

## Macro Roundup Article

**Headline:** [The Teen Mental Illness Epidemic Began Around 2012](#)

**Article Link:** <https://jonathanhaidt.substack.com/p/the-teen-mental-illness-epidemic>

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**Tweet:** .@JonHaidt cites the percent of undergraduates diagnosed with a mental illness and argues that an epidemic of anxiety and depression started impacting young Americans in 2012.

**Summary:** There was no sign of a problem before 2010, and the epidemic is well underway by 2015. You can also see that the rate of depression is much higher in girls, as is the absolute increase (since 2010 an additional 18% of girls suffered from depression in 2021, compared to an additional 6% of boys), however, the relative increase is similar in both sexes: around 150%. The rate had more than doubled before the covid epidemic. The 2020 data were collected in early 2020, just before covid restrictions, and the 2021 data were collected a year later before vaccines were widely available. You can see that covid accelerated the rise in depression in that last year, but it was already rising really fast.

**Related Articles:** nan

**Primary Topic:** Family/Marriage

**Topics:** Database, Family/Marriage, Op-Ed/Blog Post, Weekly, Workforce

**Permalink:** <https://www.edwardconard.com/macro-roundup/jonhaidt-cites-the-percent-of-undergraduates-diagnosed-with-a-mental-illness-and-argues-that-an-epidemic-of-anxiety-and-depression-started-impacting-young-americans-in-2012?view=detail>

**Featured Image Link:** <https://www.edwardconard.com/wp-content/uploads/2023/02/Percent-Of-US-Undergraduates-Diagnosed-With-A-Mental-Illness-.png>