

## LIVES–Daily Hassles Scale (LIVES-DHS) data

### Description:

The LIVES-DHS consists of 18 items represented by five factors that describe five sources of daily hassles: financial, physical, relational, environmental, and professional. The LIVES-DHS was collected in Wave 6 (2017) of a data collection from a 7-year longitudinal study on professional paths conducted at the Swiss National Centre of Competence in Research—Overcoming Vulnerabilities: Life Course Perspective (NCCR LIVES). See Udayar, et al. (2023) for more information.

### Format:

Respondents are asked to indicate the extent to which a series of possible daily hassles concerned them on a 5-point Likert-type scale (1 = not at all, 2 = a little, 3 = it does not concern me, 4 = somewhat, 5 = very much).

The original data were retrieved from <https://osf.io/6zvud/> on August 6, 2025. Two sub-datasets were created using the R code below:

```
data=df[,c("T6_Gender",colnames(df)[startsWith(colnames(df),"T6_daily")])]
data$sample <- df$filter_ +1
data=data[which(!is.na(data$sample)),]
write.csv(data,"LIVES-DHS-W6.csv",row.names = F)

data7=df[,startsWith(colnames(df),"T7_daily")]
data7 <- data7[complete.cases(data7),]
write.csv(data7,"LIVES-DHS-W7.csv",row.names = F)
```

The data has 22 items. Four of them (i.e., items 12, 20,21 and 22) were removed.

There are five factors:

SF = ~ T6\_dailyhassles\_1 + T6\_dailyhassles\_2 + T6\_dailyhassles\_3  
SR = ~ T6\_dailyhassles\_8 + T6\_dailyhassles\_9 + T6\_dailyhassles\_10 + T6\_dailyhassles\_11  
SPr = ~ T6\_dailyhassles\_16 + T6\_dailyhassles\_17 + T6\_dailyhassles\_18 + T6\_dailyhassles\_19  
Sph = ~ T6\_dailyhassles\_4 + T6\_dailyhassles\_5 + T6\_dailyhassles\_6 + T6\_dailyhassles\_7  
SE = ~ T6\_dailyhassles\_13 + T6\_dailyhassles\_14 + T6\_dailyhassles\_15

where SF = financial source; SPh= physical source; SPr = professional source; SR = relational source; SE= environmental source.

In LIVES-DHS-W6.csv, sample=1 for EFA sample and sample=2 for CFA sample used in Udayar, et al. (2023).

The 18 items in the final version are:

1. Not having enough money to cover everyday expenses, such as paying bills, rent, or food.
2. Need the financial help of someone I know.
3. Need social assistance.
4. Having to deal with a physical illness or mental health problem.
5. Being limited in my daily activities due to chronic illness or disability.
6. Facing the effects of aging.
7. Having to undergo important medical treatment.
8. Having to deal with conflicts with other family members.
9. Having to deal with conflicts with my friends.
10. Being alone, without friends.
11. Having to deal with conflicts with colleagues at the workplace.
12. Become the victim of an assault/attack.
13. Become the victim of theft or burglary.
14. Being affected in my health by environmental pollution.
15. Having to look for a job.
16. Need unemployment benefits.
17. Seeing my working conditions deteriorate—for example by a cut in wages or by the obligation to accept flexible hours.
18. Losing my job.

## References

Udayar, S., Urbanaviciute, I., Morselli, D., Bollmann, G., Rossier, J., & Spini, D. (2023). The LIVES daily hassles scale and its relation to life satisfaction. *Assessment*, 30(2), 348-363.