Mount Google Drive

This is not necessary, please modify the path if you need to use this

```
from google.colab import drive
import os

drive.mount('/content/drive')

notebook_path = r"/content/drive/MyDrive/School/ML/LabEnhancement"
os.chdir(notebook_path)
!pwd

Mounted at /content/drive
/content/drive/MyDrive/School/ML/LabEnhancement
```

What is Principal Component Analysis (PCA)

In 1901, mathematician Karl Pearson developed the Principal Component Analysis (PCA) approach. Using PCA, a data set's dimensionality can be decreased by finding a new set of variables that are smaller than the original set. PCA works under the requirement that while mapping data from a higher dimensional space to data in a lower dimensional space, the variance of the data in the lower dimensional space should be as high as possible.

What are the benefits of PCA?

It is an effective method for simplifying data, PCA helps to improve performance, and enable easier visualization. PCA aids in feature selection by identifying the most important variables in large datasets. It also addresses multicollinearity issues by creating uncorrelated components and helps reduce noise by discarding low-variance components, enhancing the signal-to-noise ratio. Moreover, PCA reduce storage requirements and speeding up processing as it represents data with fewer components. In addition, PCA facilitates data visualization by projecting high-dimensional data into two or three dimensions. Lastly, PCA helps detect outliers by identifying data points with large deviations in the principal component space.

What are the limitations of PCA?

PCA has several limitations that can affects its effectiveness. First, the principal components are linear combinations of the original variables, making them difficult to interpret in terms of the original data. Besides, PCA is sensitive to data scaling, so proper normalization is very important in order to get accurate results. Not only that, it can lead to information loss, as reducing variables may omit important details. This depends on the number of components retained. Additionally, PCA assumes linear relationships, making it unsuitable for datasets with significant nonlinear interactions. Lastly, for large datasets, the computational cost of PCA can be high. On the other hand, it may result in overfitting if the dataset is small or too many components are used.

Mathematical Concepts

```
# Sample data with 4 features, values ranging from 1 to 20
data = {
    'Feature1': [5, 14, 9, 16, 3, 11, 18, 8, 2, 7],
    'Feature2': [12, 6, 13, 1, 19, 4, 15, 17, 10, 20],
    'Feature3': [8, 20, 14, 18, 10, 6, 17, 15, 3, 12],
    'Feature4': [7, 3, 9, 16, 5, 19, 2, 13, 14, 4]
}
```

Variance is a measurement value used to determine how dispersed the data is with respect to the mean or average value of the data set. It is employed to determine the dataset's data distribution and the degree to which values deviate from the mean.

Variance Formula

The variance \$\sigma^2\$ is calculated as:

$$\sigma^2 = \frac{\sum (x_i - \mu)^2}{n}$$

Where:

- X_i are the individual data points,
- μ is the mean of the data,
- *n* is the total number of data points.

Mean is the average of a set of data, calculated by adding all the numbers together and dividing by the total number of numbers.

Mean Formula

The mean \$\mu\$ of a feature is calculated as:

$$\mu = \frac{\sum x_i}{n}$$

Where:

- X_i are the values of the feature,
- *n* is the number of values.

Example: Variance Calculation for Feature1

1. Compute the mean:

$$\mu_{Feature1} = \frac{5+14+9+16+3+11+18+8+2+7}{10} = 9.3$$

1. Compute variance:

$$\sigma_{Feature1}^2 = \frac{(5-9.3)^2 + (14-9.3)^2 + (9-9.3)^2 + (16-9.3)^2 + (16-9.3)^2 + (11-9.3)^2 + (18-9.3)^2 + (8-9.3)^2 + (2-9$$

Covariance shows how two variables change together. It shows if two variables increase or decrease in response to changes in one.

Covariance Formula

The covariance between two features (X) and (Y) is calculated as:

$$\operatorname{Cov}(X,Y) = \frac{\sum (X_i - \mu_X)(Y_i - \mu_Y)}{n}$$

Where:

- X_i and Y_i are the individual data points of feature X and feature Y.
- μ_X and μ_Y are the means of X and Y.
- *n* is the total number of data points.

Example: Covariance between Feature1 and Feature2

1. Compute the mean of Feature1:

$$\mu_{Feature1} = \frac{5+14+9+16+3+11+18+8+2+7}{10} = 9.3$$

1. Compute the mean of Feature2:

$$\mu_{Feature2} = \frac{12+6+13+1+19+4+15+17+10+20}{10} = 11.7$$

1. Compute covariance:

$$Cov(Feature1, Feature2) = \frac{(5-9.3)(12-11.7)+(14-9.3)(6-11.7)+...+(7-9.3)(20-11.7)}{10}$$

1.0 Import Libraries

```
import numpy as np
import pandas as pd
import matplotlib.pyplot as plt
%matplotlib inline
```

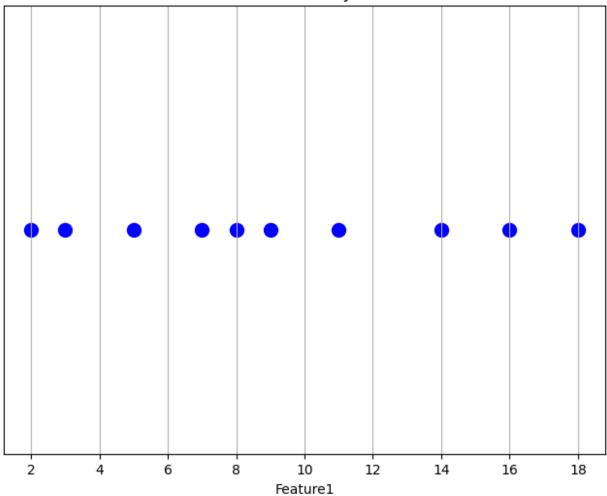
2.0 Why we need PCA

Before we look into real-world dataset, lets use simple sample data to understand why PCA is needed in Machine Learning.

First, we generate a sample dataset which values range from 1 to 20, and with 4 columns (features).

```
# Sample data with 4 features, values ranging from 1 to 20
data = {
    'Feature1': [5, 14, 9, 16, 3, 11, 18, 8, 2, 7],
    'Feature2': [12, 6, 13, 1, 19, 4, 15, 17, 10, 20],
    'Feature3': [8, 20, 14, 18, 10, 6, 17, 15, 3, 12],
    'Feature4': [7, 3, 9, 16, 5, 19, 2, 13, 14, 4]
}
df = pd.DataFrame(data)
print(df)
   Feature1 Feature2 Feature3
                                  Feature4
0
          5
                   12
                                         7
                               8
                              20
                                         3
1
         14
                    6
2
          9
                    13
                              14
                                         9
3
         16
                    1
                              18
                                        16
4
          3
                   19
                              10
                                         5
5
                                        19
         11
                    4
                               6
6
                    15
                              17
                                         2
         18
7
          8
                   17
                              15
                                        13
8
          2
                              3
                   10
                                        14
          7
9
                   20
                              12
                                         4
plt.figure(figsize=(8, 6))
plt.scatter(df['Feature1'], np.zeros_like(df['Feature1']), c='b',
marker='o', s=100)
plt.xlabel('Feature1')
plt.yticks([])
plt.title('Scatter Plot with only Feature1')
plt.grid(True)
plt.show()
```

Scatter Plot with only Feature1

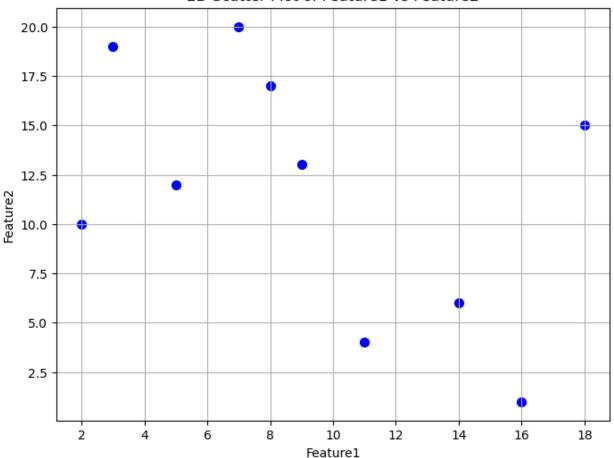


If we want to see how the data relates with 1 feature, it is very easy. We just plot the data into a number line. In the graph shown above, we can observe there are 6 data points (object) that have relatively lower values, which are below 10, and 4 data points have relatively higher values, which are above 10.

```
plt.figure(figsize=(8, 6))
plt.scatter(df['Feature1'], df['Feature2'], c='b', marker='o', s=50)

plt.xlabel('Feature1')
plt.ylabel('Feature2')
plt.title('2D Scatter Plot of Feature1 vs Feature2')
plt.grid(True)
plt.show()
```

2D Scatter Plot of Feature1 vs Feature2



While for graphs using 2 features and 3 features, we can have 2D graph and 3D graph. In the 2D scatter plot, we can see there are 2 groups of data being separated. This separation occurs because Feature 1 influences the distribution along the x-axis, while Feature 2 affects the positioning along the y-axis. When plotting with two features, the relationship between them becomes apparent, allowing us to visually distinguish patterns or clusters within the dataset.

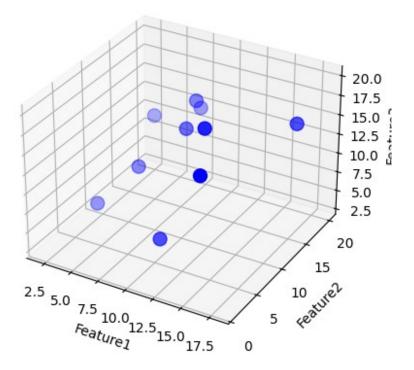
```
fig = plt.figure()
ax = fig.add_subplot(111, projection='3d')

ax.scatter(df['Feature1'], df['Feature2'], df['Feature3'], c='b',
marker='o', s=100)

ax.set_xlabel('Feature1')
ax.set_ylabel('Feature2')
ax.set_zlabel('Feature3')

plt.title('3D Plot of Feature1, Feature2, and Feature3')
plt.show()
```

3D Plot of Feature1, Feature2, and Feature3



In the 3D scatter plot, the concept is similar to the 2D scatter plot, but now Feature 3 comes into play, affecting the depth (near and far). Points that are further away are represented with a lighter color, while those that are closer are displayed in a darker color, providing an intuitive way to visualize the third dimension and its impact on the distribution of the data.

Now, the challenge arises when we want to **visualize datasets with four or more features**. Since it is no longer possible to represent all features on a 3D plot, we need to explore alternative techniques. For datasets with more than three features, **reduction methods like PCA** (**Principal Component Analysis**) become valuable tools. PCA helps project high-dimensional data onto lower-dimensional spaces, making it easier to visualize and interpret complex datasets.

3.0 How PCA works

We will show the concept of how PCA works, starting with finding the **best fitting line for PC1** using 2D scatter plot with 2 features for simple illustration.

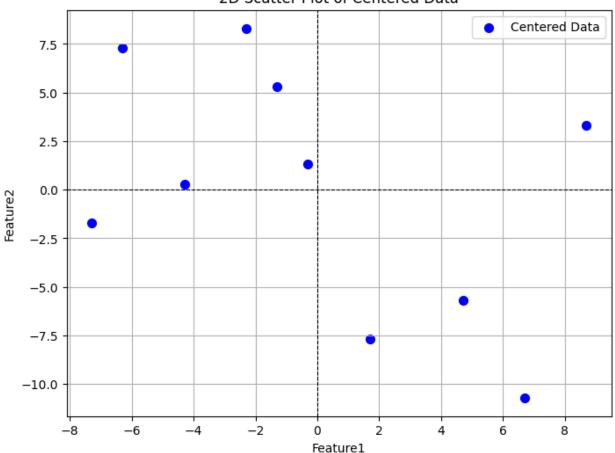
Step 1: Centering the data

First, we center the data so that the center of data is on top of the origin of the graph. The position of all the points are all the same with the 2D scatter plot shown before, just that the whole graph are now centered at the origin of the graph.

import matplotlib.pyplot as plt

```
# Compute the mean of each feature
mean = df[['Feature1', 'Feature2']].mean()
# Center the data by subtracting the mean
df_centered = df[['Feature1', 'Feature2']] - mean
# Scatter plot of the centered data
plt.figure(figsize=(8, 6))
plt.scatter(df centered['Feature1'], df centered['Feature2'], c='b',
marker='o', s=50, label='Centered Data')
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.xlabel('Feature1')
plt.ylabel('Feature2')
plt.title('2D Scatter Plot of Centered Data')
plt.grid(True)
plt.legend()
plt.show()
```

2D Scatter Plot of Centered Data



Step 2: Finding the best fitting line for PC1

The algorithm evaluates multiple lines to find the best-suited line for representing the data variance along PC1.

Condition for the **Best-Suited Line**: The best-suited line is the one that maximizes the projection of the data points onto it while minimizing the perpendicular distances from the data points to the line. Let's understand it using the **Pythagorean theorem**:

$$a^2 = b^2 + c^2$$

a: The total variance of the centered data.

b: The variance along the best-fitting line.

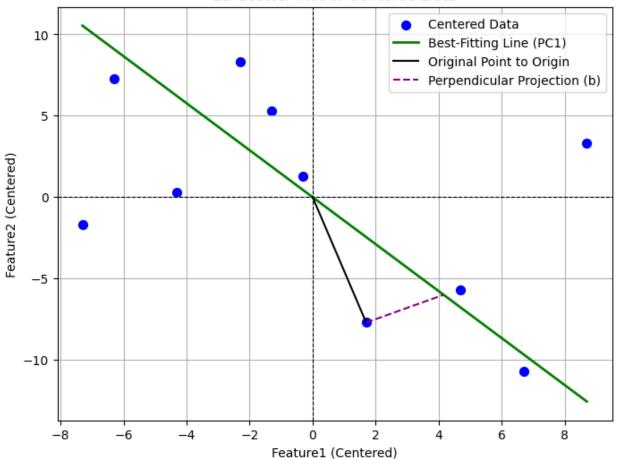
c: The variance perpendicular to the PC1 line.

Based on the formula, when b is larger, c is smaller, vice versa. This explain the PC1 line maximizes the distance of the data points onto it while minimizing the perpendicular distances from the data points to the line.

```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA
# Center the data
mean = df[['Feature1', 'Feature2']].mean()
df_centered = df[['Feature1', 'Feature2']] - mean
# Perform PCA on the centered data
pca = PCA(n components=2)
pca.fit(df centered)
#Take a point (6th) as an example
sixth point = df centered.iloc[5].values
# PC1 direction vector
pc1 direction = pca.components [0]
# Projection of the data point onto the PC1 line
projection length = np.dot(sixth point, pc1 direction)
pc1 projection = projection length * pc1 direction
perpendicular projection = sixth point - pcl projection
plt.figure(figsize=(8, 6))
plt.scatter(df centered['Feature1'], df centered['Feature2'], c='b',
marker='o', s=50, label='Centered Data')
# Plot the best-fitting line along PC1
x vals = np.linspace(df centered['Feature1'].min(),
```

```
df centered['Feature1'].max(), 100)
y vals = pca.components [0, 1] / pca.components [0, 0] * x vals #
Line equation for PC1
plt.plot(x_vals, y_vals, color='green', linewidth=2, label='Best-
Fitting Line (PC1)')
# Draw the triangle using the point
plt.plot([0, sixth point[0]], [0, sixth point[1]], color='black',
linestyle='-', label='Original Point to Origin')
plt.plot([sixth point[0], pc1 projection[0]], [sixth point[1],
pcl_projection[1]], color='purple', linestyle='--',
label='Perpendicular Projection (b)')
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.xlabel('Feature1 (Centered)')
plt.ylabel('Feature2 (Centered)')
plt.title('2D Scatter Plot of Centered Data')
plt.grid(True)
plt.legend()
plt.show()
```

2D Scatter Plot of Centered Data



Based on the graph shown above, we take a sample data point to illustrate the pythagorean theorem. The black solid line represents the distance from the data point to the origin, which corresponds to "a" in the Pythagorean theorem formula. The green solid line represents the best-fitting line of the first principal component (PC1), which captures the direction of maximum variance in the data, and it is corresponds to "c" in the Pythagorean theorem. The purple dotted line represents the perpendicular projection of the data point onto the PC1 line, corresponding to "b" in the Pythagorean theorem.

The PCA algorithm seeks to maximize the variance along the green solid line, ensuring that the data is projected in the direction where the spread is greatest. On the other hand, the PCA algorithm minimizes the dotted purple line, reducing the variance that lies outside the PC1 direction.

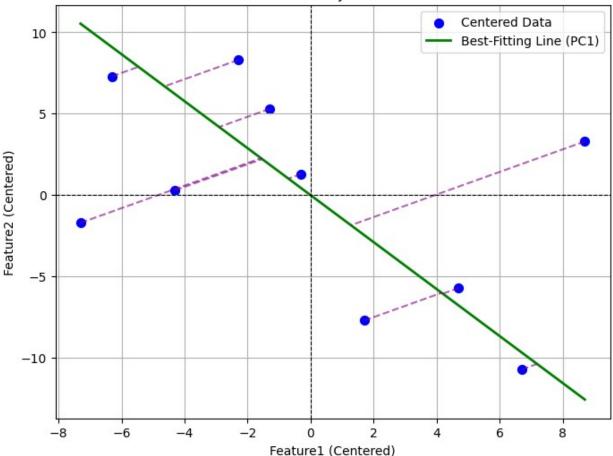
Step 3: Project data onto the PC1 line

Now, we project all data points onto the best fitting line found (PC1)

```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA
```

```
# Center the data
mean = df[['Feature1', 'Feature2']].mean()
df centered = df[['Feature1', 'Feature2']] - mean
# Perform PCA on the centered data
pca = PCA(n components=2)
pca.fit(df centered)
# PC1 direction vector
pc1 direction = pca.components [0]
# Plot the data and the PC1 line
plt.figure(figsize=(8, 6))
plt.scatter(df_centered['Feature1'], df_centered['Feature2'], c='b',
marker='o', s=50, label='Centered Data')
# Plot the best-fitting line along PC1
x vals = np.linspace(df centered['Feature1'].min(),
df centered['Feature1'].max(), 100)
y vals = pca.components [0, 1] / pca.components [0, 0] * x vals #
Line equation for PC1
plt.plot(x vals, y vals, color='green', linewidth=2, label='Best-
Fitting Line (PC1)')
# Loop through each data point to draw projections onto the PC1 line
for idx, point in df centered.iterrows():
    data point = point[['Feature1', 'Feature2']].values
    projection length = np.dot(data point, pcl direction)
    pcl projection = projection length * pcl direction
    plt.plot([data point[0], pc1 projection[0]], [data point[1],
pcl projection[1]], color='purple', linestyle='--', alpha=0.6)
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.xlabel('Feature1 (Centered)')
plt.ylabel('Feature2 (Centered)')
plt.title('2D Scatter Plot with Projections onto PC1 Line')
plt.grid(True)
plt.legend()
plt.show()
```





Step 4: Calculate Sum of Squared Distances

The below graph shows an example of calculating the distance from one point to the origin in yellow dotted line. This steps is repeated for all points. After that, we squared all these values, so that nagative value in graph does not cancalled out those positive values. Then, the squared values are all summed up, can this is called "Sum of Squared Distances". Lastly, the lined is rotated to find the line with the largest Sum of Squared Distances, and that line will be the Principal Component 1 (PC1).

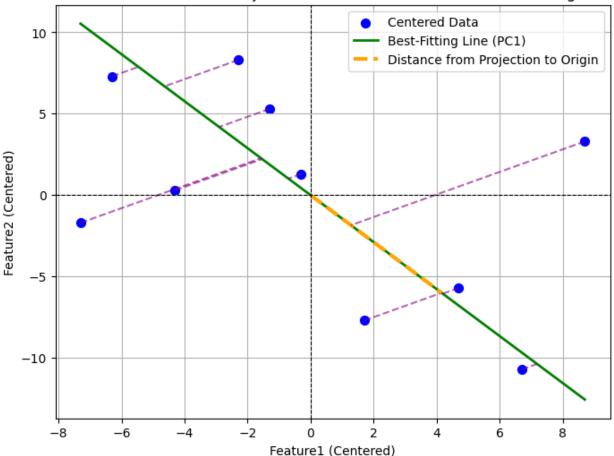
By looking at the slope of the line, for example: 0.25 we can identified how the data spread out according to x-axis (feature1) and y-axis (feature2). The bigger ratio of data spread out on a certain feature indicates the more important the feature. Mathematicians call this ratio as "linear combination".

```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA

# Center the data
mean = df[['Feature1', 'Feature2']].mean()
```

```
df centered = df[['Feature1', 'Feature2']] - mean
# Perform PCA on the centered data
pca = PCA(n components=2)
pca.fit(df centered)
# PC1 direction vector
pc1 direction = pca.components [0]
# Plot the data and the PC1 line
plt.figure(figsize=(8, 6))
plt.scatter(df_centered['Feature1'], df_centered['Feature2'], c='b',
marker='o', s=50, label='Centered Data')
# Plot the best-fitting line along PC1
x vals = np.linspace(df centered['Feature1'].min(),
df centered['Feature1'].max(), 100)
y_vals = pca.components[0, 1] / pca.components[0, 0] * x_vals #
Line equation for PC1
plt.plot(x_vals, y_vals, color='green', linewidth=2, label='Best-
Fitting Line (PC1)')
# Loop through each data point to draw projections onto the PC1 line
for idx, point in df centered.iterrows():
    data_point = point[['Feature1', 'Feature2']].values
    projection length = np.dot(data point, pcl_direction)
    pc1 projection = projection length * pc1 direction
    plt.plot([data point[0], pc1 projection[0]], [data point[1],
pc1 projection[1]], color='purple', linestyle='--', alpha=0.6)
    # For the sixth data point, draw the distance from the projected
point to the origin
    if idx == 5:
        plt.plot([0, pc1 projection[0]], [0, pc1 projection[1]],
color='orange', linestyle='--', alpha=1.0, linewidth=3,
label='Distance from Projection to Origin')
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.xlabel('Feature1 (Centered)')
plt.ylabel('Feature2 (Centered)')
plt.title('2D Scatter Plot with Projections onto PC1 Line and Distance
to Origin')
plt.grid(True)
plt.legend()
plt.show()
```

2D Scatter Plot with Projections onto PC1 Line and Distance to Origin



In PCA, each principal component (PC) corresponds to a direction along which the data shows the greatest variance. This direction is defined by a **singular vector** or **eigenvector**, which represents the axis of greatest spread in the data. These eigenvectors are derived from the singular value decomposition (SVD) or the eigenvalue decomposition of the data matrix.

A low eigenvalue indicates the component explains less of the variance in the data, a high
eigenvalue indicates the corresponding principal component explains more amount of
data variance.

Eigen Value for PC1:
$$\lambda_1 = \frac{\sum (\text{Squared Distance})}{n-1}$$

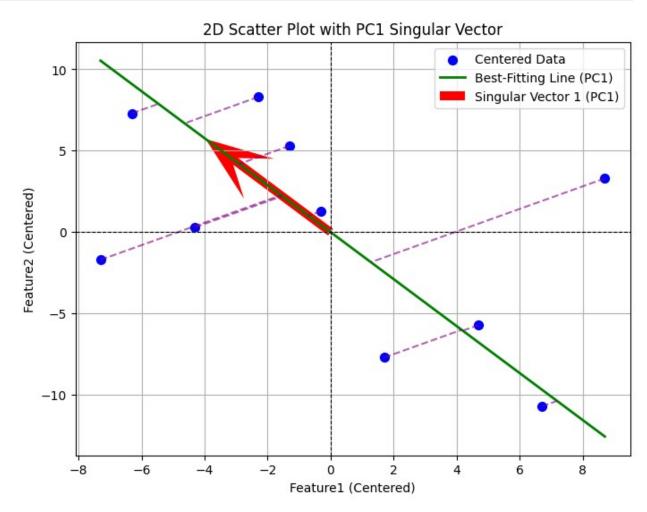
- The singular vector associated with PC1 is the same as the eigenvector in PCA. It defines the direction along which the variance is maximized.
- The singular value is related to the magnitude of the variance explained by the principal component. It is the square root of the eigenvalue and represents the "spread" or "magnitude" of the data along that principal component.

Singular Value for PC1:
$$\sigma_1 = \sqrt{\sum |Squared Distance|}$$

```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA
# Center the data
mean = df[['Feature1', 'Feature2']].mean()
df_centered = df[['Feature1', 'Feature2']] - mean
# Perform PCA
pca = PCA(n_components=2)
pca.fit(df centered)
# Extract PC1 direction
pcl direction = pca.components [0] # This is a unit vector
# Define vector length for visualization
vector length = \max(\text{df centered.max}()) * 0.8
pcl vector = pcl direction * vector_length
# Plot Data
plt.figure(figsize=(8, 6))
plt.scatter(df centered['Feature1'], df centered['Feature2'], c='b',
marker='o', s=50, label='Centered Data')
# Best-fitting line (PC1)
x vals = np.linspace(df centered['Feature1'].min(),
df centered['Feature1'].max(), 100)
y_vals = (pcl_direction[1] / pcl_direction[0]) * x_vals
plt.plot(x_vals, y_vals, color='green', linewidth=2, label='Best-
Fitting Line (PC1)')
# Show Singular Vector (PC1)
origin = np.array([0, 0])
plt.quiver(*origin, *pc1 vector, color='red', scale=1,
scale_units='xy', angles='xy',
           width=0.015, headwidth=6, headlength=8, label='Singular
Vector 1 (PC1)')
# Projection Lines
for , point in df centered.iterrows():
    data point = point[['Feature1', 'Feature2']].values
    projection length = np.dot(data point, pcl direction)
    pcl projection = projection_length * pcl_direction
    plt.plot([data_point[0], pc1_projection[0]], [data_point[1],
pc1 projection[1]],
             color='purple', linestyle='--', alpha=0.6)
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
```

```
plt.xlabel('Feature1 (Centered)')
plt.ylabel('Feature2 (Centered)')
plt.title('2D Scatter Plot with PC1 Singular Vector')

plt.grid(True)
plt.legend()
plt.show()
```



Calculating PC2

PC2 is just the line passing through the origin and is perpendicular to PC1. If we have more features, PC3 is just the line perpendicular to PC1 and PC2.

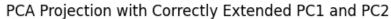
```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA

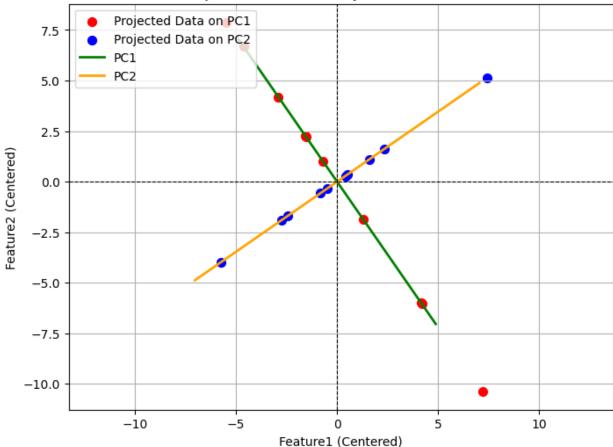
# Center the data
mean = df[['Feature1', 'Feature2']].mean()
```

```
df_centered = df[['Feature1', 'Feature2']] - mean
# Perform PCA
pca = PCA(n components=2)
pca.fit(df centered)
# Extract PC1 and PC2 directions
pc1 direction = pca.components [0]
pc2 direction = pca.components [1]
# Define vector length
vector_length = np.max(np.abs(df centered.values)) * 0.8
# PC1 line
pcl start = -pcl direction * vector length
pcl end = pcl direction * vector length
# PC2 line
pc2 start = -pc2 direction * vector length
pc2 end = pc2 direction * vector_length
# Project data onto PC1 and PC2
projections pc1 = np.dot(df centered[['Feature1', 'Feature2']],
pcl direction)[:, np.newaxis] * pcl direction
projections pc2 = np.dot(df centered[['Feature1', 'Feature2']],
pc2 direction)[:, np.newaxis] * pc2 direction
plt.figure(figsize=(8, 6))
# Projected data points on PC1
plt.scatter(projections_pc1[:, 0], projections_pc1[:, 1], c='red',
marker='o', s=50, label='Projected Data on PC1')
# Projected data points on PC2
plt.scatter(projections pc2[:, 0], projections pc2[:, 1], c='blue',
marker='o', s=50, label='Projected Data on PC2')
# Plot PC1 line
plt.plot([pc1 start[0], pc1 end[0]], [pc1 start[1], pc1 end[1]],
color='green', linewidth=2, label='PC1')
# Plot PC2 line
plt.plot([pc2 start[0], pc2 end[0]], [pc2 start[1], pc2 end[1]],
color='orange', linewidth=2, label='PC2')
plt.axis('equal')
plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.xlabel('Feature1 (Centered)')
```

```
plt.ylabel('Feature2 (Centered)')
plt.title('PCA Projection with Correctly Extended PC1 and PC2')

plt.grid(True)
plt.legend(loc='upper left')
plt.show()
```





Final PCA Plot

To get the final transformed PCA plot, we simply rotate the whole graph to make the PC1 line to become horizontal, and use PC1 and PC2 to project the points.

```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA

df_centered = df[['Feature1', 'Feature2']] - df[['Feature1', 'Feature2']].mean()

# Perform PCA
```

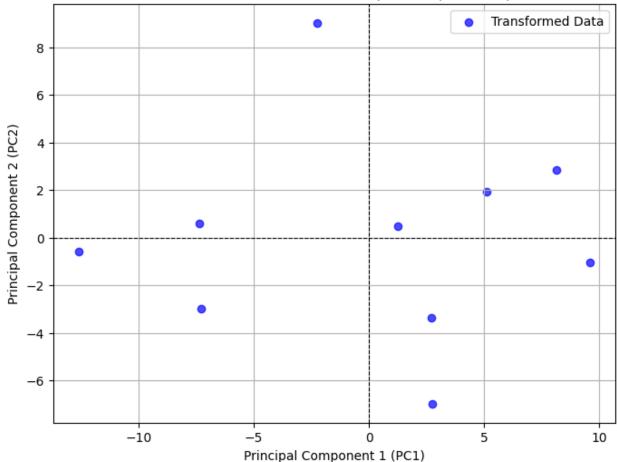
```
pca = PCA(n_components=2)
pca_transformed = pca.fit_transform(df_centered) # Get transformed
coordinates

# Scatter plot of PCA-transformed data
plt.figure(figsize=(8, 6))
plt.scatter(pca_transformed[:, 0], pca_transformed[:, 1], c='b',
marker='o', alpha=0.7, label='Transformed Data')

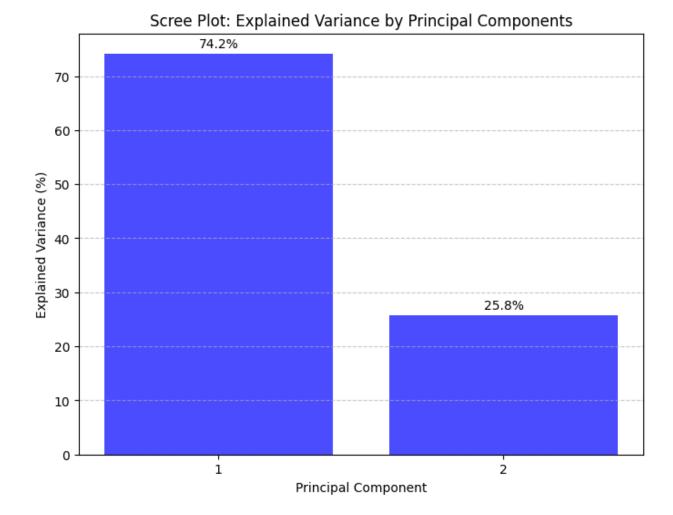
# Label axes according to PC1 and PC2
plt.xlabel('Principal Component 1 (PC1)')
plt.ylabel('Principal Component 2 (PC2)')
plt.title('Final PCA Plot: Data in New Principal Component Space')

plt.axhline(0, color='black', linewidth=0.8, linestyle='--')
plt.axvline(0, color='black', linewidth=0.8, linestyle='--')
plt.grid(True)
plt.legend()
plt.show()
```

Final PCA Plot: Data in New Principal Component Space



```
import numpy as np
import matplotlib.pyplot as plt
from sklearn.decomposition import PCA
df centered = df[['Feature1', 'Feature2']] - df[['Feature1',
'Feature2']].mean()
# Perform PCA
pca = PCA()
pca.fit(df centered)
# Get explained variance ratio
explained variance = pca.explained variance ratio * 100 # Convert to
percentage
# Plot Scree Plot
plt.figure(figsize=(8, 6))
plt.bar(range(1, len(explained_variance) + 1), explained_variance,
alpha=0.7, color='blue')
plt.xlabel('Principal Component')
plt.ylabel('Explained Variance (%)')
plt.title('Scree Plot: Explained Variance by Principal Components')
for i, var in enumerate(explained variance):
    plt.text(i + 1, var + 1, f''{var:.1f}%", ha='center', fontsize=10)
plt.xticks(range(1, len(explained variance) + 1))
plt.grid(axis='y', linestyle='--', alpha=0.7)
plt.show()
```



4.0 Working in Real-World Dataset

The dataset used in this section is obtained from Kaggle. It contains 17 columns and more than 2000 rows

Dataset link: https://www.kaggle.com/datasets/fatemehmehrparvar/obesity-levels

4.1 Data Exploration

```
from google.colab import files
df = pd.read csv('ObesityDataSet raw and data sinthetic.csv')
print(df.head())
    Age
        Gender
                 Height Weight
                                       CALC FAVC
                                                  FCVC NCP
                                                             SCC SMOKE
CH20
  21.0
         Female
                   1.62
                           64.0
                                                   2.0
                                         no
                                              no
                                                        3.0
                                                               no
                                                                     no
2.0
                           56.0
  21.0
         Female
                   1.52
                                  Sometimes
                                                   3.0 3.0 yes
                                              no
                                                                    yes
3.0
```

```
2 23.0
           Male
                    1.80
                            77.0
                                  Frequently
                                                     2.0 3.0
                                                no
                                                                       no
                                                                 no
2.0
3 27.0
           Male
                    1.80
                            87.0
                                   Frequently
                                                no
                                                     3.0
                                                           3.0
                                                                 no
                                                                       no
2.0
4 22.0
           Male
                    1.78
                            89.8
                                    Sometimes
                                                no
                                                     2.0
                                                           1.0
                                                                 no
                                                                       no
2.0
  family history with overweight
                                   FAF
                                         TUE
                                                   CAEC
MTRANS \
                                              Sometimes
                              yes
                                   0.0
                                         1.0
Public Transportation
                                        0.0
                                              Sometimes
                                   3.0
                              yes
Public Transportation
                                        1.0
                                              Sometimes
                              yes
                                   2.0
Public Transportation
                                         0.0
                                              Sometimes
                               no
                                   2.0
Walking
                                   0.0
                                        0.0
                                             Sometimes
                               no
Public Transportation
            N0beyesdad
0
         Normal Weight
1
         Normal Weight
2
         Normal Weight
3
    Overweight Level I
   Overweight Level II
df.info()
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 2111 entries, 0 to 2110
Data columns (total 17 columns):
#
     Column
                                       Non-Null Count
                                                       Dtvpe
- - -
 0
     Age
                                       2111 non-null
                                                        float64
 1
                                       2111 non-null
     Gender
                                                        object
 2
     Height
                                       2111 non-null
                                                        float64
 3
     Weight
                                       2111 non-null
                                                        float64
 4
     CALC
                                       2111 non-null
                                                        object
 5
                                       2111 non-null
     FAVC
                                                        object
 6
     FCVC
                                       2111 non-null
                                                        float64
 7
     NCP
                                       2111 non-null
                                                        float64
     SCC
 8
                                       2111 non-null
                                                       object
 9
     SMOKE
                                       2111 non-null
                                                        object
                                       2111 non-null
 10
                                                        float64
     CH20
 11
     family history with overweight
                                       2111 non-null
                                                        object
 12
                                       2111 non-null
                                                        float64
     FAF
 13
     TUE
                                       2111 non-null
                                                        float64
 14
     CAEC
                                       2111 non-null
                                                        object
 15
     MTRANS
                                       2111 non-null
                                                        object
```

N0bevesdad 2111 non-null object 16

dtypes: float64(8), object(9)

memory usage: 280.5+ KB

4.2 Dataset Explanation

This dataset contains information for estimating the occurrence of obesity in people from Mexico, Peru, and Colombia based on their physical characteristics and eating patterns.

Columns:

Gender: Gender of the person

Age: Age of the person

Height: Height of the person

Weight: Weight of the person

family_history_with_overweight: Has a family member suffered or suffers from overweight?

FAVC: Do you eat high caloric food frequently?

FCVC: Do you usually eat vegetables in your meals?

NCP: How many main meals do you have daily?

CAEC: Do you eat any food between meals?

SMOKE: Do you smoke?

CH2O: How much water do you drink daily?

SCC: Do you monitor the calories you eat daily?

FAF: How often do you have physical activity?

TUE: How much time do you use technological devices such as cell phone, videogames,

television, computer and others?

CALC: How often do you drink alcohol?

MTRANS: Which transportation do you usually use?

NObeyesdad: Obesity level

We will rename these columns in EDA Section

```
print(df.describe())
                                                                  NCP
                                     Weight
                                                    FCVC
              Age
                        Height
count 2111.000000 2111.000000 2111.000000 2111.000000 2111.000000
```

mean	24.312600	1.701677	86.586058	2.419043	2.685628
std	6.345968	0.093305	26.191172	0.533927	0.778039
min	14.000000	1.450000	39.000000	1.000000	1.000000
25%	19.947192	1.630000	65.473343	2.000000	2.658738
50%	22.777890	1.700499	83.000000	2.385502	3.000000
75%	26.000000	1.768464	107.430682	3.000000	3.000000
max	61.000000	1.980000	173.000000	3.000000	4.000000
count mean std min 25% 50% 75% max	CH20 2111.000000 2.008011 0.612953 1.000000 1.584812 2.000000 2.477420 3.000000	FAF 2111.000000 1.010298 0.850592 0.000000 0.124505 1.000000 1.666678 3.000000	TUE 2111.000000 0.657866 0.608927 0.000000 0.000000 0.625350 1.000000 2.000000		

4.3 Data Preprocessing

###Check missing value

```
df.isnull().sum()
Age
                                     0
Gender
                                     0
                                     0
Height
Weight
                                     0
                                     0
CALC
FAVC
                                     0
FCVC
                                     0
NCP
                                     0
SCC
                                     0
                                     0
SM0KE
                                     0
CH20
family_history_with_overweight
                                    0
FAF
                                     0
                                     0
TUE
CAEC
                                    0
                                    0
MTRANS
                                    0
N0beyesdad
dtype: int64
```

4.4 Check duplicated value

```
print("Total duplicated rows: ", sum(df.duplicated()))
Total duplicated rows: 24
duplicated rows = df[df.duplicated()]
print("Duplicated rows:")
print(duplicated rows)
Duplicated rows:
      Age Gender Height
                             Weight
                                           CALC FAVC
                                                       FCVC
                                                             NCP SCC SMOKE
CH20
98
     21.0
            Female
                      1.52
                               42.0
                                     Sometimes
                                                        3.0
                                                             1.0
                                                                   no
                                                   no
                                                                         no
1.0
     25.0
            Female
                      1.57
                               55.0
                                      Sometimes
                                                        2.0
106
                                                 ves
                                                             1.0
                                                                   no
                                                                         no
2.0
174
     21.0
              Male
                      1.62
                               70.0
                                      Sometimes
                                                 yes
                                                        2.0
                                                             1.0
                                                                   no
                                                                         no
3.0
179
              Male
     21.0
                      1.62
                               70.0
                                      Sometimes
                                                 ves
                                                        2.0
                                                             1.0
                                                                   no
                                                                         no
3.0
184
     21.0
              Male
                      1.62
                               70.0
                                      Sometimes
                                                        2.0
                                                             1.0
                                                                   no
                                                 ves
                                                                         no
3.0
209
     22.0
            Female
                      1.69
                               65.0
                                      Sometimes
                                                 yes
                                                        2.0
                                                             3.0
                                                                   no
                                                                         no
2.0
309
            Female
                      1.66
                               58.0
                                                        2.0
                                                             1.0
     16.0
                                             no
                                                   no
                                                                   no
                                                                         no
1.0
460
     18.0
            Female
                      1.62
                               55.0
                                                        2.0
                                                             3.0
                                             no
                                                 yes
                                                                   no
                                                                         no
1.0
467
     22.0
              Male
                      1.74
                               75.0
                                             no
                                                 yes
                                                        3.0
                                                             3.0
                                                                   no
                                                                         no
1.0
                      1.72
496
     18.0
              Male
                               53.0
                                      Sometimes
                                                 yes
                                                        2.0
                                                             3.0
                                                                   no
                                                                         no
2.0
527
     21.0
            Female
                      1.52
                               42.0
                                      Sometimes
                                                        3.0
                                                             1.0
                                                                   no
                                                 yes
                                                                         no
1.0
659
     21.0
            Female
                      1.52
                               42.0
                                      Sometimes
                                                        3.0
                                                             1.0
                                                 yes
                                                                   no
                                                                         no
1.0
663
     21.0
            Female
                      1.52
                               42.0
                                      Sometimes
                                                        3.0
                                                             1.0
                                                 yes
                                                                   no
                                                                         no
1.0
763
     21.0
              Male
                      1.62
                               70.0
                                      Sometimes
                                                        2.0
                                                             1.0
                                                 yes
                                                                   no
                                                                         no
3.0
                      1.62
764
     21.0
              Male
                               70.0
                                      Sometimes
                                                 yes
                                                        2.0
                                                             1.0
                                                                   no
                                                                         no
3.0
824
     21.0
              Male
                      1.62
                               70.0
                                                        2.0
                                      Sometimes
                                                 yes
                                                             1.0
                                                                   no
                                                                         no
3.0
830
     21.0
                      1.62
                               70.0
                                                        2.0
                                                             1.0
              Male
                                      Sometimes
                                                 yes
                                                                   no
                                                                         no
3.0
                                                             1.0
831
     21.0
              Male
                      1.62
                               70.0
                                      Sometimes
                                                        2.0
                                                 yes
                                                                   no
                                                                         no
3.0
832
     21.0
              Male
                      1.62
                               70.0
                                      Sometimes
                                                        2.0
                                                             1.0
                                                                   no
                                                 yes
                                                                         no
3.0
```

```
833
     21.0
              Male
                       1.62
                                70.0
                                       Sometimes
                                                         2.0
                                                               1.0
                                                                     no
                                                                           no
                                                   ves
3.0
834
     21.0
              Male
                       1.62
                                70.0
                                       Sometimes
                                                   yes
                                                          2.0
                                                               1.0
                                                                     no
                                                                           no
3.0
921
     21.0
              Male
                       1.62
                                70.0
                                       Sometimes
                                                   yes
                                                         2.0
                                                               1.0
                                                                     no
                                                                           no
3.0
922
              Male
                       1.62
                                70.0
     21.0
                                       Sometimes
                                                         2.0
                                                               1.0
                                                   yes
                                                                     no
                                                                           no
3.0
923
     21.0
              Male
                       1.62
                                70.0
                                       Sometimes
                                                   yes
                                                         2.0
                                                               1.0
                                                                     no
                                                                           no
3.0
    family history with overweight
                                        FAF
                                             TUE
                                                         CAEC \
                                                   Frequently
98
                                   no
                                        0.0
                                             0.0
106
                                        2.0
                                             0.0
                                                    Sometimes
                                   no
174
                                   no
                                        1.0
                                             0.0
                                                            no
179
                                             0.0
                                   no
                                        1.0
                                                            no
184
                                        1.0
                                             0.0
                                                            no
                                   no
                                                    Sometimes
209
                                        1.0
                                             1.0
                                  yes
309
                                        0.0
                                             1.0
                                                    Sometimes
                                   no
460
                                  yes
                                        1.0
                                             1.0
                                                   Frequently
467
                                        1.0
                                             0.0
                                                   Frequently
                                  yes
                                                    Sometimes
496
                                  yes
                                        0.0
                                             2.0
527
                                        0.0
                                             0.0
                                                   Frequently
                                   no
659
                                        0.0
                                             0.0
                                                   Frequently
                                   no
663
                                   no
                                        0.0
                                             0.0
                                                   Frequently
763
                                             0.0
                                        1.0
                                   no
                                                            no
764
                                             0.0
                                   no
                                        1.0
                                                            no
824
                                        1.0
                                             0.0
                                   no
                                                            no
830
                                             0.0
                                   no
                                        1.0
                                                            no
831
                                        1.0
                                             0.0
                                   no
                                                            no
832
                                   no
                                        1.0
                                             0.0
                                                            no
833
                                        1.0
                                             0.0
                                   no
                                                            no
834
                                             0.0
                                        1.0
                                   no
                                                            no
921
                                   no
                                        1.0
                                             0.0
                                                            no
922
                                        1.0
                                             0.0
                                   no
                                                            no
923
                                        1.0
                                             0.0
                                   no
                                                            no
                      MTRANS
                                         N0beyesdad
98
                               Insufficient Weight
     Public Transportation
     Public Transportation
                                     Normal Weight
106
174
     Public Transportation
                                Overweight Level I
     Public Transportation
179
                                Overweight Level I
184
     Public Transportation
                                Overweight Level I
209
     Public Transportation
                                     Normal Weight
                                     Normal Weight
309
                     Walking
                                     Normal Weight
460
     Public Transportation
467
                                     Normal Weight
                 Automobile
496
     Public Transportation
                               Insufficient Weight
                               Insufficient Weight
527
     Public Transportation
```

```
659
     Public Transportation
                            Insufficient Weight
                            Insufficient Weight
663
     Public Transportation
763
     Public_Transportation
                             Overweight Level I
764
     Public Transportation
                             Overweight Level I
824 Public Transportation
                             Overweight Level I
830 Public_Transportation
                             Overweight_Level_I
831
     Public Transportation
                             Overweight Level I
832 Public Transportation
                             Overweight Level I
833 Public Transportation
                             Overweight Level I
834 Public Transportation
                             Overweight Level I
921 Public Transportation
                             Overweight Level I
922 Public Transportation
                             Overweight Level I
923 Public Transportation
                             Overweight Level I
df = df.drop duplicates(keep='first')
print("\nTotal duplicated rows after dropping: ",
sum(df.duplicated()))
Total duplicated rows after dropping: 0
df.isnull().sum()
                                   0
Age
Gender
                                   0
                                   0
Height
                                   0
Weight
                                   0
CALC
                                   0
FAVC
FCVC
                                   0
                                   0
NCP
SCC
                                   0
SMOKE
                                   0
CH20
                                   0
family history with overweight
                                   0
                                   0
FAF
TUE
                                   0
                                   0
CAEC
MTRANS
                                   0
N0beyesdad
                                   0
dtype: int64
```

4.5 Exploratory Data Analysis (EDA)

Convert binary data into 1 and 0

```
# Convert 'Gender' to binary: Male = 1, Female = 0
df['Gender'] = df['Gender'].map({"Male": 1, "Female": 0})
```

```
# Replace 'yes' and 'no' with 1 and 0
df['family history with overweight'] =
df['family_history_with_overweight'].replace({'yes': 1, 'no':
0}).astype('int')
df['FAVC'] = df['FAVC'].replace({'yes': 1, 'no': 0}).astype('int')
df['SMOKE'] = df['SMOKE'].replace({'yes': 1, 'no': 0}).astype('int')
# Ensure the 'Gender' column is of type integer
df['Gender'] = df['Gender'].astype('int')
<ipython-input-24-d4e2bead7aca>:5: FutureWarning: Downcasting behavior
in `replace` is deprecated and will be removed in a future version. To
retain the old behavior, explicitly call
`result.infer_objects(copy=False)`. To opt-in to the future behavior,
set `pd.set option('future.no silent downcasting', True)`
  df['family history with overweight'] =
df['family history with overweight'].replace({'yes': 1, 'no':
0}).astype('int')
<ipython-input-24-d4e2bead7aca>:6: FutureWarning: Downcasting behavior
in `replace` is deprecated and will be removed in a future version. To
retain the old behavior, explicitly call
`result.infer_objects(copy=False)`. To opt-in to the future behavior,
set `pd.set option('future.no silent downcasting', True)`
  df['FAVC'] = df['FAVC'].replace({'yes': 1, 'no': 0}).astype('int')
<ipython-input-24-d4e2bead7aca>:7: FutureWarning: Downcasting behavior
in `replace` is deprecated and will be removed in a future version. To
retain the old behavior, explicitly call
`result.infer objects(copy=False)`. To opt-in to the future behavior,
set `pd.set option('future.no silent downcasting', True)`
  df['SMOKE'] = df['SMOKE'].replace({'yes': 1, 'no': 0}).astype('int')
# Print each value count
print(df['Gender'].value_counts())
print(df['family history with overweight'].value counts())
print(df['FAVC'].value counts())
print(df['SMOKE'].value counts())
print(df['SCC'].value counts())
Gender
1
     1052
     1035
Name: count, dtype: int64
family history with overweight
     1722
1
0
      365
Name: count, dtype: int64
FAVC
1
     1844
0
      243
Name: count, dtype: int64
```

```
SMOKE
0 2043
1 44
Name: count, dtype: int64
SCC
no 1991
yes 96
Name: count, dtype: int64
```

Renaming columns for better understanding

```
# Rename columns
df.rename(columns={
    'FAVC': 'High Caloric_Food_Consumption',
    'FCVC': 'Vegetable Consumption',
    'NCP': 'Number_of_Main_Meals',
    'CAEC': 'Food Between Meals',
    'CH20': 'Water_Intake',
'SCC': 'Calorie_Monitoring',
    'FAF': 'Physical Activity Frequency',
    'TUE': 'Digital_Device_Time',
    'CALC': 'Alcohol_Consumption_Frequency',
    'MTRANS': 'Transportation Mode',
    'NObeyesdad': 'Obesity Level'
}, inplace=True)
print(df.head())
    Age Gender
                 Height Weight Alcohol Consumption Frequency \
                   1.62
                            64.0
0 21.0
              0
                            56.0
1 21.0
              0
                   1.52
                                                      Sometimes
                            77.0
2 23.0
              1
                    1.80
                                                     Frequently
3 27.0
              1
                   1.80
                            87.0
                                                     Frequently
4 22.0
                   1.78
              1
                            89.8
                                                      Sometimes
   High Caloric Food Consumption Vegetable Consumption
Number of Main Meals \
                                0
                                                      2.0
0
3.0
                                0
                                                      3.0
1
3.0
2
                                0
                                                      2.0
3.0
                                0
                                                      3.0
3
3.0
                                0
                                                      2.0
4
1.0
  Calorie Monitoring SMOKE Water Intake
```

```
family history with overweight
                   no
                                        2.0
1
1
                           1
                                        3.0
                  yes
1
2
                           0
                                        2.0
                   no
1
3
                           0
                                        2.0
                   no
0
4
                                        2.0
                   no
                           0
0
   Physical Activity Frequency Digital Device Time Food Between Meals
0
                            0.0
                                                                 Sometimes
                                                   1.0
1
                            3.0
                                                   0.0
                                                                 Sometimes
2
                            2.0
                                                   1.0
                                                                 Sometimes
3
                            2.0
                                                   0.0
                                                                 Sometimes
                            0.0
                                                   0.0
                                                                 Sometimes
                                  Obesity_Level
     Transportation Mode
                                  Normal Weight
   Public Transportation
0
   Public_Transportation
                                  Normal Weight
1
2
  Public Transportation
                                  Normal Weight
3
                  Walking
                            Overweight Level I
   Public Transportation Overweight Level II
```

One-Hot Encoding

```
# Identify all categorical columns except 'Obesity Level'
categorical columns = df.select dtypes(include=['object']).columns
categorical columns = categorical columns[categorical columns !=
'Obesity Level']
# Apply one-hot encoding to selected columns
df = pd.get dummies(df, columns=categorical columns, drop first=True)
df.dtypes
                                              float64
Age
Gender
                                                int64
Height
                                              float64
                                              float64
Weight
High Caloric Food Consumption
                                                int64
Vegetable Consumption
                                              float64
```

```
Number of Main Meals
                                              float64
SM0KE
                                                int64
Water Intake
                                              float64
family history with overweight
                                                int64
Physical Activity Frequency
                                              float64
Digital_Device_Time
                                              float64
Obesity Level
                                               object
Alcohol Consumption Frequency Frequently
                                                 bool
Alcohol Consumption Frequency Sometimes
                                                 bool
Alcohol Consumption Frequency no
                                                 bool
Calorie Monitoring yes
                                                 bool
Food_Between Meals Frequently
                                                 bool
Food Between Meals Sometimes
                                                 bool
Food Between Meals no
                                                 bool
Transportation Mode Bike
                                                 bool
Transportation Mode Motorbike
                                                 bool
Transportation Mode Public Transportation
                                                 hool
Transportation Mode Walking
                                                 bool
dtype: object
#Copy two version of dataframe for comparison use later
pca df no pca = df.copy()
pca df with pca = df.copy()
```

4.6 Model without PCA

We will first visualize the performance for the model (Logistic Regression) without PCA used.

```
from sklearn.model selection import train test split
from sklearn.preprocessing import StandardScaler
from sklearn.linear model import LogisticRegression
from sklearn.metrics import accuracy_score, classification_report
X = pca df no pca.drop('Obesity Level', axis=1) # All features except
the target column
y = pca_df_no_pca['Obesity Level'] # Target column
# Scale the features
scaler = StandardScaler()
X scaled = scaler.fit transform(X)
# Split the data into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X_scaled, y,
test size=0.2, random state=42)
# Initialize Logistic Regression model
clf = LogisticRegression(random state=42)
# Train the Logistic Regression model
clf.fit(X train, y train)
```

```
# Make predictions on the test set
y pred = clf.predict(X test)
# Evaluate the model
accuracy = accuracy score(y test, y pred)
print(f"Model Accuracy: {accuracy:.4f}")
# Print classification report
print(classification_report(y_test, y_pred))
Model Accuracy: 0.8589
                      precision recall f1-score
                                                       support
Insufficient Weight
                                      0.92
                                                0.89
                                                             59
                           0.87
      Normal Weight
                           0.83
                                      0.74
                                                0.78
                                                             61
     Obesity Type I
                           0.91
                                      0.89
                                                0.90
                                                             70
   Obesity_Type_II
Obesity_Type_III
                                      1.00
                                                0.98
                           0.97
                                                             64
                           0.98
                                      1.00
                                                0.99
                                                             60
 Overweight Level I
                                                             55
                           0.73
                                      0.65
                                                0.69
Overweight Level II
                                      0.78
                                                0.71
                                                             49
                           0.66
                                                0.86
                                                            418
           accuracy
                                                0.85
                                                            418
                           0.85
                                      0.85
          macro avg
       weighted avg
                           0.86
                                      0.86
                                                0.86
                                                            418
# Identify boolean columns
categorical cols =
pca df with pca.select dtypes(include=['bool']).columns
# Convert boolean to integers (0 and 1)
pca df with pca[categorical cols] =
pca_df_with_pca[categorical_cols].astype(int)
```

4.7 Model using PCA

Now, we repeat the process of modelling but apply PCA

```
from sklearn.decomposition import PCA

# Separate features and target variable
X = pca_df_with_pca.drop('Obesity_Level', axis=1) # All features
except the target column
y = pca_df_with_pca['Obesity_Level'] # Target column

# Scale the features
scaler = StandardScaler()
X_scaled = scaler.fit_transform(X)
```

```
# Apply PCA to reduce dimensionality
pca = PCA(n_components=0.99) # Keep 99% of the variance
X pca = pca.fit transform(X scaled)
# Get the number of selected components
n selected components = pca.n components
# Explained variance ratio
explained variance ratio = pca.explained variance ratio
cumulative variance = np.cumsum(explained variance ratio)
# Print number of selected components
print(f"Number of principal components: {n selected components}")
# Print explained variance ratio
print("\nExplained Variance Ratio per Component:",
explained variance ratio)
print("\nTotal Variance Explained by Selected Components:",
cumulative variance[-1])
# Scree Plot with Comulative Variance
plt.figure(figsize=(8, 5))
plt.bar(range(1, len(explained variance ratio) + 1),
explained variance ratio, alpha=0.7, label='Explained Variance')
plt.plot(range(1, len(explained variance ratio) + 1),
cumulative variance, marker='o', linestyle='-', color='r',
label='Cumulative Variance')
plt.xlabel('Principal Component')
plt.vlabel('Variance Explained')
plt.title('Scree Plot & Cumulative Variance')
plt.legend()
plt.grid()
plt.show()
# Split the data into training and testing sets
X train, X test, y train, y test = train test split(X pca, y,
test_size=0.2, random_state=42)
# Initialize Logistic Regression model
clf = LogisticRegression(random state=42)
# Train the Logistic Regression model
clf.fit(X train, y train)
# Make predictions on the test set
y pred = clf.predict(X test)
# Evaluate the model
accuracy = accuracy score(y test, y pred)
```

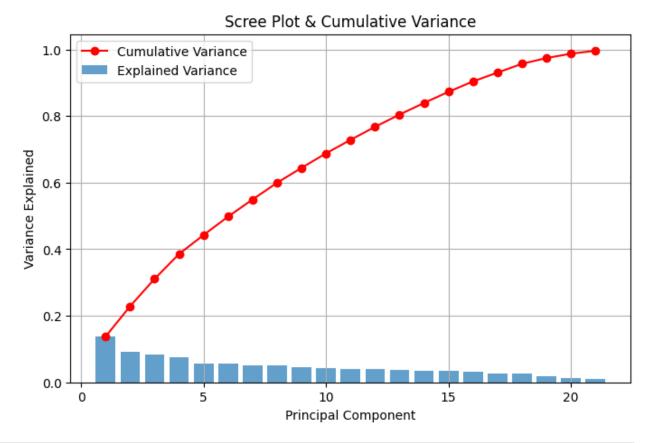
```
print(f"Model Accuracy: {accuracy:.4f}")

# Print classification report
print(classification_report(y_test, y_pred))

Number of principal components: 21

Explained Variance Ratio per Component: [0.13766017 0.09105615
0.0821271 0.07479854 0.05697166 0.05514175
0.05145959 0.05004934 0.0449889 0.0434602 0.04061779 0.03899623
0.03680236 0.03496867 0.03343267 0.03127955 0.02651402 0.02631631
0.01736414 0.01300101 0.00884183]

Total Variance Explained by Selected Components: 0.9958479861689162
```



Model Accuracy: 0.8612								
	precision	recall	f1-score	support				
Insufficient Weight	0.86	0.93	0.89	59				
Normal Weight	0.85	0.74	0.79	61				
Obesity_Type_I	0.91	0.89	0.90	70				
Obesity_Type_II	0.97	1.00	0.98	64				
Obesity_Type_III	0.98	1.00	0.99	60				
Overweight_Level_I	0.75	0.65	0.70	55				

Overweight_Level_II	0.66	0.78	0.71	49	
accuracy macro avg weighted avg	0.85 0.86	0.86 0.86	0.86 0.85 0.86	418 418 418	

Based on the performance of the models with and without PCA, we can see that the model is performing slightly better with PCA, which has slightly higher accuracy.

However, it is important to note that using **PCA** does not guarantee that the accuracy will always be higher than when not using it. PCA works by reducing the dimensionality of the dataset, which can help remove noise and capture the most important variance in the data. This often leads to improved model performance, especially when the **original features are highly correlated** or when the **dataset contains a large number of columns with redundant information**.

On the other hand, if the original features contain important and distinct information that is lost during the dimensionality reduction process, PCA might result in a decrease in model accuracy. Therefore, while PCA can be a useful technique for improving performance, its effectiveness depends on the **nature of the dataset** and the **objectives** we aim to achieve.

4.8 Visualize Important Features for Each Principal Components

In python, we can visualize the features that contribute the most in each principal components, so that we can get insights into which variables have the greatest influence on the reduced dimensions.

```
# Create a DataFrame with feature contributions to each PC
feature contributions = pd.DataFrame(pca.components ,
columns=X.columns, index=[f'PC{i+1}' for i in
range(pca.n components )])
# Display Top 5 Most Important Features for PC1 and PC2
print(f"Important Features for PC1")
print(feature contributions.loc['PC1'].abs().sort values(ascending=Fal
se).head(5))
print(f"\nImportant Features for PC1")
print(feature contributions.loc['PC2'].abs().sort values(ascending=Fal
se).head(5))
Important Features for PC1
                                  0.440429
Weight
Food Between Meals Sometimes
                                  0.393278
Food Between Meals Frequently
                                  0.369926
family_history_with_overweight
                                  0.322966
Height
                                  0.301741
Name: PC1, dtype: float64
Important Features for PC1
```

```
Alcohol_Consumption_Frequency_Sometimes 0.487997
Alcohol_Consumption_Frequency_no 0.442964
Gender 0.387684
Transportation_Mode_Public_Transportation 0.311627
Physical_Activity_Frequency 0.285791
Name: PC2, dtype: float64
```

4.9 Mean Squared Error (MSE) in PCA Reconstruction

MSE calculates the average squared difference between the dataset's actual values and its predicted values. In this topic, it is able to tells us how much information is lost when reducing dimensions using PCA.

Low MSE means good reconstruction as it indicates less information loss; while hight MSE means poor reconstructions as it indicates important information are loss

 $MSE = \frac{1}{n} \sum_{i=1}^{n} (X_{\text{original}}, i) - X_{\text{text}}$

Where:

- \$X_{\text{original}, i} \$ = The original value for the i-th sample and feature
- \$ X_{\text{reconstructed}, i} \$ = The reconstructed value for the i-th sample and feature
- \$ n \$ = The total number of data points

```
# Reduce dimensions and reconstruct back
pca = PCA(n components=21)
X_pca = pca.fit_transform(X scaled)
X reconstructed = pca.inverse transform(X pca)
# Compute Reconstruction Loss (MSE)
reconstruction error = np.mean((X scaled - X reconstructed) ** 2)
print(f'Reconstruction Error: {reconstruction error:.4f}')
Reconstruction Error: 0.0042
# Get Eigenvectors (Principal Axes)
eigenvectors = pca.components
# Get Eigenvalues (Variance per Component)
eigenvalues = pca.explained variance
# Print the first few components
print("Eigenvectors (Principal Components):\n", eigenvectors[:2])
print("\nEigenvalues:\n", eigenvalues[:2])
Eigenvectors (Principal Components):
 [ 0.15155094 0.18600278 0.30174137 0.44042869 0.24571583
0.0342096
   0.075165
            -0.00122261 0.14384663 0.32296601 -0.02846472 -
0.03873006
  -0.05503529 0.24164634 -0.22602854 -0.19454149 -0.36992636
```

References

- Obesity Levels. (2025). Kaggle. https://www.kaggle.com/datasets/fatemehmehrparvar/obesity-levels
- StatQuest with Josh Starmer. (2018, April 2). StatQuest: Principal Component Analysis (PCA), Step-by-Step [Video]. YouTube. https://www.youtube.com/watch? v=FgakZw6K1QQ
- GeeksforGeeks. (2024, September 20). Variance. GeeksforGeeks. https://www.geeksforgeeks.org/variance/
- Hayes, A. (2024, June 5). What is a mean? types and formulas. Investopedia. https://www.investopedia.com/terms/m/mean.asp#:~:text=The%20mean%20is%20another%20word,by%20the%20number%20of%20observations.