

Macro Roundup Article

Headline: [The Girls Are Not Alright: Responses to Three Claims that the Youth Mental Health Crisis Is Exaggerated](#)

Article Link: <https://www.afterbabel.com/p/the-girls-are-not-alright-responses>

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Publication	After Babel
Publication Date	April 11, 2024

Tweet: Hospitalizations for intentional self-harm for American girls 10-14 increased 518% between 2007-2009 and 2021 and 91% for the 15-19 cohort. These increases imply a high degree of distress for young American women. @ZachMRausch

Summary: Using CDC nonfatal self-harm data from 2001-2021, we can zoom in on trends among adolescents who first go to the emergency department and are subsequently hospitalized. Since 2007-08, there has been a 518% increase in hospitalizations for 10-14-year-old girls. (The rates for 10-14-year-old boys were unavailable). The data for 15-19-year-old girls also shows a large rise. Suicide is a sex and age-specific phenomenon. Young children rarely die by suicide, while adults do so far more often. Men almost always die by suicide at higher rates than women. This is not because the average adolescent or woman is that much happier than the average adult or man. Instead, there are many cultural and biological forces that drive individuals from some groups to die by suicide at higher rates than individuals in other groups (a topic for another post). In other words, we cannot assume just because rates of suicide for teen girls are low that teen girls are not struggling in unprecedented ways.

Related Articles: Suicide Rates Are up for Gen Z Across the Anglosphere, Especially for Girls, and Suicide Rates for Girls Are Rising. Are Smartphones to Blame? and Teens, Social Media and Technology 2023

Primary Topic: Family/Marriage

Topics: Database, Family/Marriage, Op-Ed/Blog Post, Weekly, Workforce

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