

HEENT/Cranial Nerves Exam

EXAMINATION SKILLS	Satisfactory/ Unsatisfactory
<ol style="list-style-type: none">1. Do camera angles allow the instructor to view all elements of the physical exam?2. Is the recording completed in one take (no pauses or interruptions)?3. Is the student referencing the check off sheet only briefly, a few times?4. Is the student's physical examination technique correct for more than 80% of all of the exam elements? <p>If the answer is "NO" to any of these questions, mark INCOMPLETE, students will need to repeat the examination per the syllabus</p>	
<ol style="list-style-type: none">1. Ensures Privacy<ul style="list-style-type: none">• Introduces self & explains role• Confirms Patient Identity• Informs patient they will be verbally describing the examination	
<ol style="list-style-type: none">2. Performs Hand Hygiene	
<ol style="list-style-type: none">3. Inspects Appearance, comments on:<ul style="list-style-type: none">• Dress, posture, grooming, & hygiene• Stature & build• Nutritional state	
<ol style="list-style-type: none">4. Inspects Behavior, comments on:<ul style="list-style-type: none">• Degree of cooperativeness• State of distress• Affect• Eye contact• Motor activity (normokinetic, bradykinetic, hyperkinetic)	
<ol style="list-style-type: none">5. Inspects Skull, Scalp & Hair, comments on:<ul style="list-style-type: none">• Shape• Symmetry• Lesions• Hair	
<ol style="list-style-type: none">6. Palpates Skull, comments on:<ul style="list-style-type: none">• Lumps• Depressions• Tenderness	

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<p>7. Tests CN VII – Facial</p> <p>Instructs patient to:</p> <ul style="list-style-type: none"> • Frown • Elevate forehead or raise eyebrows • Clench & show teeth • Smile • Puff & blow out cheeks • Close eyes firmly – tries to open against resistance, <i>no pressure on the globe</i> <p>Inspects Facial Features, observes & comments on symmetry</p>	
<p>8. Palpates bilateral Temporal Arteries simultaneously, comments on:</p> <ul style="list-style-type: none"> • Thickness • Tenderness • Symmetry & presence/absence of impulse 	
<p>9. Tests CN V – Trigeminal</p> <p>Motor</p> <ul style="list-style-type: none"> • Places hands on patient's cheeks & temples • Instructs patient to contract & relax masseter muscles by clenching teeth • Tests strength by pushing down on mandible against resistance <p>Sensory</p> <ul style="list-style-type: none"> • Instructs patient to close eyes & say "now" when feeling cotton touch their face • Uses light touch with wisp of cotton over 3 nerve divisions bilaterally <p>Comments on:</p> <ul style="list-style-type: none"> • Bilateral motor function, intact or deficit • Bilateral sensory function, intact or deficit 	
<p>10. Inspects bilateral Eyebrows, Orbital Areas & Eyelids, comments on:</p> <ul style="list-style-type: none"> • Distribution of eyebrows • Orbital edema, sagging tissue, lesions, or nodules • Ptosis • Completeness of lid closure • Erythema • Discharge or tearing 	
<p>11. Inspects the Bulbar & Palpebral Conjunctivae & Sclerae, pulls down bilateral lower lids, comments on:</p> <ul style="list-style-type: none"> • Color • Edema 	
<p>12. Palpates bilateral Lacrimal Glands & Sac, comments on:</p> <ul style="list-style-type: none"> • Edema • Tenderness 	

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<p>13. Tests CN II, III (Optic, Oculomotor)</p> <ul style="list-style-type: none"> Instructs patient to focus at a far fixed point and then on a near fixed point, observes pupillary response Inspects bilateral eyes with pen light, observes pupillary response Perform swinging light test, observes pupillary response <p>Comments on:</p> <ul style="list-style-type: none"> Corneal clarity Pupillary size & shape Pupillary reflex, direct, consensual, and afferent accommodation 	
<p>14. Tests CN III, IV, VI (Oculomotor, Trochlear, Abducens)</p> <ul style="list-style-type: none"> Instructs patient to follow the pen with eyes without moving head Performs six cardinal fields of gaze <p>Comments on:</p> <ul style="list-style-type: none"> Conjugate or convergent gaze Nystagmus, presence or absence, and plane of movement 	
<p>15. Tests Visual Acuity (CN II, Optic) with handheld Snellen chart</p> <ul style="list-style-type: none"> Follows instructions on card Instructs patient to read the smallest line they can with both eyes, & each eye separately (if corrected vision, assess with glasses/contacts) <p>Comments on:</p> <ul style="list-style-type: none"> Visual acuity 20/X (OU, OD, & OS) 	
<p>16. Tests Visual Fields (CN II, Optic) with Confrontation Exam</p> <ul style="list-style-type: none"> Instructs patient to stare straight ahead at your nose Have patient cover one eye at a time while assessing visual field of uncovered eye Patient to state when practitioner's fingers in field of view <p>Comments on:</p> <ul style="list-style-type: none"> Scotoma Visual field deficits 	

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<p>17. Performs Ophthalmoscopic exam</p> <p>Prepares for Ophthalmoscopic exam</p> <ul style="list-style-type: none"> • Explains exam, gives patient instructions & permission to ask for rest • Positions patient at eye level • Adjusts light shape & intensity & focuses ophthalmoscope • Cracks open the door & darkens room to dilate pupils <p>Performs Ophthalmoscopic exam</p> <ul style="list-style-type: none"> • Right hand with right eye; left hand with left eye • <i>Braces other hand on forehead, thumb above eyebrow</i> • <i>No pressure on globe & no pulling on eyelids</i> • Inspects all 4 quadrants of each eye <p>Comments on:</p> <ul style="list-style-type: none"> • Red reflex • Retinal color and lesions • Characteristics of blood vessels • Disc & physiologic cup characteristics • Macula characteristics (instructs patient to look directly at light) 	
<p>18. Inspects & palpates bilaterally the Pinna, Tragus & Mastoid Area of the Ear, comments on:</p> <ul style="list-style-type: none"> • Position • Deformities, or lesions • Tenderness • Swelling 	
<p>19. Inspects bilateral Auditory Canals & Tympanic Membranes with otoscope:</p> <ul style="list-style-type: none"> • <i>Braces Otoscope</i> • <i>Selects appropriate cover</i> • Pulls gently back & up on antihelix of pinna to adjust for better exposure <p>Comments on:</p> <ul style="list-style-type: none"> • Patency • Cerumen • Erythema • Discharge • TM color, transparency, contour, light reflex, & perforations 	
<p>20. Tests CN VIII (Acoustic)</p> <p>Performs Whisper Test on each ear</p> <ul style="list-style-type: none"> • Instructs patient to repeat whisper & occlude opposite ear • Stands behind patient, whispers two-syllable word from distance of 2 feet <p>Comments on:</p> <ul style="list-style-type: none"> • Interpretation, significance 	

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<p>21. Tests for Conductive & Sensorineural Hearing Loss</p> <ul style="list-style-type: none"> • Weber Test; places tuning fork base at center of forehead, asks patient which ear hears the sound loudest • Rhinne Test; places tuning fork base at mastoid bone, asks patient to indicate when sound is no longer heard, holds fork tines 1 inch from the ear, asks patient to indicate when sound is no longer heard <p>Comments on:</p> <ul style="list-style-type: none"> • Interpretation, significance 	
<p>22. Palpates Frontal & Maxillary Sinuses, comments on:</p> <ul style="list-style-type: none"> • Tenderness/pain • Crepitus 	
<p>23. Inspects & palpates External Nose, comments on:</p> <ul style="list-style-type: none"> • Shape (displacement of cartilage & bone) 	
<p>24. Tests bilateral Nare Patency, occludes nare & exhales, comments on:</p> <ul style="list-style-type: none"> • Presence or absence of obstruction 	
<p>25. Inspects Nasal Mucosa & Nasal Septum, comments on:</p> <ul style="list-style-type: none"> • Color • Discharge • Swelling of turbinates • Perforation of septum, septal hematoma 	
<p>26. Inspects Lips, Gingivae, & Teeth, comments on:</p> <ul style="list-style-type: none"> • Color • Condition of teeth • Presence of dentures/bridges/piercings 	
<p>27. Inspects the Tongue & Buccal Mucosa, comments on:</p> <ul style="list-style-type: none"> • Color • Presence of piercings, ulcerations or lesions 	
<p>28. Tests CN XII (Hypoglossal) by inspecting protruded tongue, comments on:</p> <ul style="list-style-type: none"> • Symmetry/Position • Tremors • Ability to move toward the nose & chin 	
<p>29. Tests CN X (Vagus) by inspecting Oropharynx as patient says "Ah", comments on:</p> <ul style="list-style-type: none"> • Rise of palatal arch • Uvula • Anteroposterior pillars • Upper palate • Tonsils • Posterior pharynx 	
<p>30. Tests CN IX & X (Glossopharyngeal & Vagus), comments on:</p> <ul style="list-style-type: none"> • Patient's ability to swallow 	

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<p>31. Inspects Neck, comments on:</p> <ul style="list-style-type: none"> • Symmetry • Masses • Carotid & Jugular pulsations 	
<p>32. Palpates bilateral Carotid Arteries <i>separately</i>, comments on:</p> <ul style="list-style-type: none"> • Rhythm • Grade 	
<p>33. Auscultates bilateral Carotid Arteries for bruits using bell</p> <ul style="list-style-type: none"> • Instructs patient to hold breath & turn head away while auscultating <p>Comments on:</p> <ul style="list-style-type: none"> • Presence or absence 	
<p>34. Palpates Thyroid Gland</p> <ul style="list-style-type: none"> • Locates isthmus below cricoid cartilage, asks patient to swallow to confirm • Asks patient to flex neck slightly forward & to the side being examined • Palpates lateral lobes deep to anterior border of sternocleidomastoid muscle • Confirms findings by having patient swallow <p>Comments on:</p> <ul style="list-style-type: none"> • Tenderness • Consistency • Size • Nodules 	
<p>35. Palpates bilateral Lymph Nodes simultaneously</p> <ul style="list-style-type: none"> • Preauricular • Postauricular • Occipital • Parotid • Tonsillar • Submandibular • Submental • Anterior Cervical • Posterior Cervical • Supraclavicular • Infraclavicular <p>Comments on:</p> <ul style="list-style-type: none"> • Size • Consistency • Mobility 	

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<p>36. Tests CN XI (Spinal Accessory)</p> <ul style="list-style-type: none"> • Instructs patient to push against your hand by turning head • Places hand on the side of the patients jaw & provides resistance • Instructs patient to shrug their shoulders & hold that position as you apply downward pressure <p>Comments on:</p> <ul style="list-style-type: none"> • Bilateral strength grade 	
<p>37. Appropriately concludes the exam with the patient</p>	