MedVLM-R1: Incentivizing Medical Reasoning Capability of Vision-Language Models (VLMs) via Reinforcement Learning

Jiazhen Pan^{1,2*}, Che Liu^{3*}, Junde Wu², Fenglin Liu², Jiayuan Zhu², Hongwei Bran Li⁴, Chen Chen^{5,6}, Cheng Ouyang^{2,6†}, Daniel Rueckert^{1,6†}

- $^{\rm 1}$ Chair for AI in Healthcare and Medicine, Technical University of Munich (TUM) and TUM University Hospital, Germany
 - ² Department of Engineering Science, University of Oxford, UK Data Science Institute, Imperial College London, UK
 - ⁴ Massachusetts General Hospital, Harvard Medical School, USA
 - School of Computer Science, University of Sheffield, UK
 - ⁶ Department of Computing, Imperial College London, UK jiazhen.pan@tum.de, che.liu21@imperial.ac.uk

Question Template

What can be observed in this image?

- A) Cartilage degeneration B) Labral pathology
- C) Bone fracture D) Tendonitis

Model Input Prompt

{Question} Your task:

- 1. Think through the question step by step, enclose your rea-
- soning process in <think>...</think> tags.
- 2. Then provide the correct single-letter choice (A, B, C, D,...) inside <answer>...</answer> tags.
- 3. No extra information or text outside of these tags.

Model Output Examples

<think> The image is a grayscale MRI image of an upper arm joint. The bicondylar humeral head of the humerus is visible. There is a well-defined ... </think> <answer>B, there is no clear indication of $\underline{\dots </ \text{answer}>}$

Format Reward = 1 due to the present of all tags and no content outside the tags Accuracy Reward = 0.5 due to extra explanation appended after the answer

Fig. 1: The template of our employed prompt, an example of model's response and reward criterion.

Problem 1: What can be observed in this image?

A) Lungs B) Bladder C) Brain D) Heart MedVLM-R1 Output:

<\tninc></tninc>
The image is a chest X-ray, which is a type of radiographic image used to visualize the internal structures of the body, particularly the lungs and bones. The presence of lung markings and the ribcage are characteristic features of a chest X-ray.

answer>A</answer> Groundtruth Answer: A

Problem 2: What content appears in this image?

MedVLM-R1 Output:

answer>B</answer> Groundtruth Answer: B





Problem 3: What is the finding in this image? A) Stomach ulcer, B) Nerve compression, C) Cord pathology, D) Liver cirrhosis

MedVLM-R1 Output:

<chink> To determine the correct answer, we need to identify the finding in the image provided. The MRI scan in question is likely a view of a spine, not the stomach, or the liver. Stomach ulcers, liver cirrhosis, and spinal cord pathology can be diagnosed with MRI, but the image in question shows a spinal view, not a gastrointestinal or abdominal view. Therefore, the only reasonable options left are nerve compression s(think>

Problem 4: What is the specific abnormality present in this image? A) Gastritis, B) Arthritis, C) Appendicitis, D) Urolithiasis MedVLM-R1 Output:

answer>D</answer> Groundtruth Answer: D



Fig. 2: Medical VQA examples of MedVLM-R1 on X-ray (1, 2), MRI (3) and CT (4).