		(Phrases and Expressions)
1.	a bit (of)	有一点儿
2.	a couple of	两个; 几个
3.	a kind of	一种;一类
4.	a lot of (lots of)	许多
5.	a pair of	一双;一副
6.	a piece of	一(块,张,片,件)
7.	according to	按照; 根据
8.	addto	加上
9.	after all	终究; 毕竟
10.	agree with sb.	同意某人的意见
11.	all its own	本身(新增: 2022 年中考一模)
12.	all over	到处
13.	all right	行了;好吧;(病)好了
14.	all the way	一路上
15.	and so on	等等
16.	apologize to sb. for sth.	为某事向某人道歉
17.	arrive at / in a place	到达某地
18.	asas	和一样;如同
19.	as a result	结果;因此(新增:2022 年中考一模)
	as soon as	一就
	as long as	只要(新增:2022 年中考一模)
	as well	也;又
	ask for	请求;寻求
	at breakfast / lunch / supper	早/午/晚餐时
	at first / last	起先;开始的时候/最后;终于
	at home	在家(里)
	at least / most	至少 / 至多
	at once	立刻;马上
	at present	现在,目前
	at the end of	在结束的时候
	at the same time	同时 - 在图式
	at / on weekends	在周末
	at work based on	在工作
	be able to	以为根据;以为基础
	be afraid of	能够(有能力) 害怕
	be angry with sb.	生某人的气
	be aware of	意识到(新增:2022 年中考一模)
	be bad for	高跃到(刺埠·2022 平中考一模) 有害于
	be born	出生于
	be busy with / doing sth.	忙于做某事
	be careful with	小心
	be connected to / with	与有联系
	be covered with	被覆盖
	be different from	与不同
		A 1 kA

46	be / get familiar to / with	对熟悉; 通晓
47.	-	以而著名
	be fond of	爱好
	be full of	充满
	be good / poor at	擅长于 / 对比较差
1	be interested in	对感兴趣
	be keen on	喜爱
	be late for	迟到
	be located (in / on / at)	位于
	be made of	由制成
	be made up of	由组成
57.	_	对满意
	be proud of	为而感到自豪
	be ready for	为作准备
	be responsible for	对负责任
1	be required to do	被要求去做某事(新增: 2022 年中考一模)
	be satisfied with	对感到满意
	be similar to	与 类似
	be strict with	对严格
	be surprised at	对感到惊奇
	be thankful to sb.	对某人很感激
	be used to	习惯于
	because of	由于
69.	belong to	属于
	big deal	大人物,了不起的事
71.	bothand	两者都
72.	break down	损坏,衰弱下来
73.	break into	闯入;破门而入
74.	by bus/train/plane	乘公共汽车/火车/飞机
75.	by oneself	亲自
76.	by the way	顺便说; 顺便问一下
77.	by the end of 在结束/底之前	(注:后加过去时间,句子用 had done) 新增: 2022 年中考一模
78.	calm down	使平静
79.	care for	照顾;喜欢
80.	catch (a) cold	着凉; 伤风
81.	change one's mind	改变主意
82.	check in	办理登机; 登记(入住等)
83.	come from	出生于;来自
84.	come across	偶遇,遇见(新增:2022 年中考一模)
85.	come on	快;走吧;跟我来
86.	come to an end	结束
87.	come to life	苏醒;栩栩如生(新增: 2022 年中考一模)
88.	come true	实现
89.	communicate with	与交流
90.	compete with	与竞争;与攀比
91.	complain about	抱怨;投诉

92. consist of 由.....组成 93. cut down 砍倒;削减 94. deal with 处理

95. department store 百货商店 96. depend on 依靠,依赖

97. die of 因.....(病)而死

98. divide...into... 把...分成... (新增: 2022 年中考一模)

99. do harm to 对......有害,损害 100. do one's best to do 尽最大努力去做...

101. do sb. a favour帮某人忙102. do some shopping买东西103. dream of想到

104. dress up (穿着)打扮 105. each other 互相

106. encourage sb. to do sth. 鼓励某人做某事

107. enjoy oneself 过得愉快 108. fall asleep 入睡

109. far away(from) (离)......遥远 110. fill in 填充;填写

111. find out 找出; 查明; 了解

112. find it difficult to do 发现做...很难(新增: 2022 年中考一模)

113. focus on 集中注意力于;关注(新增: 2022 年中考一模)

114. for example例如115. for free免费116. for the first time第一次117. for the time being暂时; 眼下118. from time to time不时, 有时

119. get along / on (with)进展; 与.....相处120. get into the habit of养成.....的习惯

121. get off 下车 122. get on 上车

123. get ready for 为......作准备

124. get rid of 摆脱

125. get tired of 对......感到厌倦

 126. get to
 到达

 127. get up
 起床

128. give sb. a hand 助某人一臂之力

129. give up 放弃

131. go for a swim去游泳132. go home回家

 134. go on
 继续

 135. go on a diet
 实行节食

 136. go on a picnic
 去野餐

 137. go on with / doing sth.
 继续做某事

138. go out 熄灭, (外出)

139. go over 复习;仔细地再读一遍

140. go shopping去购物141. go sightseeing去观光

142. go to (the) hospital 去医院(看病)

143. go to bed就寝144. go to college上大学145. go to school上学146. go to sleep入睡147. go to the cinema / movie(s)去看电影148. go wrong出错

149. grow up 成年;长大

151. hand in上交152. happen to do碰巧做

153. happen to sb. 发生到某人身上

154. have (got) to 不得不 155. have a class / lesson 上课

156. have a good time 玩得很愉快;过得很愉快

157. have breakfast吃早餐158. have no idea不清楚159. have pity on sb.怜悯某人160. have sports进行体育活动161. hear from收到.....来信

163. help sb. with sth. 帮助某人做某事

164. here and there到处165. hold a meeting举行会议

167. hold one's breath屏住呼吸168. huge amounts of大量的169. in a hurry匆忙170. in a minute一会儿171. in addition另外172. in all总共

173. in charge of主管, 负责174. in class在课上175. in danger处于危险中176. in English用英语

179. in front of 在.....前面

180. in hospital 住院

181. in one's fifties在某人五十多岁时182. in one's opinion根据某人的看法

183. in order to 为了

184. in other words 换句话说 185, in return 作为回报 186. in surprise 惊奇地 187. in the end 最后;终于 188 in the future 在将来 189. in the middle of 在.....中间 190. in the past 在过去; 从前 191. in this way 这样 192. in time 及时 193. in trouble 处于困境中 194, instead of 代替; 而不是 195. jump to a conclusion 草率决定 196. just now 刚才 197. keep a diary 记目记 198. keep doing sth. 继续做某事 199. keep fit 保持健康 阻止; 使.....免于 200. keep...from (与.....) 保持联系 201. keep in touch (with) 阻挡;不让.....接近 202. keep off 203. keep quiet 保持安静 204. keep sb. busy 让某人忙个不停 205. laugh at 嘲笑 206. lay the table (饭前) 摆好餐具 207. lead to 导致 (注: to 为介词)(新增: 2022 年中考一模) 从……中学到,向……学习 208. learn...from 209. leave (secondary) school (中学) 毕业 210. leave a message 留个口信 211. leave for 动身去 212. less / more than 少于 / 多于 听.....(讲话) 213. listen to 214. live on 靠.....为生 215. look after 照料; 照顾 216. look at 看;观看 217 look for 寻找 218. look forward to 期待着(注:to 为介词) 219. look like 看上去像;显得 220. look out 注意, 留神 221. look up 查寻; 抬头看 222. lose one's life 丧生 223. lose one's way 迷路 224. lose temper 发脾气 225. lose weight 减肥 226. make a decision 做出决定 227. make a film 拍电影 228. make a fire 生火

谋生

229. make a living

230. make a mistake 出差错;犯错误

231. make a noise 弄出声

 232. make friends with
 与.....交朋友

 233. make fun of
 拿.....开玩笑

 234. make money
 挣钱;赚钱

 235. make progress
 取得进步

 236. make the bed
 整理床铺

237. make up 编造, 弥补 (新增: 2022 年中考一模)

238. make up one's mind 下决心

240. no longer / not...any longer 不再

241. not...at all (用来加强语气) 一点也不,根本不

242. now and then / again 时而;偶而

243. of course 当然

 244. on average
 平均;通常

 245. on business
 有事,出差

 246. on foot
 步行;走路

 247. on holiday
 在休假

 248. on one's side
 在某人一边

 249. on the other hand
 在另一方面

 250. on the phone
 在听电话

251. on the / one's way(to) 在去……的路上

252. on time准时253. on weekdays在工作目254. once every four years每四年一次255. once more/again再次

 256. one after another
 一个接一个,连续地

 257. out of
 从……里出来; 缺乏

258. out of date 过时

259. over and over 再三, 一次次

260. pay attention to 注意

261. pay for 付......钱; 买

262. pick out 挑选出

263. pick up 拾起, <u>让某人搭车; (开车) 接某人</u>

264. play a trick on 捉弄

 265. play with
 玩要,摆弄

 266. plenty of
 大量的,充足的

267. point out 指出

268. praise sb. for sth. 为某事表扬某人

269. prefer...to (比起.....来) 更喜欢

270. prepare for 准备

272. protect...from 保护......免受

273. provide...with提供274. put off延期

 276. put out 扑灭

277. put up 举起; 挂起

 278. rely on
 依靠

 279. run away
 逃跑

 280. run out of
 用完,耗尽

 281. save one's life
 挽救某人的生命

 282. search for
 搜寻;搜查

 283. see...off
 为.....送行

286. sell out 售完

287. set out 动身, 出发, 着手做

 288. shake hands with
 与.....握手

 289. share...with
 与.....分享

290. shopping mall 大商场,大型购物中心

291. show off 炫耀

292. show sb. around 带某人参观

293. shut up 住口

294. so far 到目前为止

295. so that (表示目的) 为了,以便

296. some day 将来有一天

 297. sooner or later
 迟早

 298. stand for
 代表

 299. stay up
 熬夜

 300. stop...from
 阻止.....做

301. struggle to do 努力做某事 (新增: 2022 年中考一模)

302. such as例如303. surf the Internet上网304. take a look看一看

305. take a message for sb. 给某人捎个口信

306. take an underground 乘地铁 307. take away 拿走 308. take care of 照料 309. take charge of 负责,

309. take charge of 负责,管理 310. take hold of 抓住

310. take hold of抓任311. take notes记笔记

313. take one's advice 听从某人劝告

314. take out取出315. take part in参加

316. take place 发生;举行

317. take the place of取代318. take up开始从事319. talk about谈到

 320. talk to / with sb
 与某人谈话

 321. tell...from
 区别;分辨

322. tell a lie 说谎

323. the same...as与......同样324. the week after next下下周

325. think about 考虑(做某事的可行性)

326. think of想起;想到327. think over仔细考虑328. throw away扔掉

329. to one's joy / surprise使某人高兴/惊奇的是330. too...to太.....以至不能

332. try one's best to 尽某人最大努力去做(新增: 2022 年中考一模)

333. turn down/ up (把音量) 调低/高

334. turn into 变成

 335. turn off
 关掉(电灯,电视,收音机等)

 336. turn on
 开,旋开(电灯,电视,收音机等)

337. turn out 结果是, 证明是

338. turn over 翻 (车); 翻 (页); 翻身

 339. used to
 过去常常

 340. wait for
 等候;等待

 341. wake up
 醒来;叫醒

 342. what's more
 而且

342. what's more而且343. with great care非常小心344. with pleasure愉快地

 345. with the help of
 在.....的帮助下

 346. work out
 做出;算出;制定出

347. worry about 为......而担心

348. would like / love(to) 想要(表示喜欢,愿意)很想;很愿意

349. would rather 宁愿,宁可