



Life Skills

Culture Club



What do you see?

WHAT IS CULTURE?



Real World Connections

Does your class improve:

- **Improve social skills?**
 - Yes. By teaching the children about other cultures, it shows them different aspects of daily life around the world. This can lead the children to be more compassionate and understanding about the things that make us all different!
- **Health and Wellbeing?**
 - By discussing other cultures, it forces the children to think about their own lives and what aspects they couldn't imagine living without. It makes them grateful for what they have as well as curious about how others live.
- **Decrease Risky Behaviors?**
 - I think teaching children about other people makes them more compassionate and empathetic people. Those two characteristics are vital in decreasing risky behaviors.

Created by: Kenzi

- *Class created: January 2018*
- *Why did you want to teach this class?*
 - I wanted to teach this class after a college class I took at the University of Utah. The class made me realize the absence of cross-culture studies I had in elementary and middle school. I figured I would give the kids at YouthCity an opportunity to learn about other cultures besides their own.
- *What is the point/end goal for this class?*
 - The end goal of this class was to teach the children cultural competency and an understanding of other people. I think it is so important to teach children to respect other people.
- *How effective was this class? (After the fact)*
 - The Class was pretty effective. The kids seemed to enjoy learning about other cultures and trying different treats/snacks from them. The snacks were a good way to keep them engaged. The YouTube videos kept it relatable and humorous.

The one defining question

Week 1: What is a culture?

Week 2: What is one of your favorite aspects of your own culture?

Week 3: Have you ever thought about the other cultures around the world? Would you ever want to visit those places?

Week 4: What is one culture we have learned about that surprised you?

Week 5: What aspect of your culture might be different from the other people around you?

Week 6: What's an aspect of another culture besides your own that you think is awesome?

Utah Core Standard Connection

What core standards can you connect with?
Really, what practical skills and experiences will they receive through your class?

<http://www.uen.org/core/>

Social Science

Empathy, kindness, and understanding

Grant Outcomes

Self Perception

Metacognitive Skills

Class Structure

Week #1:

- Make “passports” with the kids
- Discuss what the concept of culture is
- Ask kids to share different aspects of their own culture

Week #2:

- North American Cultures (I started with this one as it was the one the kids were familiar with)

Week #3:

- South American Cultures

Week #4:

- European Cultures
- Australian/Oceania Cultures

Week #5:

- African Cultures

Week #6:

- Asian Cultures

Weekly Learning Goals

Week #1:

- Definition of culture
- Passport making

Week #2:

- Learn about the different aspects of North American culture

Week #3:

- Learn about the different aspects of South American culture

Week #4:

- Learn about the different aspects of European and Oceania cultures

Week #5:

- Learn about the different aspects of African cultures

Week #6:

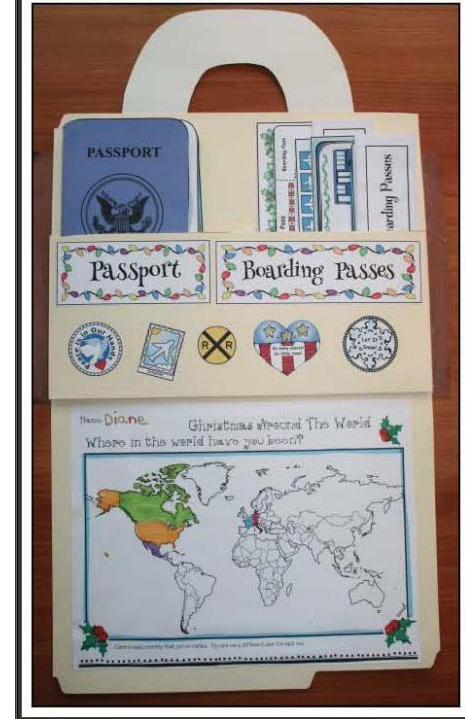
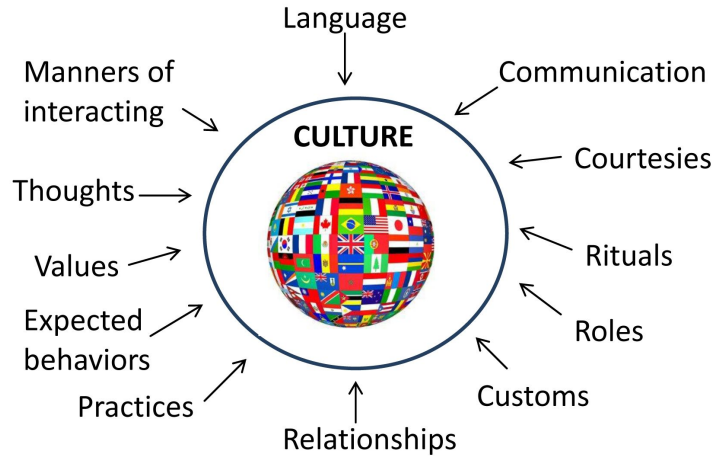
- Learn about the different aspects of Asian cultures

Vocabulary

Words and terms pertinent to your class that the kids need to know for understanding, or to perform better in class

- Culture: A particular society that has its own beliefs, ways of thinking, behaving, or working that exists in a place or an organization
- Cultural competency: The ability to understand, communicate with, and effectively interact with people across cultures
- Respect: A feeling of deep admiration for someone or something that is good, valuable, and/or important
- Cultural Diversity: The existence of a variety of cultural or ethnic groups within a society
- Low/ Popular culture: Forms of culture that have mass appeal
- High Culture: The culture of an upper class
- Ethnocentrism: The belief in the inherent superiority of one's own ethnic group or culture

Week #1: *Passport making and a discussion on Culture*



<https://www.pinterest.com/pin/479774166544061953/>

Ask the kids what their traditions, roles, communication cultures they have in their own homes. What about YouthCity culture??

Week #2: *Cultures in North America. Find some yummy snacks/candies for a few of the countries you choose to talk about! (Mexico... Mexican candy, Canada... Jos Louis, USA... potato chips)*

A

Antigua and Barbuda

B

Bahamas

Barbados

Belize

C

Canada

Costa Rica

Cuba

D

Dominica

Dominican Republic

E

El Salvador

G

Grenada

Guatemala

H

Haiti

Honduras

J

Jamaica

M

Mexico

N

Nicaragua

P

Panama

S

Saint Kitts and

Nevis Saint

Lucia Saint

Vincent and the

Grenadines

T

Trinidad and

Tobago

U

United States of

America

Choose a few of these countries and talk about the different aspects of life in these cultures.

Week #3: *Cultures in South America.*

A

Argentina

B

Bolivia

Brazil

C

Chile

Colombia

E

Ecuador

G

Guyana

P

Paraguay

Peru

S

Suriname

U

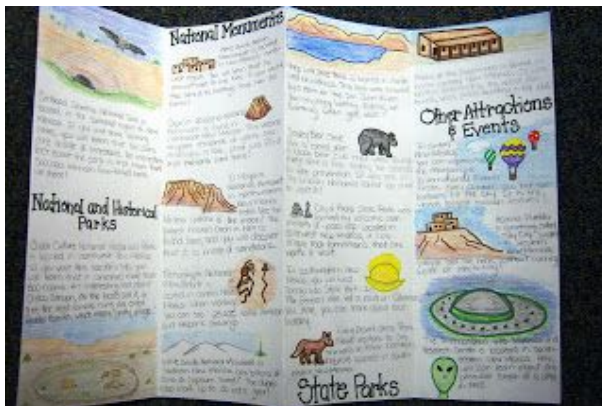
Uruguay

V

Venezuela



<https://www.pinterest.com/pin/82401868155112417/>



(Obviously not a South American country)

Use this pamphlet example and have the kids choose a South American country to research and make a pamphlet about the country.

Then, have the kids share some of the things they learned with each of the other kids.

Week #4: *Cultures in Europe...*

A

Albania
Andorra
Armenia
Austria
Azerbaijan

B

Belarus
Belgium
Bosnia and
Herzegovina
Bulgaria

C

Croatia
Cyprus
Czech Republic

D

Denmark

E

Estonia

F

Finland
France

G

Georgia
Germany
Greece

H

Hungary

I

Iceland
Ireland
Italy

K

Kazakhstan
Kosovo

L

Latvia
Liechtenstein
Lithuania
Luxembourg

M

Macedonia (FYROM)
Malta
Moldova
Monaco
Montenegro

N

Netherlands
Norway

P

Poland
Portugal

R

Romania
Russia

S

San Marino
Serbia
Slovakia
Slovenia
Spain
Sweden
Switzerland

T

Turkey

U

Ukraine
United Kingdom (UK)

V

Vatican City (Holy See)



Venetian Masks ART FOR KIDS



<https://www.pinterest.com/pin/260012578465321499/>



<https://www.pinterest.com/pin/266486502933506533/>

Week #4: *(Continued) Cultures in Oceania*

A

Australia

F

Fiji

K

Kiribati

M

Marshall Islands

Micronesia

N

Nauru

New Zealand

P

Palau

Papua New Guinea

S

Samoa

Solomon Islands

T

Tonga

Tuvalu

V

Vanuatu

Week #5: *Cultures in Africa*

A

Algeria

Angola

B

Benin

Botswana

Burkina Faso

Burundi

C

Cabo Verde

Cameroon

Central African

Republic (CAR)

Chad

Comoros

Democratic Republic

of the Congo

Republic of the

Congo

Cote d'Ivoire

D

Djibouti

E

Egypt

Equatorial Guinea

Eritrea

Eswatini (formerly

Swaziland)

Ethiopia

G

Gabon

Gambia

Ghana

Guinea

Guinea-Bissau

K

Kenya

L

Lesotho

Liberia

Libya

M

Madagascar

Malawi

Mali

Mauritania

Mauritius

Morocco

Mozambique

N

Namibia

Niger

Nigeria

R

Rwanda

S

Sao Tome and Principe

Senegal

Seychelles

Sierra Leone

Somalia

South Africa

South Sudan

Sudan

Swaziland (renamed to Eswatini)

T

Tanzania

Togo

Tunisia

U

Uganda

Z

Zambia

Zimbabwe



For our activity while talking about Africa, we made traditional West African masks. We talked about the importance of the masks in that particular culture. It also opened a good conversation about cultural appropriation and why it's important to respect and understand other cultures. This activity was a good time filler and the kids enjoyed it.

<https://www.pinterest.com/pin/231794712043396813/>

Week #6: *Cultures in Asia*

A

Afghanistan
Armenia
Azerbaijan

B

Bahrain
Bangladesh
Bhutan
Brunei

C

Cambodia
China
Cyprus

G

Georgia

I

India
Indonesia
Iran
Iraq
Israel

J

Japan
Jordan

K

Kazakhstan
Kuwait
Kyrgyzstan

L

Laos
Lebanon

M

Malaysia
Maldives
Mongolia
Myanmar (formerly Burma)

N

Nepal
North Korea

O

Oman

P

Pakistan
Palestine
Philippines

Q

Qatar

R

Russia

S

Saudi Arabia
Singapore
South Korea
Sri Lanka
Syria

T

Taiwan
Tajikistan
Thailand
Timor-Leste
Turkey
Turkmenistan

U

United Arab Emirates (UAE)
Uzbekistan

V

Vietnam

Y

Yemen

This class was the perfect way to speak to the children about different cultures.

I learned so much creating the curriculum for this class and I only could do 10-15 cultures in the session time frame.

There's so many fun aspects of culture including food, traditions, music, religion, clothing, etc. The kids had a good time learning about other cultures besides their own that they never may have learned about before.



What is culture?

(watch till 4:35)





If the world were a village of 100 people....

Ask the kids what aspects of culture they saw in this video.

Youtube Videos

These videos were pretty cheesy but the silliness had the kids actually paying attention and trying to sing along. Teaches how many countries are on each continent. I tested them at the end to see if they remembered and most of them did!



South America



Local Connections

Where in the city/valley could you go visit, or connect with to enhance the class?

Elizabeth's English Bakery - 439 East 900 South, Salt Lake City

Southeast Market - 422 E 900 S, Salt Lake City

Shop-N-Go Indian Grocery Store - 573 E 300 S, Salt Lake City

Global Connections

What cultures and societies does your class hit upon? Global thinking is the way of the future.

This whole class is about global connections and having the children think about different people around the world.

Career Connections

What 5 careers could be followed by the lessons learned in your class?

Teaching, communications, international law and business, journalism and diplomatic service

What Power of One ideals does your class connect with? And why is it important to your class?

Diplomacy: the profession, activity, or skill of managing international relations, typically by a country's representatives abroad.

Importance: Diplomacy is vital in understanding other cultures because it is the basic behaviors that help manage international relations

Curiosity: a strong desire to know or learn something.

Importance: Curiosity is important so that the kids have a desire to learn

Compassion: sympathetic pity and concern for the sufferings or misfortunes of others.

Importance: Some aspects of culture can be sad and it's important to approach them with compassion

Power of One

Materials & Supplies

- Manila folders
- Paper
- Printouts of passports/earth
- Manilla Folder
- Blank Maps
- Decorative Paper
- Passport Print-Out
- Candy/Snacks for some of the culture you choose
- Henna tattoo paste
- Mask supplies

Pro Tips by Kenzi

- *The idea of trying different snacks obviously makes the kids excited. I waited until the end of each class to try the snacks so that they were paying attention.*
- *Have a plan of which countries you're going to be talking about*
- *Give the kids an opportunity to choose a country they'd be interested in learning about. Anytime the kids have extra freedom, it makes them more interested in learning.*
- *Don't expect them to care about every single lesson. Some days are harder to concentrate for the kids, and that's okay. Have a plan B for days that they aren't listening.*
- *Have fun!!!!!!*