

# Wednesday, August 31



## Breakfast

**7-9 a.m.**

*Roberts (open until 9:30)  
and Dana dining halls*

## Athletic Practices\*

**6-8:30 a.m.**

## Healthy Morning Programs\*

**7-8 a.m.**

*Meet outside Pulver Pavilion  
or the Museum of Art*

Join your peers for a jog/walk led by Colby student leaders or for meditation with Jing Ye, counselor with Counseling Services, followed by coffee in the museum.

## In Community: An Affirmation for Learning

**10 a.m.**

*Lorimer Chapel*

Colby's academic and social experiences are connected. Learning is impacted by each of our experiences, especially with regard to diversity, violence, and belonging. Being in community is more than just a notion. Lisa Arellano, associate professor of American studies and women's, gender, and sexuality studies, will explore with you expectations and the value of being in community.