

How many new particles do we need?

Mikhail Shaposhnikov

Edinburgh, April 21, 2024

**Triangular Conference on
Cosmological Frontiers in
Fundamental Physics 2024**

Based on works with

Takehiko Asaka, Fedor Bezrukov, Steve Blanchet,
Alexey Boyarsky, Laurent Canetti, Marco Drewes,
Shintaro Eijima, Juan Garcia-Bellido, Dmitry
Gorbunov, Georgios Karananas, Juraj Klaric, Mikko
Laine, Javier Rubio, Oleg Ruchayskiy, Andrey
Shkerin, Inar Timiryasov, Sebastian Zell, and Daniel
Zenhausern

How many particles exist in Nature?
Have we found all of them?
How many new particles still remain to be discovered?

These are different questions:

- If new particles are very heavy, we cannot make an accelerator to create them in collisions of protons or electrons. Example: Majorana see-saw neutrinos with masses above TeV.
- If new particles interact very weakly we will not be able to detect them. Example: axion with too weak coupling.

Possible clues for the answers:

- Theoretical prejudice - we may not like how the Standard Model is constructed, many “why’s”:
 - why 3 generations of fermions?
 - why the top quark is much heavier than electron?
 - how to unify all interactions with gravity?
 - etc, etc...
- Experimental guidance:
 - Find where the Standard Model of particle physics cracks and cannot explain observations.
 - Find what the cosmological observations need from particle physics.

**Some proposed answers to
these different questions**

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- **None.** We have discovered everything we could, all troubles of the Standard Model are resolved by its unification with gravity. The energy scale is so high, that we will never reach it experimentally.

Some proposed answers to these different questions

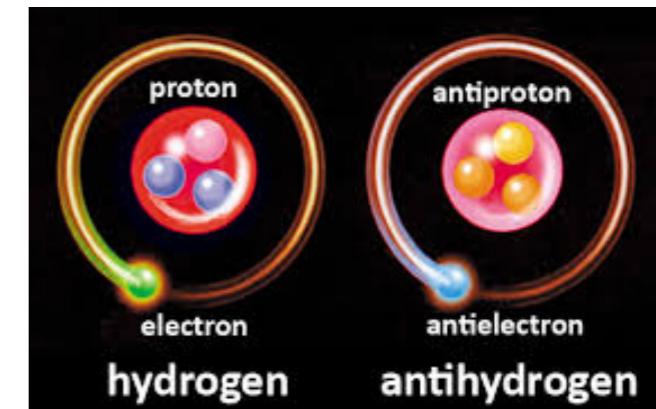
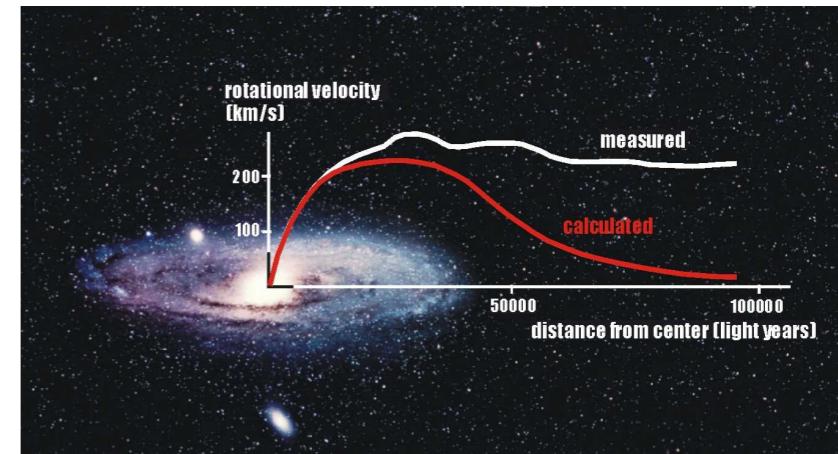
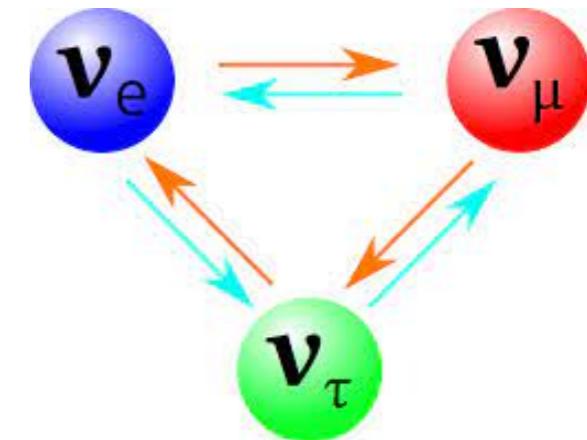
- **None.** We have discovered everything we could, all troubles of the Standard Model are resolved by its unification with gravity. The energy scale is so high, that we will never reach it experimentally.
- 10^{32} new particles (e.g. suggested to solve the strong CP-problem in quantum chromodynamics).

Some proposed answers to these different questions

- **None.** We have discovered everything we could, all troubles of the Standard Model are resolved by its unification with gravity. The energy scale is so high, that we will never reach it experimentally.
- 10^{32} new particles (e.g. suggested to solve the strong CP-problem in quantum chromodynamics).
- **Add ~ the same number as we already have in SM.** Every particle has its supersymmetric partner. So far none were found, but many physicists were expected to see them at LEP and LHC.

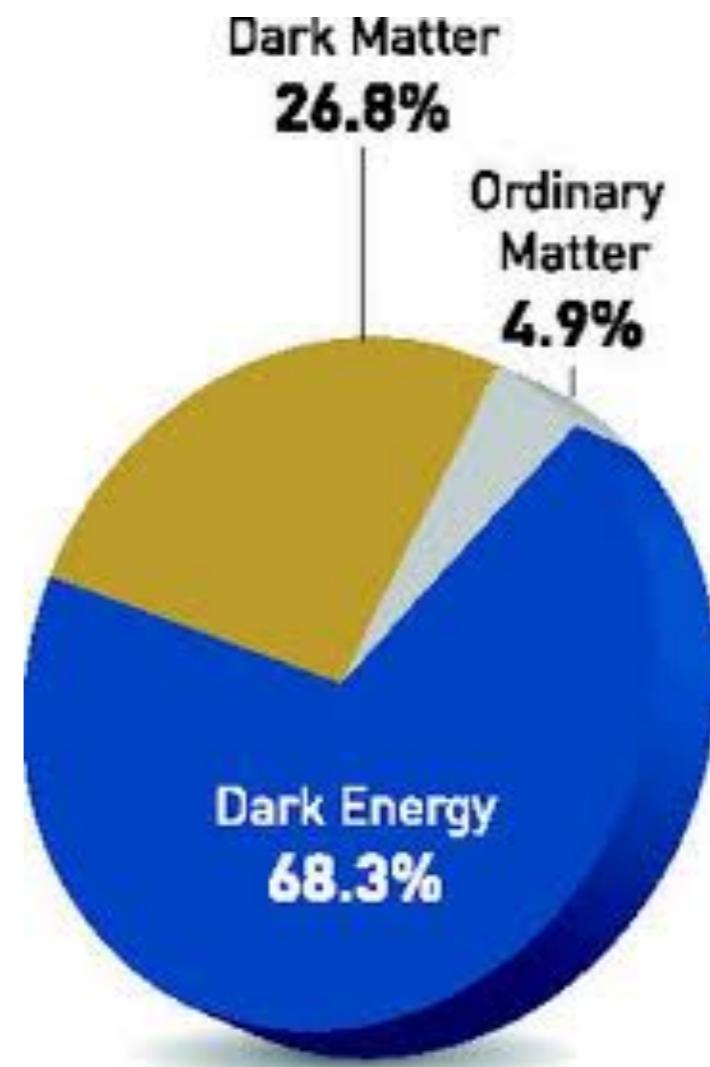
Where the Standard Model of particle physics cracks

- In the Standard Model neutrinos are exactly massless. Experimentally neutrinos have tiny, but non-zero masses.
- Our Universe contains an unidentified substance: Dark Matter. None of the known particles can play the role of dark matter.
- Our Universe contains matter but no antimatter. The Standard Model fails to explain this.



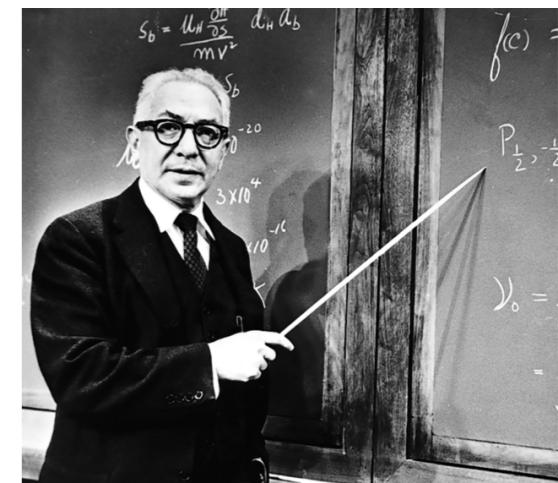
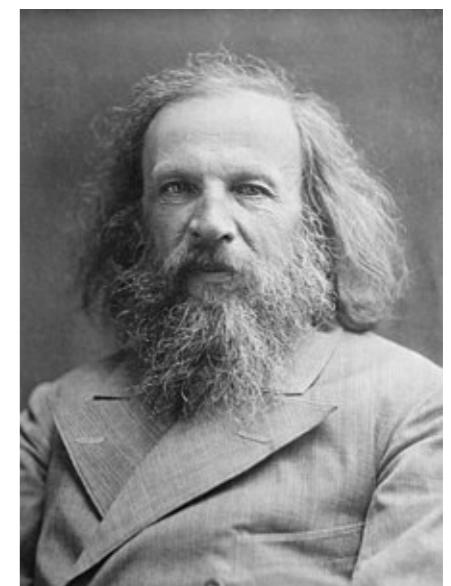
Early Universe: 50% matter, 50% antimatter. Now: everything annihilated.

Standard Model does not explain the composition of the Universe and therefore should be extended



Inspirations

- Ockham's razor principle: “Frustra fit per plura quod potest fieri per pauciora” or “entities must not be multiplied beyond necessity” .
- Mendeleev in 1871 predicted several new elements by putting already known into a smart periodic table.
- Isaac Raby, when the muon was discovered in 1936, asked: “Who ordered that?”
Everything should have a “Raison d'être” ...



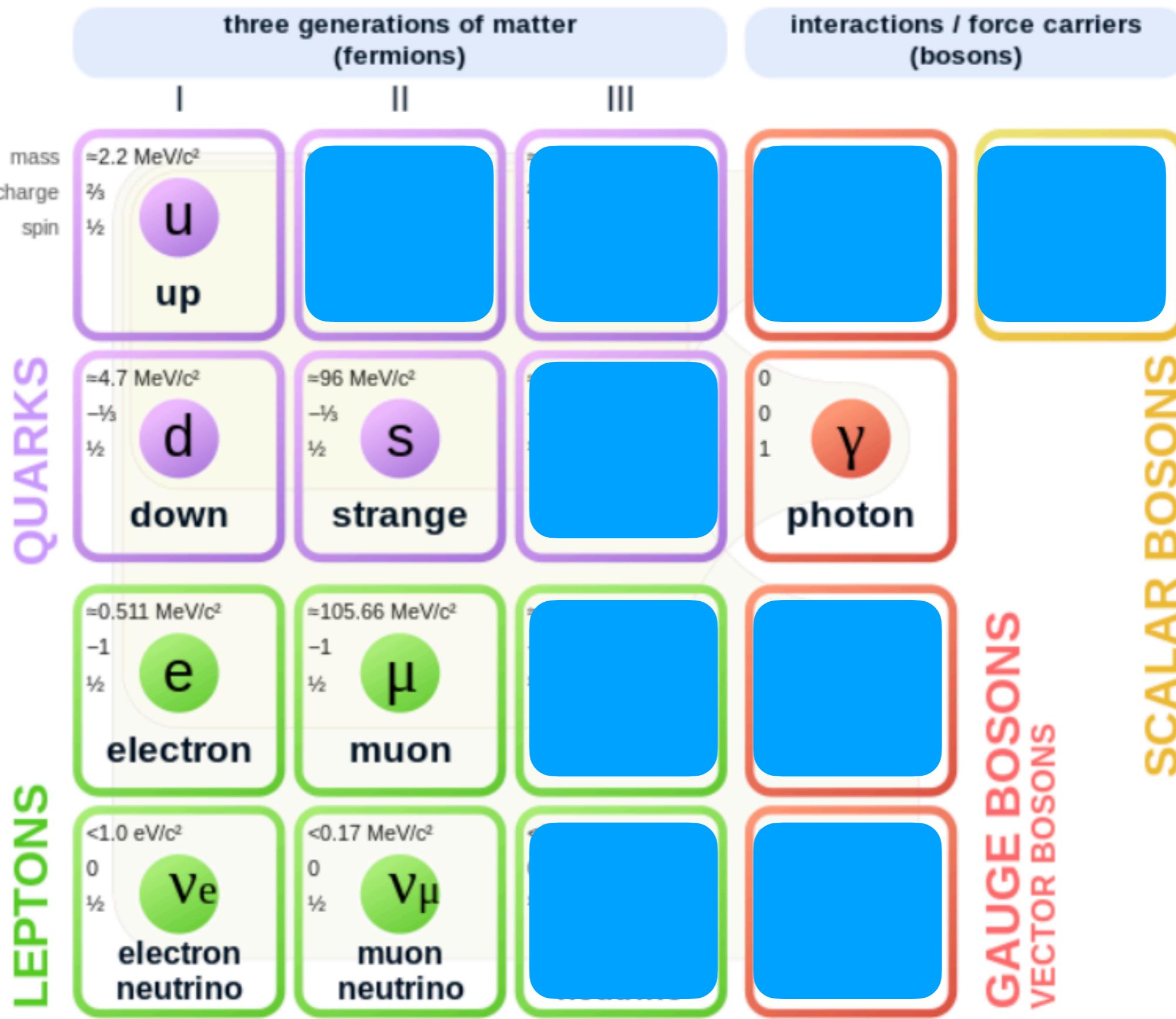
From Mendeleev to Standard Model

From 1871 Mendeleev article

Reihen	Gruppe I. R ⁺ O	Gruppe II. R O	Gruppe III. R ²⁺ O ³⁻	Gruppe IV. RH ⁴ R O ²⁻	Gruppe V. RH ³ R ²⁺ O ³⁻	Gruppe VI. RH ² R O ²⁻	Gruppe VII. RH R ²⁺ O ¹⁻	Gruppe VIII. — R O ⁴
1	H=1							
2	Li=7	B=9,4	B=11	C=12	N=14	O=16	F=19	
3	Na=23	Mg=24	Al=27,3	Si=28	P=31	S=32	Cl=35,5	
4	K=39	Ca=40	—=44	Ti=48	V=51	Cr=52	Mn=55	Fe=56, Co=59, Ni=60, Cu=69.
5	(Cu=63)	Zn=65	—=68	—=72	As=75	Se=78	Br=80	
6	Rb=86	Sr=87	?Yt=88	Zr=90	Nb=94	Mo=96	—=100	Ru=104, Rh=104, Pd=106, Ag=108.
7	(Ag=108)	Cd=112	In=113	Sn=118	Sb=122	Te=125	J=127	
8	Cs=133	Ba=137	?Di=138	?Ce=140	—	—	—	— — — —
9	(—)	—	—	—	—	—	—	— — — —
10	—	—	?Er=178	?La=180	Ta=182	W=184	—	Os=195, Ir=197, Pt=198, Au=199.
11	(Au=199)	Hg=200	Tl=204	Pb=207	Bi=208	—	—	— — — —
12	—	—	—	Th=231	—	U=240	—	— — — —

Predictions: eka-boron, eka-aluminium, eca-silicon, eka-manganese

Standard Model of Elementary Particles



1973

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
	I	II	III		
QUARKS	mass $\approx 2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	u up	c charm		
	mass $\approx 4.7 \text{ MeV}/c^2$ charge $-\frac{1}{3}$ spin $\frac{1}{2}$	d down	s strange		γ photon
	mass $\approx 0.511 \text{ MeV}/c^2$ charge -1 spin $\frac{1}{2}$	e electron	μ muon		
	mass $< 1.0 \text{ eV}/c^2$ charge 0 spin $\frac{1}{2}$	ν_e electron neutrino	ν_μ muon neutrino		
					GAUGE BOSONS VECTOR BOSONS
					SCALAR BOSONS

1974

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
	I	II	III		
QUARKS	mass $=2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=1.28 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=1.7768 \text{ GeV}/c^2$ charge $\frac{1}{3}$ spin $\frac{1}{2}$		
	u up	c charm	t top		
	d down	s strange	b bottom		
	e electron	μ muon	τ tau		
	v_e electron neutrino	v_μ muon neutrino			
LEPTONS					
GAUGE BOSONS VECTOR BOSONS			SCALAR BOSONS		

1975

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
	I	II	III		
QUARKS	mass $=2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$ u up	mass $=1.28 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$ c charm	mass $=172 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$ t top	mass $=4.2 \text{ GeV}/c^2$ charge 0 spin $\frac{1}{2}$ b bottom	mass $=1.7 \text{ TeV}/c^2$ charge 0 spin 1 γ photon
	mass $=4.7 \text{ MeV}/c^2$ charge $-\frac{1}{3}$ spin $\frac{1}{2}$ d down	mass $=96 \text{ MeV}/c^2$ charge $-\frac{1}{3}$ spin $\frac{1}{2}$ s strange	mass $=172 \text{ GeV}/c^2$ charge $-\frac{1}{3}$ spin $\frac{1}{2}$ b bottom	mass $=4.18 \text{ GeV}/c^2$ charge $-\frac{1}{3}$ spin $\frac{1}{2}$ t top	mass $=1.7 \text{ TeV}/c^2$ charge 0 spin 1 γ photon
	mass $=0.511 \text{ MeV}/c^2$ charge -1 spin $\frac{1}{2}$ e electron	mass $=105.66 \text{ MeV}/c^2$ charge -1 spin $\frac{1}{2}$ μ muon	mass $=1.7768 \text{ GeV}/c^2$ charge -1 spin $\frac{1}{2}$ τ tau	mass $<1.0 \text{ eV}/c^2$ charge 0 spin $\frac{1}{2}$ ν_e electron neutrino	mass $<0.17 \text{ MeV}/c^2$ charge 0 spin $\frac{1}{2}$ ν_μ muon neutrino
LEPTONS			GAUGE BOSONS VECTOR BOSONS		
SCALAR BOSONS					

1977

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
	I	II	III		
QUARKS	mass $=2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=1.28 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=172 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=0 \text{ MeV}/c^2$ charge 0 spin 1	mass $=0 \text{ MeV}/c^2$ charge 0 spin 1
	u up	c charm		g gluon	
	d down	s strange	b bottom	γ photon	
	e electron	μ muon	τ tau		
	ν_e electron neutrino	ν_μ muon neutrino			
LEPTONS					
SCALAR BOSONS					
GAUGE BOSONS VECTOR BOSONS					

Standard Model of Elementary Particles

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	u up	c charm	b bottom	g gluon	γ photon
	d down	s strange			
	e electron	μ muon	τ tau	Z Z boson	GAUGE BOSONS VECTOR BOSONS
	ν_e electron neutrino	ν_μ muon neutrino		W W boson	SCALAR BOSONS

1983

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
	I	II	III		
QUARKS	mass $=2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=1.28 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=173.1 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass 0 charge 0 spin 1	mass 0 charge 0 spin 1
	u up	c charm	t top	g gluon	
	d down	s strange	b bottom	γ photon	
	e electron	μ muon	τ tau	Z Z boson	SCALAR BOSONS
	ν_e electron neutrino	ν_μ muon neutrino		W W boson	GAUGE BOSONS VECTOR BOSONS

1995

Standard Model of Elementary Particles

	three generations of matter (fermions)			interactions / force carriers (bosons)	
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QUARKS	mass $=2.2 \text{ MeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=1.28 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass $=173.1 \text{ GeV}/c^2$ charge $\frac{2}{3}$ spin $\frac{1}{2}$	mass 0 charge 0 spin 1	mass 0 charge 0 spin 1
	u up	c charm	t top	g gluon	
	d down	s strange	b bottom	γ photon	
	e electron	μ muon	τ tau	Z Z boson	GAUGE BOSONS VECTOR BOSONS
	ν_e electron neutrino	ν_μ muon neutrino	ν_τ tau neutrino	W W boson	SCALAR BOSONS

2000

Standard Model of Elementary Particles

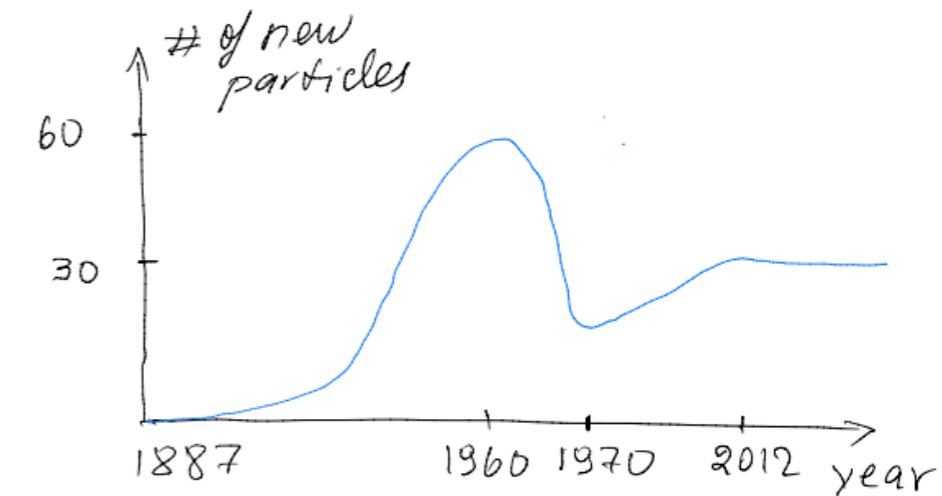
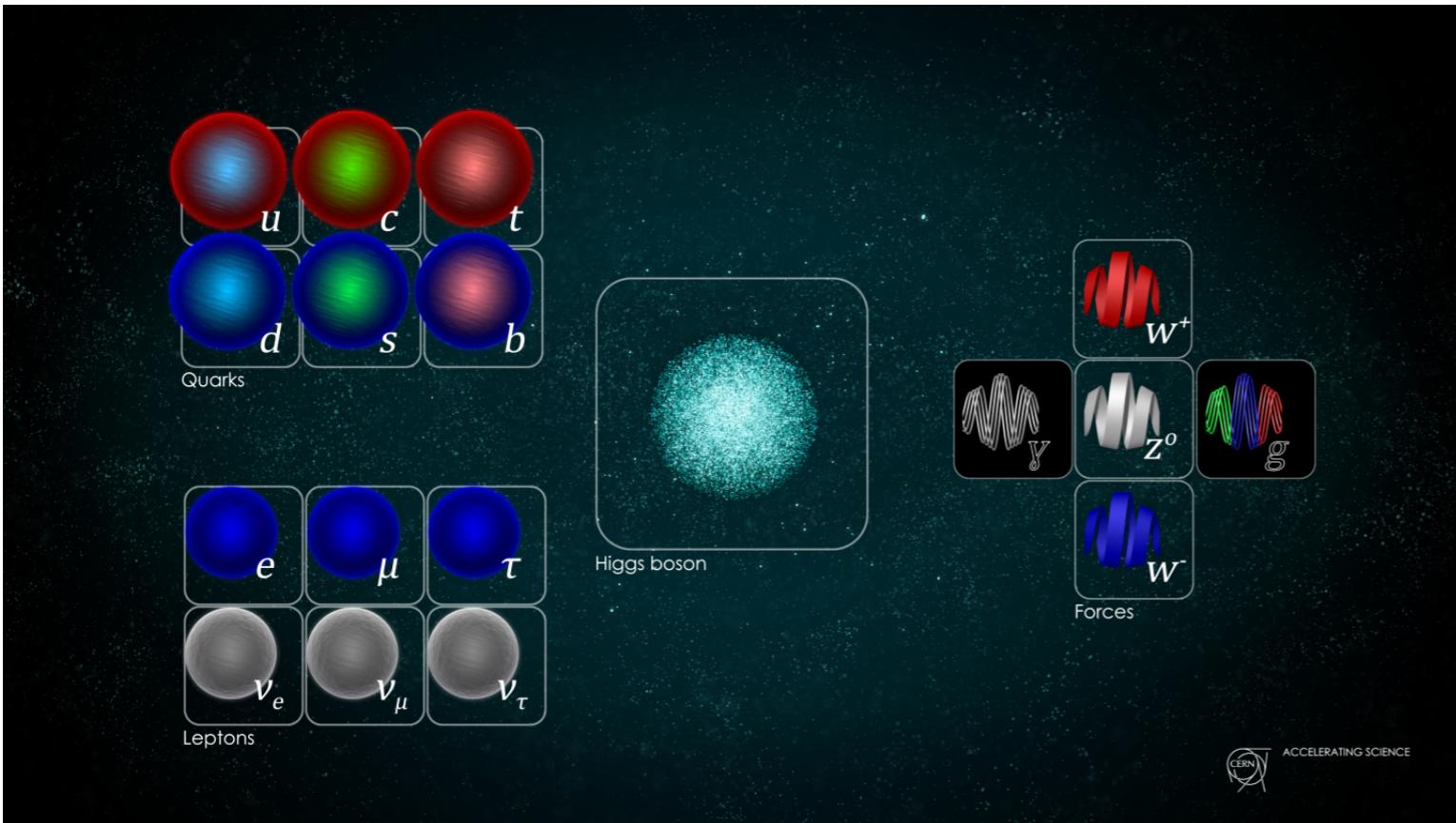
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	u up	c charm	t top	g gluon	H higgs
	d down	s strange	b bottom	γ photon	
	e electron	μ muon	τ tau	Z Z boson	SCALAR BOSONS
	ν_e electron neutrino	ν_μ muon neutrino	ν_τ tau neutrino	W W boson	

GAUGE BOSONS
VECTOR BOSONS

2012

New particle every 5 years (in average)!

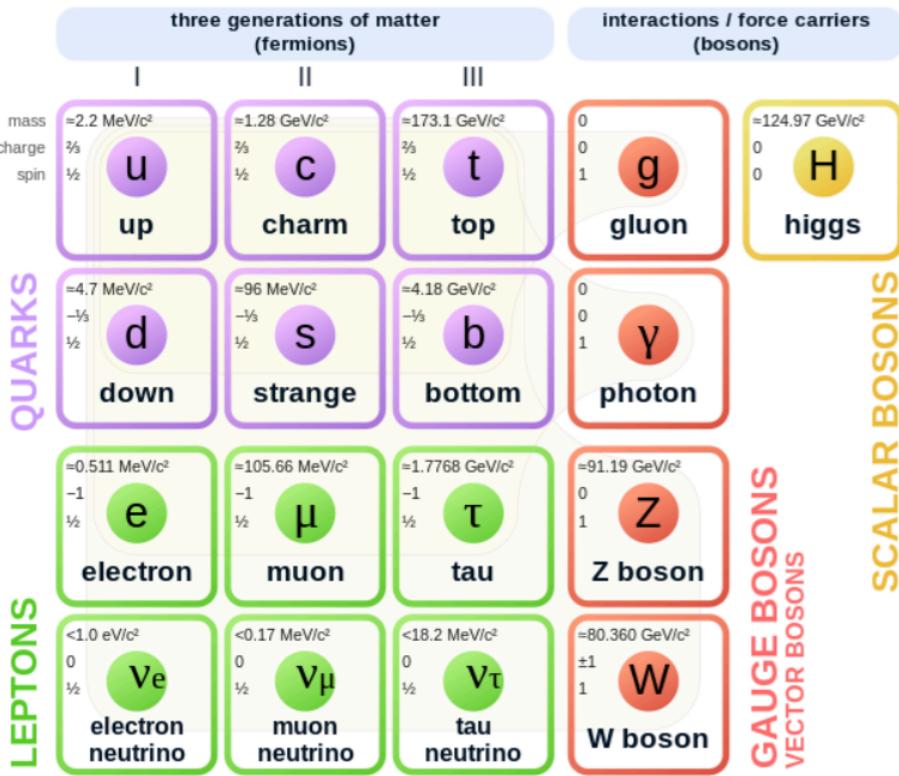
Plateau since the Higgs boson discovery in 2012



**Standard Model in now complete with
3 families of quarks and leptons,
gluons,
W and Z bosons,
Higgs boson**

From Mendeleev to Standard Model

Standard Model of Elementary Particles



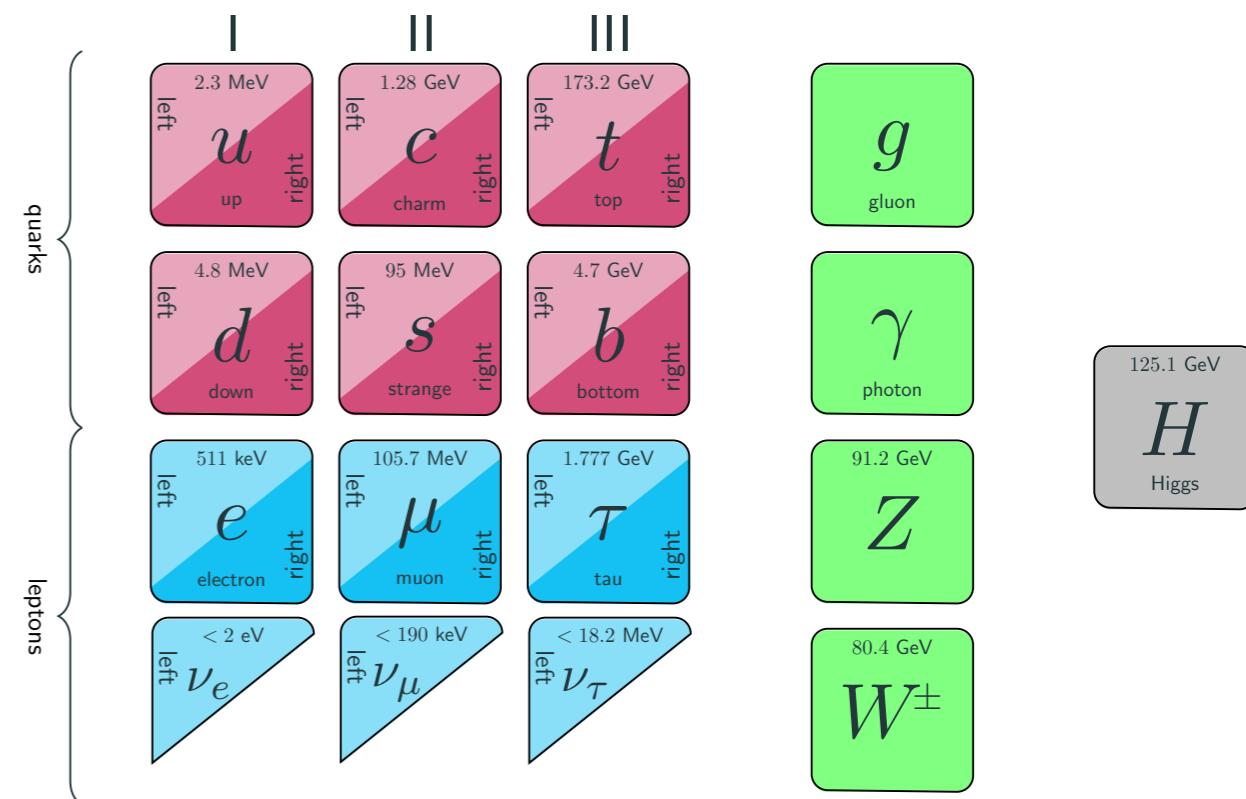
Wikipedia picture

From Mendeleev to Standard Model

Standard Model of Elementary Particles

three generations of matter (fermions)			interactions / force carriers (bosons)	
I	II	III		
mass charge spin	=2.2 MeV/c ² 2/3 1/2 u up	=1.28 GeV/c ² 2/3 1/2 c charm	=173.1 GeV/c ² 2/3 1/2 t top	=124.97 GeV/c ² 0 0 1 g gluon
QUARKS				Higgs
	=4.7 MeV/c ² -1/3 1/2 d down	=96 MeV/c ² -1/3 1/2 s strange	=4.18 GeV/c ² -1/3 1/2 b bottom	=0 0 1 γ photon
LEPTONS				SCALAR BOSONS
	=0.511 MeV/c ² -1 1/2 e electron	=105.66 MeV/c ² -1 1/2 μ muon	=1.7768 GeV/c ² -1 1/2 τ tau	=91.19 GeV/c ² 0 0 1 Z Z boson
				GAUGE BOSONS VECTOR BOSONS
	<1.0 eV/c ² 0 1/2 Ve electron neutrino	<0.17 MeV/c ² 0 1/2 Vμ muon neutrino	<18.2 MeV/c ² 0 1/2 Vτ tau neutrino	=80.360 GeV/c ² ±1 1 W W boson

Wikipedia picture



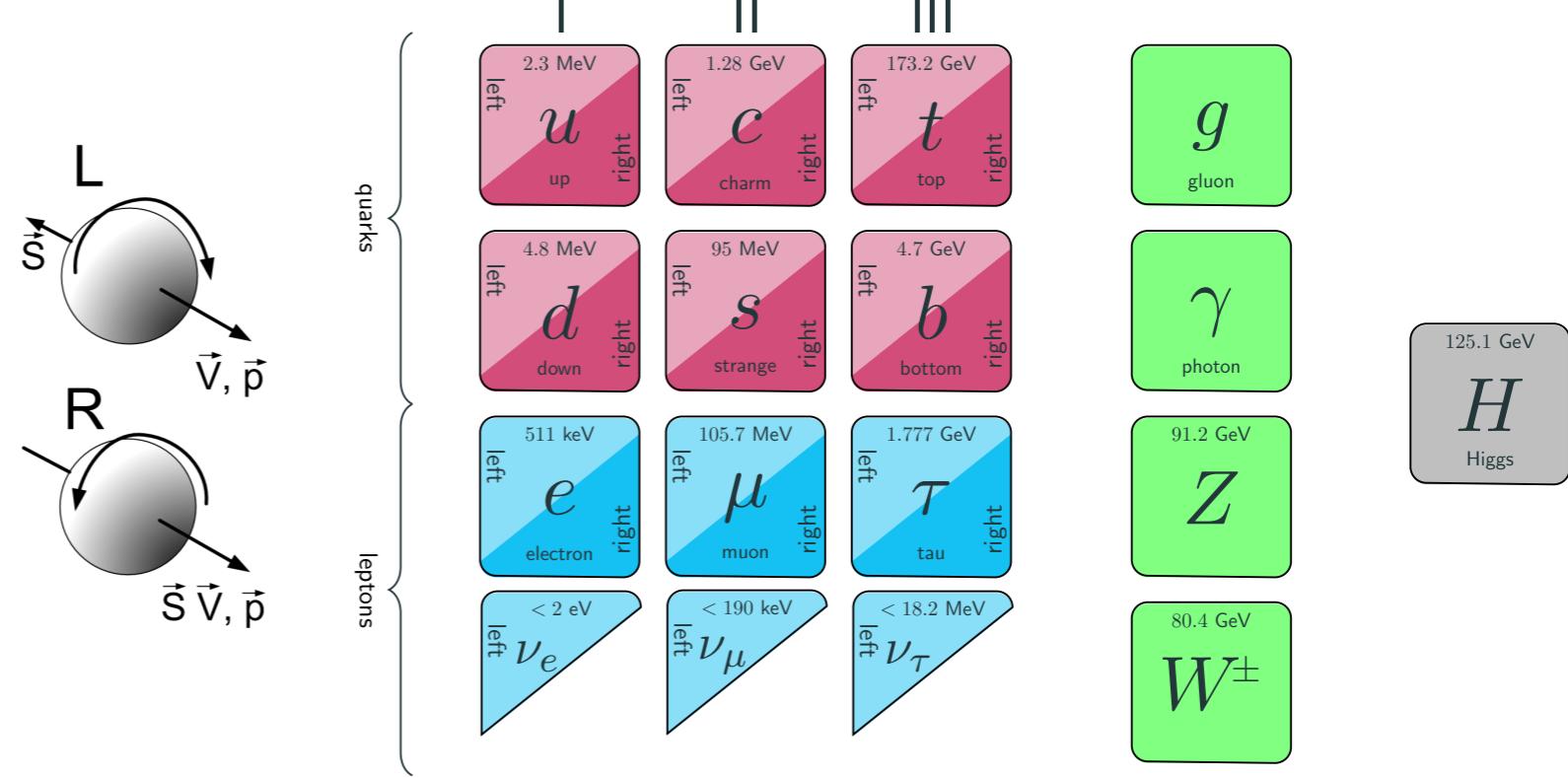
Accurate picture

From Mendeleev to Standard Model

Standard Model of Elementary Particles

three generations of matter (fermions)			interactions / force carriers (bosons)	
I	II	III	g	H
mass charge spin	=2.2 MeV/c ² 2/3 1/2 up	=1.28 GeV/c ² 2/3 1/2 charm	=173.1 GeV/c ² 2/3 1/2 top	0 0 1 gluon
				=124.97 GeV/c ² 0 0 0 Higgs
QUARKS	d =4.7 MeV/c ² -1/3 1/2 down	s =96 MeV/c ² -1/3 1/2 strange	b =4.18 GeV/c ² -1/3 1/2 bottom	γ photon
LEPTONS	e =0.511 MeV/c ² -1 1/2 electron	μ =105.66 MeV/c ² -1 1/2 muon	τ =1.7768 GeV/c ² -1 1/2 tau	Z boson =91.19 GeV/c ² 0 1 W boson =80.360 GeV/c ² ±1 1 W boson
	ν_e <1.0 eV/c ² 0 1/2 electron neutrino	ν_μ <0.17 MeV/c ² 0 1/2 muon neutrino	ν_τ <18.2 MeV/c ² 0 1/2 tau neutrino	

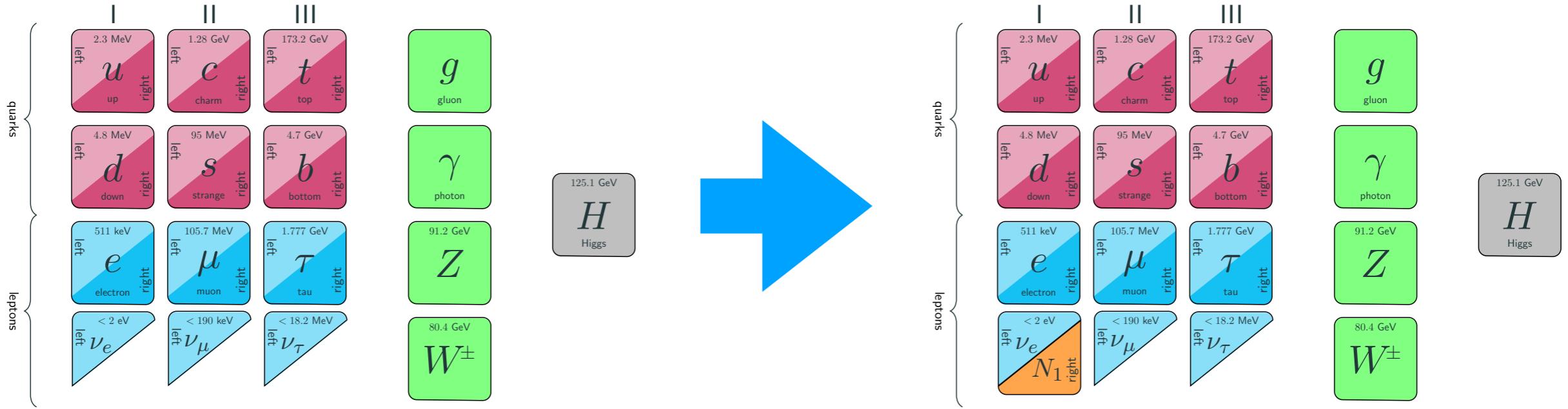
SCALAR BOSONS GAUGE BOSONS VECTOR BOSONS



Wikipedia picture

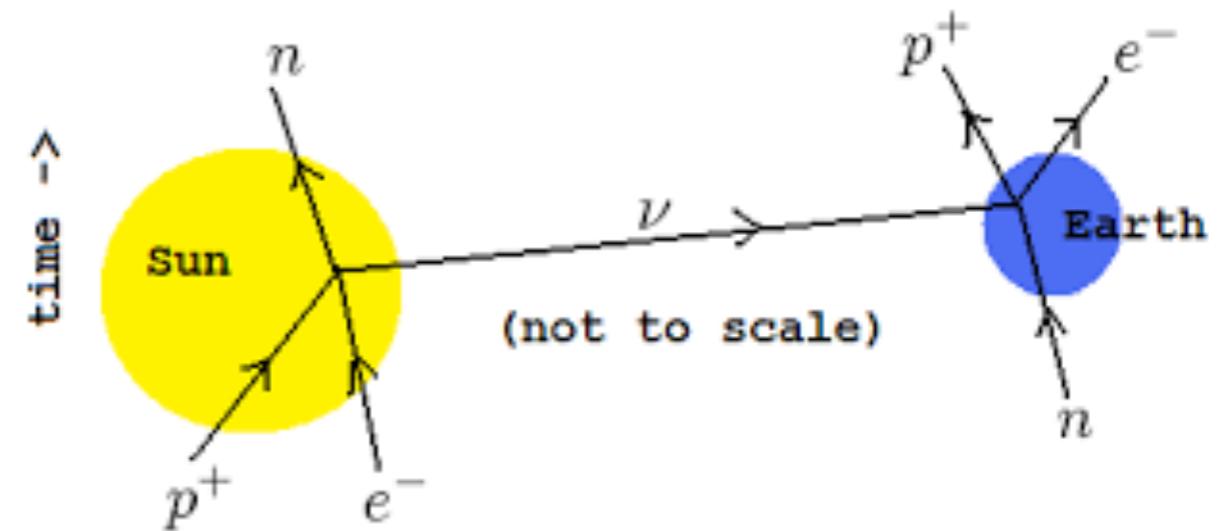
Accurate picture

Filling the boxes

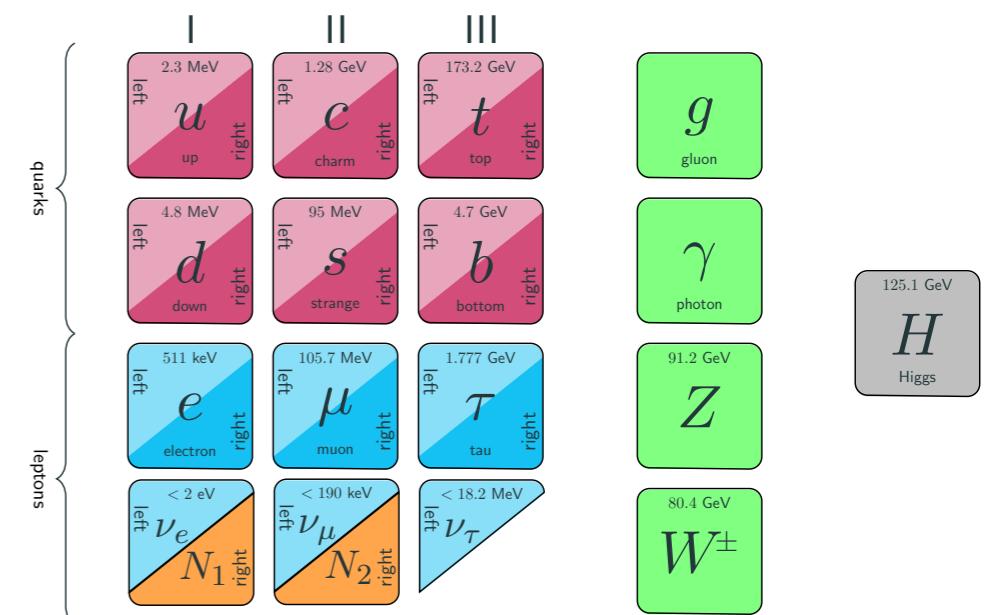
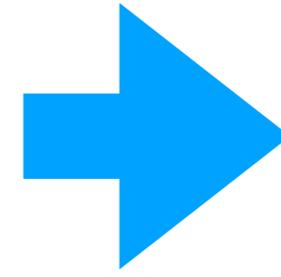
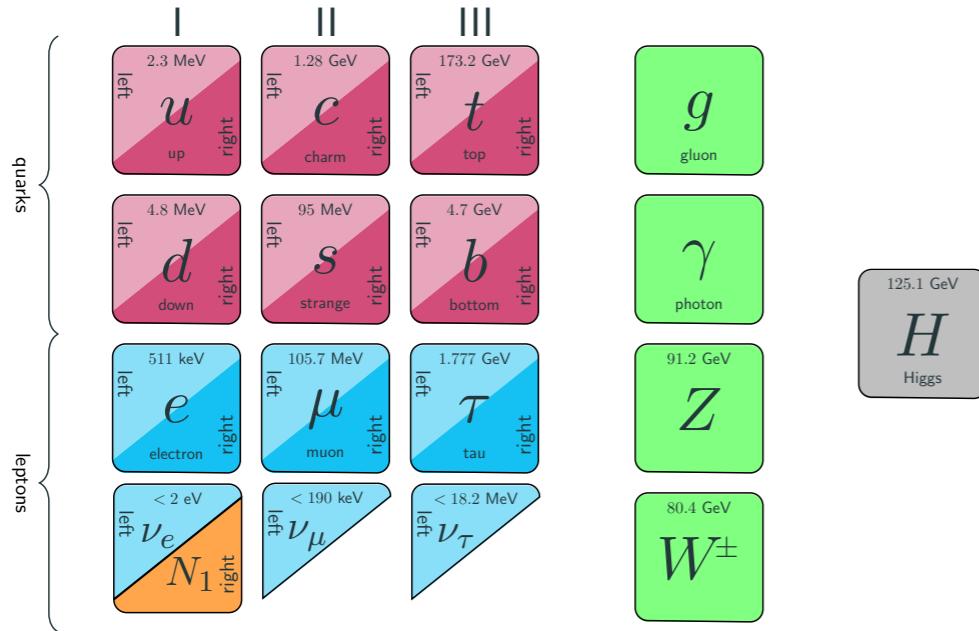


Who ordered that?

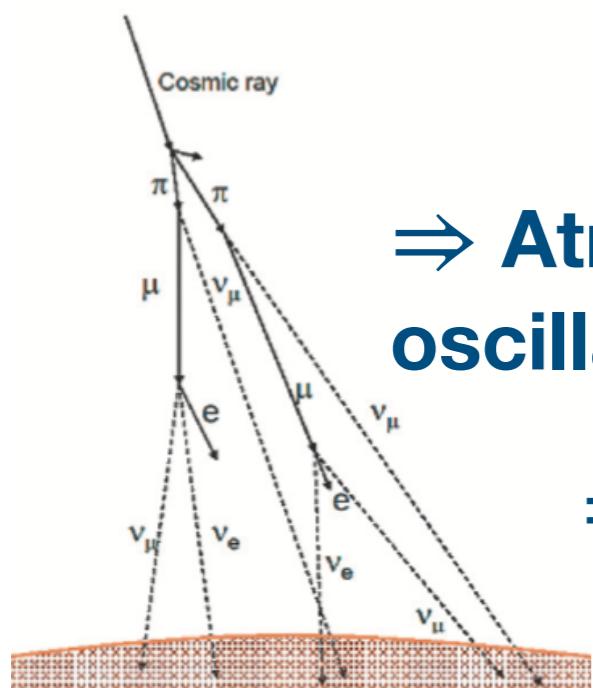
⇒ Solar neutrino oscillations
are explained



Filling the boxes

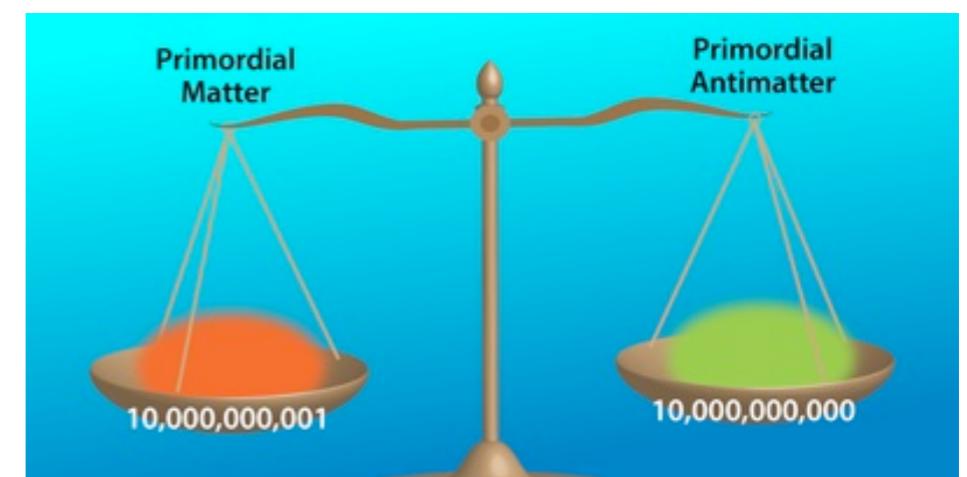


Who ordered that?



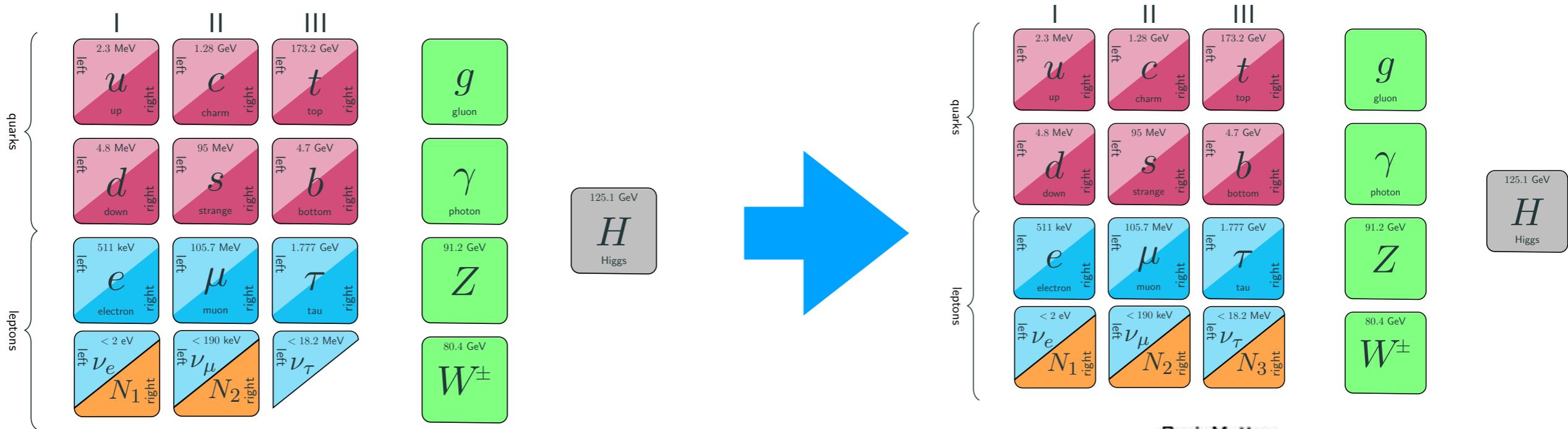
⇒ Atmospheric neutrino oscillations can be explained

⇒ All neutrino physics can be understood



⇒ Baryon asymmetry of the Universe can be explained.

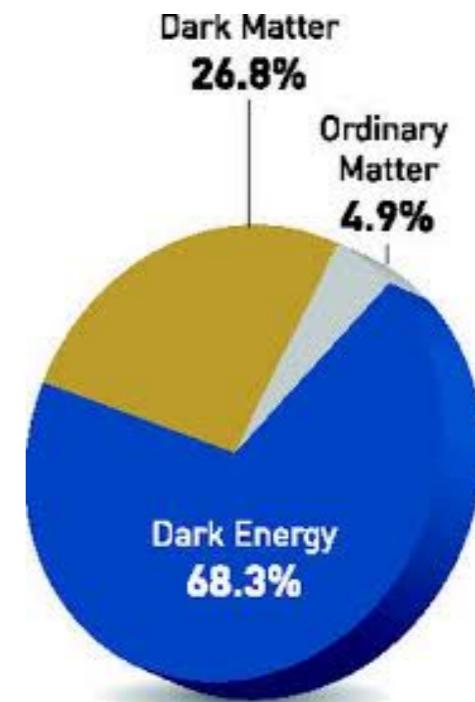
Filling the boxes



Who ordered that?

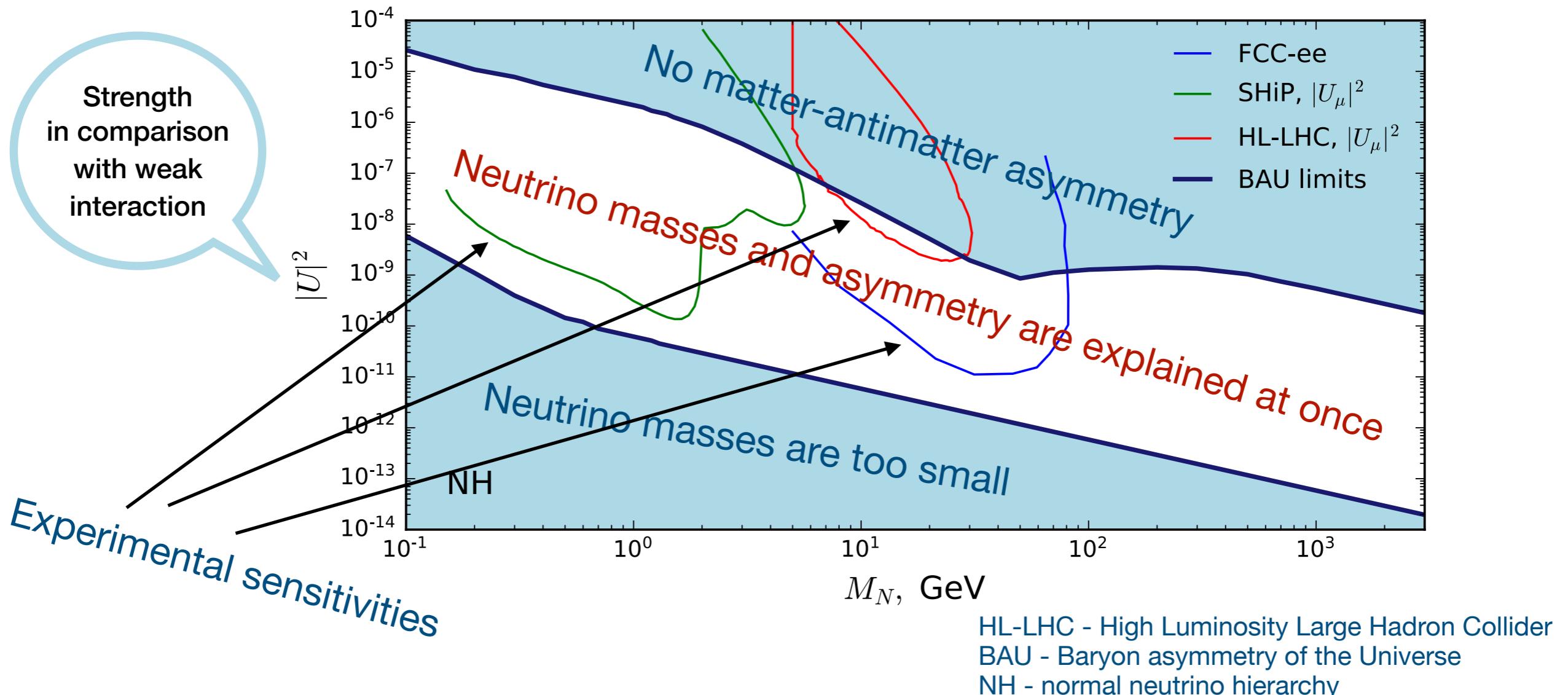
⇒ Dark matter in the Universe can be explained.

New particles are called “Heavy neutral leptons”, sometimes sterile neutrinos. Model: the ν MSM



Matter-antimatter asymmetry and neutrino masses in the ν MSM: N_{2,3}

figure from Klaric, MS, Timiryasov

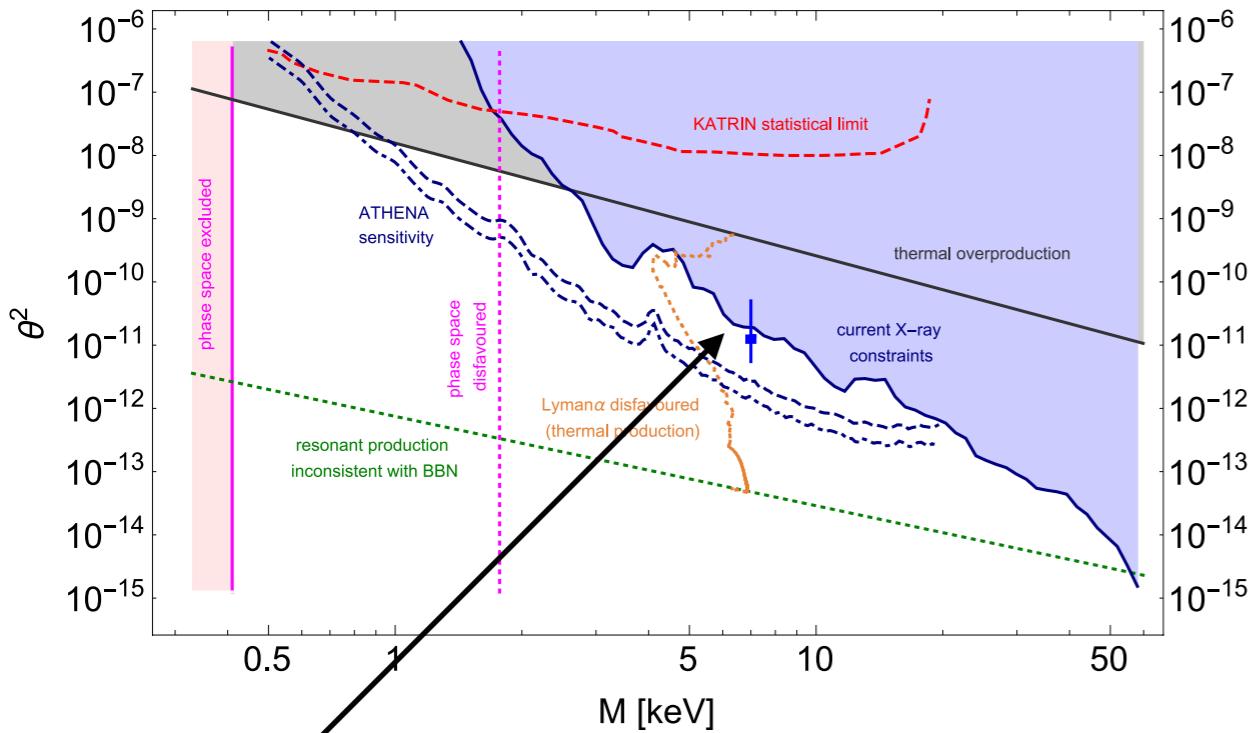


The mechanisms of neutrino mass and matter-antimatter asymmetry generation can be verified experimentally!

Dark Matter in the ν MSM: N₁

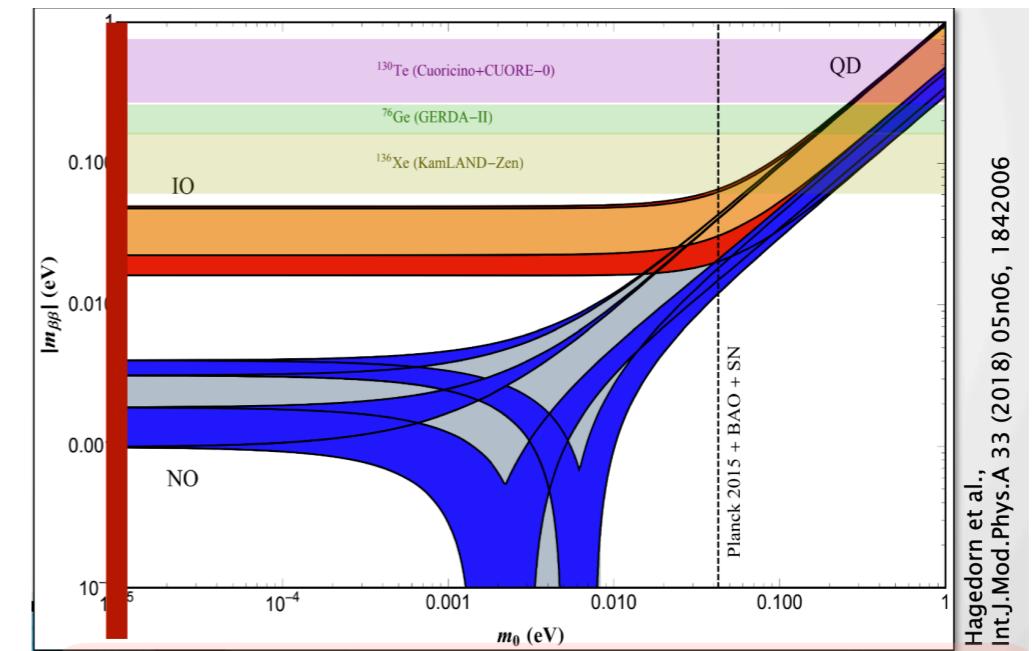
Dark matter sterile neutrino N₁: long-lived light particle (mass in the keV region) with the life-time greater than the age of the Universe. It can decay as $N_1 \rightarrow \gamma\nu$, what allows for experimental detection by X-ray telescopes in space. Future experimental searches: Hitomi-like satellite XRISM (2023), Large ESA X-ray mission, Athena + (2028?)

Available parameter space,
current situation



Possible detection (?), controversial
Bulbul et al; Boyarsky et al

**Prediction for neutrinoless
double beta decay:**



Hagedorn et al.,
Int.J.Mod.Phys.A 33 (2018) 05n06, 1842006

Prediction from Dark Matter:
minimal neutrino mass $< 10^{-5}$ eV

How much time it may take to discover Heavy Neutral Leptons?

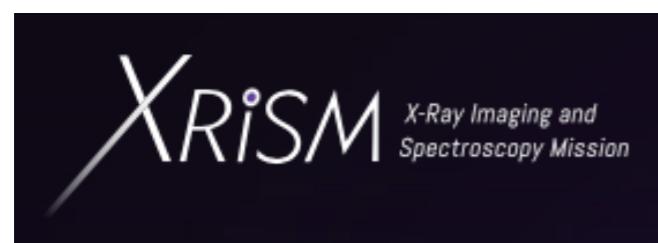
Historical development of the SM: gradual adaptation of electroweak theory to experimental data during the past 50 years.

- Bosonic sector of the electroweak model remains intact from 1967, with the discoveries of the W and Z bosons in 1983 and the Higgs boson in 2012.
- The fermionic sector evolved from one to two and finally to three generations, revealing the remarkable symmetry between quarks and leptons.
- It took about 20 years to find all the quarks and leptons of the third generation.

Optimistic answer:

One, Dark matter, at XRISM

in 2024 (?)



Launch date: September 7, 2023
Launch Time : 8:42 (JST)

Two others at SHiP @ CERN in 2031 (?)





*X-Ray Imaging and
Spectroscopy Mission*



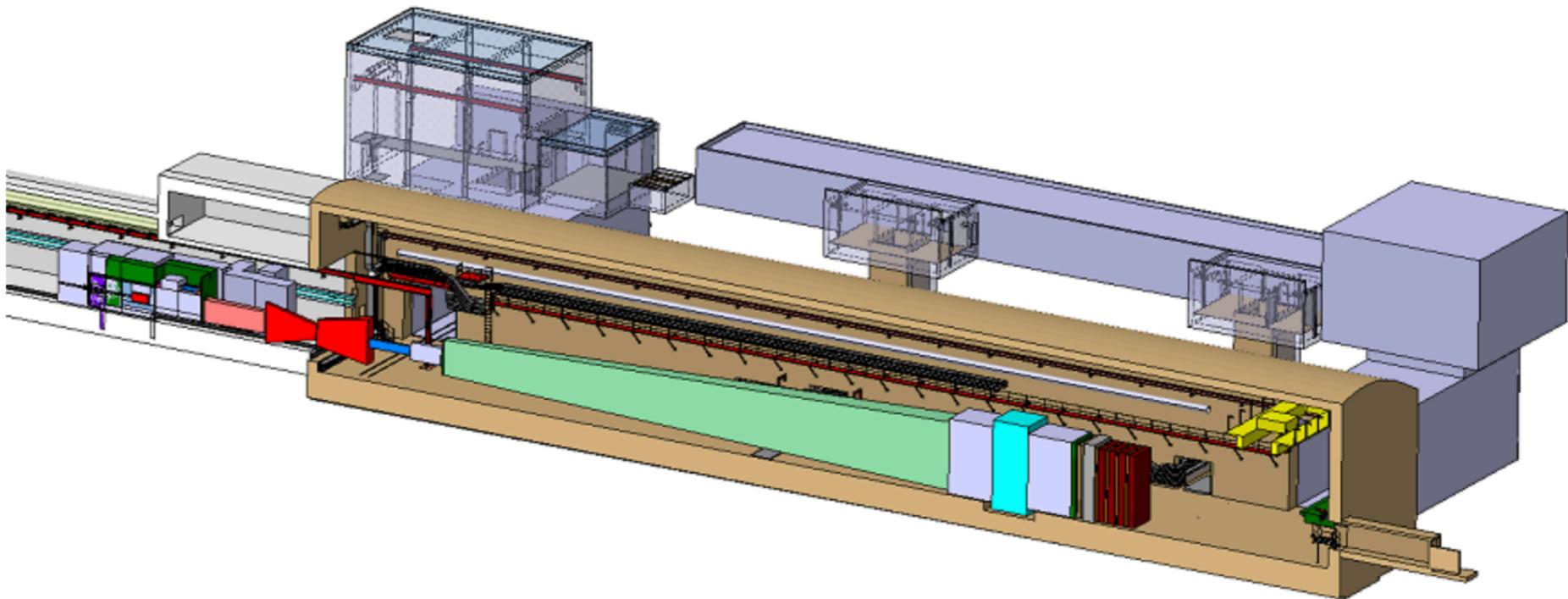
The XRISM payload consists of two instruments:

- Resolve, a soft X-ray spectrometer, which combines a lightweight X-ray Mirror Assembly (XMA) paired with an X-ray calorimeter spectrometer, and provides non-dispersive 5-7 eV energy resolution in the 0.3-12 keV bandpass with a field of view of about 3 arcmin.
- Xtend, a soft X-ray imager, is an array of four CCD detectors that extend the field of the observatory to 38 arcmin on a side over the energy range 0.4-13 keV, using an identical lightweight X-ray Mirror Assembly.

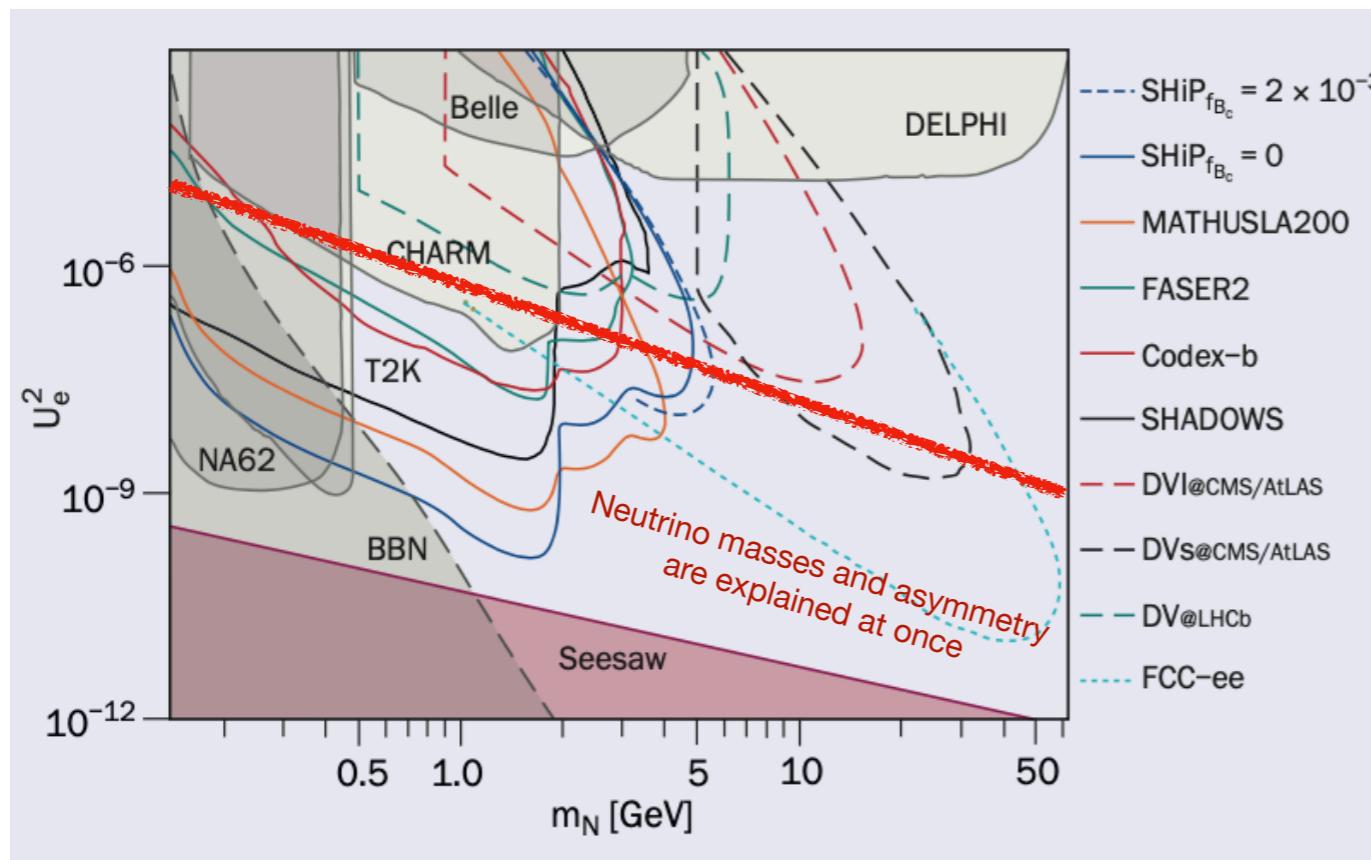
Spectral resolution is more than 10 times better than in XMM-Newton!



XRISM was launched by the H-IIA rocket from the Tanegashima Space Center at 8:42 a.m on September 7, 2023 JST, (23:42 on September 6, 2023 UT). Photo Credit: L. Hartz



Projection of bounds on HNLs



Sensitivity in number of events is 10'000 times better than in previous experiments!

Experiment approved at CERN last month

How many new particles do we need in particle physics?

Perhaps, just three. These are heavy neutral leptons which can be the key to all known experimental problems of the Standard Model:

- neutrino masses and oscillations
- baryon asymmetry of the Universe
- dark matter

May be more: some particles may not fit to the “periodic table”, such as axions - strong CP problem.

Axion and simplicity

QCD without axion:

- One “unnatural” number, $\theta \lesssim 10^{-10}$

QCD with axion:

- 6 new degrees of freedom (KSVZ - one complex scalar field and a new massive quark, DFSZ - two complex scalar fields, one is the doublet with respect to the SU(2) weak isospin and another is a singlet).
- Two “unnatural” numbers:
 - Ratio of EW scale and PQ scale: $(v_{EW}/F_{PQ})^2 \lesssim 10^{-14}$
 - Quality of PQ symmetry: $(m_{PQ \text{ breaking}}/F_{PQ})^2 \lesssim 10^{-50}$

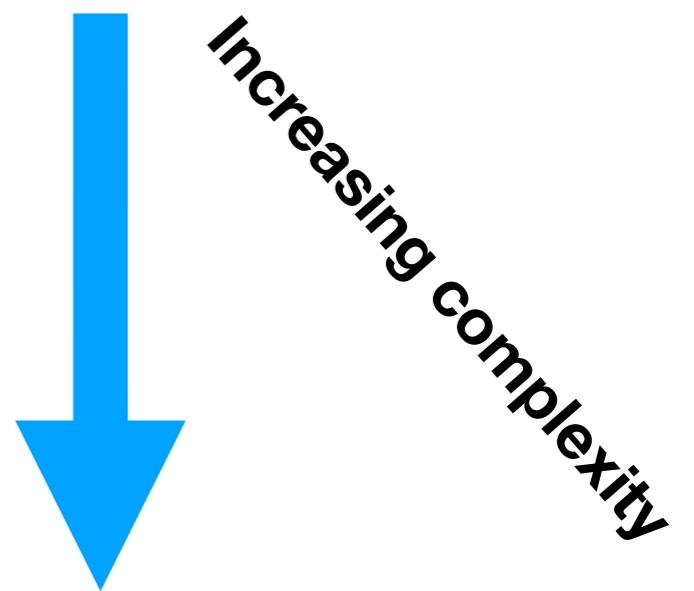
Universe at large scales and simplicity

Cosmological inflation

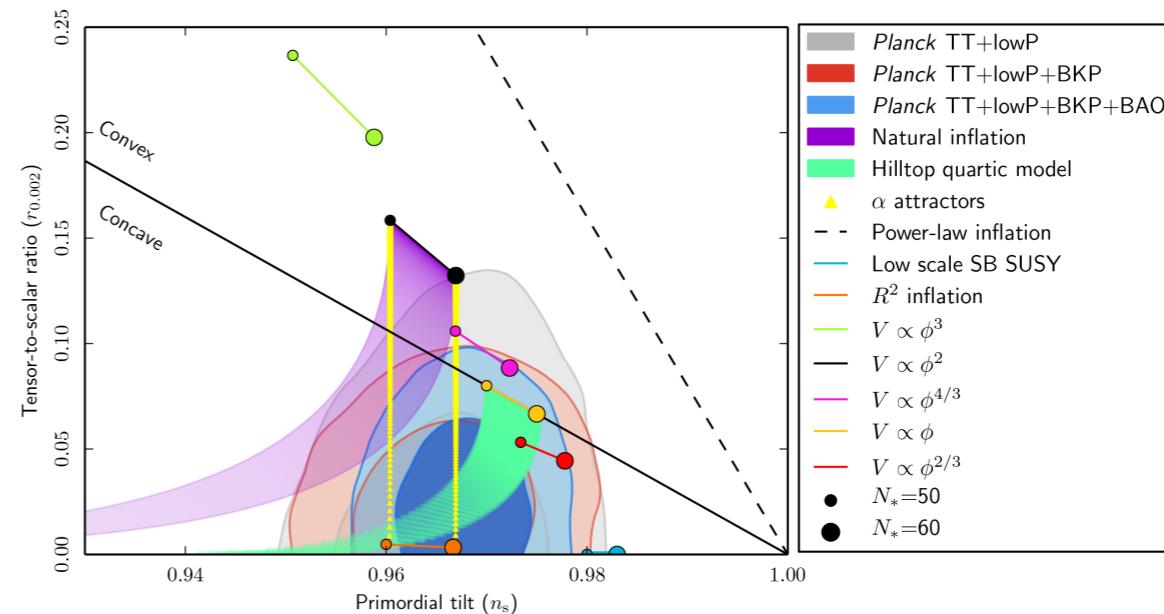
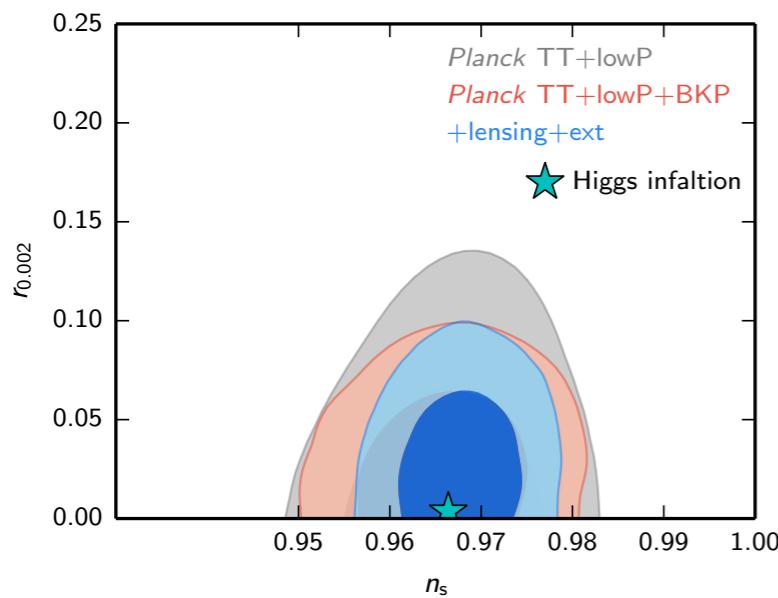
Most economical possibility - Higgs boson of the Standard Model drives inflation. Essential ingredient - non-minimal coupling of the Higgs to curvature scalar: $\xi H^\dagger H R$, $\xi \gg 1$, making the theory scale-invariant at large values of the Higgs field.

Predictions depend on the formulation of gravity

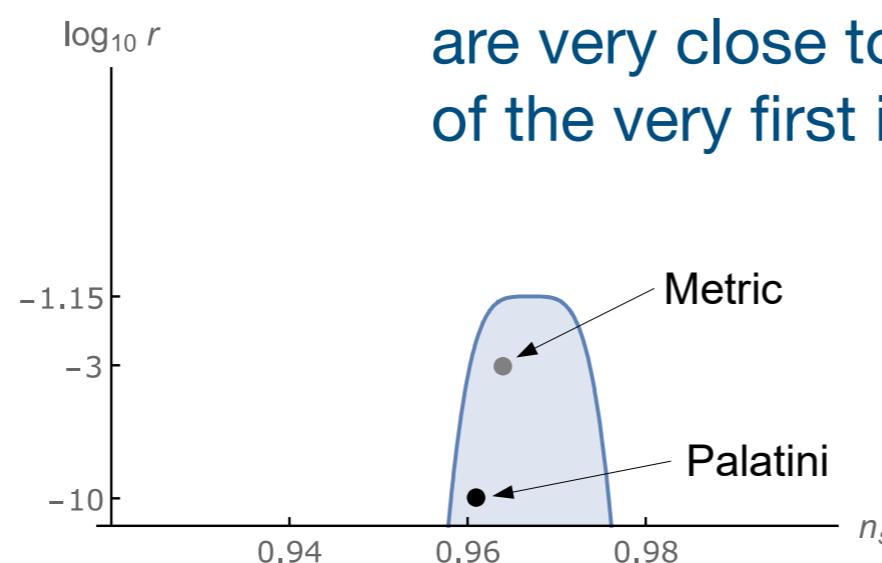
- metric gravity, $g_{\mu\nu}$ is the only dynamical variable
- Palatini gravity, $g_{\mu\nu}$ and symmetric connection
- Einstein-Cartan gravity, spin connection and tetrad
- ...



Predictions of metric and Palatini Higgs inflations



Predictions of metric Higgs inflation
are very close to predictions
of the very first inflationary model by Starobinsky



Generic Einstein-Cartan Higgs inflation

figure from MS, Shkerin, Timiryasov

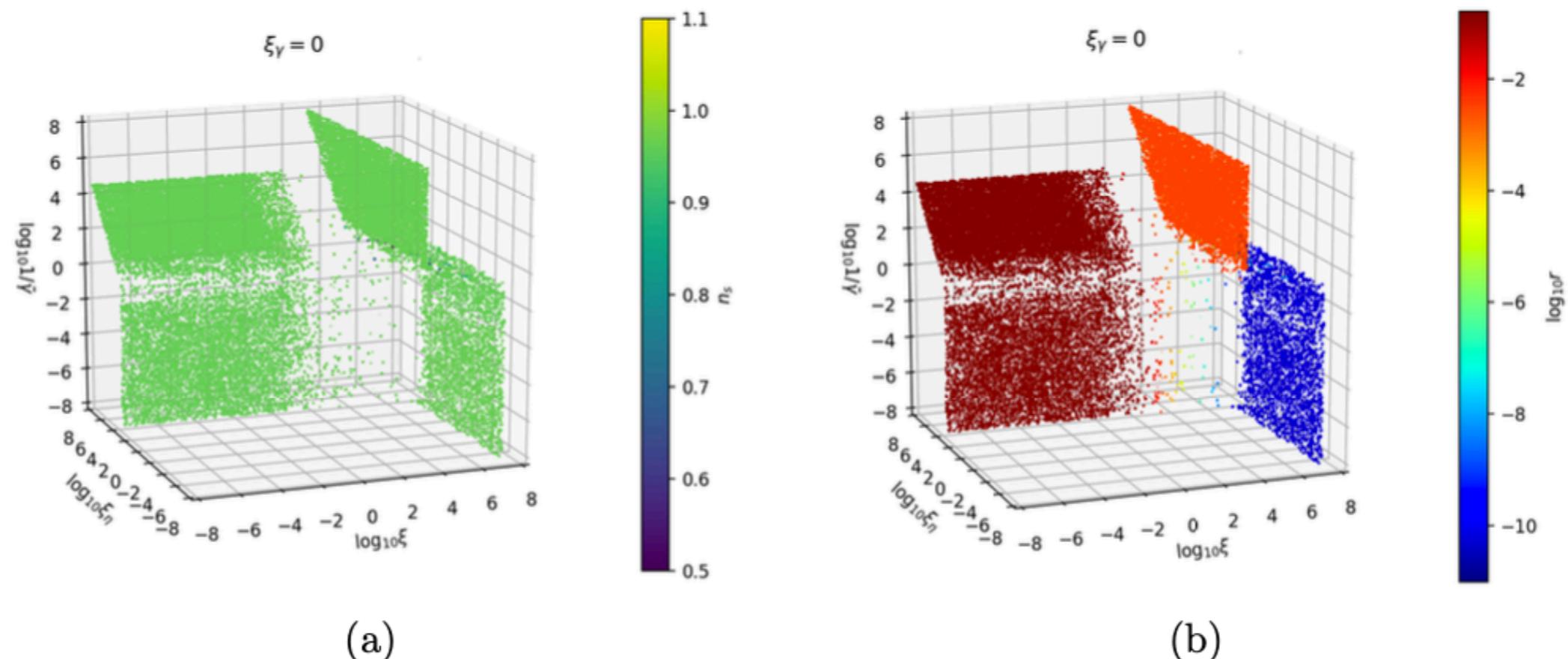
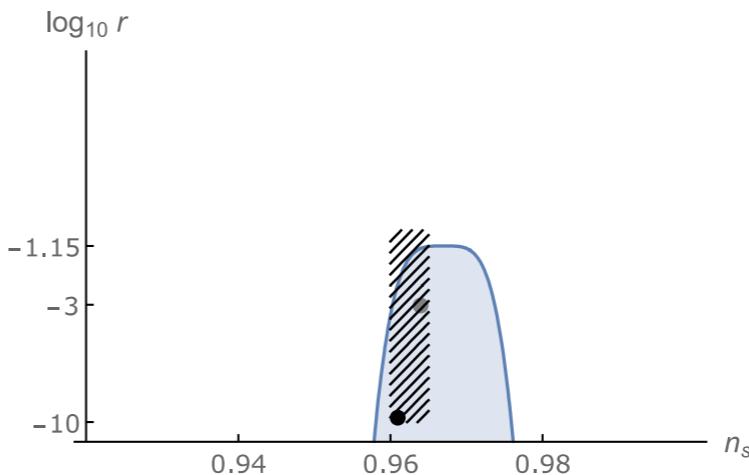


Figure 5. Spectral tilt (a) and tensor-to-scalar ratio (b) in the case $\xi_\gamma = 0$. One can see that two regions in the right part of the plots reproduce metric and Palatini Higgs inflation. The left region is completely new. Note that due to the large values of the tensor-to-scalar ratio, this region is observationally excluded.

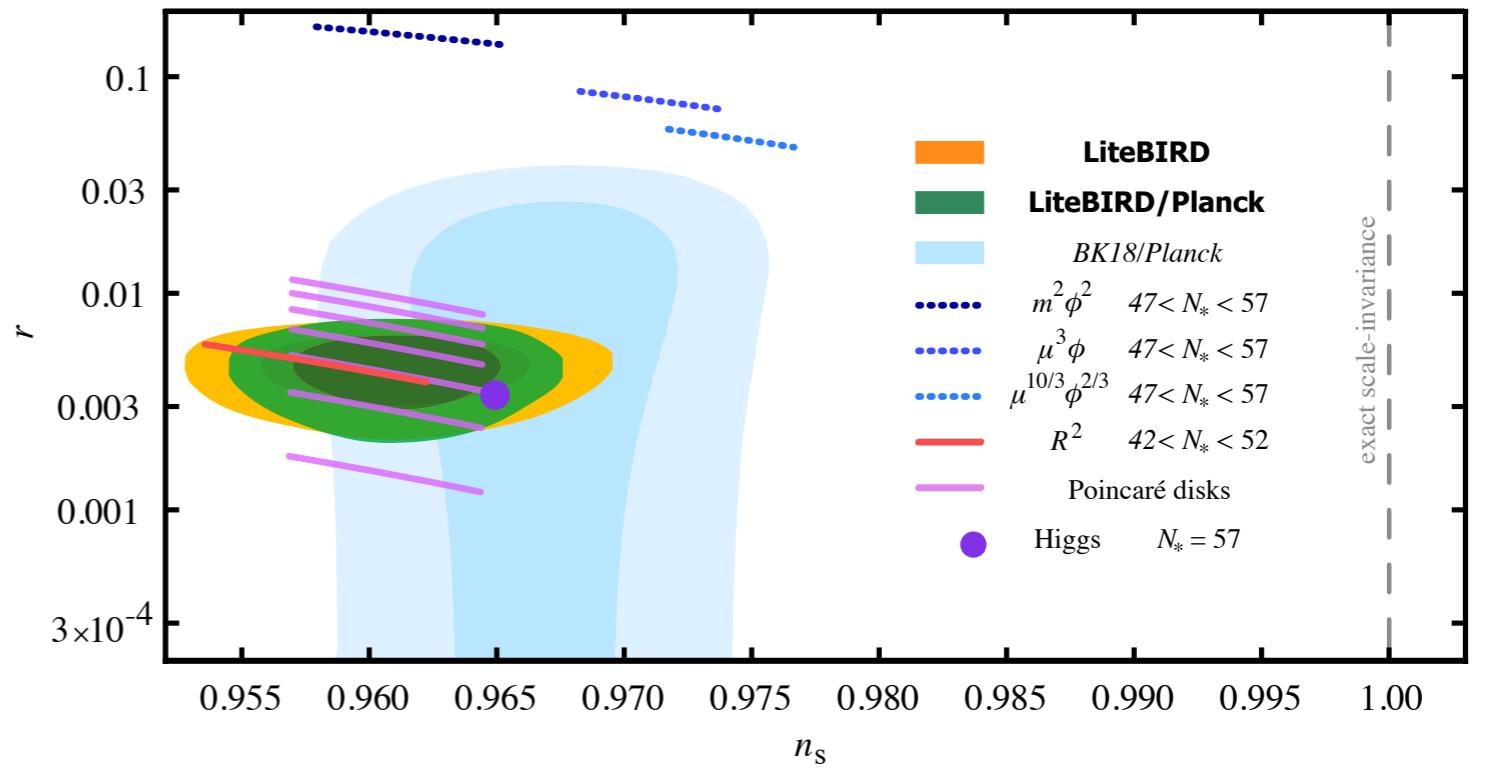
Generic Einstein-Cartan Higgs inflation

Observations:

- Inflation is a generic phenomenon.
- Large parts of the parameter space reproduce the predictions of either metric or Palatini Higgs inflation.
- The spectral index n_s is mostly independent of the choice of couplings and lies very close to $n_s = 1 - 2/N$.
- The tensor-to-scalar ratio r can vary between 1 and 10^{-10} . Detection of r in near future?



Future prospects



Einstein-Cartan gravity, scale and Weyl invariance

Extra symmetries lead to more definite predictions:

- EC gravity + scale invariance + Weyl symmetry below the Planck scale (MS, Karananas, Zell'23):

$$n_s \approx 1 - \frac{2}{N}, \quad r \gtrsim \frac{12}{N^2},$$

Here N is the number of e-foldings.

Dark Energy

Equation of state of DE: $\epsilon = \omega p$

- if $\omega = -1$ - no new particle is needed, this is just cosmological constant, fits well to the SM (or the ν MSM)
- if $\omega \neq -1$ (DESI?), light or massless particle can do the job. Possible origin - dilaton of spontaneously broken exact scale invariance and unimodular gravity ($\det[g_{\mu\nu}] = 1$). Also fits well to the SM (or the ν MSM).

Unimodular gravity and scale-invariance

Scale-invariant action in unimodular gravity with dilaton:

$$S = \int d^4x \left[-\frac{1}{2}\xi_\chi \chi^2 R + \frac{1}{2}(\partial_\mu \chi)^2 - \frac{\beta}{4}\chi^4 \right].$$

Equivalent metric theory (no unimodular constraint):

$$S = \int \sqrt{-g} d^4x \left[-\frac{1}{2}M_P^2 R - \Lambda + \frac{1}{2}(\partial_\mu \tilde{\chi})^2 - U(\tilde{\chi}) \right],$$

with the potential of the **thawing quintessence**, leading to negative in w_0 and w_a
($\omega \approx w_0 + aw_a$, a is the scale factor)

$$U = \frac{\Lambda}{\xi_\chi^2} \exp\left(-\frac{\gamma \tilde{\chi}}{M_P}\right), \quad \gamma = \frac{4}{\sqrt{6 + \frac{1}{\xi_\chi}}}$$

Conclusions

How many new particles do we need?

Three is enough to explain neutrino masses, dark matter and baryon asymmetry of the Universe, while **one** more may be needed if Dark Energy is dynamical.