Evaluate the integral and prove it converges:

$$J = -\int_0^1 \frac{\ln x}{x^2 + 1} dx = \int_0^\infty \frac{x}{2 \cosh x} dx$$

The equality follows from the substitution $u = \ln x$ and subsequently noting that $e^u/(e^{2u}+1) = 1/(e^u+e^{-u})$. Recall that $\cosh z = (e^z+e^{-z})/2$. To see J converges, note $x/\cosh x$ is zero at x=0 and is positive for x>0, so

$$0 \le \int_0^\infty \frac{x}{2\cosh x} dx = \int_0^\infty \frac{x}{e^x + e^{-x}} dx \le \int_0^\infty \frac{x}{e^x} dx = 1$$

So J converges. Because $x/\cosh x$ is odd, contour integration is not so obvious here. Instead, we use integration by parts,

$$J = -\int_0^1 \frac{\ln x}{x^2 + 1} dx = -[(\arctan x)(\ln x)]_0^1 + \int_0^1 \frac{\arctan x}{x} dx$$

Using L'Hopital's, we have:

$$\lim_{x \to 0} (\arctan x)(\ln x) = \lim_{x \to 0} \frac{\arctan x}{1/\ln x} = \lim_{x \to 0} \frac{1/(1+x^2)}{\frac{-1}{(\ln x)^2 x}} = \lim_{x \to 0} \frac{-x(\ln x)^2}{1+x^2} = 0$$

where the last equality follows from $\lim_{x\to 0} x(\ln x)^2 = 0$, which is itself proved using two applications of L'Hopital's. Then,

$$J = \int_0^1 \frac{\arctan x}{x} dx = \int_0^1 \sum_{n=0}^{\infty} (-1)^n \frac{x^{2n}}{2n+1} dx$$

Note the power series converges on [-1,1] (can prove convergence at $x=\pm 1$ using alternating series test), hence it converges uniformly on [0,1] (Abel's theorem) so we can interchange integration and summation,

$$=\sum_{n=0}^{\infty}\int_{0}^{1}(-1)^{n}\frac{x^{2n}}{2n+1}dx=\sum_{n=0}^{\infty}\frac{(-1)^{n}}{(2n+1)^{2}}=G$$

where G denotes Catalan's constant.