

Monday, August 29

Popsicle Break, Walk to Athletic Center with CAs

3:30-4 p.m.

Along the walkway from Roberts to Athletic Center

From Pavlov to Placebos: The Science Behind College Student Drinking with Jason Kilmer

4-5:30 p.m.

Alfond Athletic Center

Jason Kilmer, assistant professor in psychiatry and behavioral sciences and assistant director of health and wellness at the University of Washington, presents mind-blowing data about social norms and expectations that impact behavior when drinking. Kilmer's humor and endless knowledge of pertinent research engages self-reflection and provides necessary tools to make thoughtful decisions about substance use.

Dinner

5:30-8 p.m.

*Roberts (open until 9)
and Dana dining halls*

First-Years Athletic Team Meetings*

6:30-8 p.m.

Meet in coach-designated locations

Foss Take Over: Roller Rink

9-11 p.m.

Foss Hall

Get your skates on and join us for a skate session and a food tasting hosted by Campus Life staff and student leaders.