



## A Typical Day for a Kid at Eliot Family Camps

*Ding, Ding, Ding!* The meeting house bell awakens the camp at 7:30 AM.

Breakfast is at 8:00 AM. They have oatmeal, fresh fruit, bagels, toast, yogurt with granola, juice, milk, hot chocolate, and some favorite kid cereals.

Then, I get to go up the hill with my family to the meeting house for Ingathering where we sing and listen to a fun story!

For morning program, while the adults attend the speaker, we split into groups:

- Under 3's; Preschoolers, known as "Littles"
- Elementary age kids - sometimes split into Lower and Upper Elementary
- MAGS (middle age group) for 6th - 8th graders
- Youth for high schoolers



I head off with my group, and we spend the morning having fun and learning together. Depending on age, we might: play games, read stories, sing songs, do art projects, go to the playground, go for hikes in the woods or to the beach, or have other fun adventures.

Each age group has their own traditions varying by camp: July features the MAG Adventure and the Youth Multathalon. August MAGs make Peace Boats in remembrance of Hiroshima Day, while the Youth hold their own Coffee House for all campers to attend. At Winter Eliot, MAGS build torches for New Year's Eve.

Lunch is at 12:15. I can choose to eat meals with my family or with my friends.

Then, in the afternoon, there's lots of activities to choose from, depending on the camp: I might go swimming in the lagoon, participate in sports or play board games, do tie-dye, play make believe in the forest, sit and talk with friends, and so much more! I get to decide, so long as I check in with my parent/guardian and follow the rules and boundaries they set. They're in charge of me while I'm at camp.

Dinner is at 6:00 PM with evening events to follow. I could sing at Firelight or Singing in the Round, join into a game like To Tell the Truth or Charades, participate in the talent show, and/or go to worship with my family. I hear that there's a super cool dance on the last night of camp too. Children's curfew is at 10 PM.

I can't wait to see all my friends and spend 5-7 days away from home. I'm gonna have so much fun!



## More Info for Parents

Eliot camps happen at Seabeck Conference Center on Washington's Hood Canal, with multi-generational programming for campers from birth to all ages of adults. July Eliot and August Eliot, each one week long, are our big family camps, with up to 240 attendees, which can include 40 or more kids. Winter Eliot is five days long, and is smaller so has fewer kids, but they still enjoy a morning program, as described above. Creative Arts Eliot, 5 days in August, has morning arts workshops for adults and older kids (age 11+).

All campers under the age of 18 must register with their parent/guardian or an adult sponsor. They are housed with their family. During the morning program, they are supervised by volunteer staff. In the afternoon and evenings, children have a lot of freedom to explore. All parents and/or guardians have primary responsibility for the children in their care throughout the entirety of camp.

For info about camp, see [eliotinstitute.org](http://eliotinstitute.org). Find details about minors at: [eliotinstitute.org/children-and-youth](http://eliotinstitute.org/children-and-youth)