话题1 写人叙事类

1. 要点：①你最难忘的老师是谁 ②TA做了什么事让你难忘③TA对你产生的影响

My most unforgettable teacher

A good teacher is like a guide, and he can show you the right way. **In my heart**, Ms. Liu is a good teacher and I’ll never forget her.

When I was in Grade Seven, I **spent** too much **time playing** instead of studying. So I always did my homework quickly with terrible handwriting (潦草的字迹). One day, Ms. Liu **left me behind** (留下我) after school. She gently told me that people could know a person by his or her handwriting. From then on, I **paid more attention to** my handwriting **as well as(而且)** my study.

Ms. Liu **not only** changed my handwriting, **but also** changed my attitude towards learning. I’ll never forget her.

1. 要点：①你原本觉得很难学会的一件事情（一项技能） ② 你怎样学会的③你的收获和感想

I learned it !

Riding a bike is easy for almost everyone.But actually I **had a hard time learning** it.

I **started learning** riding two years ago. I admired my classmates **who are good at riding** because they can go to other places quickly and **have fun**. I **kept falling down at first**, and **as a result**, **I became afraid to get on** the bike. Later, my brother **encouraged me to try** again and be relaxed.I did as he had said and I succeeded----**I kept my balance** on the bike.

I felt very happy when I could ride a bike. I also learned that nothing is difficult **as long as** I am brave to try.

3)要点：①你与别人合作的事情 2) 你们是如何合作完成这件事的 3) 你的感受

**Working with others can help us be better**. I realized this **because of** my experience of working with my classmate Harry.

Last week,I **was asked to** make a poster(海报) to **call on** (号召) students not to waste food. **At first,** I didn’t know how to make it impressive (给人印象深刻的) or useful, so I **asked** Harry **for help**. He suggested that I design a poster with words and pictures. I **was not good at drawing**, so Harry offered to help me. I wrote words on the poster while Harry drew pictures. His pictures were so impressive that the poster we made **caught many students’ attention**(引起了许多学生的注意).

From this experience I realized the true meaning of working with others is using our own advantages (优势) to make our team better.

话题2 成长变化类

(1)自己改变最大的一件事

The biggest change I’ve ever made

The biggest personal change I’ve ever made is that **I have fallen in love with** reading.

When I was a child, I **didn’t** enjoy books **at all**. Later, my mother always read stories for me and bought me books. Then I tried to read books by myself. **Gradually** I **began to love reading**. **While reading**, I **feel like talking with a wise man**. Whenever I’m unhappy about my life, I can always find good advice through reading.Reading is also a **fantastic** way to **pass my free time**.

Books are my friends. And they **benefit me a lot**.

（2）自己初中四年的成长变化

要点：1)成长变化是什么 2) 成长变化的过程 3) 成长过程中的感受

As time passes by, may people are changing.So am I. Now I have changed into a student who works hard to realize my dream.

Two years ago, I always **spend much time playing with** the mobile phone. **As a result**,I failed almost all the exams.The failure made my parents quite sad, but they didn’t shout at me. **Instead,**they talked with me, asking me what my dream was and telling me study was the best way to **get close to** it. I realized what I should do and I **decided to spend more time on** my study. Now I have made much progress.

I think what I am doing now is quite worthy and meaningful.

话题3 学校生活

1. 要点：①你参加了学校的什么社团②你参加这个社团的原因③你的感受

The school club I joined

I’m one member of the drama club because I **like to play different characters** to feel their stories.

**There are** many advantages to **join the club**. First, I can develop my ability of teamwork. I will understand how important and necessary the teamwork is. **At the same time**, joining the club can enrich my school life and I can **get lots of pleasure from** it. **What’s more**, I have **made a lot of good friends** here **so that** my life is more colourful.

I’ve become more outgoing since I joined the drama club. When I **took part in** some performances, I **was** also **able to** face my classmates with more confidence.

话题4 观点看法类--议论文

(1)议论课外补习班是否必要

Nowadays, many middle school students are **taking all kinds of after-school classes** at weekend or on holiday. There are two different opinions about it.

Some people think that taking after-school classes can help students learn better and get into a good high school. **What’s more**, students can **avoid spending too much time watching TV** or playing computer games.

**However**, others think students need time to rest and relax. After-school classes can cause a lot of stress for students and **it is not good for** their development.

**In my opinion, if necessary,** we can take after-school classes, but it shouldn’t **take up too much time**. As students, we also need time to have a good rest at weekends and on holidays.

1. 议论学生是否能使用手机

**Nowadays，**more and more teenagers use mobile phones. Can middle school students use mobile phones at school? **Different students have different opinions about it.**

Some students consider they can use mobile phones at school. **First,** it is easy for them to keep in touch with their parents and friends in any case. **Second,** they can listen to music joyfully in their spare time to relax themselves. **Besides,** they can search for information on their mobile phones,**which** can increase their knowledge and open/ broaden their mind.

**However, some students disagree.** They think using mobile phones at school is a waste of time. Many students spend too much time on games and QQ. It’s bad for their eyes and it also has a bad effect on study.

**In my opinion,** we’d better not use mobile phones at school because they’re bad for our health and study. We should spend more time on our study instead of using mobile phones.

话题5 做法建议类--说明文

1. How to Get on well with Our Parents?

It’s very important for us to get on well with our parents, but how can we get along well with our parents? **Next, I would like to share some pieces of advice with you.**

**First of all,** we **are supposed to** understand and respect our parents. When parents talk much, we should listen to their suggestions patiently. **What’s more,**I suggest that we **ought to** often communicate with parents so that they can understand us. For example, we can share happiness with them and talk about our trouble with them.

I get on well with my parents.I enjoy sharing everything with my parents. My parents are like my best friends. They are proud when I do something well and they try their best to help me when I have trouble. We love each other.

Let’s get on well with our parents because they are our parents.

2)How to Develop Our Good Learning Habits?

**There is no doubt that** it is useful for us to develop our good learning habits. **Here I would like to share some suggestions with you.**

**First of all,** you should make some preparations before class, which can make your learning better. **Besides,** I suggest that you should listen to teachers and take notes carefully in class. **On the one hand,** listening to teachers can increase knowledge. **On the other hand,** it is more convenient to review after class. **Last but not least,** I advise you to finish your homework on time and do more reading. **Only in this way can you improve your English.**

**In my opinion,** methods are very important. The right way to learn can make you get twice the result with half the effort. If you follow these pieces of advice, you will have a good habit of learning and a bright middle school life.

话题6 疫情相关

1. 你的进步是什么 2）你是如何取得进步的 3)你接下来还会怎样做

The progress I have made during the winter vacation

Because of COVID-19,I had a long winter vacation this year. During the vacation, I have **made great progress on** time managing.

I **used to be** a person **who was** not **good a**t managing time. At the beginning of the vacation, I spent my time in wrong ways. I got up late and wasted too much time playing. Later, I realized it was quite wrong and I **decided to** change. So I made a schedule for myself and spent time as I had planned. For example, I learned cooking during my spare time regularly. Now, I can cook delicious dishes for my parents.

I will continue keeping my schedule and use time more properly in the future.

1. 介绍自己更喜欢线上学习或传统教学及自己的想法，人称以第一人称为主，时态以一般现在时为主。

I prefer to study online

Because of the wide spread of COVID-19,we students had to study online, which is quite **different from** traditional leaning, Between the two study ways, I **prefer to study online.**

The following reasons may explain why I like studying online better. First, **it is convenient** because I can learn knowledge without going out. All I need to so is **turn on** my computer and listen to the teachers. Second, If there is something that I can’t understand, I can watch the video again. **Without doubt**,It is good for my study.

I really think online study has much benefit and I hope studying online can become **more and more popular** in the future.

I prefer traditional learning

As the result of the wide spread of COVID-19, we students had to study online, which is quite **different from** traditional learning. **Compare with** online study, I prefer traditional learning.

Many students may have the same feeling as me. Traditional learning does have many advantages. First, teachers and students can talk face to face, which is sure to help us learn better. Second, when we are studying at school, we **not only** learn knowledge, **but also** learn social skills, which can hardly be provided by online learning.

Now we have been back to school. I am happy to study at school.

**谚语参考：**

1. A friend is like a mirror. 好朋友像一面镜子
2. A friend in need is a friend indeed. 患难见真情
3. Everyone has his price. 天生我材必有用
4. A good beginning is half done. 良好的开端是成功的一半
5. No pain, no gain. 一分耕耘，一分收获
6. Where there is a will, there is a way. 有志者，事竟成
7. The future is what we make it. 未来是我们创造的。
8. Old habits die hard. 旧习难改
9. An apple a day keeps a doctor away. 一天一苹果，医生远离我。
10. He who has health has hope. 留的青山在，不怕没柴烧。
11. Health is the first wealth. 健康是第一财富
12. Early to bed, early to rise makes a man healthy, wealthy and wise.

早睡早起使人健康、富有和聪明。

1. Life lies in movement. 生命在于运动
2. Safety comes first. 安全第一
3. Walking is man’s best medicine. 行走是人的最佳良药
4. Hope things work out. 希望事情顺利进行
5. There is an old saying,”Laughter is the best medicine” 笑是最好的良药
6. Practice makes perfect. 熟能生巧
7. Think twice before you do it. 三思而后行
8. Failure is the mother of success. 失败是成功之母
9. Knowledge is power. 知识就是力量
10. There is a golden house in the book. 书中自有黄金屋
11. The more you read, the healthier and braver your spirit will be. 读书越多精神越健壮
12. Well begun,half done. 好的开始是成功的一半。
13. Learn to walk before you run. 循序渐进。
14. Protecting environment is to protect ourselves. 保护环境就是保护我们自己
15. We don’t need to do big things and we can start out small.我们不需要做大事，我们可以从小事做起