

**WiiMad**



## **MUSIC BOXING MACHINE GROOVE Y SERIES**

**Visit [WiiMadHIIT.com/support](http://WiiMadHIIT.com/support) for the latest digital manual**

# About **WiiMad HIIT**

**Welcome to WiiMad HIIT**

***WiiMad HIIT is a WiiMad brand.***

***At WiiMad HIIT, we believe movement is more than exercise—it's a lifestyle that sparks joy, builds community, and fuels a healthy, vibrant you.***

***Our mission is to make fitness fun, accessible, and rewarding through innovative products like the Music Boxing Machine - Groove Y Series and our interactive APP.***

***Whether you're punching to the beat, flowing through Pilates, or challenging friends in our community-driven competitions, WiiMad HIIT empowers you to embrace a sunny, stress-free life.***

***Join our global WiiMad HIIT community at [WiiMadHIIT.com!](http://WiiMadHIIT.com)***

***Share your fitness journey on Instagram and TikTok with #WiiMadHIIT and @WiiMad.HIIT-turn movement into your daily beat!***

# **YOUR SPECIAL LICENSE**

**Activate Your LICENSE, Join Groove Y Challenges**

**Your WiiMad Music Boxing Machine-Groove Y Series comes with a unique LICENSE tied to your order number. Use it to register or activate in the WiiMad HIIT APP to unlock eligibility for Challenge Hub competitions and join the global community!**

## **How to Activate Your LICENSE:**

- 1. Locate Your Amazon Order Number: Check your Amazon product order details for your order number (e.g., 123-4567890-1234567), which is your LICENSE.**
- 2. Scan the QR code below for instructions on activating your LICENSE in the WiiMad HTT APP and joining challenges.**



# **MASTER YOUR**

**WiiMad**

**Music Boxing Machine-Groove Y Series**

***with our guided training videos!***



Follow us to share your Groove Y journey  
and discover new ways to stay active!



**Instagram: @WiiMad.HIIT**



**TikTok: @WiiMad.HIIT**



**Website: [WiiMadHIIT.com](http://WiiMadHIIT.com)**

# **WiiMad HIIT APP**

**Scan the QR code below to  
download the APP**



**The WiiMad HIIT APP is your hub for  
personalized workouts, community  
challenges, and progress tracking.**

# **WiiMad HIIT CHALLENGE**

*Join the  
WiiMad HIIT Challenge Hub*



*Explore the WiiMad HIIT Challenge Hub!*

*Scan the QR code to discover exciting challenges,  
track your rankings, and log daily check-ins.*

*Connect with the global WiiMad HIIT community,  
unlock potential rewards, and make fitness fun!*

# **SHARE YOUR IDEAS**

## **Shape the Future of WiiMad HIIT**

**Your voice matters! Join the WiiMad HIIT community in two ways:**

- 1) Suggest new products or features you're excited about;**
- 2) Share your experience to inspire others to punch and thrive!**

### **Suggest New Products:**



### **Share Your Experience:**

**Your experience can inspire others! Write a product review for the WiiMad Music Boxing Machine-Groove Y Series on Amazon to share your insights and tips.**

#### **Steps:**

- 1. Go to [Amazon.com](https://www.amazon.com) and sign into your account.**
- 2. Click Orders**
- 2. Find your product and click "Write a Product Review".**



## PRODUCT DATA

**Input: DC 3.7V**

**Power: 7.4W**

**Working Voltage: 3.7V**

**Carton: 45 × 45 × 6.5 cm**

**N.W/GW.: 2.1 KG**

**Battery: 2000mA**

## EASY TO INSTALL

*Peel off the transparent film behind the black adhesive tape and attach it to the back of the Boxing Pro.*



## CAUTION:

- 1. Don't use until 30 minutes after a meal.**
- 2. It should not be used during pregnancy or menstruation.**
- 3. Electronic products can not be washed, can be wiped with a rag.**
- 4. The machine battery is out of power after timely charging, to prevent battery loss.**
- 5. Stop using immediately if you feel that your body is not used to it.**
- 6. It is recommended to wear boxing gloves when using.**
- 7. It is prohibited to disassemble the product without permission.**

# INSTRUCTIONS

## BUTTON:

**On/off:** Long press to Power on and Power off.

**Bluetooth:** Press On/Off button to power on or power off bluetooth.

**Speed:** Press it to adjust the speed, displaying H01-H12, Flashing faster accordingly. Default speed level H01.z

**Mode:** Press it to adjust mode, display P01-P12. Each mode has different speed and difficulty level.

## CHARGING:

Use the mobile phone charger (5V/1A-2A) to charge via the attached cable link. Mounting Boxing Pro should be considered close to the wall socket position.

