

**Table S13.** Diastolic Blood Pressure Primary Exercise Mode Inconsistency Test with Notesplitting Model.

<b>Comparison</b>	<b>P-value</b>	<b>CrI</b>
<b>d.AET.CT</b>	0.365925	NA
-> <b>direct</b>	NA	-1.4 (-4.7, 2.0)
-> <b>indirect</b>	NA	0.33 (-1.1, 1.8)
-> <b>network</b>	NA	0.0077 (-1.3, 1.3)
<b>d.AET.HIIT</b>	0.663325	NA
-> <b>direct</b>	NA	0.71 (-3.2, 4.6)
-> <b>indirect</b>	NA	-0.20 (-1.6, 1.1)
-> <b>network</b>	NA	-0.10 (-1.4, 1.2)
<b>d.AET.RT</b>	0.889375	NA
-> <b>direct</b>	NA	-0.29 (-2.4, 1.8)
-> <b>indirect</b>	NA	-0.47 (-1.9, 0.95)
-> <b>network</b>	NA	-0.44 (-1.6, 0.70)
<b>d.CT.HIIT</b>	0.246975	NA
-> <b>direct</b>	NA	-4.8 (-13., 3.3)
-> <b>indirect</b>	NA	0.10 (-1.6, 1.8)
-> <b>network</b>	NA	-0.11 (-1.7, 1.5)
<b>d.CT.RT</b>	0.779825	NA
-> <b>direct</b>	NA	-0.84 (-4.1, 2.4)
-> <b>indirect</b>	NA	-0.31 (-2.0, 1.4)
-> <b>network</b>	NA	-0.45 (-2.0, 1.1)
<b>d.HIIT.RT</b>	0.5527	NA
-> <b>direct</b>	NA	2.2 (-6.5, 11.)
-> <b>indirect</b>	NA	-0.44 (-2.0, 1.1)
-> <b>network</b>	NA	-0.34 (-1.9, 1.2)