

Macro Roundup Article

Headline: [Suicide Rates for Girls Are Rising. Are Smartphones to Blame?](#)

Article Link: <https://www.economist.com/graphic-detail/2023/05/03/suicide-rates-for-girls-are-rising-are-smartphones-to-blame>

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Publication	The Economist
Publication Date	May 09, 2023

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Summary: We focused on suicides and hospitalisations for self-harm among 17 countries. Both indicators look worrying for girls. Suicide rates have been falling overall, but girls—who kill themselves less often than other groups—are an exception. Among girls aged 10-19, suicide rates rose from an average of 3.0 per 100,000 people in 2003 to 3.5 per 100,000 in 2020. The rate among boys, although higher at 6.1 per 100,000 population, has barely changed. Girls engage in more non-fatal self-harm, like cutting, than boys do. This measure shows even steeper increases. For teenage girls, rates of hospitalisation for self-harm have climbed since 2010 in all 11 countries with available data, by an average of 143%. Boys' average rise was 49%.

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