

Macro Roundup Article

Headline: [Even As Pandemic Fades, People are Still Leaving Big Cities](#)

Article

Link: <https://jedkolko.com/2024/03/14/even-as-pandemic-fades-people-are-still-leaving-big-cities/>

Author(s)	Jed Kolko
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Summary: Lower-density suburbs of large metros grew faster than other parts of large metros, mid-size and small metros, and non-metropolitan areas. Urban populations are shrinking despite rising immigration. Net international migration added more growth to urban counties in 2023 than in any year since at least 2010. However, urban counties lost more people due to domestic migration in 2023 than in the years before the pandemic. Domestic out-migration accelerated throughout the 2010s, spiked during pandemic, and continues to more than offset the urban population boost from immigration. Expensive metros lost people. Of the ten metros with the highest cost of living – many of which are in California – nine had population declines in 2023; Seattle was the one expensive metro that grew. Related: Southern Comforts and A \$100 Billion Wealth Migration Tilts US Economy's Center of Gravity South and The Long-Term Housing and Population Shift

Primary Topic: Demographics

Topics: Demographics, Immigration, Op-Ed/Blog Post, Workforce

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