

Macro Roundup Article

Headline: [At Least Four-In-Ten U.S. Adults Have Faced High Levels of Psychological Distress During COVID-19 Pandemic](#)

Article Link: <https://www.pewresearch.org/fact-tank/2022/12/12/at-least-four-in-ten-u-s-adults-have-faced-high-levels-of-psychological-distress-during-covid-19-pandemic/>

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Tweet: Young Americans are experiencing high levels of psychological distress relative to other adults; 58% of 18 to 29 year old's reported being distressed in surveys conducted between March 2020 and September 2022, relative to 41% of the 50 to 64 cohort. @pewresearch

Summary: About four-in-ten U.S. adults (41%) have experienced high levels of psychological distress at least once since the early stages of the coronavirus outbreak, according to a new Pew Research Center analysis that examines survey responses from the same Americans over time. Experiences of high psychological distress are especially widespread among young adults. A 58% majority of those ages 18 to 29 have experienced high levels of psychological distress at least once across four Center surveys conducted between March 2020 and September 2022.

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