

## **PHRM7203 Video Reflection Task Sheet**

### **Brief description and background of the medication administration**

- Setting the scene and context
- Describe the environment you were working in/observing at the time
- General background of the patient including medical history and medications relevant to the event

### **Description and critical appraisal of the event**

- Describe the process of medication administration
- Evaluate: what was good about the medication administration and what could have been improved
- Consider safety strategies used and those that should have been used
- Relate your observations and critical appraisal of the medication administration process to relevant evidence-based literature, recognised resources, professional practice frameworks, policy or procedures.
- Justify your critical appraisal of the event with compelling evidence

### **Reflect on what have you learned**

- Describe how this reflection contributed to the development of your knowledge, skills or professional behaviours and relate these to relevant evidence-based literature, recognised resources, professional practice frameworks, policy or procedures.
  - Critically appraise sources and present them in a balanced way

Consider linking your reflection to one or more of the following:

- Knowledge, skills and performance
- Safety and quality
- Communication and teamwork
- Professional, legal and ethical behaviour

### **Reflect on how has will influence your practice**

In completing your reflection, it will support you in considering some of the questions below:

- How have your knowledge, skills and professional behaviour changed?
- Have you identified any skills and knowledge gaps relating to your professional practice? If so, how will you address these gaps?
- How could this activity lead to improvements in patient care or safety?
- How could your current practice change as a result?
- What aspects of your current practice were reinforced?
- What changes in the team/department/organisation's medication administration process might be necessary to make improvements, if any?