

## Macro Roundup Article

**Headline:** Youth Risk Behavior Survey

**Article Link:** [https://www.cdc.gov/healthyyouth/data/yrbs/pdf/YRBS\\_Data-Summary-Trends\\_Report2023\\_508.pdf](https://www.cdc.gov/healthyyouth/data/yrbs/pdf/YRBS_Data-Summary-Trends_Report2023_508.pdf)

Author(s)	CDC Staff
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**Tweet:** According to a @CDCgov survey, 57% of female high school students in 2021 experienced persistent feelings of sadness or hopelessness up from 36% in 2011. Male students saw only an 8 percentage point increase.

**Summary:** As we saw in the 10 years prior to the COVID-19 pandemic, mental health among students overall continues to worsen, with more than 40% of high school students feeling so sad or hopeless that they could not engage in their regular activities for at least two weeks during the previous year—a possible indication of the experience of depressive symptoms. We also saw significant increases in the percentage of youth who seriously considered suicide, made a suicide plan, and attempted suicide. Across almost all measures of substance use, experiences of violence, mental health, and suicidal thoughts and behaviors, female students are faring more poorly than male students. These differences, and the rates at which female students are reporting such negative experiences, are stark.

**Related Articles:** nan

**Primary Topic:** Family/Marriage

**Topics:** Database, Family/Marriage, Government/NGO, Weekly, Workforce

**Permalink:** <https://www.edwardconard.com/macro-roundup/according-to-a-cdcgov-survey-57-of-female-high-school-students-in-2021-experienced-persistent-feelings-of-sadness-or-hopelessness-up-from-36-in-2011-male-students-saw-only-an-8-percentage-point-in?view=detail>

**Featured Image**

**Link:** <https://www.edwardconard.com/wp-content/uploads/2023/02/Sad-CDC-.png>