**50组高级替换词**

**★ 形容词：**

1. 贫穷的：

poor = needy = impoverished = poverty-stricken

2. 富裕的：

rich = wealthy = affluent = well-to-do = well-off

3. 优秀的：

excellent = eminent = top = outstanding

4. 积极的，好的：

good = conducive = beneficial=advantageous

5. 消极的，不良的：

bad = detrimental= baneful =undesirable

6. 明显的：

obvious = apparent = evident =manifest

7. 健康的:

healthy = robust = sound = wholesome

8. 惊人的：

surprising = amazing = extraordinary = miraculous

9. 美丽的：

beautiful = attractive = gorgeous = eye-catching

10. 有活力的：

energetic = dynamic = vigorous =animated

11. 流行的：

popular = prevailing = prevalent= pervasive

**★ 动词：**

1.提高，加强：

improve = enhance= promote = strengthen = optimize

2. 引起：

cause = trigger = endanger

3. 解决：

solve =resolve =address = tackle =cope with = deal with

4. 拆除：

destroy = tear down = knock down = eradicate

5. 培养:

develop = cultivate = foster = nurture

6. 激发，鼓励：

encourage = motivate = stimulate = spur

7. 认为：

think = assert= hold = claim = argue

8. 完成：

complete = fulfill = accomplish= achieve

9. 保留：

keep = preserve = retain = hold

10. 有害于：

destroy = impair = undermine = jeopardize

11. 减轻:

ease = alleviate = relieve = lighten

**★ 名词：**

1. 影响：

influence= impact

2. 危险：

danger = perils =hazard

3. 污染：

pollution = contamination

4. 人类：

human beings= mankind = human race

5. 老人：

old people= the old = the elderly = the aged = senior citizens

6. 幸福：

happiness = cheerfulness = well-being

7. 老师：

teachers = instructors = educators = lecturers

8. 教育：

education = schooling = family parenting = upbringing

9. 青少年：

young people = youngsters = youths = adolescents

10. 优点：

advantage = merits = superiority = virtue

11. 责任：

responsibility = obligation = duty = liability

12. 能力：

ability = capacity = power = skill

13. 职业：

job = career = employment = profession

14. 娱乐：

enjoyment = pastimes = recreation= entertainment

15. 孩子：

children = offspring = descendant= kid

**★ 短语：**

1. 充满了：

be filled with = be awash with = be inundate with = be saturated with

2. 努力：

struggle for = aspire after = strive for = spare no efforts for

3. 从事：

embark on = tap = set about = go in for

4. 在当代:

in contemporary society = in present-day society= in this day and age

5. 大量的:

a host of = a multitude of = a vast number of = a vast amount of

**★高级词汇**

individuals,characters, folks替换(people ,persons)

positive, favorable, rosy (美好的)，promising(有希望的)，perfect, pleasurable , excellent, outstanding, superior替换good

dreadful, unfavorable, poor, adverse, ill (有害的)替换bad, 如果bad做表语，可以由be less impressive替换

(an army of, an ocean of, a sea of, a multitude of ,a host of, many, if not most)替换many.

**注：**用many, if not most 一定要小心，many后一定要有词。

首先, 第一:

initially, to begin with, to start with

其次, 第二, 第三, 第四……:

furthermore, moreover, in addition, besides

最后:

finally, last but not the least

现在(目前), XXXX现象是不可避免且难以否认的

Currently, there is an inevitable and undeniable fact that …… At present, it is inevitable and undeniable that …..

例句: Currently, there is an inevitable and undeniable fact that computer is playing a significant role in our daily lives......

At present, it is inevitable and undeniable that advertisement has been flooding into our daily lives ......

随着社会(科技)的发展,人们开始注意到XXXX的重要性

Along with the advance of the society (science and technology), people are attaching much importance to ……

例句: Along with the advance of the society, people are attaching more and more importance to the interview in the job-hunting ......

最近, XXXXX现象引起了人们的广泛关注

recently, the phenomenon of (that) …… has aroused widepublic concern ......

例句: Recently, the phenomenon that CPI keeps increasing has aroused wide public concern......

一部分人认为……., 而另一部分人认为……

Some people argue that….., whereas others maintain that….

就我个人而言(老实说), 我全力支持前者(后者)

As for me, I am in high favor of the former (latter) Personally, I side with the former (latter) ......

Frankly speaking/ To be frank/ To be honest/ Honestly speaking, it is the former (latter) that I approve of ......

我认为(在我看来,就我看来,我的观点是, 我想….)

I am convinced that…. As far as I am concerned, ….. To my point of view, ….. From where I stand ……

作为一把双刃剑

as a two-bladed sword, as a double-edged sword

因此, 基于以上讨论, 我们很容易得出……的结论

hence (Consequently), based on the discussion above, it is easy for us to draw the conclusion that…..

**替换常用词汇的高级词汇**

important—significant

good—stunning, fabulous, sensational

way—approach, method

Use—adopt

but—nevertheless

understand/know—figure

so— consequently, therefore out

2

**40个高级句型**

**1) 主语+ cannot emphasize the importance of … too much.(再怎么强调……的重要性也不为过。)例如：**We cannot emphasize the importance of protecting our eyes too much.我们再怎么强调保护眼睛的重要性都不为过。  
**2) There is no need for sb to do sth.\ for sth.(某人没有必要做……)例如：**There is no need for you to bring more food. 不需你拿来更多的食物了。  
**3) By +doing…，主语+can …. (借着……，……能够……)例如：**By taking exercise, we can always stay healthy. 借着做运动，我们能够始终保持健康。  
**4) … enable + sb.+ to + do…. (……使……能够……)例如：**Listening to music enables us to feel relaxed. 听音乐使我们能够感觉轻松。  
**5) On no account can we + do…. (我们绝对不能……)。例如：**On no account can we ignore the value of knowledge.我们绝对不能忽略知识的价值。  
**6) What will happen to sb.? (某人将会怎样?)例如**：What will happen to the orphan?那个孤儿将会怎样?  
**7) For the past + 时间，主语 + 现在完成式/现在完成进行时…. (过去……时间来，……一直……)例如：**For the past two years，I have been busy preparing for the examination. 过去两年来，我一直忙着准备考试。  
**8) It pays to + do….(……是值得的)例如：**It pays to help others. 帮助别人是值得的。  
**9) 主语+ be based on….(以……为基础)例如：**The progress of the society is based on harmony.社会的进步是以和谐为基础的。  
**10) 主语 + do one’s best to do….(尽全力做……)例如：**We should do our best to achieve our goal in life.我们应尽全力去达成我们的人生目标。  
**注意：**“尽全力”在英语中有不同表达。**例如：**We should spare no effort/make every effort to beautify our environment.我们应该不遗余力的美化我们的环境。  
**11) 主语+ be closely related to …. (与……息息相关)例如：**Taking exercise is closely related to health.做运动与健康息息相关。  
**12) 主语+ get into the habit of + V-ing = make it a rule to + V (养成……的习惯)例如：**We should get into the habit of keeping good hours.我们应该养成早睡早起的习惯。  
**13) What a + 形容词 + 名词 + 主语 + be!= How +形容词+ a +名词+ be!(多么……!)例如：**What an important thing it is to keep our promise!= How important a thing it is to keep our promise!遵守诺言是多么重要的事!  
  
**14) 主语 + do good/ harm to sth.. (对……有益/有害)例如：**Reading does good to our mind.读书对心灵有益。Overwork does harm to health.工作过度对健康有害。  
**15) 主语 + have a great influence on sth. (对……有很大的影响)例如：**Smoking has a great influence on our health.抽烟对我们的健康有很大的影响。  
**16) nothing can prevent us from doing…. (没有事情能够阻挡我们做……)例如：**All this shows that nothing can prevent us from reaching our aims.这显示了没有事情能够阻挡我们实现目标。  
**17) Upon/On doing…, …. (一……就…….) 例如：**Upon / On hearing of the unexpected news, he was so surprised that he couldn’t say a word. 一听到这个出乎意料的消息，他惊讶到说不出话来。  
**注意：**此句型一般可以改为如下复合句句型。**例如：**As soon as he heard of the unexpected news, he was so surprised that he ….他一听到这个出乎意料的消息，就如此惊讶以至于......  
Hardly had he arrived when she started complaining. 他刚来，她就开始抱怨。  
No sooner had he arrived than it began to rain. 他刚来，就下雨了。  
**18) would rather do…than do…(宁愿……而不……)例如：**I would rather walk home than take a crowded bus. 我宁愿步行回家也不愿坐拥挤的公交车。  
**注意：**此句型可以改为prefer to do…rather than do…句型。**例如：**I prefer to stay at home rather than see the awful film with him. 我宁愿呆在家也不愿意和他去看那部恐怖电影。  
**19) only + 状语， 主句部分倒装 例如：**Only then could the work of reconstruction begin. 直到那时，重建工作才开始。  
**20) be worth doing (值得做)例如：**The book is worth reading. 这本书值得读。  
**21) Owing to/Thanks to sth, …. (因为……)例如：**Thanks to his encouragement, I finally realized my dream.因为他的鼓励，我终于实现我的梦想。  
**22)主语+ is + the +形容词最高级+名词+(that)+主语+ have ever + seen(known / heard / had / read,etc)例如：**Liu Yifei is the most beautiful girl that I have ever seen in my life. 刘亦菲是我所看过最美丽的女孩。  
注意，比较级也可以用来表达最高级的意思。**例如：**I have never seen a more beautiful girl than Liu Yifei in my life. 在我生活中我从来没见过比刘亦菲更美的女孩。  
Nothing is more important than to receive education. 没有比接受教育更重要的事。  
**23) There is no denying that + S + V….(不可否认的……)例如：**There is no denying that the qualities of our living have gone from bad to worse.不可否认的，我们的生活品质已经每况愈下。  
**24) It is universally acknowledged that +从句(全世界都知道……)例如：**It is universally acknowledged that trees are indispensable to us.全世界都知道树木对我们是不可或缺的。  
**注意，**全世界都知道还可以改为以下句型：As is known to us/As we all know, …. (众所周知，……)。例如：As is known to us/As we all know, knowledge is power.众所周知，知识就是力量。  
**25) There is no doubt that +从句(毫无疑问的……)例如：**There is no doubt that he came late. 毫无疑问，他来晚了。  
**26) (It is) No wonder that.... (难怪……)例如：**No wonder that he fell asleep in class. 难怪他在课堂上睡着了。  
**27) So + 形容词 + be + 主词 + that + 从句 (如此……以致于……)例如：**So precious is time that we can’t afford to waste it.时间是如此珍贵，我们经不起浪费它。  
**28) 形容词+ as +主语+ be，主语+ 谓语(虽然……)例如：**Rich as our country is, the qualities of our living are by no means satisfactory.虽然我们的国家富有，我们的生活品质绝对令人不满意。  
**29) The + 比较级 +主语+谓语， the +比较级+主语+谓语(愈……愈……)例如：**The harder you work, the more progress you make. 你愈努力，你愈进步。  
**30) It is time + 主语 + 过去式 (该是……的时候了)例如：**It is time the authorities concerned took proper steps to solve the traffic problems.该是有关当局采取适当的措施来解决交通问题的时候了。  
**注意：**此句型可以转化为简单句句型：It is time for sth./for sb to do….**例如：**It is time for lunch. 该吃午饭了。  
**31)To be frank/ To tell the truth, …. (老实说, ……) 例如:**To be frank/ To tell the truth, whether you like it or not, you have no other choice.老实说，不论你喜不喜欢，你别无选择。  
**32) it took him a year to do….( 他用了1年的时间来做……)例如：**As far as we know, it took him more than a year to write the book.到目前为止我们所知道的是，他用了1年的时间来写这本书。  
It took them a long time to realize they had made a mistake. 过了很久，他们才意识到犯错了。  
**33) spent as much time as he could doing sth.(花尽可能的时间做某事)例如：**He spent as much time as he could remembering new words. 他花了尽可能多时间记新单词。  
**34) Since + 主语 + 过去式，主语 + 现在完成式例如：**Since he went to senior high school， he has worked very hard.自从他上高中，他一直很用功。  
**35) An advantage of… is that + 句子 (……的优点是……)例如：**An advantage of using the solar energy is that it won’t create (produce) any pollution. 使用太阳能的优点是它不会制造任何污染。  
**36) It was not until recently that….( 直到最近, ……) 例如：**It was not until recently that the problem was solved. 直到最近这个问题才被解决。  
**37) We will be successful as long as we…. (只要我们……，我们就会成功的) 例如：**We will be successful as long as we insist on working hard.只要我们坚持努力工作，我们会成功的。  
**38) No matter + wh-从句，…,例如：**No matter how difficult English may be, you should do your best to learn it.不管英语有多么难，你都应该尽你最大的努力来学它。  
**注意：**此句型一般可以改为疑问词+ever引导的从句，+主句**例如：**Whatever he asks you to do, please refuse him.无论他让你做什么，都请拒绝他。  
**39) It’s useless/ no good / no use doing sth. (做……是没有用的) 例如：**It’s no use crying over spilt milk. 覆水难收。  
**40) The reason why + 从句 is that + 从句 (……的原因是……)例如：**The reason why we have to grow trees is that they can supply fresh air for us.我们必须种树的原因是它们能供应我们新鲜的空气。  
3  
**88个高级词组**  
  
1.经济的快速发展the rapid development of economy  
2.人民生活水平的显著提高/稳步增长  
the remarkable improvement / steady growth of people’s  living standard  
3.先进的科学技术   
advanced science and technology  
4.面临新的机遇和挑战be faced with new opportunities and challenges  
5.人们普遍认为   
It is commonly believed / recognized that…  
6.社会发展的必然结果the inevitable result of social development  
7.引起了广泛的公众关注   
arouse wide public concern / draw public attention  
8.不可否认  
It is undeniable that… / There is no denying that…  
9.热烈的讨论/争论a heated discussion / debate  
10.有争议性的问题 a controversial issue  
11.完全不同的观点a totally different argument  
12.一些人…而另外一些人…Some people…while others…  
13.就我而言/就个人而言As far as I am concerned / Personally,  
14.就…达到绝对的一致reach an absolute consensuson…  
15.有充分的理由支持be supported by sound reasons  
16.双方的论点 argument on both sides  
17.发挥着日益重要的作用play an increasingly important role in…  
18.对…必不可少be indispensable to…  
19.正如谚语所说 As the proverb goes:  
20.…也不例外… be no exception  
21.对…产生有利/不利的影响 exert  positive / negative effects on…  
22.利远远大于弊the advantages far out weigh the disadvantages  
23.导致，引起lead to / give rise to / contribute to / result in  
24.复杂的社会现象acomplicated social phenomenon  
25.责任感/成就感sense of responsibility / sense of achievement  
26.竞争与合作精神sense of competition and cooperation  
27.开阔眼界widen one’shorizon / broaden one’s vision  
28.学习知识和技能 acquire knowledge and skills  
29.经济/心理负担financial burden / psychological burden  
30.考虑到诸多因素take many factors into account / consideration  
31.从另一个角度from an other perspective  
32.做出共同努力make joint efforts  
33.对…有益be beneficial / conducive to…  
34.为社会做贡献make contributions to the society  
35.打下坚实的基础 lay a solid foundation for…  
36.综合素质 comprehensive quality  
37.无可非议blameless / beyond reproach  
38.取得很大（快）进步 come a long way / make rapid progress  
39.致力于/投身于 be committed / devoted to…  
40.应当承认 Admittedly,  
41.不可推卸的义务 unshakable duty  
42.满足需求satisfy / meet the needs of…  
43.可靠的信息源a reliable source of information  
44.宝贵的自然资源 valuable natural resources  
45.因特网the Internet(一定要由冠词，字母I大写)  
46.方便快捷convenient and efficient  
47.在人类生活的方方面面in all aspects of human life  
48.环保(的)environmental protection / environmentally friendly  
49.社会进步的体现a symbol of society progress  
50.科技的飞速更新the ever-accelerated updating of science and technology  
51.对这一问题持有不同态度hold different attitudes towards this issue  
52.支持前/后种观点的人people / those in favor of the former /latter opinion  
53.有/提供如下理由/证据have / provide the following reasons / evidence  
54.在一定程度上to some extent / degree / in some way  
55.理论和实践相结合integrate theory with practice  
56.…必然趋势an irresistible trend of…  
57.日益激烈的社会竞争the increasingly fierce social competition  
58.眼前利益immediate interest / short-terminterest  
59.长远利益interest in the long run  
60.…有其自身的优缺点…has its merits and demerits / advantages and disadvantages  
61.扬长避短Exploit to the full one’s favorable conditions and avoid unfavorable ones  
62.取其精髓，取其糟粕Take the essence and discard the dregs.  
63.对…有害do harm to / be harmful to / be detrimental to  
64.交流思想/情感/信息exchange ideas / emotions / information  
65.跟上…的最新发展keep pace with / catch up with / keep abreast with the latest development of…  
66.采取有效措施来…take effective measures to do sth  
67.…的健康发展the healthy development of…  
68.有利有弊Every coin has its two sides.No garden without weeds.  
69.对…观点因人而异views on…vary from person to person  
70.重视attach great importance to…  
71.社会地位social status  
72.把时间和精力放在…上focus time and energy on…  
73.扩大知识面expand one’s scope of knowledge  
74.身心两方面both physically and mentally  
75.有直接/间接关系be directly / indirectly related to…  
76.提出折中提议set forth acompromise proposal  
77.可以取代“think”的词believe,claim,maintain,argue,insist,hold the opinion / belief that  
78.缓解压力/减轻负担relieve stress / burden  
79.优先考虑/发展…give (top) priority to sth  
80.与…比较compared   with…incomparison  with  
81.相反incontrast / on the contrary  
82.代替replace / substitute / take the place of  
83.经不起推敲cannot bear closer analysis cannot hold water  
84.提供就业机会 offer job opportunities  
85.社会进步的反映 mirror of social progress  
86.毫无疑问Undoubtedly, / There is no doubt that…  
87.增进相互了解enhance / promote mutual understanding  
88.充分利用 make full use of / take advantage of