

Random matrices and covariance estimation

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Set up of covariance estimation

Let x_1, \dots, x_n be collection of n independent and identically distributed samples from a distribution in \mathbb{R}^d with zero mean and covariance matrix Σ . Generally we use *sample covariance matrix* $\hat{\Sigma} = \frac{1}{n} \sum_{i=1}^n x_i x_i^T$ as a estimator.

- we want to bound the error $\|\hat{\Sigma} - \Sigma\|_2$.
- Let $X = [x_1, \dots, x_n]^T$ with singular values denoted by $\{\sigma_j(X)\}_{j=1}^{\min(n,d)}$. Using $\hat{\Sigma} = \frac{1}{n} X^T X$ we know the eigenvalues of $\hat{\Sigma}$ is the squares of the singular values of X/\sqrt{n}

Wishart matrices and their behavior

Each $x_i \sim^{i.i.d} \mathcal{N}(0, \Sigma)$, then associated matrix X is called drawn from Σ -Gaussian ensemble and the sample covariance $\hat{\Sigma}$ is said to follow multivariate Wishart distribution

Theorem (6.1)

Let $X \in \mathbb{R}^{n \times d}$ be drawn from Σ -Gaussian ensemble. Then for all $\delta > 0$, the maximum singular value $\sigma_{\max}(X)$ satisfies following inequality

$$\mathbb{P}\left[\frac{\sigma_{\max}(X)}{\sqrt{n}} \geq \gamma_{\max}(\sqrt{\Sigma})(1 + \delta) + \sqrt{\frac{\text{tr}(\Sigma)}{n}}\right] \leq e^{-n\delta^2/2}$$

and for $n \geq d$, we also have

$$\mathbb{P}\left[\frac{\sigma_{\min}(X)}{\sqrt{n}} \geq \gamma_{\min}(\sqrt{\Sigma})(1 - \delta) - \sqrt{\frac{\text{tr}(\Sigma)}{n}}\right] \leq e^{-n\delta^2/2}$$

Proof of Theorem 6.1

Let $X = W\sqrt{\Sigma}$, where $W_{ij} \sim \mathcal{N}(0, 1)$. And we consider function $f(W) = \frac{\sigma_{\max}(W\sqrt{\Sigma})}{\sqrt{n}}$.

- f is Lipschitz: $\|f(W) - f(W')\|_2 \leq \frac{\gamma_{\max}(\sqrt{\Sigma})}{\sqrt{n}} \|W - W'\|_2$
- Using Concentration of Lipschitz function:
 $\mathbb{P}[\sigma_{\max}(X) \geq \mathbb{E}[\sigma_{\max}(X)] + \sqrt{n}\gamma_{\max}(\sqrt{\Sigma})\delta] \leq e^{-n\delta^2/2}$
- Then it suffices to show that $\mathbb{E}[\sigma_{\max}(X)] \leq \sqrt{n}\gamma_{\max}(\sqrt{\Sigma}) + \sqrt{\text{tr}(\Sigma)}$

Proof of Theorem 6.1

Theorem (Sudakov-Fernique)

Given a pair of zero-mean N -dimension Gaussian vectors (X_1, \dots, X_N) and (Y_1, \dots, Y_N) , suppose that

$$\mathbb{E}[(X_i - X_j)^2] \leq \mathbb{E}[(Y_i - Y_j)^2] \quad \forall(i, j)$$

Then $\mathbb{E}[\max_{j=1, \dots, N} X_j] \leq \mathbb{E}[\max_{j=1, \dots, N} Y_j]$

- $\sigma_{\max}(X) = \max_{v' \in \mathbb{S}^{d-1}} \|Xv'\|_2 = \max_{v \in \mathbb{S}^{d-1}(\Sigma^{-1})} \|Wv\|_2 = \max_{u \in \mathbb{S}^{d-1}} \max_{v' \in \mathbb{S}^{d-1}(\Sigma^{-1})} u^T Wv$
- Consider Gaussian process $Z_{u,v} = u^T Wv$, given (u, v) and (\tilde{u}, \tilde{v}) , w.l.o.g we assume $\|v\|_2 \leq \|\tilde{v}\|_2$, then we have $\mathbb{E}[(Z_{u,v} - Z_{\tilde{u},\tilde{v}})^2] = \|uv^T - \tilde{u}\tilde{v}^T\|_F^2$

Proof of Theorem 6.1

$$\begin{aligned}\|uv^T - \tilde{u}\tilde{v}^T\|_F^2 &= \|u(v - \tilde{v})^T + (u - \tilde{u})\tilde{v}^T\|_F^2 \\ &= \|u(v - \tilde{v})^T\|_F^2 + \|(u - \tilde{u})\tilde{v}^T\|_F^2 + 2\langle u(v - \tilde{v})^T, (u - \tilde{u})\tilde{v}^T \rangle \\ &\leq \|\tilde{v}\|^2\|(u - \tilde{u})\|^2 + \|(v - \tilde{v})\|^2 \\ &\leq \gamma_{\max}(\sqrt{\Sigma})^2\|(u - \tilde{u})\|^2 + \|(v - \tilde{v})\|^2\end{aligned}$$

- Define another Gaussian process

$Y_{u,v} = \gamma_{\max}(\sqrt{\Sigma}) \langle g, u \rangle + \langle h, v \rangle$ with g, v have entries from $\mathcal{N}(0, 1)$.

- $\mathbb{E}[(Y_{u,v} - Y_{\tilde{u},\tilde{v}})^2] = \gamma_{\max}(\sqrt{\Sigma})^2\|(u - \tilde{u})\|^2 + \|(v - \tilde{v})\|^2$

- Using Sudakov-Fernique theorem,

$\mathbb{E}[\sigma_{\max}(X)] \leq \mathbb{E}[\sup_{(u,v)} Y] = \gamma_{\max}(\sqrt{\Sigma})\mathbb{E}[\|g\|_2] + \mathbb{E}[\|\sqrt{\Sigma}h\|_2]$. With that $\mathbb{E}[\|g\|_2] \leq \sqrt{n}$ and $\mathbb{E}[\|\sqrt{\Sigma}h\|_2] \leq \sqrt{\mathbb{E}[h^T \Sigma h]} \leq \sqrt{\text{tr}(\Sigma)}$.

Some Example

- $\Sigma = I_d$ and $n \geq d$. We have $\frac{\sigma_{\max}(W)}{\sqrt{n}} \leq 1 + \delta + \sqrt{\frac{d}{n}}$ and $\frac{\sigma_{\min}(W)}{\sqrt{n}} \geq 1 - \delta - \sqrt{\frac{d}{n}}$. Implying that $\|\frac{1}{n}W^T W - I_d\|_2 \leq 2\epsilon + \epsilon^2$ where $\epsilon = \delta + \sqrt{\frac{d}{n}}$
- For general Σ , Using $X = W\sqrt{\sigma}$, we know $\|\frac{1}{n}X^T X - I_d\|_2 = \|\sqrt{\Sigma}(\frac{1}{n}W^T W - I_d)\sqrt{\Sigma}\|_2 \leq \|\Sigma\|_2 \|\frac{1}{n}X^T X - I_d\|_2$. Then we have

$$\frac{\|\hat{\Sigma} - \Sigma\|_2}{\|\Sigma\|_2} \leq 2\sqrt{\frac{d}{n}} + 2\delta + (\sqrt{\frac{d}{n}} + \delta)^2$$

w.p at least $1 - 2e^{-n\delta^2/2}$.

- *trace constraint*: $\frac{\text{tr}(\Sigma)}{\|\Sigma\|_2} \leq C$, we have $\frac{\sigma_{\max}(W)}{\sqrt{n}} \leq 1 + \delta + \sqrt{\frac{C}{n}}$. The parameter C is more like effective dimension

Covariance matrices from sub-Gaussian ensembles

- *Definition:* A random vector $x_i \in \mathbb{R}^d$ is zero-mean, sub-Gaussian with parameter σ , i.e. for each fixed $v \in \mathbb{S}^{d-1}$,
$$\mathbb{E}[e^{\lambda \langle v, x_i \rangle}] \leq e^{\frac{\lambda^2 \sigma^2}{2}}, \forall \lambda \in \mathbb{R}$$
- Example 1: Matrix $X \in \mathbb{R}^{n \times d}$ with i.i.d zero-mean and sub-Gaussian ($\sigma = 1$) entries. Like Gaussian ($x_{ij} \sim \mathcal{N}(0, 1)$) or Rademacher ensemble ($x_{ij} \in -1, +1$).
- Example 2: $x_i \sim \mathcal{N}(0, \Sigma)$. For any $v \in \mathbb{S}^{d-1}$, we have $\langle v, x_i \rangle \sim \mathcal{N}(0, v^T \Sigma v)$ and $v^T \Sigma v \leq \|\Sigma\|_2$. x_i is sub-Gaussian with parameter $\|\Sigma\|_2$
- If random matrix $X \in \mathbb{R}^{n \times d}$ with row $x_i \in \mathbb{R}^d$ follows σ -sub-Gaussian. We say X is *row-wise σ -sub-Gaussian ensemble*.

Sub-Gaussian ensemble covariance matrix estimation

Theorem (6.5)

There are universal constants $c_{j=0}^3$ such that, for any row-wise σ -sub-Gaussian ensemble $X \in \mathbb{R}^{n \times d}$, the sample covariance $\hat{\Sigma} = \frac{1}{n} \sum_{i=1}^n x_i x_i^T$ satisfies

$$\mathbb{E}[e^{\lambda \|\hat{\Sigma} - \Sigma\|_2}] \leq e^{c_0 \frac{\lambda^2 \sigma^4}{n} + 4d} \quad \forall |\lambda| < \frac{n}{64e^2 \sigma^2}.$$

and hence $\mathbb{P}[\frac{\|\hat{\Sigma} - \Sigma\|_2}{\sigma^2} \geq c_1(\sqrt{\frac{d}{n}} + \frac{d}{n}) + \delta] \leq c_2 e^{-c_3 n \min(\delta, \delta^2)} \quad \forall \delta > 0.$

Proof of Theorem 6.5

- (Discretization) Let $Q = \hat{\Sigma} - \Sigma$ and $\|Q\|_2 = \max_{v \in \mathbb{S}^{d-1}} |\langle v, Qv \rangle|$. Let $\{v^1, \dots, v^N\}$ be $\frac{1}{8}$ -covering of \mathbb{S}^{d-1} , where $N \leq 17^d$. Then $\forall v \in \mathbb{S}^{d-1}$, $v = v^j + \Delta$ and $\|\Delta\|_2 \leq \frac{1}{8}$.
- From $\langle v, Qv \rangle = \langle v^j, Qv^j \rangle + 2\langle \Delta, Qv^j \rangle + \langle \Delta, Q\Delta \rangle$, we have

$$\begin{aligned} |\langle v, Qv \rangle| &\leq |\langle v^j, Qv^j \rangle| + 2\|\Delta\|_2\|Q\|_2\|v^j\|_2 + \|Q\|_2\|\Delta\|^2 \\ &\leq |\langle v^j, Qv^j \rangle| + \left(\frac{1}{4} + \frac{1}{64}\right)\|Q\|_2 \\ &\leq |\langle v^j, Qv^j \rangle| + \left(\frac{1}{2}\right)\|Q\|_2 \end{aligned}$$

$$\text{Hence, } \|Q\|_2 = \max_{v \in \mathbb{S}^{d-1}} |\langle v, Qv \rangle| \leq 2 \max_{j=1, \dots, N} |\langle v^j, Qv^j \rangle|$$

Proof of Theorem 6.5

- $\mathbb{E}[e^{\lambda \|Q\|_2}] \leq \mathbb{E}[\exp\{2\lambda \max_{j=1,\dots,N} |\langle v^j, Qv^j \rangle|\}] \leq \sum_{j=1}^N (\mathbb{E}[e^{2\lambda \langle v^j, Qv^j \rangle}] + \mathbb{E}[e^{-2\lambda \langle v^j, Qv^j \rangle}])$
- We just need to establish bound for fixed $u \in \mathbb{S}^{d-1}$:
$$\mathbb{E}[e^{t \langle u, Qu \rangle}] \leq e^{512 \frac{t^2}{n}} e^4 \sigma^4 \quad \forall |t| \leq \frac{n}{32e^2 \sigma^2}.$$
- Let $t = 2\lambda$ and $t = -2\lambda$. We have:
$$\mathbb{E}[e^{\lambda \|Q\|_2}] \leq 2Ne^{2048 \frac{\lambda^2}{n}} e^4 \sigma^4 \leq e^{c_0 \frac{\lambda^2 \sigma^4}{n} + 4d} \quad \forall |\lambda| \leq \frac{n}{64e^2 \sigma^2}.$$
- Follow Ex1, $\Sigma = I_d$ and $n \geq d$, we have
$$1 - c' \sqrt{\frac{d}{n}} \leq \frac{\sigma_{\min}(X)}{\sqrt{n}} \leq \frac{\sigma_{\max}(X)}{\sqrt{n}} \leq 1 + c' \sqrt{\frac{d}{n}}, \text{ where } c' > 1.$$

Bound for general matrices

To give similar bound for general matrices, we first define $\Psi_Q(\lambda) = \mathbb{E}[e^{\lambda Q}]$

- *sub-Gaussian*: A zero-mean symmetric random matrix $Q \in \mathbb{S}^{d \times d}$ is sub-Gaussian with matrix parameter $V \in \mathbb{S}_+^{d \times d}$, i.e.

$$\Psi_Q(\lambda) \leq e^{\frac{\lambda^2 V}{2}} \quad \forall \lambda \in \mathbb{R}$$

- Example: $Q = \epsilon B$ with $\epsilon \in -1, +1$ a Rademacher variable and B a fixed matrix., Q is sub-Gaussian with $V = B^2 = \text{var}(Q)$.
- Example: $Q = \epsilon C$ with $\epsilon \in -1, +1$ a Rademacher variable and C a random matrix. C is independent of ϵ and $\|C\|_2 \leq b$. Then Q is sub-Gaussian with $V = b^2 I_d$

Bound for general matrices

- *sub-exponential*: A zero-mean symmetric random matrix $Q \in \mathbb{S}^{d \times d}$ is sub-exponential with matrix parameter (V, α) , i.e.

$$\Psi_Q(\lambda) \leq e^{\frac{\lambda^2 V}{2}} \quad \forall |\lambda| < \frac{1}{\alpha}$$

- *Bernstein's condition for matrices*: A zero-mean symmetric random matrix Q satisfies a Bernstein condition with parameter $b > 0$, i.e.

$$\mathbb{E}[Q^j] \leq \frac{1}{2} j! b^{j-2} \text{var}(Q) \quad j = 3, 4, \dots$$

Lemma (Bernstein in matrix)

For any symmetric zero-mean random matrix satisfying the Bernstein condition, we have

$$\Psi_Q(\lambda) \leq \exp\left(\frac{\lambda^2 \text{var}(Q)}{2(1 - b\|\lambda\|)}\right) \quad \forall |\lambda| < \frac{1}{b}.$$

$$\begin{aligned}
 \mathbb{E}[e^{\lambda Q}] &= I_d + \frac{\lambda^2 \text{var}(Q)}{2} + \sum_{j=3}^{\infty} \frac{\lambda^j \mathbb{E}[Q^j]}{j!} \\
 &\leq I_d + \frac{\lambda^2 \text{var}(Q)}{2} \left(\sum_{j=0}^{\infty} \|\lambda\|^j b^j \right) \\
 &= I_d + \frac{\lambda^2 \text{var}(Q)}{2(1 - b\|\lambda\|)} \\
 &\leq \exp\left(\frac{\lambda^2 \text{var}(Q)}{2(1 - b\|\lambda\|)}\right).
 \end{aligned}$$

Matrix Chernoff approach

Lemma (Matrix chernoff technique)

Let Q be a zero-mean symmetric random matrix with Ψ_Q exists in an open interval $(-a, a)$. Then for any $\delta > 0$, we have

$$\mathbb{P}[\gamma_{\max}(Q) \geq \delta] \leq \text{tr}(\Psi_Q(\lambda))e^{-\lambda\delta} \quad \forall \lambda \in [0, a).$$

Similarly,

$$\mathbb{P}[\|Q\|_2 \geq \delta] \leq 2\text{tr}(\Psi_Q(\lambda))e^{-\lambda\delta} \quad \forall \lambda \in [0, a).$$

Proof:

- $\mathbb{P}[\gamma_{\max}(Q) \geq \delta] = \mathbb{P}[e^{\gamma_{\max}(Q)} \geq e^{\lambda\delta}] = \mathbb{P}[\gamma_{\max}(e^{\lambda Q}) \geq e^{\lambda\delta}]$
- Using Markov inequality:
 $\mathbb{P}[\gamma_{\max}(e^{\lambda Q}) \geq e^{\lambda\delta}] \leq \mathbb{E}[\gamma_{\max}(e^{\lambda Q})]e^{-\lambda\delta} \leq \mathbb{E}[\text{tr}(e^{\lambda Q})]e^{-\lambda\delta}$
- Trace and expectation commute:
 $\mathbb{E}[\text{tr}(e^{\lambda Q})] = \text{tr}(\mathbb{E}[e^{\lambda Q}]) = \text{tr}(\Psi_Q(\lambda))$
- For $\|Q\|_2$, bound $\gamma_{\max}(-Q) \geq \delta$ similarly and use
 $\|Q\|_2 = \max\{\gamma_{\max}(Q), |\gamma_{\min}(Q)|\}$

Summation of random matrices

Lemma (Summation of random matrices)

Let Q_1, \dots, Q_n be independent zero-mean symmetric random matrix with Ψ_{Q_i} exists for all $\lambda \in I$. Then for $S_n = \sum_{i=1}^n Q_i$, we have

$$\text{tr}(\Psi_{S_n}(\lambda)) \leq \text{tr}(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)}) \quad \forall \lambda \in I.$$

- From this result, we have,

$$\mathbb{P}[\|\frac{1}{n} \sum_{i=1}^n Q_i\|_2 \geq \delta] \leq 2 \text{tr}(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)}) e^{-n\delta}.$$

- Proof: We need such result from Lieb (1973). For any fixed matrix $H \in \mathbb{S}^{d \times d}$, function $f(A) = \text{tr}(e^{H + \log(A)})$ is concave.

Proof of Lemma

Denote $G(\lambda) = \text{tr}(\Psi_{S_n}(\lambda))$

$$\begin{aligned} G(\lambda) &= \text{tr}(\Psi_{S_n}(\lambda)) \\ &= \text{tr}(\mathbb{E}[e^{\lambda S_{n-1} + \log \exp(\lambda Q_n)}]) \\ &= \mathbb{E}_{S_{n-1}} \mathbb{E}_{Q_n} \text{tr}(e^{\lambda S_{n-1} + \log \exp(\lambda Q_n)}) \\ &\leq \mathbb{E}_{S_{n-1}} \text{tr}(e^{\lambda S_{n-1} + \log \mathbb{E}_{Q_n} \exp(\lambda Q_n)}) \\ &\leq \mathbb{E}_{S_{n-2}} \mathbb{E}_{Q_{n-1}} \text{tr}(e^{\lambda S_{n-1} + \log \exp(\lambda Q_{n-1}) + \Psi_{Q_n}(\lambda)}) \\ &\leq \dots \\ &\leq \text{tr}(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)}) \end{aligned}$$

Upper tail bounds for random matrices

Here we established tail bound for both sub-Gaussian and Bernstein random matrices.

Theorem (Hoeffding bound for random matrices)

Let $\{Q_i\}_{i=1}^n$ be a sequence of zero-mean independent symmetric random matrices that satisfy the sub-Gaussian condition with parameters $\{V_i\}_{i=1}^n$. Then for all $\delta > 0$, we have

$$\mathbb{P}\left[\left\|\frac{1}{n} \sum_{i=1}^n Q_i\right\|_2 \geq \delta\right] \leq 2 \operatorname{rank}\left(\sum_{i=1}^n V_i\right) e^{\frac{n\delta^2}{2\sigma^2}} \leq 2de^{\frac{n\delta^2}{2\sigma^2}},$$

where $\sigma^2 = \left\|\frac{1}{n} \sum_{i=1}^n V_i\right\|_2$

- First we prove for $V = \sum_{i=1}^n V_i$ is full rank.
- From $\sum_{i=1}^n \log \Psi_{Q_i}(\lambda) \leq \frac{\lambda^2}{2} \sum_{i=1}^n V_i$, we have $tr(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)}) \leq tr(e^{\frac{\lambda^2}{2} \sum_{i=1}^n V_i})$.
- Then $\mathbb{P}[\|\frac{1}{n} \sum_{i=1}^n Q_i\|_2 \geq \delta] \leq 2tr(e^{\frac{\lambda^2}{2} \sum_{i=1}^n V_i})e^{-\lambda n \delta}$.
- For any $R \in \mathbb{S}^{d \times d}$ we have $tr(e^R) \leq de^{\|R\|_2}$, and $\|\frac{\lambda^2}{2} \sum_{i=1}^n V_i\|_2 = \frac{\lambda^2}{2} n\sigma^2$, we have $\mathbb{P}[\|\frac{1}{n} \sum_{i=1}^n Q_i\|_2 \geq \delta] \leq 2de^{\frac{\lambda^2}{2} n\sigma^2 - \lambda n \delta}$. Let $\lambda = \delta/\sigma^2$ we get the result.
- For rank deficient case (rank = r), Let $V = UDU^T$ be eigendecomposition. Let $\tilde{Q} = U^T Q U$ and $Q = \sum_{i=1}^n Q_i$, we get $\|\tilde{Q}\|_2 = \|Q\|_2$. Then we just apply previous result on \tilde{Q} .

Some remarks

- The previous result also works under non-symmetric $\{A_i\}_{i=1}^n \in \mathbb{R}^{d_1 \times d_2}$ with d replaced by $d_1 + d_2$. We just have to consider $Q_i = \begin{pmatrix} 0 & A_i \\ A_i^T & 0 \end{pmatrix}$
- (Looseness/Sharpness of Hoeffding)
Let $Q_i = y_i E_i$, where E_i is diagonal matrix with $E_{ii} = 1$ and y_i is 1-sub-Gaussian variables. Then Q_i is sub-Gaussian with parameter $V_i = E_i$. $\sigma^2 = \|\frac{1}{d} \sum_{i=1}^n V_i\|_2 = \frac{1}{d}$. Then we get

$$\mathbb{P}[\|\frac{1}{d} \sum_{i=1}^n Q_i\|_2 \geq \delta] \leq 2de^{-\frac{d^2 \sigma^2}{2}}$$

This implies $\|\frac{1}{d} \sum_{i=1}^n Q_i\|_2 \lesssim \frac{\sqrt{2 \log(2d)}}{d}$. But we know

$\|\frac{1}{d} \sum_{i=1}^n Q_i\|_2 = \max_{i=1, \dots, d} \frac{|y_i|}{d}$. When y_i is Rademacher variables,
 $\|\frac{1}{d} \sum_{i=1}^n Q_i\|_2 = \frac{1}{d}$. When y_i is standard Gaussian variables,
 $\|\frac{1}{d} \sum_{i=1}^n Q_i\|_2 \approx \frac{\sqrt{2 \log d}}{d}$.

Bernstein bound

Theorem (Bernstein bound for random matrices)

Let $\{Q_i\}_{i=1}^n$ be a sequence of zero-mean independent symmetric random matrices that satisfy the Bernstein condition with parameters $b > 0$. Then for all $\delta > 0$, we have

$$\mathbb{P}\left[\left\|\frac{1}{n} \sum_{i=1}^n Q_i\right\|_2 \geq \delta\right] \leq 2 \text{rank}\left(\sum_{i=1}^n \text{Var}(Q_i)\right) e^{-\frac{n\delta^2}{2(\sigma^2 + b\delta)}},$$

where $\sigma^2 = \left\|\frac{1}{n} \sum_{i=1}^n \text{Var}(Q_i)\right\|_2$

Proof: Using $\text{tr}(\Psi_{S_n}(\lambda)) \leq \text{tr}(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)})$

and $\log(\Psi_{Q_i}(\lambda)) \leq \frac{\lambda^2 \text{Var}(Q_i)}{1 - b|\lambda|} \quad \forall |\lambda| < \frac{1}{b}$. Then,

$$\text{tr}(e^{\sum_{i=1}^n \log \Psi_{Q_i}(\lambda)}) \leq \text{tr}\left(\exp\left(\frac{\lambda^2 \sum_{i=1}^n \text{Var}(Q_i)}{1 - b|\lambda|}\right)\right) \leq \text{rank}\left(\sum_{i=1}^n \text{Var}(Q_i)\right) e^{\frac{n\lambda^2 \sigma^2}{1 - b|\lambda|}}$$

we use Lemma of summation of random matrices, we get

$$\mathbb{P}[\|\frac{1}{n} \sum_{i=1}^n Q_i\|_2 \geq \delta] \leq 2\text{rank}(\sum_{i=1}^n \text{Var}(Q_i)) e^{\frac{n\lambda^2\sigma^2}{1-b|\lambda|} - \lambda n\delta}.$$

Picking $\lambda = \frac{\delta}{\sigma^2 + b\delta} \in (0, \frac{1}{b})$. We get the result.

- This type of bounds also can generalize to non-symmetric case.

Consequences for covariance matrices

Corollary (Bounded samples)

Let x_1, \dots, x_n be i.i.d. zero-mean random vectors with covariance Σ and $\|x_j\|_2 \leq \sqrt{b}$ almost surely. Then for all $\delta > 0$, the sample covariance matrix $\hat{\Sigma} = \frac{1}{n} \sum_{i=1}^n x_i x_i^T$ satisfies

$$\mathbb{P}[\|\hat{\Sigma} - \Sigma\|_2 \geq \delta] \leq 2d \exp\left(-\frac{n\delta^2}{2b(\|\Sigma\|_2 + \delta)}\right).$$

Proof: Let $Q_i = x_i x_i^T - \Sigma$. we have $\|Q_i\|_2 \leq b + \|\Sigma\|_2$. Also $\Sigma = \mathbb{E}[x_i x_i^T]$, then $\|\Sigma\|_2 = \max_{v \in \mathbb{S}^{d-1}} \mathbb{E}[\langle v, x_i \rangle^2] \leq b$. Hence $\|Q_i\|_2 \leq 2b$. We have

$$\text{Var}(Q_i) = \mathbb{E}[(x_i x_i^T)^2] - \Sigma^2 \leq \mathbb{E}[\|x_i\|_2^2 x_i x_i^T] \leq b\Sigma$$

And $\|\text{Var}(Q_i)\|_2 \leq b\|\Sigma\|_2$. Using Bernstein's theorem we can get the result.