

**1 Inferring tracer diffusivity from coherent mesoscale
2 eddies**

3 Wenda Zhang^{1,2}and Christopher L. P. Wolfe¹

4 School of Marine and Atmospheric Sciences, Stony Brook University, Stony Brook, NY, USA

5 Program in Atmospheric and Oceanic Sciences, Princeton University, Princeton, NJ, USA

6 Key Points:

- 7** Oceanic lateral diffusivity is estimated by the dispersion rate of coherent mesoscale
eddies.
- 9** Diffusivity of coherent eddies matches the upper-layer tracer diffusivity in quasi-
geostrophic simulations.
- 10** In 3D simulations, the coherent diffusivity is correlated with the tracer diffusiv-
ity at the e-folding depth of energy-containing eddies.

13 **Abstract**

Mixing along isopycnals plays an important role in the transport and uptake of oceanic tracers. Isopycnal mixing is commonly quantified by a tracer diffusivity. Previous studies have estimated the tracer diffusivity using the rate of dispersion of surface drifters, subsurface floats, or numerical particles advected by satellite-derived velocity fields. This study shows that the diffusivity can be more efficiently estimated from the dispersion of coherent mesoscale eddies. Coherent eddies are identified and tracked as the persistent sea surface height extrema in both a two-layer quasigeostrophic (QG) model and an idealized primitive equation (PE) model. The Lagrangian diffusivity is estimated using the tracks of these coherent eddies and compared to the diagnosed Eulerian diffusivity. It is found that the meridional coherent eddy diffusivity approaches a stable value within about 20–40 days in both models. In the QG model, the coherent eddy diffusivity is a good approximation to the upper-layer tracer diffusivity in a broad range of flow regimes, except for small values of bottom friction or planetary vorticity gradient, where long-range correlations between same-sign eddies become important. In the PE model, the tracer diffusivity has a complicated vertical structure and the coherent eddy diffusivity is correlated with the tracer diffusivity at the e-folding depth of the energy-containing eddies where the intrinsic speed of the coherent eddies matches the rms eddy velocity. These results suggest that the oceanic tracer diffusivity at depth can be estimated from the movements of coherent mesoscale eddies, which are routinely tracked from satellite observations.

34 **Plain Language Summary**

Ocean mesoscale eddies are swirling currents with size of 10–100 km. Mesoscale eddies transport heat, carbon, and other tracers along constant density surfaces, which impacts the ocean environment and global climate. Tracer transport is commonly represented by an eddy diffusivity, which relates the eddy tracer transport to the large-scale properties in coarse-resolution ocean models. Estimates of tracer diffusivity are important for evaluating and improving the representation of mesoscale eddies in models. Mesoscale eddies commonly take the form of individual swirls that move randomly over long distances and last for several months. This study finds that the tracer diffusivity can be accurately estimated from the movement of individual mesoscale eddies in highly idealized numerical simulations. Horizontal mixing is strong when eddies spread out quickly. In more realistic situations, the rate at which eddies spread is correlated with the tracer diffusivity at a depth where the eddy movement speed is close to the swirling velocity. This finding can be used to estimate the oceanic tracer diffusivity using the trajectories of mesoscale eddies from satellite observations.

49 **1 Introduction**

Ocean mesoscale eddies play an important role in the transport and mixing of oceanic tracers, such as heat, carbon, and nutrients. Tracer transport by mesoscale eddies impacts the large-scale ocean circulation (Hallberg & Gnanadesikan, 2006; Marshall & Radko, 2003, 2006; Wolfe & Cessi, 2010) and biogeochemical environment (McGillicuddy Jr et al., 2003; Gnanadesikan et al., 2015; Steinberg et al., 2019). Mesoscale tracer transport is commonly parameterized using a combination of eddy-induced advection (Gent & McWilliams, 1990) and diffusion of tracers along isopycnals (Redi, 1982) in the coarse-resolution ocean component of climate models. Climate simulations are sensitive to the magnitude and distribution of the isopycnal tracer diffusivity (Sijp et al., 2006; Pradal & Gnanadesikan, 2014), which needs to be constrained by observational measurements.

Lagrangian methods have been used to estimate the tracer diffusivity in the ocean using surface drifters (Zhurbas & Oh, 2003, 2004; Rypina et al., 2012; Zhurbas et al., 2014;

62 Roach et al., 2018; Rühs et al., 2018), subsurface floats (J. LaCasce et al., 2014; Balwada
 63 et al., 2016, 2021), and numerical particles advected by satellite derived flow fields (Klocker,
 64 Ferrari, LaCasce, & Merrifield, 2012; Rypina et al., 2012). According to Taylor (1922),
 65 for homogeneous and stationary turbulent flow, the eddy diffusivity can be estimated
 66 by the continuous movements of single Lagrangian particles,

$$K(\mathbf{x}_0, t) = \frac{1}{2} \frac{d}{dt} \langle (\mathbf{x}(t) - \mathbf{x}_0)^2 \rangle_L, \quad (1)$$

67 where $\mathbf{x}_i(t)$ is the position of a particle found at \mathbf{x}_0 at time $t = 0$, $\langle \cdot \rangle_L$ indicates the
 68 Lagrangian mean, which is the average over the ensemble of particles, and $\langle (\mathbf{x}(t) - \mathbf{x}_0)^2 \rangle_L$
 69 is the absolute dispersion of particles. Modified versions of equation (1) have been de-
 70 veloped by Davis (1987, 1991) to account for the inhomogeneity and anisotropy of mix-
 71 ing. Accurate estimates using these methods require averages over large numbers (or-
 72 der of hundreds) of drifters (Klocker, Ferrari, LaCasce, & Merrifield, 2012), but the spa-
 73 tial distribution of drifters and floats is generally sparse and many surface drifters are
 74 contaminated by wind effects (Lumpkin et al., 2013). Also, the estimates of diffusivity
 75 by these methods generally takes a long time (the order of months) to asymptote to the
 76 “true” value of diffusivity (Klocker, Ferrari, & LaCasce, 2012; Rypina et al., 2012). The
 77 long convergence timescale makes these estimates inefficient and allows errors to accu-
 78 mulate as the sampling error grows with time (Davis, 1991). Further, particles in inho-
 79 mogeneous flow might move to a different region with a different mixing rate during the
 80 period of diffusivity calculation.

81 Mesoscale eddies are increasingly observed and studied as individual coherent struc-
 82 tures that can be identified and tracked from satellite observations (Chelton et al., 2011;
 83 Z. Zhang et al., 2014; Dong et al., 2014). Coherent eddies are swirling structures that
 84 can move in the ocean over a potentially long distance (Chelton et al., 2011). Studies
 85 of vortex-dominated 2D turbulence have used equation (1) to estimate a diffusivity from
 86 the movements of coherent eddies, with eddy displacements replacing particle displace-
 87 ments (Weiss et al., 1998; Hansen et al., 1998; J. H. LaCasce, 2008b; Chong et al., 2020).
 88 This is based on the observation that the movement of coherent eddies resembles that
 89 of particles (Weiss et al., 1998); that is, the motion is initially ballistic (absolute disper-
 90 sion quadratic in time) and then transitions to diffusive (absolute dispersion linear in
 91 time). This evolution of the absolute dispersion is also a typical feature of Brownian motion
 92 (Chong et al., 2020). When the motion of coherent eddies becomes diffusive, a La-
 93 grangian diffusivity can be estimated from their motion using equation (1).

94 The movement of coherent ocean eddies has both systematic and chaotic features.
 95 Eddies are impacted by the β -effect, which causes them to drift systematically westward
 96 relative to the mean flow (Cushman-Roisin et al., 1990). The β -effect also leads to merid-
 97 ional “beta drift”: cyclonic eddies tend to propagate poleward and anticyclonic eddies
 98 tend to propagate equatorward (e.g., Holland, 1982; R. B. Smith, 1993; Sutyrin et al.,
 99 1994; Korotaev, 1997; Nycander, 2001). In addition to these systematic drifts, coherent
 100 eddies also move randomly due to eddy-eddy interactions (Samelson et al., 2014, 2016;
 101 Ni et al., 2020). The random movements of coherent eddies have been used to estimate
 102 a diffusivity by Ni et al. (2020). However, they interpreted this diffusivity to represent
 103 the spreading of eddy energy rather than the mixing of tracers.

104 W. Zhang et al. (2020) recently found that the Lagrangian diffusivity estimated
 105 from the dispersion of coherent eddies using equation (1) can provide an accurate esti-
 106 mate of the Eulerian PV diffusivity in a two-layer QG model. W. Zhang et al. (2020)
 107 defined a coherent eddy as a “rotationally coherent Lagrangian vortex” (RCLV) (Haller
 108 et al., 2016), which can trap particles (water parcels) inside them over a long time. It
 109 was found that particles trapped within coherent eddies have a negligible contribution
 110 to the total particle dispersion (consistent with Abernathey & Haller, 2018), but that
 111 the diffusive movement of coherent eddies themselves was representative of the diffusiv-
 112 ity of the flow. If this finding also applies to mesoscale eddies in the ocean, then ocean

tracer diffusivity can also be inferred from the dispersion of coherent mesoscale eddies. To support this application, two questions need to be addressed. First, the definition of a coherent eddy (i.e., RCLV) used in W. Zhang et al. (2020) is stricter than the commonly-used definition of a coherent eddy, which is an Eulerian feature (e.g., a sea surface height or vorticity extremum) that can be identified and tracked over a long time (Chelton et al., 2007, 2011; Mason et al., 2014). Does the dispersion of Eulerian coherent eddies also provide an accurate estimate of tracer diffusivity? Second, W. Zhang et al. (2020) only qualitatively compared the diffusivity estimated from coherent eddies and the Eulerian PV diffusivity in three QG simulations with varying bottom friction. This paper reports progress toward generalizing the results of W. Zhang et al. (2020) to broader QG regimes and more realistic 3D ocean circulations.

In this study, we compare the Lagrangian diffusivity estimated from the movement of coherent eddies to the tracer diffusivity in a two-layer QG model and a 3D primitive equation (PE) model. We find the coherent eddy diffusivity provides an accurate estimate of the upper-layer meridional tracer diffusivity in the QG model and provides an estimate of the tracer diffusivity at a depth determined by a nonlinearity parameter in the PE model. This depth is close to the e-folding vertical scale of the energy-containing eddies, which can be estimated from sea surface height and hydrography. These findings can be further used to infer and interpret the lateral tracer diffusivity in the ocean based on tracking the coherent mesoscale eddies.

This manuscript is structured as follows. In section 2, we describe the configuration of the numerical models and analysis methods. In section 3, the coherent eddy diffusivity is shown to accurately reproduce the Eulerian tracer diffusivity in the QG model except when either bottom friction or beta are small. We discuss the reason for the discrepancy for small beta and friction simulations in section 4. The coherent eddy diffusivity is then compared to the tracer diffusivity in the PE model in section 5. The conclusions are summarized in section 6.

2 Approach

2.1 Models

2.1.1 Two-layer QG model

An idealized two-layer QG model is used to simulate geostrophic turbulence. The governing equation is the n^{th} layer perturbation QG PV, q_n , equation:

$$\frac{\partial q_n}{\partial t} + U_n \frac{\partial q_n}{\partial x} + J(\psi_n, q_n) + \beta_n \frac{\partial \psi_n}{\partial x} = \text{ssd} - \delta_{2n} r_{\text{ek}} \nabla^2 \psi_n, \quad (2)$$

where subscripts $n = 1, 2$ represent the upper and lower layers, respectively, ψ is the perturbation streamfunction, $J(\cdot, \cdot)$ is the horizontal Jacobian operator, U_n is the background zonal mean flow, ssd is the small-scale dissipation implemented by a spectral filter of enstrophy (the same as J. H. LaCasce Jr., 1996, except the exponential damping factor is 23.6), and r_{ek} is the bottom friction damping rate, which is only active on the lower layer (δ_{mn} is the Kronecker delta).

The PV of the n^{th} layer is

$$q_n = \nabla^2 \psi_n + (-1)^n F_n (\psi_1 - \psi_2), \quad (3)$$

where

$$F_1 = \frac{k_d^2}{1 + \delta}, \quad F_2 = \delta F_1, \quad (4)$$

$k_d = 1/L_d$, L_d is the Rossby deformation radius, and $\delta = H_1/H_2$ is the ratio of the thicknesses of the two layers.

155 The background meridional PV gradient,

$$\beta_n = \beta - (-1)^n F_n (U_1 - U_2), \quad (5)$$

156 is due to both the planetary vorticity gradient, β , and the background vertical shear.

157 We use the same parameter setting as Wang et al. (2016) and W. Zhang et al. (2020)
158 for the control simulation: $L_d = 15$ km, $H_1 = 800$ m, $\delta = 0.25$, $U_1 = 0.04$ m/s, $U_2 =$
159 0 , $r_{ek} = (20$ days) $^{-1}$ and $\beta = 1.3 \times 10^{-11}$ m $^{-1}$ s $^{-1}$. The nondimensional frictional rate,

$$r^* = \frac{r_{ek} L_d}{U_1 - U_2}, \quad (6)$$

160 and nondimensional β ,

$$\beta^* = \frac{\beta L_d^2}{U_1 - U_2}, \quad (7)$$

161 are varied by an order of magnitude to explore a wide range of flow regimes. We pick
162 three typical simulations with $r^* = 0.43, 0.22$, and 0.11 for displaying example results
163 in figures 1 and 3 below.

164 The model domain is doubly-periodic with side length $L = 1200$ km. The horizontal
165 grid spacing is 2.3 km, which resolves the Rossby deformation radius L_d . Each
166 simulation is run for 50 years, and snapshots of the last 20 years are sampled daily for
167 analysis. Details of the model setup can be found in W. Zhang et al. (2020). The model
168 is implemented using the Python package pyqg version 0.1.3 (Abernathay et al., 2016).

169 **2.1.2 Primitive equation model**

170 The PE model is an idealized configuration of the Massachusetts Institute of Tech-
171 nology general circulation model (MITgcm checkpoint67r; Marshall, Adcroft, et al., 1997;
172 Marshall, Hill, et al., 1997; Campin et al., 2020), which has been used for several pre-
173 vious studies (Wolfe et al., 2008; Cessi & Wolfe, 2009; Wolfe & Cessi, 2009, 2010, 2011;
174 Cessi et al., 2010; Wolfe, 2014; W. Zhang & Wolfe, 2022). The purpose of using this model
175 is to explore the role of inhomogeneity in modulating the relationship between coherent
176 eddy movement and tracer diffusivity. The circulation simulated by this model is more
177 complex than the QG model, as it contains multiple gyres, boundary currents, and a zon-
178 ally reentrant channel flow analogous to the Antarctic Circumpolar Current.

179 This model is formulated in a two-hemisphere basin on an equatorial β -plane, with
180 $\beta = 2.3 \times 10^{-11}$ m $^{-1}$ s $^{-1}$. The model domain is approximately half the width, length,
181 and depth of the Atlantic Ocean. The horizontal extent of the domain is 2440 km in zonal
182 direction and 9760 km in meridional direction and is enclosed by vertical walls every-
183 where except for the southernmost eighth of the domain, where the flow is zonally reen-
184 trant. The bottom is flat with a uniform depth of 2440 m. The model has horizontal res-
185 olution of 5.4 km and 20 vertical levels with reduced vertical grid spacing near the sur-
186 face. The model is forced by zonally uniform zonal winds and a surface heat flux pro-
187 vided by relaxation to a zonally uniform surface temperature distribution. Both wind
188 and temperature relaxation fields are idealizations of the forcing of the Atlantic Ocean.
189 The details of the model setup are described by Wolfe and Cessi (2010) and W. Zhang
190 and Wolfe (2022).

191 **2.2 Analysis methods**

192 **2.2.1 Eddy identification and tracking**

193 Coherent eddies are identified and tracked in both the QG and PE models. We use
194 the eddy tracking package described by Mason et al. (2014), which provides a tracking
195 method identical to Chelton et al. (2011) as an option. This method detects coherent

mesoscale eddies as sea surface height (SSH) extrema from snapshots of SSH. The boundaries of eddies are identified as the outermost SSH contour that satisfies an area and amplitude threshold and contains no more than one local SSH extremum. Eddies are then tracked by connecting the proximal eddies within a restricted distance in successive time frames. The distance limit is determined from the local long baroclinic Rossby wave speed, and the eddies' amplitude and radius must be within a factor of 2.5 of the corresponding eddies in the last time step. Only the eddies that last longer than 30 days are used. See Mason et al. (2014) and Schlax and Chelton (2016) for details on the eddy identification and tracking algorithms.

2.2.2 Coherent eddy diffusivity

The trajectories of coherent mesoscale eddies are used to calculate the Lagrangian diffusivity. To account for inhomogeneity and anisotropy, we use the modified version of the single-particle diffusivity tensor developed by Davis (1987, 1991),

$$K_{ij}^L(\mathbf{x}, \tau) = \int_0^\tau \langle u'_i(t_0|\mathbf{x}, t_0) u'_j(t_0 + \tilde{\tau}|\mathbf{x}, t_0) \rangle_L d\tilde{\tau}, \quad (8)$$

where $u'_i(t|\mathbf{x}, t_0)$ is the residual velocity of a particle at time t that was found at \mathbf{x} at time t_0 . The velocity is statistically stationary in our simulations, so $K_{ij}^L(\mathbf{x}, \tau)$ is independent of t_0 . Here u'_i is taken to be the drift velocity of the centroid of a coherent eddy to estimate a “coherent eddy diffusivity” using equation (8). The residual velocity is calculated as $u'_i = u_i - \langle u_i \rangle_L$, which is the deviation of the eddy velocity from the Lagrangian mean over the ensemble of eddies, which are defined differently for the QG and PE models below. The first and last 10% of the eddy trajectories are excluded for calculating the coherent eddy diffusivity. The rationale for this exclusion is given in section 3.

Considering that the meridional drift tendency due to the β -effect is opposite between cyclones and anticyclones (McWilliams & Flierl, 1979; Nycander, 2001), the Lagrangian mean velocity is estimated separately for cyclones and anticyclones. The method, (8), used in this study is different from that in Ni et al. (2020), who did not remove the Lagrangian mean velocity $\langle u_i \rangle_L$ and only calculated the meridional diffusivity instead of the whole diffusivity tensor. We instead compute the two eigenvalues of the symmetric part of K_{ij} , which is necessary to reduce the bias (e.g., due to shear dispersion) of the diffusivity estimate (Oh et al., 2000; Griesel et al., 2014), and focus on analyzing the minor (i.e., second) eigenvalue of the tensor. The minor eigenvalue usually corresponds to mixing across the mean flow, is less biased by the shear dispersion, and is more relevant to eddy tracer transport since along-stream transport is typically dominated by the mean flow.

In the QG model, the Lagrangian mean velocity is the average over coherent eddies in the whole domain, since the flow is statistically homogeneous. The maximum integration time lag τ is taken as five times the eddy turnover time τ_e ,

$$\tau = 5\tau_e = \frac{10\sqrt{2}\pi}{\sqrt{\overline{\zeta'^2}}}, \quad (9)$$

where ζ is the vorticity and $\overline{(\cdot)}$ is a 15-year and domain average in the upper layer. The time scale, τ , is chosen to account for the different lifetimes of coherent eddies in different simulations, as the eddy lifetime depends on the eddy turnover time, as found by W. Zhang et al. (2020). Five times the eddy turnover time is about 20–70 days in most of the QG simulations, which is comparable to the eddy lifetime and allows the Lagrangian diffusivity to asymptote to a constant value during this time period. A longer time window (e.g., seven times eddy turnover time) is also tested (not shown), which does not qualitatively change the results. The eddy tracks that are used to estimate K_{ij} are grouped in overlapping 100-day time windows with a 15-day interval, which is similar to the pseudo-

track approach used by previous studies (e.g., Swenson & Niiler, 1996; Klocker, Ferrari, LaCasce, & Merrifield, 2012; Chen & Waterman, 2017).

In the PE model, the Lagrangian average and integration time lag τ are taken to be different from those in QG model to account for flow inhomogeneity. The domain is divided into a set of 304×304 km spatial bins and the mean eddy velocity is estimated as the average velocity of all coherent eddies within each bin. The Lagrangian diffusivity is then calculated using the segments of coherent mesoscale eddy trajectories that start from those bins. The size of the spatial bin (304 km) is chosen because it can contain sufficient number of coherent eddy tracks for the diffusivity calculation and also not so large that it averages away the spatial variability. The bin size evenly divides the model domain into 32×8 bins in the meridional and zonal directions, respectively. The integration time lag,

$$\tau = \max \left(\frac{\Delta x}{\langle |\mathbf{u}_{\text{coh}}| \rangle_L}, 30 \text{ days} \right), \quad (10)$$

is chosen to ensure that most of the eddies remain in the same bin during the integration time of the diffusivity calculation. In equation (10), Δx is half the length of the bin, $|\mathbf{u}_{\text{coh}}|$ is the speed of coherent eddies, and 30 days is the minimum lifetime of coherent eddies required by the eddy tracking method in section 2.2.1.

Note that the Lagrangian diffusivity tensor, K_{ij}^L , has four components, but only the symmetric component contributes to diffusion. The two eigenvalues of the symmetric part of K_{ij} give the diffusivities in the directions of the associated eigenvectors, which are often aligned parallel and perpendicular to the mean flow direction (Riha & Eden, 2011; Fox-Kemper et al., 2013), topographic gradients (Mechoso, 1980; Isachsen, 2011), or vorticity gradients (J. LaCasce & Speer, 1999; K. S. Smith, 2005; Bachman et al., 2020). The diffusivities are typically anisotropic, with the cross-stream (approximately parallel to the PV gradient) diffusivity smaller than the along-stream (approximately perpendicular to the PV gradient) diffusivity.

2.2.3 Eulerian tracer diffusivity

The Eulerian tracer diffusivity is diagnosed and compared to the coherent eddy diffusivity in the QG and PE models. In the QG model, the flow field is homogeneous and the background PV gradient is aligned with the meridional direction, so the PV diffusivity is straightforward to diagnose from the PV flux and gradient averaged over the whole domain. In the PE model, the inhomogeneity and anisotropy make it challenging to estimate the diffusivity based on a single tracer, since the tracer gradient might vanish or misalign with the tracer flux at many locations. We simulate a total of 27 different passive tracers and diagnose the tracer diffusivity using the multiple tracer inversion method of Bachman et al. (2015, 2020).

In the QG model, the PV diffusivity is diagnosed from the meridional flux-gradient relation. The coherent eddy diffusivity is compared to the upper-layer PV diffusivity since coherent eddies are detected from the upper layer streamfunction (proportional to SSH). The upper-layer PV diffusivity, κ_q , is calculated as

$$\kappa_q = -\frac{\overline{v'_1 q'_1}}{\beta_1}, \quad (11)$$

where $\overline{(\cdot)}$ indicates a 20-year and domain average, and β_1 is the upper-layer PV gradient defined in (5).

In the PE model, the tracer diffusivity tensor is diagnosed by advecting multiple passive tracers, τ_α , with eddy-resolving velocity fields and inverting the coarse-grained flux-gradient relationship,

$$\overline{u'_i \tau'_\alpha} = -K_{ij} \partial_j \overline{\tau_\alpha}, \quad (12)$$

in a least-squares sense. In equation (12), \mathbf{K} is the diffusivity tensor, i and j index the horizontal spatial dimensions, α indexes the tracer number, and repeated indices imply summation. At least three different tracers with misaligned gradients are required to uniquely define \mathbf{K} , but using more tracers (Bachman et al., 2020, suggests nine) provides a smoother estimate and reduces bias. Note that the tracer advection is done online.

The evolution equation of the α^{th} tracer is

$$\partial_t \tau_\alpha + u_i \partial_i \tau_\alpha = \lambda (\tau_\alpha^0 - \tau_\alpha), \quad (13)$$

where λ is the relaxation rate and τ_α^0 is the initial condition of α^{th} tracer.

Following W. Zhang and Wolfe (2022), nine different initial distributions

$$\begin{aligned} \tau_1^0 &= \frac{y}{L}, & \tau_2^0 &= \sin \frac{\pi y}{L}, & \tau_3^0 &= \cos \frac{\pi y}{L}, \\ \tau_4^0 &= \sin \frac{2\pi x}{W}, & \tau_5^0 &= \cos \frac{2\pi x}{W}, & \tau_6^0 &= \sin^2 \frac{\pi x}{W}, \\ \tau_7^0 &= \frac{H - 2z}{H}, & \tau_8^0 &= \cos \frac{\pi z}{H}, & \tau_9^0 &= \sin \frac{2\pi z}{H}, \end{aligned} \quad (14)$$

are used, and tracers are relaxed to these nine initial distributions with relaxation time scales, λ^{-1} , of 1 year, 3 years, and 9 years, which leads to a total of 27 different tracers. Detailed reasons for choosing these initial distributions and relaxation time scales are described in W. Zhang and Wolfe (2022).

With all 27 tracers, the diffusivity tensor is solved using the Moore-Penrose pseudoinverse (Moore, 1920; Penrose, 1955)—denoted by $(\cdot)^\dagger$ —to obtain

$$K_{ij} = -\overline{u'_i \tau'_\alpha} [\partial_j \tau_\alpha]^\dagger, \quad (15)$$

where (\cdot) indicates a 20-year and 304 km average. The 304 km coarsening scale is the same as the size of the spatial bins for the Lagrangian diffusivity estimate in section 2.2.2. Also, this coarsening scale is significantly larger than the mesoscale eddy scale and allows for the scale separation between the mean and eddies.

The multiple tracer inversion method accounts for the anisotropy of eddy diffusion by diagnosing each component of a diffusivity tensor. It is shown in W. Zhang and Wolfe (2022) that the diagnosed diffusivity tensor is generic and is effective in representing the flux of an arbitrary tracer. The principal diffusivities are the eigenvalues of the symmetric part of the diffusivity tensor. The first and second eigenvalues were found to be in the zonal and meridional directions, respectively, in most regions, except where the mean flow is strong and non-zonal (e.g., the western boundary currents and southeastern part of the northern subpolar region) where the two eigenvalues align better with the along- and cross-mean flow directions (W. Zhang & Wolfe, 2022). The cross-stream diffusivity has been the focus of many oceanic studies, since the along-stream transport is mainly attributed to the mean flow (e.g., Ferrari & Nikurashin, 2010; Riha & Eden, 2011; Klocker, Ferrari, & LaCasce, 2012). Cross-stream/meridional mixing is found to have important dynamical impacts in the Southern Ocean, such as on the meridional heat transport and the overturning circulation (e.g., Bates et al., 2014; Chapman & Sallée, 2017). W. Zhang and Wolfe (2022) found that the along-stream diffusivity can be reconstructed from the cross-stream diffusivity with the suppressed mixing length formula of Ferrari and Nikurashin (2010). In this study, the cross-stream tracer diffusivity is compared with the second eigenvalue of the Lagrangian diffusivity tensor, (8), estimated using coherent eddy tracks.

3 Coherent eddies and tracer diffusivity in QG turbulence

Coherent eddies are identified and tracked in the upper layer of the QG simulations, using the eddy tracking algorithm described in section 2.2.1. Examples of eddy boundaries and tracks in a simulation with $r^* = 0.22$ and $\beta^* = 0.073$ are shown in figure 1. Coherent eddies form and move randomly in QG turbulence.

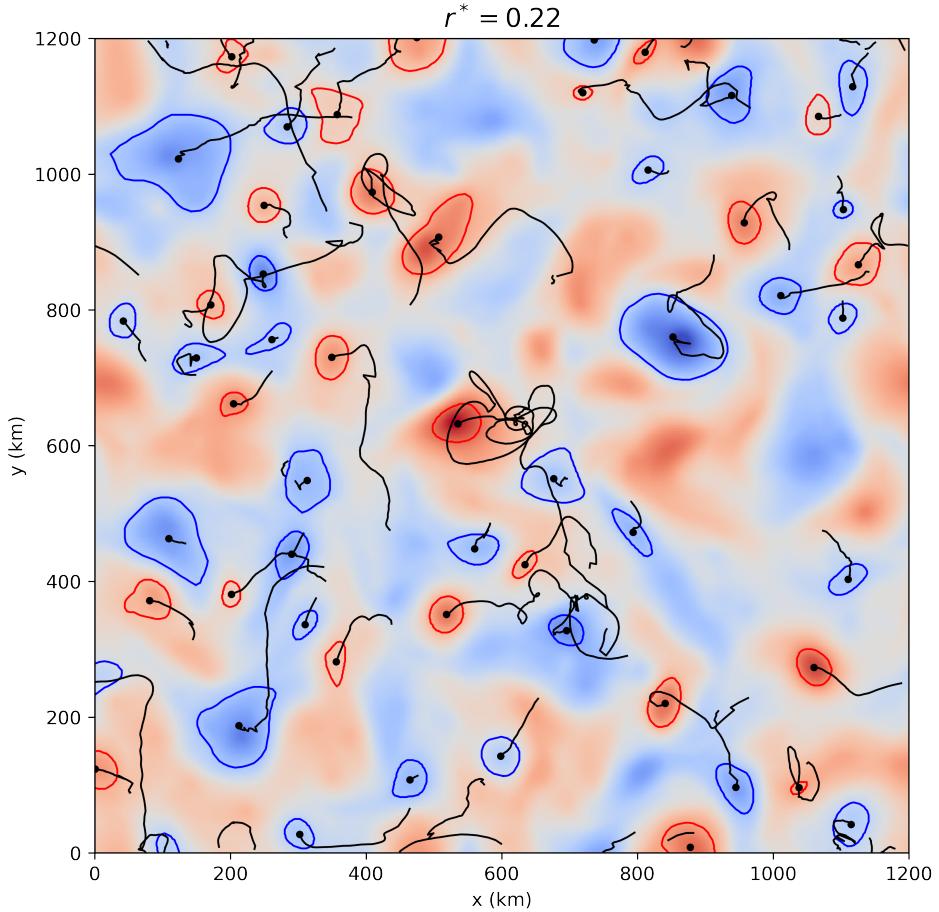


Figure 1. Snapshot of the upper-level streamfunction anomaly field relative to the background zonal mean flow for a simulation with $r^* = 0.22$ and $\beta^* = 0.073$. Blue and red lines indicate the boundaries of cyclonic and anticyclonic eddies, respectively. Black dots are the centroids of the eddies. Black lines are the tracks of the eddies from the current time to when they terminate.

The statistics of the temporal variation of eddy amplitude are studied following Samelson et al. (2014). Each eddy amplitude time series, $A_n(t)$ ($n = 1, 2, \dots, N$), is normalized by the time mean over the eddy lifetime, $\hat{A}_n(t) = A_n(t)/\bar{A}_n$. Eddies with the same lifetime, T , are grouped together and their normalized amplitude is averaged, $\hat{A}^T(t) = \sum_m \hat{A}_m^T(t)$ ($m = 1, 2, \dots, M$), where M is the number of eddies with lifetime T .

Figure 2 shows the time series of all $\hat{A}^T(t)$ versus the dimensionless time, t^* , where $t^* = t/T$, with $0 \leq t \leq T$. The normalized amplitude tends to grow during the initial stage ($0 < t^* < 0.1$), slowly grow or decay during the mature stage ($0.1 \leq t^* \leq 0.9$), and decay rapidly during the end stage ($0.9 < t^* < 1$). This result is consistent with that found by Samelson et al. (2014) for the altimeter-tracked mesoscale eddies in the ocean. Eddies tend to experience significant merging and splitting events or interaction with submesoscale processes during their growing or decaying stages (Samelson et al., 2016; Z. Zhang & Qiu, 2018). Since the eddy behavior during the initial and final phases is atypical compared to the mature phase, we drop the first and last 10% of eddy trajectories before calculating the diffusivity below.

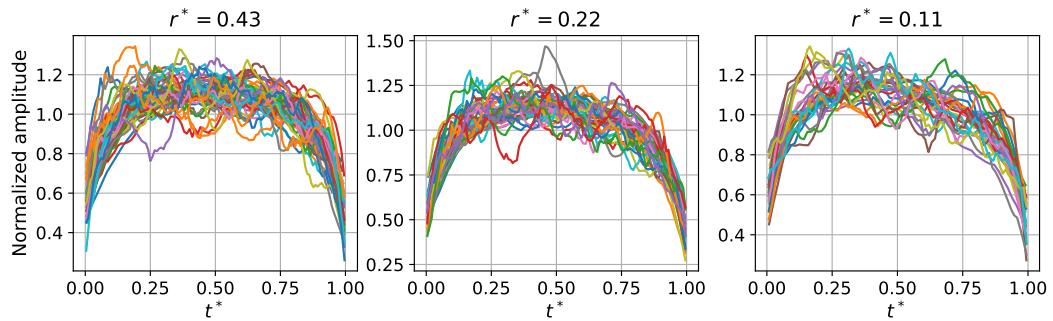


Figure 2. Dimensionless time series of normalized amplitude for coherent eddies. Each line is the time series of normalized amplitude of eddies with the same lifetime T , $30 \text{ days} \leq T \leq 150 \text{ days}$. The dimensionless time is $t^* = t/T$, where $0 \leq t \leq T$, and T is the eddy lifetime. The amplitude of each eddy is normalized by the mean amplitude over its lifetime.

The Lagrangian diffusivity is calculated based on the tracks of coherent eddies over the whole domain and over 10 years using equation (8) described in section 2.2.2. Figures 3a-3c shows the time series of the major (i.e., largest magnitude) and minor (i.e., second largest magnitude) eigenvalues of the coherent eddy diffusivity tensor, κ_1^{coh} and κ_2^{coh} , respectively, for three simulations with $r^* = 0.43, 0.22$, and 0.11 (and $\beta^* = 0.073$). The eigenvectors associated with κ_1^{coh} and κ_2^{coh} are nearly in the zonal and meridional directions, respectively. The meridional coherent eddy diffusivity, κ_2^{coh} , approaches the domain-averaged PV diffusivity in the upper layer (black dashed line in figures 3a-3c) in 20–40 days. This consistency between the meridional diffusivity estimated from coherent eddies and the upper-layer Eulerian PV diffusivity is also found by W. Zhang et al. (2020), where coherent eddies are identified and tracked as Lagrangian coherent structures. The zonal coherent eddy diffusivity, κ_1^{coh} , on the other hand, is slightly larger than the meridional diffusivity and does not asymptote to a constant value within the integration time window.

For comparison with the coherent eddy diffusivity, the Lagrangian diffusivity (8) is also calculated using the paths of a total of 1 048 576 initially uniformly spaced numerical particles advected over the whole domain. The time series of the major and minor eigenvalues of the particle diffusivity tensor, κ_1 and κ_2 , are shown by the blue and orange lines, respectively, in figures 3d-3f for the same three simulations as in figures 3a-

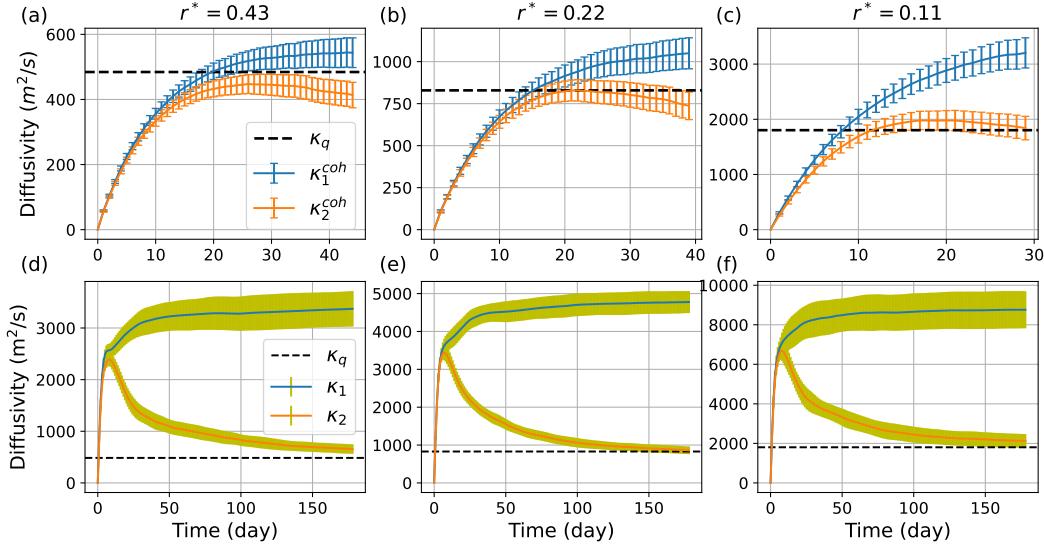


Figure 3. Top panels: Upper-level Lagrangian diffusivity calculated from coherent eddy tracks over 10 years. Blue and orange lines are the major and minor eigenvalues of the diffusivity tensor, κ_1^{coh} and κ_2^{coh} , respectively. Error bars are 2 times standard error. Bottom panels: Upper-level Lagrangian diffusivity calculated from numerical particle trajectories. Blue and orange lines are the zonal and meridional diffusivities, κ_1 and κ_2 , respectively, averaged over 10 nonoverlapping time windows. The shading gives 2 times the standard error for the estimates in 10 time windows. Black dashed line indicates the Eulerian PV diffusivity, κ_q . The parameters for the simulations are $r^* =$ (a & d) 0.43, (b & e) 0.22, and (c & f) 0.11 and $\beta^* = 0.073$.

3c. The directions of κ_1 and κ_2 are close to the zonal and meridional directions, respectively, so we will refer to κ_1 and κ_2 as the zonal and meridional diffusivities, respectively. The meridional diffusivity, κ_2 , estimated from particles also approaches the domain-averaged Eulerian PV diffusivity (black dashed line in figures 3d-3f). However, it takes more than 100 days for this convergence to occur, which is more than 5 times slower than the coherent eddy diffusivity. The slow convergence of particle diffusivity implies that it is more efficient to estimate the tracer diffusivity by identifying and tracking coherent eddies than by deploying and tracking Lagrangian particles.

There are several possible reasons why the meridional coherent eddy diffusivity approaches the Eulerian diffusivity faster than the particle diffusivity. Firstly, the coherent eddy movements are due to the low-frequency component of advection by the mesoscale or large-scale flows, which dominate the mesoscale diffusivity (J. H. LaCasce, 2008a). In contrast, particles or drifters may initially spread quickly due to filaments and other small-scale processes, with their movement constrained by large-scale dynamics (e.g., the meridional PV gradient) only on longer time scales. In that case, the meridional particle diffusivity increases quickly and then slowly asymptotes to the background Eulerian PV diffusivity, as is shown in figures 3d-3f. Secondly, the diffusion itself has been found to be due to the chaotic movement of coherent eddies in point vortex models (Aref, 1984; Weiss et al., 1998). In this case, the diffusivity estimate based on coherent eddy tracks is directly related to the source of the diffusion. Thirdly, particle motion in turbulent fluids have been found to transition to the diffusive regime more slowly than standard Brownian motion due to entrainment by surrounding fluid which generates long-range correlations (Franosch et al., 2011; Chong et al., 2020). If a similar effect also exists in

374 geostrophic turbulence, it can lead to long decorrelation time scales for particle motion
 375 and a slower transition to diffusive behaviour.

376 The zonal particle diffusivity (blue lines in figures 3d-3f) is much larger than the
 377 meridional diffusivity, indicating that the mixing is strongly anisotropic. The anisotropy
 378 is likely due to the meridional PV gradient, which suppresses meridional motion by trans-
 379 ferring turbulent energy into zonally elongated Rossby waves and jets (e.g., Rhines, 1975;
 380 Maltrud & Vallis, 1991; Gallet & Ferrari, 2021), thereby reducing meridional transport.
 381 Quantifying the suppression of meridional mixing by the PV gradient is beyond the scope
 382 of this study and will be pursued in forthcoming work. The zonal diffusivity estimated
 383 from particles is 3–5 times larger than that estimated from coherent eddies (blue lines
 384 in figure 3a-3c). The zonal coherent eddy diffusivities may become larger with a longer
 385 integration time window, as they are still increasing in figure 3. However, the lifetimes
 386 of coherent eddies are usually shorter than 90 days, which limits the length of the inte-
 387 gration time window. We will focus on the meridional diffusivity (i.e., the minor eigen-
 388 value of the diffusivity tensor) hereafter, since it is more robustly estimated and more
 389 relevant to PV mixing.

390 The correspondence between the coherent eddy and Eulerian diffusivities is exam-
 391 ined in broad regimes of QG simulations by varying r^* and β^* . Since the coherent eddy
 392 diffusivity occasionally still displays some drift at the end of the integration window, a
 393 “final” value is estimated by the average over the last tenth of integration window. This
 394 final coherent eddy diffusivity (orange dashed line) and domain averaged Eulerian PV
 395 diffusivity (blue line) are compared in figure 4. Figure 4a shows that the coherent eddy
 396 diffusivity is consistent with the Eulerian PV diffusivity over a range of frictions vary-
 397 ing by an order of magnitude, except when the friction is very small, where the coher-
 398 ent diffusivity is smaller than the PV diffusivity. Figure 4b shows that the coherent eddy
 399 diffusivity matches the PV diffusivity in the regimes when $\beta^* > 0.05$, while the coher-
 400 ent eddy diffusivity underestimates the PV diffusivity when $\beta^* < 0.05$. Possible expla-
 401 nations are discussed in section 4.

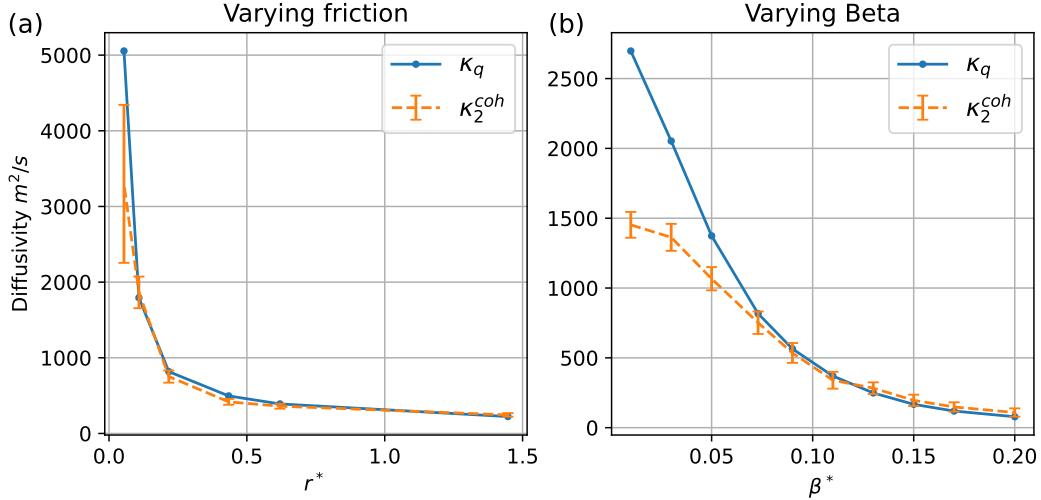


Figure 4. Comparison between the upper-layer PV diffusivity (blue line) and the final value of the meridional diffusivity from coherent eddy tracks (orange line) in simulations with varying (a) r^* (with $\beta^* = 0.073$) and (b) β^* (with $r^* = 0.22$). Error bars are two times the standard error, which is the rms of the individual standard errors over the last tenth of the integration time window.

402 **4 Why does the coherent eddy diffusivity underestimate the PV dif-**
 403 **fusivity for small beta and friction?**

404 Coherent eddy diffusivity tends to underestimate the PV diffusivity in simulations
 405 where beta or friction are small (figure 4). This result suggests that the mixing of trac-
 406 ers is not dominated by the movement of coherent eddies in these simulations. To make
 407 this observation more concrete, we examine the spatial scales responsible for the merid-
 408 ional PV flux, vq , by comparing the co-spectra of v and q between simulations with small
 409 and large beta (using $\beta^* = 0.01$ and $\beta^* = 0.09$ as an example). The co-spectrum, $\langle v, q \rangle$,
 410 between the meridional velocity anomaly v and PV anomaly q is

$$\langle v, q \rangle = \text{Re} [\hat{v}^* \hat{q}], \quad (16)$$

411 where \hat{v} and \hat{q} are the spectra of v and q , respectively. Figures 5a and 5b show $\langle v, q \rangle$ (blue
 412 line) in the two simulations with $\beta^* = 0.01$ and $\beta^* = 0.09$, respectively, in figure 4b.
 413 The kinetic energy (KE) spectrum $\hat{E} = |\hat{u}|^2 + |\hat{u}|^2$ is also plotted (orange line) for com-
 414 parison. The coherent eddy diffusivity underestimates the PV diffusivity when $\beta^* = 0.01$,
 415 and matches the PV diffusivity well when $\beta^* = 0.09$ (figure 4b). The peak of $\langle v, q \rangle$ is
 416 at a smaller wavenumber than that of \hat{E} when $\beta^* = 0.01$, while they overlap when $\beta^* =$
 417 0.09. This difference indicates that PV mixing is dominated by motions with scales larger
 418 than (equal to) the energy containing scale—the inverse of the peak wavenumber of \hat{E} —
 419 when $\beta^* = 0.01$ ($\beta^* = 0.09$). In general, the peak of the PV flux co-spectrum is at
 420 larger scales than the peak in the energy spectrum for $\beta^* \lesssim 0.07$, while the two peaks
 421 overlap for larger values of β^* (not shown).

422 To better understand how the relative locations of the peaks of PV flux and en-
 423 ergy spectra relate to the flow in physical (rather than spectral) space, we introduce a
 424 low-wavenumber cutoff, k_c , that satisfies

$$\int_0^{k_c} \langle v, q \rangle dk = 0.8 \int_0^{k_{\max}} \langle v, q \rangle dk, \quad (17)$$

425 where k_{\max} is the largest resolved wavenumber. Motions with wavenumber smaller than
 426 k_c thus account for 80% of the total PV mixing. Figure 5c and 5d show snapshots of upper-
 427 level streamfunction anomaly for the two simulations with $\beta^* = 0.01$ and $\beta^* = 0.09$,
 428 respectively. Black dashed lines indicate low-pass filtered streamfunction field using the
 429 cutoff k_c . Mesoscale eddies appear as local streamfunction extrema in the shading. The
 430 eddies have similar sizes in both simulations, consistent with their similar peak wavenum-
 431 bers of the energy spectrum \hat{E} in figure 5a and 5b. In the $\beta^* = 0.01$ simulation, the
 432 low-pass filtered contours capture large-scale structures represented by patches of pos-
 433 itive or negative streamfunction anomalies. These patches consist of multiple same-signed
 434 eddies that are correlated through their velocity fields. These long-range correlations be-
 435 tween multiple eddies signal that mixing is nonlocal in physical space, which is why the
 436 peak of $\langle v, q \rangle$ appears at smaller wavenumbers than that of \hat{E} . In the $\beta^* = 0.09$ sim-
 437 ulation, the filtered contours predominantly capture individual coherent eddies, with fewer
 438 long-range correlations due to limited correlations between same-signed eddies. Conse-
 439 quently, the mixing is local in physical space and dominated by individual coherent ed-
 440 dries in this simulation.

441 Long-range correlations between eddies are also evidenced by the slope of KE spec-
 442 tra in figure 6, where KE spectra of different simulations are normalized by their peak
 443 value and the corresponding horizontal wavenumbers for comparison. The slope of en-
 444 ergy spectrum on the left of the peak (i.e., scales larger than the energy-containing scale)
 445 is shallower in the simulation with $\beta^* = 0.01$ than that with $\beta^* = 0.09$, indicating rel-
 446 atively more energy at scales larger than the energy-containing scale in the former. This
 447 result is consistent with the prevalence of large patches of streamfunction anomalies formed
 448 by long-range correlations between individual eddies in the simulation with $\beta^* = 0.01$.

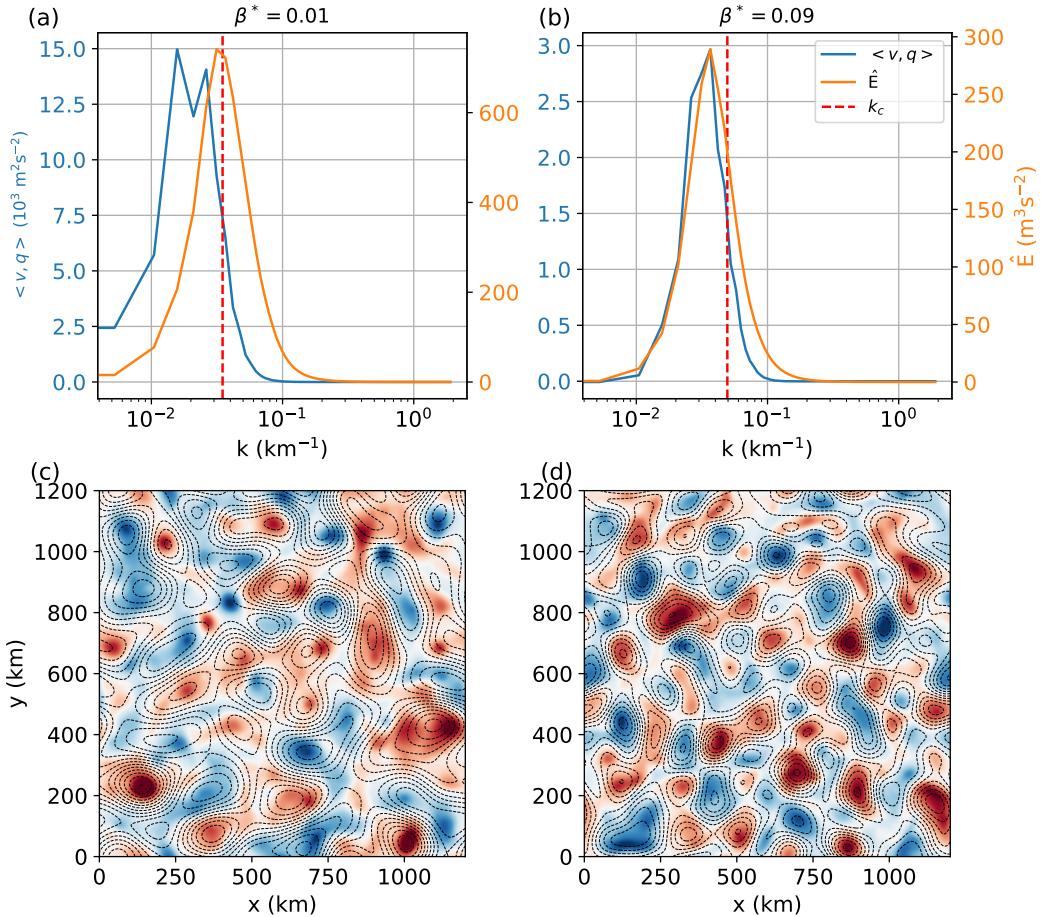


Figure 5. Top panels: Upper-level spectrum of meridional PV flux (blue) and kinetic energy (orange) in the simulations with (a) $\beta^* = 0.01$ and (b) $\beta^* = 0.09$ in figure 4. 2D spectra are azimuthally integrated to obtain 1D spectra. Red dashed line indicates the wavenumber below which 80% of the meridional PV flux is contained. Bottom panels: Snapshots of upper-level streamfunction anomaly fields for the simulations shown in the upper panels. Black dashed lines are contours of spatially low-pass filtered field for the same snapshot, using a cutoff k_c .

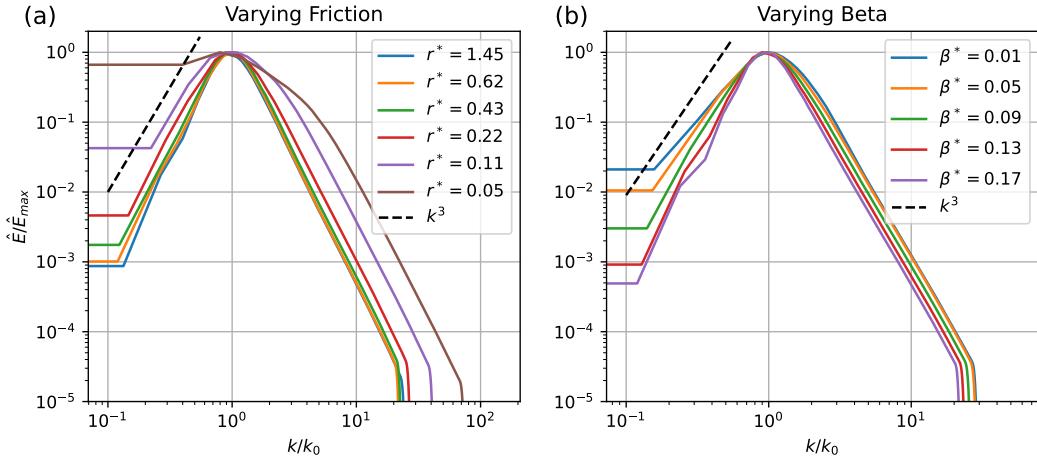


Figure 6. Normalized 1D upper-level kinetic energy spectra for simulations with varying (a) r^* (with $\beta^* = 0.073$) and (b) β^* (with $r^* = 0.22$). The energy spectrum $\hat{E} = |\hat{u}|^2 + |\hat{v}|^2$, where \hat{u} and \hat{v} are the Fourier transform of the zonal and meridional velocity anomalies, and $\bar{\cdot}$ indicates a 20-year average. The 1D spectrum is obtained as the azimuthal integral of the 2D spectrum. Each energy spectrum is normalized by its maximum, \hat{E}_{\max} . The horizontal wavenumber k is also normalized by the wavenumber corresponding to \hat{E}_{\max} , k_0 . The black dashed line indicates the slope of k^3 .

Overall, the energy spectrum becomes shallower than k^3 at scales larger than the energy-containing scale when $\beta^* < 0.07$ (figure 6b) or when $r^* = 0.1$ (figure 6a). This result is consistent with the prevalence of long-range correlations between the eddies in those simulations with small beta or friction (not shown), which are similar to the results in the simulation with $\beta^* = 0.01$ (figure 5a and figure 5c). Geostrophic turbulence theory holds that the inverse energy cascade can be halted by friction or beta (e.g., Rhines, 1975; Larichev & Held, 1995; Held & Larichev, 1996), so smaller friction or beta leads to larger fraction of energy at large scales. According to mixing length theory, larger scale motions are more efficient in mixing due to their larger mixing lengths. Consequently, tracer mixing is increasingly dominated by the large eddy patches rather than individual eddies as beta or friction is made smaller, resulting in a tracer diffusivity that is larger than the coherent eddy diffusivity.

5 Application to inhomogeneous 3D ocean circulation

5.1 Coherent eddy diffusivity

The coherent eddy diffusivity and the tracer diffusivity is further compared in the PE model, described in section 2.1.2. This model contains multiple gyres, western boundary currents, and a circumpolar current in the channel (figure 7e) (see also W. Zhang & Wolfe, 2022). Coherent eddies are detected and tracked using SSH snapshots at a 3-day interval, using the method described in section 2.2.1. The cyclonic and anticyclonic eddy tracks over 20 years are shown by the blue and red lines, respectively, in figure 7e. Coherent eddy tracks cover most parts of the model domain, except for the tropics and a quiescent region in the western part of the northern subpolar gyre.

The nondimensional planetary vorticity gradient, β^* , is estimated by the Charney-Green number (Charney, 1947; Green, 1960) in the same model by W. Zhang and Wolfe (2022) (their Figure 2), which shows that β^* is larger than 0.05 at most of the latitudes,

474 except the southern part of the channel. This means that most of the regions in this model
 475 are characterized by values of β^* that are in the regime where the coherent and Eulerian
 476 diffusivities agree in the QG model (section 3). The magnitude of β^* becomes larger
 477 than 0.2 (the largest value used in the QG model) in the subtropics. The regime with
 478 $\beta^* > 0.2$ is never tested in the two-layer QG model because this value of β^* stabilizes
 479 the two-layer system to baroclinic instability. In the PE model, we find the baroclinic
 480 instability is mainly due to that the PV gradient changes sign near the surface in the
 481 subtropics, which is a Charney-type instability (Charney, 1947; Tulloch et al., 2011) and
 482 not simulated by the two-layer QG model.

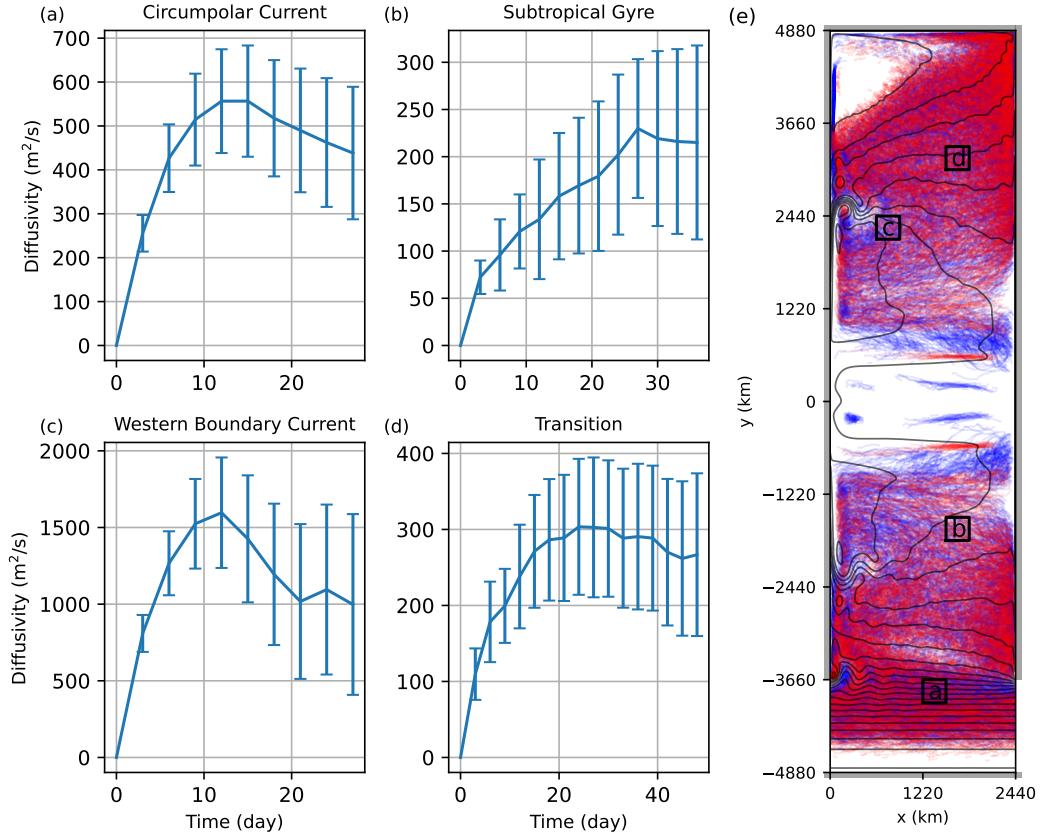


Figure 7. (a, b, c, d) Minor eigenvalue of the diffusivity tensor estimated from coherent eddy tracks in the four bins labeled a, b, c, and d in (e) from the idealized basin circulation model. Error bars are 2 times standard error. (e) Cyclonic (blue) and anticyclonic (red) eddy trajectories in 20 years. Black lines indicate 20-year-mean SSH contours.

483 The Lagrangian diffusivity tensor is calculated using coherent eddy tracks in $304 \times$
 484 $304 \text{ km spatial bins}$, as described in section 2.2.2. The first and last 10% of eddy tracks
 485 are excluded before calculating the diffusivity, as with the QG model. Figures 7a-7d show
 486 the minor (i.e., the second largest magnitude) eigenvalue of the Lagrangian diffusivity
 487 tensor estimated using coherent eddy tracks in the four regions shown by the black boxes
 488 in figure 7e. The direction of the corresponding eigenvector is within 15° of the meridional
 489 direction except in the western boundary currents, where the eigenvector is about
 490 30° from the meridional direction. The time series of coherent eddy diffusivity in this
 491 model are similar to those of the meridional coherent eddy diffusivity in the QG model.
 492 The coherent eddy diffusivity rises rapidly within the first 10–20 days and then stabi-

lizes (with some fluctuations) within about 20–40 days in most of the regions. The “final” value of the diffusivity is taken as the average over the last three time steps (i.e., 9 days) of the integration window, described in section 2.2.2. The major (i.e., the largest) eigenvalue of the diffusivity tensor, which is mostly in the zonal direction, is not shown here because it is still increasing rapidly by the end of the integration window. This behavior is similar to the zonal coherent eddy diffusivity in the QG model (blue lines in figure 3) discussed in section 3.

Ni et al. (2020) found that the meridional diffusivity estimated from tracks of coherent eddies kept increasing with time rather than stabilizing at many locations in the ocean, which is different from what we find for the minor diffusivity in figure 7. The reason is likely because we remove the Lagrangian mean from the eddy velocity in the diffusivity calculation in equation (8) and estimate the minor principal component of the diffusivity tensor, both of which are necessary to reduce the bias (e.g., due to shear dispersion) of the diffusivity estimate (Oh et al., 2000; Griesel et al., 2014). Note that the diffusivity integration window used by Ni et al. (2020) (their figure B1) is significantly longer than that used here, because the lifetime of eddies in our model is shorter—generally less than 100 days—than those in the ocean, where a significant fraction of eddies live longer than 16 weeks (Chelton et al., 2011). The horizontal and vertical extent of our model is about a half of the Atlantic Ocean, so the eddies in this model might be more impacted by the bottom friction and eddy-eddy interactions, which reduce their average lifetime.

5.2 Comparison of the coherent eddy diffusivity to the tracer diffusivity

The final coherent eddy diffusivity is compared with the local tracer diffusivity estimated using the multiple tracer inversion method, described in section 2.2.3. The vertical profiles of the minor diffusivity in the four black boxes in figure 7e are shown as blue lines in figure 8. The direction of the associated eigenvector is generally in the meridional direction and is almost perpendicular to the direction of the mean flow in the upper ocean. The tracer diffusivity has a complicated vertical structure and tends to have a subsurface maximum due to the variation of eddy velocity with depth and the mean flow suppression effect, discussed in detail in W. Zhang and Wolfe (2022).

The final coherent eddy diffusivity in the same region is plotted as the orange dashed line in figure 8 with shadings of two times the averaged standard error. The tracer diffusivity has a complicated vertical structure, but the coherent eddy diffusivity provides a single estimate in each bin. This makes the comparison between the two diffusivities challenging. The reason for this difference is that the coherent eddies themselves are 3D structures and move as deep water columns. The eddy swirling velocity and the mean flow tends to decrease with depth, which causes the vertical variation of tracer diffusivity (W. Zhang & Wolfe, 2022). The coherent and tracer diffusivities are most likely to be comparable at the vertical level where the translation speed of coherent eddies is close to the eddy swirling velocity. This depth can be determined by the nonlinearity parameter, r , defined as

$$r = \frac{u_{\text{rms}}}{c}, \quad (18)$$

where u_{rms} is the rms eddy velocity estimated from a 20-year average, and c is the intrinsic speed of coherent eddies, estimated as

$$c = \sqrt{\left\langle \left| \mathbf{u}_{\text{coh}} - \bar{\mathbf{U}}^z \right|^2 \right\rangle_L}, \quad (19)$$

where \mathbf{u}_{coh} is the translation velocity of coherent eddies, and $\bar{\mathbf{U}}^z$ is the vertically averaged mean flow.

539 The depth where $r = 1$ (black dashed line in figure 8) is the depth where the in-
 540trinsic translation speed of coherent eddies is equal to the movement speed of surround-
 541ing water parcels. At this depth, the coherent eddy diffusivity (orange dashed line in fig-
 542ure 8) becomes close to the tracer diffusivity. The physical meaning of $r = 1$ is that
 543 it indicates the depth where eddies transition from nonlinear to linear dynamics. The
 544 depth where $r = 1$ is referred as the “transition depth” hereafter. If $r > 1$, eddies can
 545 form closed streamlines, while if $r < 1$, the streamlines do not close and the eddy is more
 546 wave-like (W. Zhang & Wolfe, 2022). The depth where the coherent eddy diffusivity be-
 547 comes close to the tracer diffusivity is the deepest depth where the eddy remains non-
 548 linear.

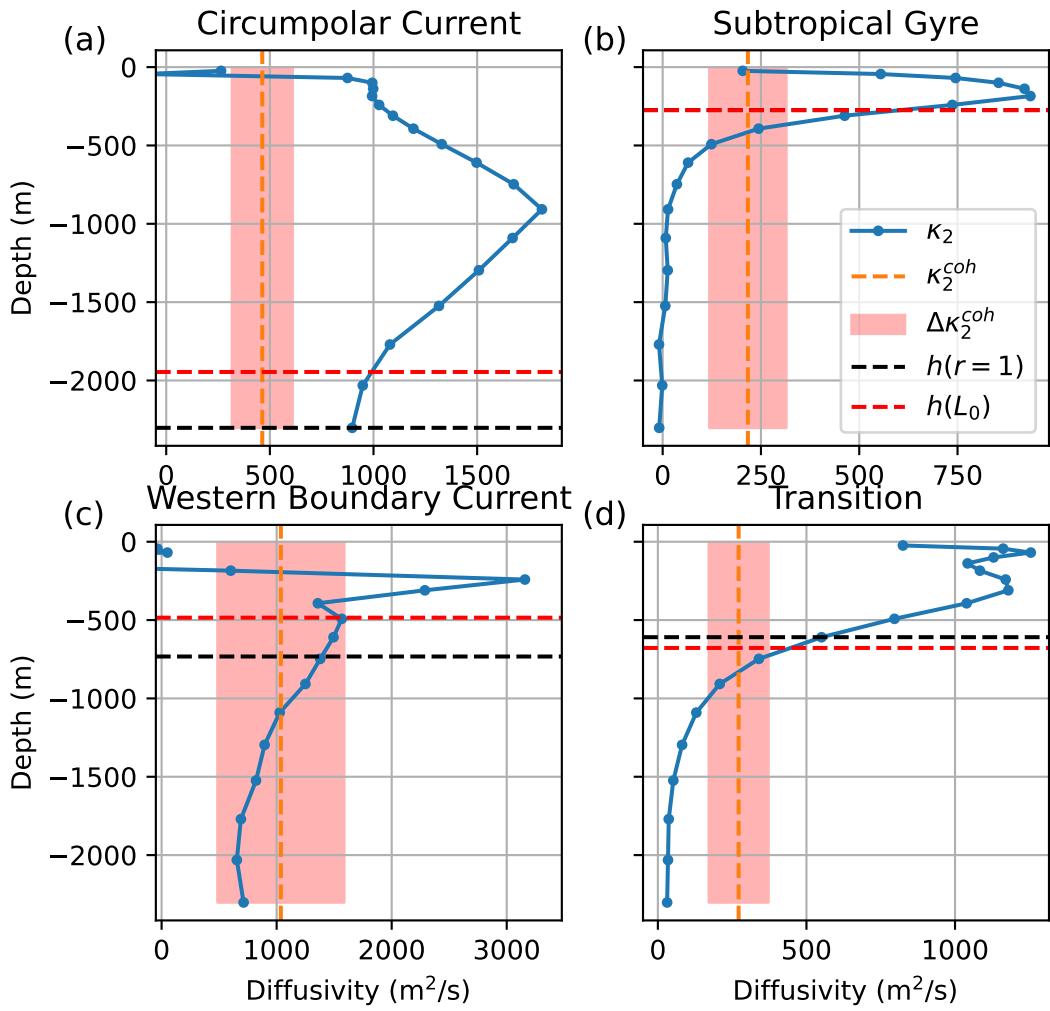


Figure 8. Vertical profiles (blue lines) of the second eigenvalue of the tracer diffusivity tensor diagnosed in the same bins as the coherent eddy diffusivities in figure 7. Orange dashed line indicates the final second eigenvalue of the coherent eddy diffusivity tensor with shaded error of 2 times standard error, which is the rms of individual standard errors over the last 9 days of the integration time window shown in figure 7. Black and red dashed line indicates the depth where $r = 1$, and $z = -h_{L_0}$, respectively

549 The coherent eddy diffusivity and the tracer diffusivity at the depth where $r =$
 550 1 are compared in every 304×304 km bin, and their spatial distribution is shown in figure
 551 9a and 9b. The two diffusivities share similar spatial patterns; for example, they are
 552 strong in the western boundary current and circumpolar current regions and weak in the
 553 gyres. A quantitative comparison at all bins is given in figure 10a. The two diffusivities
 554 are highly correlated ($R^2 = 0.7$). These results suggest that the coherent diffusivity is
 555 still meaningful in inhomogeneous 3D ocean circulations, but that it represents the dif-
 556 fusivity at a specific depth due to the fact that coherent mesoscale eddies generally have
 557 deep vertical extents (Z. Zhang et al., 2014; Frenger et al., 2015) and move as a whole
 558 water column.

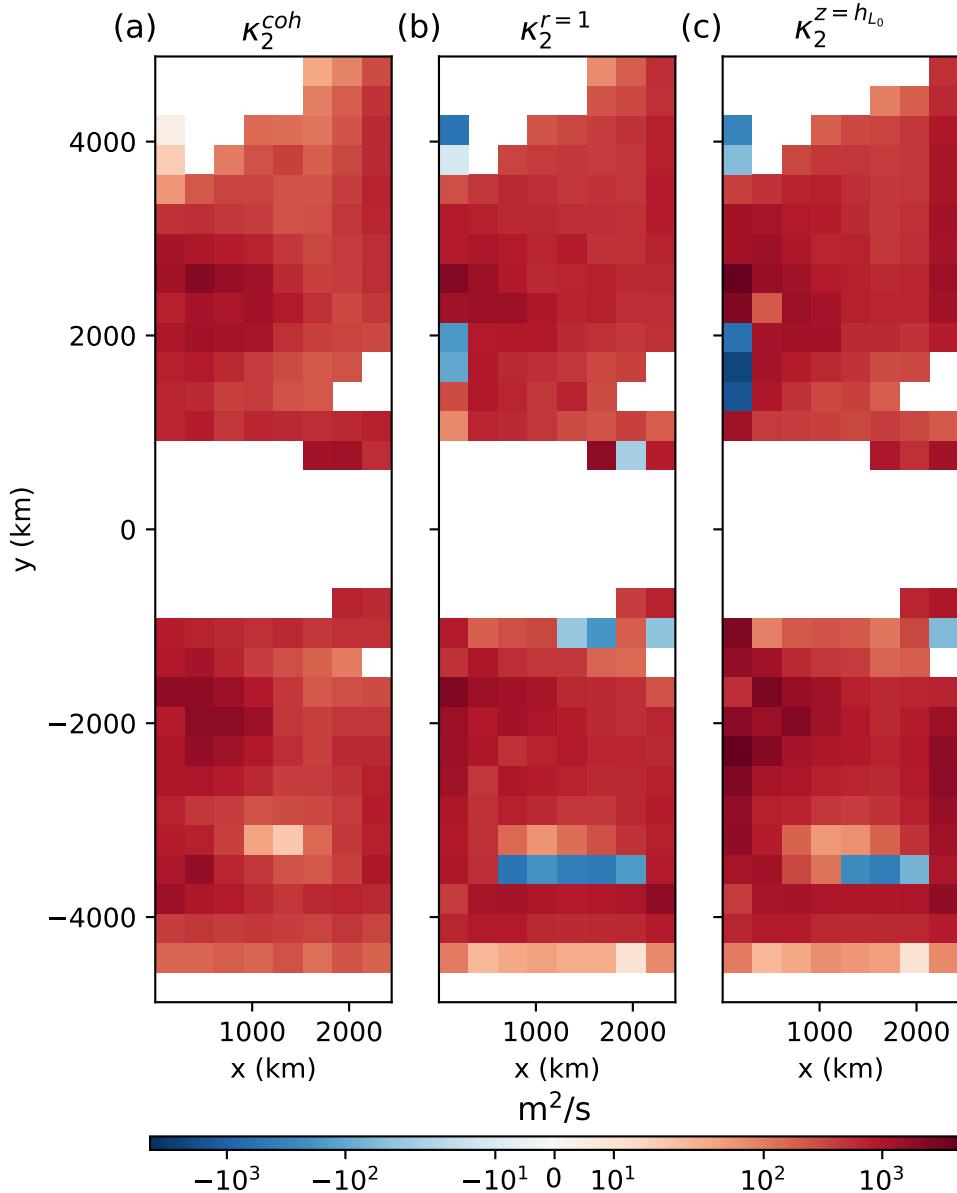


Figure 9. Comparison between the distributions of the second eigenvalue of (a) coherent eddy diffusivity tensor, (b) the tracer diffusivity tensor at the level where $r = 1$, and (c) the tracer diffusivity tensor at the depth where $z = -h_{L_0}$.

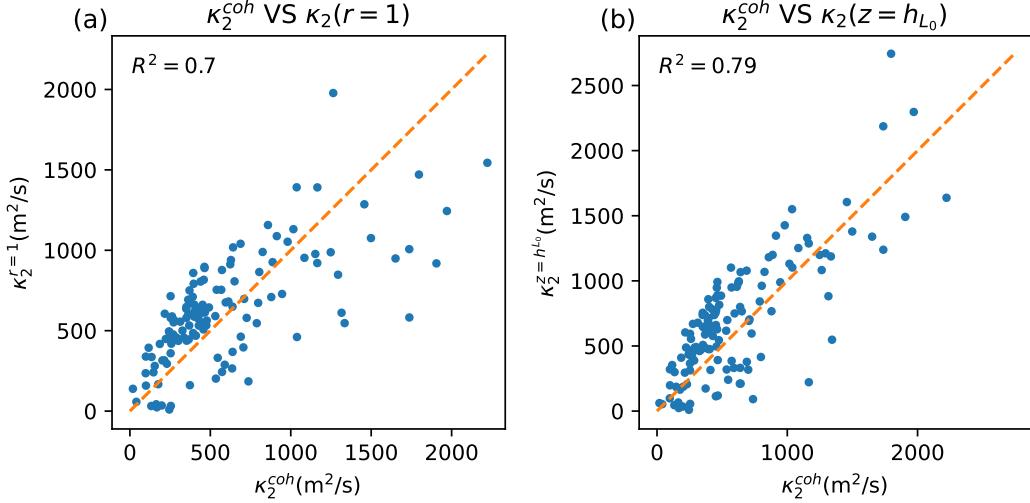


Figure 10. Scatter plot of the second eigenvalue of coherent eddy diffusivity tensor versus that of the tracer diffusivity tensor at the level where (a) $r = 1$ and (b) $z = -h_{L_0}$ for all 304×304 km bins, excluding the estimates on the boundaries and negative values. The one-to-one line is dashed orange.

559 5.3 Estimation of the transition depth

The depth where $r = 1$ is an estimate of the vertical extent of the eddies. A direct estimate of this depth would require the vertical profile of eddy velocities, which is usually not available from ocean observations. However, the vertical structure of ocean eddies has been found to be well-described by surface quasigeostrophic (SQG) dynamics (Lapeyre & Klein, 2006; Klein et al., 2009; Isern-Fontanet et al., 2008; Qiu et al., 2016), which connects the vertical scale of eddies to their horizontal scale through the stratification. If the stratification is uniform (i.e., $N = N_0$) and the eddy amplitude decays to zero at infinite depth, SQG shows that the eddy streamfunction is

$$\hat{\psi}(k, z) = \hat{\psi}(k, 0) e^{kN_0 z / |f|}, \quad (20)$$

where $\hat{\psi}(k, z)$ is the Fourier transform of the eddy streamfunction at depth z , and k is the horizontal wavenumber. The vertical decay scale of an eddy with wavenumber k is therefore $|f| / (kN_0)$.

In varying stratification, the WKB approximation to the vertical structure is

$$\hat{\psi}(k, z) = \hat{\psi}(k, 0) \exp\left(\frac{k}{|f|} \int_z^0 N dz\right). \quad (21)$$

For a coherent eddy with scale $L = k^{-1}$, its e-folding vertical scale, h_L , can be obtained by solving

$$\int_{-h_L}^0 \frac{N}{|f|} dz = L. \quad (22)$$

We assume the mean horizontal scale of coherent eddies is close to the local energy containing scale, L_0 , estimated following Thompson and Young (2006) and W. Zhang and Wolfe (2022) as

$$L_0 = \sqrt{\frac{\overline{\eta'^2}}{|\nabla \eta'|^2}}, \quad (23)$$

577 where $\bar{\cdot}$ denotes a 20-year mean, and η' is the SSH anomaly relative to the mean. The
 578 vertical scale of coherent eddies is estimated as h_{L_0} by replacing L with L_0 in equation
 579 (22). The vertical scale h_{L_0} is compared to the depth where $r = 1$ in figure 11. The
 580 two depths compare well in most of the regions, except in the western boundary currents,
 581 where h_{L_0} is an underestimate. Outside of these regions, h_{L_0} is a good estimate of the
 582 transition depth and has the advantage that it can be estimated from SSH and mean strat-
 583 ification observations.

584 The tracer diffusivity at the depth h_{L_0} is compared with the coherent eddy diffu-
 585 sivity in figures 9c and 10b. The horizontal distribution of the tracer diffusivity at depths
 586 h_{L_0} and $r = 1$ are quite similar and the coherent diffusivity is more highly correlated
 587 with tracer diffusivity at h_{L_0} than with the diffusivity at the depth where $r = 1$. This
 588 result suggests that the spatial pattern of the diffusivity at the depth h_{L_0} can be effec-
 589 tively estimated from the dispersion of coherent eddies in the ocean.

590 6 Summary and conclusions

591 This study compares the coherent eddy diffusivity—the Lagrangian diffusivity es-
 592 timated from the dispersion of coherent mesoscale eddies—with the tracer diffusivity in
 593 a QG and PE model. Coherent eddies are identified and tracked in two sets of two-layer
 594 QG simulations with varying bottom friction and β , respectively. The meridional coher-
 595 ent eddy diffusivity, which is the minor eigenvalue of the diffusivity tensor, is generally
 596 within 30% of the upper layer PV diffusivity except for simulations with the smallest val-
 597 ues of friction and β . It takes 20–40 days to reach an approximately stable value, which
 598 is at least 5 times faster than the meridional Lagrangian diffusivity estimated from nu-
 599 matical particles inserted evenly throughout the domain. The more rapid stabilization
 600 of the coherent eddy diffusivity is likely because coherent eddies are large objects and
 601 only feel the low-frequency component of chaotic advection, which sets the diffusivity.
 602 This result suggests that coherent eddy dispersion may give an efficient estimate of the
 603 tracer diffusivity in the ocean.

604 The coherent eddy diffusivity underestimates the PV diffusivity for small β ($\beta^* <$
 605 0.05) and bottom friction ($r^* = 0.1$), likely due to prevalence of large patches of stream-
 606 function anomaly, which play a more important role in mixing than individual coherent
 607 eddies. These large patches are formed by the coupling between multiple same-sign ed-
 608 dries, as a result of inverse energy cascade in simulations with small β or bottom friction
 609 (e.g., Rhines, 1975; Maltrud & Vallis, 1991). The existence of these long-range correla-
 610 tions between eddies is a symptom of shallower kinetic energy spectra at scales larger
 611 than the energy-containing scale. Because these long-range correlations cover spatial scales
 612 larger than a single coherent eddy, they are more efficient in tracer mixing and play a
 613 more important role in setting the tracer diffusivity than single eddies. Consequently,
 614 the tracer diffusivity is larger than the coherent eddy diffusivity in simulations with small
 615 β and friction. We therefore expect dispersion of coherent eddies to provide a good es-
 616 timate of meridional mixing where the β -effect or friction is significant, for example in
 617 the subtropical and midlatitude oceans.

618 We then compare the minor eigenvalues of the diffusivity tensors estimated from
 619 coherent eddies and from tracer inversion in the PE model. The coherent eddy diffusiv-
 620 ity is estimated in spatial bins, using the eddy tracks that pass through each bin. Es-
 621 timates of the coherent eddy diffusivity stabilize in 20–40 days in most regions, which
 622 is similar to what is found in the QG model. The tracer diffusivity in the PE model has
 623 a complicated vertical structure, while the coherent eddy diffusivity provides a single es-
 624 timate of the diffusivity over the whole water column impacted by the eddies. It is found
 625 that the coherent eddy diffusivity is close to the tracer diffusivity at the “transition depth”—
 626 the depth where the translation speed of coherent eddies is equal to the rms eddy ve-
 627 locity. This is the depth where coherent eddies transition from nonlinear dynamics to

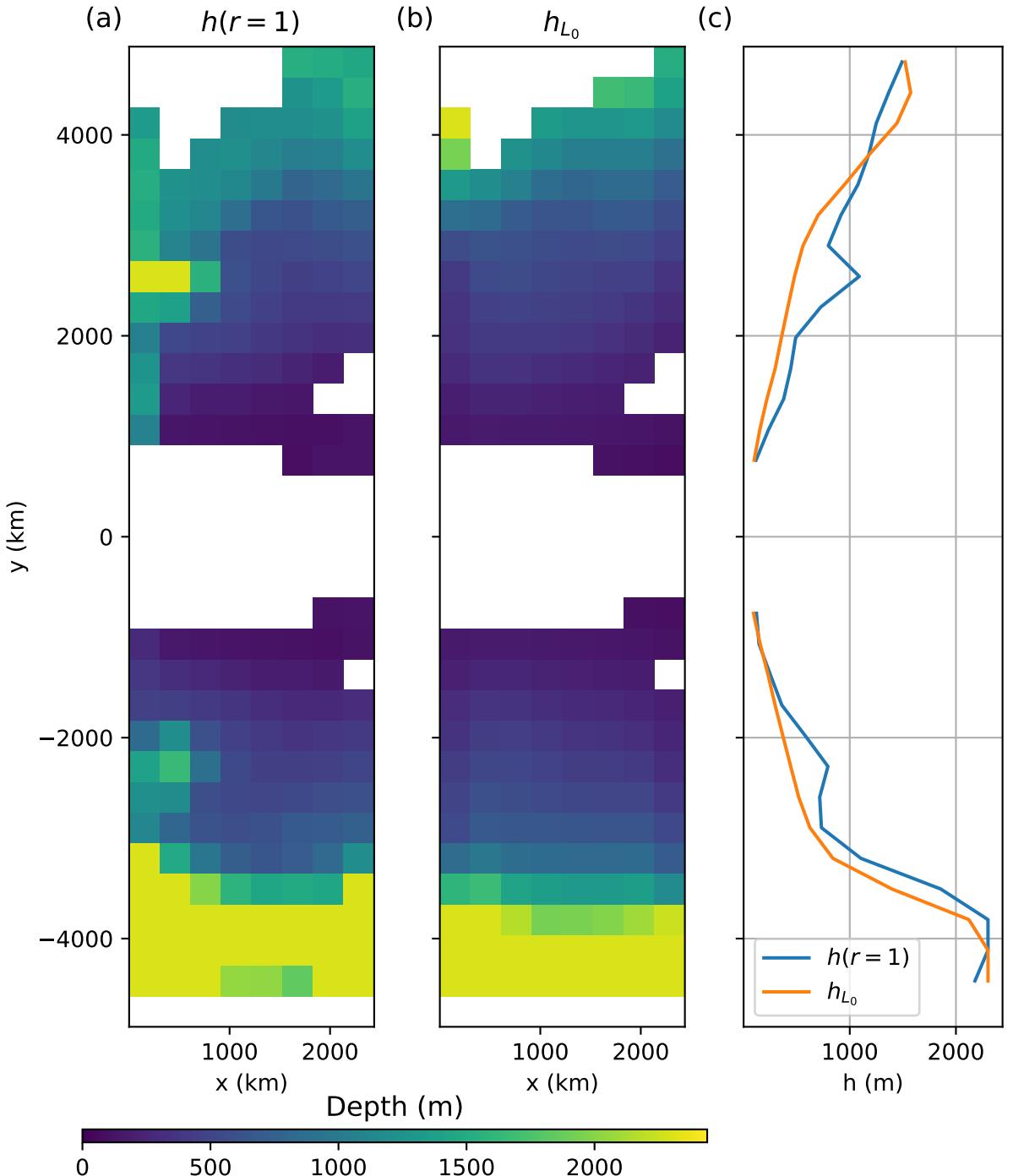


Figure 11. Comparison between the depth of (a) $h(r = 1)$ and (b) h_{L_0} . (c) Zonal averages of $h(r = 1)$ and h_{L_0}

more linear, wave-like dynamics (W. Zhang & Wolfe, 2022). The transition depth is found to be close to the e-folding vertical scale of the energy-containing eddies, which can be estimated based on SQG dynamics from SSH observations and hydrography. The tracer diffusivity at the e-folding depth of the energy-containing eddies can thus be estimated using the tracks of coherent mesoscale eddies.

The differences between the QG and PE model results are likely due to the coarse vertical resolution of the QG model (two layers). In the QG model, coherent eddies are primarily confined to the upper layer and their diffusivity is close to the upper-layer tracer diffusivity. The vertical structure of tracer diffusivity is better resolved in the PE model, and the diffusivity estimated from coherent eddies gives an estimate of the tracer diffusivity at depth—coherent eddies generally have a great vertical extent (Z. Zhang et al., 2014), which can impact the mixing over a broad range of depths. In addition, the eddy field is statistically homogeneous in the QG model, which allows us to estimate a bulk upper-layer PV diffusivity and that can be compared to the coherent eddy diffusivity estimated over the whole domain. In the PE model, lateral mixing is inhomogeneous so coherent eddy movements in each bin might be less representative of the local tracer diffusivity than those in the QG model.

A natural next step to verify the findings in this study is to compare the coherent eddy diffusivity with the tracer diffusivity in a realistic and eddy-resolving ocean model. Estimates of the full-depth tracer diffusivity in a global ocean model has been attempted by Bachman et al. (2020). It would be worth examining whether the coherent eddy diffusivity is correlated with the tracer diffusivity at the e-folding depth of the energy-containing eddies in such a more realistic model.

Mesoscale eddies have been routinely identified and tracked using satellite observations and provided as products by AVISO⁺ Altimetry (2019). These eddy tracks could be used to estimate a Lagrangian diffusivity from observations. Indeed, Ni et al. (2020) have discussed a diffusivity calculated from coherent eddy tracks, although their purpose and approach are different enough to make direct comparisons difficult. In particular, Ni et al. (2020) did not remove the systematic meridional drift of coherent eddies, which results in eddy dispersion that is often superdiffusive. In contrast, we find that the coherent eddy diffusivity in the PE model stabilizes at a constant value. Ni et al. (2020) also do not connect their eddy diffusivity to the tracer diffusivity in the ocean interior, while we find that the coherent eddy diffusivity is correlated with the tracer diffusivity at a depth that can be estimated from SSH observation and hydrography.

The coherent eddy diffusivity obtains a stable value much faster than the particle diffusivity, suggesting that using coherent eddy tracks may be more efficient than using surface drifters and subsurface floats to estimate diffusivity, though the coherent eddy diffusivity does not estimate the tracer diffusivity at the same depth as the drifters and floats do. Connecting these diffusivity estimates require knowledge of the vertical structure of eddy velocity (W. Zhang & Wolfe, 2022). Ni et al. (2023) provides an estimate of full-depth eddy kinetic energy based on composite analysis of altimeter and Argo observations. Such a dataset can be used to combine the deep diffusivity estimated from coherent eddies, the surface diffusivity estimated from drifters (e.g., Zhurbas et al., 2014), and the subsurface diffusivity estimated from floats and Argo (e.g., J. LaCasce et al., 2014; Balwada et al., 2016; Roach et al., 2018) to infer the full vertical profile of the tracer diffusivity. This approach will be pursued in future work.

674 Acknowledgments

We thank Ryan Abernathey, Scott Bachman, Edmund Chang, Stephen Griffies, and Shafer Smith for helpful comments and discussions. This work was supported by the NSF (OCE-2048826). W.Z. was also supported by award NA18OAR4320123 from the National

678 Oceanic and Atmospheric Administration, U.S. Department of Commerce. The state-
 679 ments, findings, conclusions, and recommendations are those of the author(s) and do not
 680 necessarily reflect the views of the National Oceanic and Atmospheric Administration,
 681 or the U.S. Department of Commerce. The authors would like to thank Stony Brook Re-
 682 search Computing and Cyberinfrastructure, and the Institute for Advanced Computa-
 683 tional Science at Stony Brook University for access to the SeaWulf computing system,
 684 which was made possible by the NSF (OAC-1531492).

685 Data Availability Statement

686 Model configuration, analysis scripts, data files used for this study are available at
 687 <https://doi.org/10.5281/zenodo.8298569>

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