self regulation, social skills, and empathy in peer interactions.
2. Changes in emotional intelligence and self concept are measured twice per year with the YouthCity Assessment Tool.

Outcomes Tracking

Financial Literacy

1. A majority of elementary-aged youth meet savings goals and balance their CityVille personal household income and expenses.
2. Changes in financial literacy skill level is tracked through each youth's personal, professional, and financial achievements in CityVille as documented by bank account balances at the culmination of the program.

Program Sites

We will continue providing Afterschool and Summer Programs at five existing program sites:

- Central City Rec. Center
- Fairmont Park
- Liberty Park
- Ottinger Hall
- Sorenson Center

Central City Recreation Center

- Started in 2001
- Partnership with Salt Lake County
- Located in the Central City neighborhood
- Focus on low-income, minority and refugee youth



Fairmont Park

- Started in 2004
- Located in the Fairmont Park Cottage
- Serves youth from the Liberty Wells and Sugar House neighborhoods
- Gearing up to serve the influx of families moving into the new housing developments along the S-Line and Sugar House Business District.



Liberty Park

- Started in 2005
- Located in the Liberty Park North Shelter
- Serves youth from the East Central neighborhood
- The site's location in Liberty Park contributes to its popularity and high visibility in the community.



Ottinger Hall

- Started in 2006
- Located in Memory Grove
- Serves youth from the Marmalade, Capitol Hill and Greater Avenues neighborhoods



Sorenson Center

1. Started in 2014
2. Located in the Sorenson Multicultural Center
3. Utilizes Sorenson Unity Center and Multicultural Center resources.
4. Started in response to the need for programming on the City's West Side
5. Serves youth from the Glendale, Poplar Grove, and Rose Park neighborhoods.



Future Plan

COMMITMENT OF FUNDING:

- The City has made the long-term commitment to YouthCity by allocating \$439,477 annually from its General Fund for operating expenses.
- Over the past two fiscal years, there has been an infusion in the Youth & Family Division budget of \$200,000 in additional General Fund monies.
- The City's financial commitment ensures that YouthCity programming is continued as an accessible and affordable resource for youth and families living in Salt Lake City.