

Macro Roundup Article

Headline: Further Evidence on the Global Decline in the Mental Health of the Young

Article Link: <https://www.nber.org/papers/w32500>

Author(s)	David Blanchflower, Alex Bryson, Anthony Lepinteur, et al.
Publication	National Bureau of Economic Research
Publication Date	May 30, 2024

Tweet: European data from 2021 show that in contrast to the 2011 data, self-reported unhappiness and depression are highest among teens and decline sharply with age. @AlexanderBryson @D_Blanchflower

Summary: In both 2011 and 2021, International Social Survey Program (ISSP) surveys included a Health and Healthcare module, which included the same questions, and 7-step happiness question: If you were to consider your life in general these days, how happy or unhappy would you say you are, on the whole? Chart 1 reports the results of regressing the percentage who say that, over the past four weeks, they were often or very often unhappy and depressed on gender, plus a full set of age and country dummies for each of the two ISSP surveys, for 2011 and 2021. Remarkably, the two lines cross: that for 2011 slopes upwards in age, that for 2021 slopes down in age. The female variable is significantly positive which is a standard finding in the unhappiness literature. Young people with poorer mental health spend more time daily in front of a screen and within-person increases in poor mental health are correlated with spending more time in front of a screen.

Related Articles: Generation Z and the Transformation of American Adolescence: How Gen Z's Formative Experiences Shape Its Politics, Priorities, and Future and Suicide Rates Are Now Higher Among Young Adults Than The Middle-Aged and The Girls Are Not Alright: Responses to Three Claims that the Youth Mental Health Crisis Is Exaggerated

Primary Topic: Family/Marriage

Topics: Academic paper, Database, Family/Marriage, Politics, Workforce

PDF File URL: <https://www.edwardconard.com/wp-content/uploads/2024/05/Mental-Health-of-the-Young.pdf>

Permalink: https://www.edwardconard.com/macro-roundup/european-data-from-2021-show-that-in-contrast-to-the-2011-data-self-reported-unhappiness-and-depression-are-highest-among-teens-and-decline-sharply-with-age-alexanderbryson-d_blanchflower?view=detail

Featured Image Link: <https://www.edwardconard.com/wp-content/uploads/2024/05/21169-further-evidence-on-the-global-decline-in-the-mental-health-of-the-young-featured-thumbnail-image.png>