Supplemental material

**Table S11.** Diastolic Blood Pressure Primary Exercise Mode Bayesian Table of Rank Probabilities and Surface Under the Cumulative Ranking Curve.

Treatment	Rank 1	Rank 2	Rank 3	Rank 4	Rank 5	Rank 6	SUCRA
AET	0.0125375	0.0999000	0.2692625	0.3677375	0.2505625	0.0000000	45.1222500
Control	0.0000000	0.0000000	0.0000000	0.0000000	0.0000125	0.9999875	0.0002500
СТ	0.0498375	0.1638875	0.2079500	0.2271375	0.3511750	0.0000125	46.6807500
HIIT	0.0683875	0.2088625	0.2267125	0.2219875	0.2740500	0.0000000	51.5110000
IET	0.7137875	0.1409875	0.0663625	0.0412875	0.0375750	0.0000000	89.0425000
RT	0.1554500	0.3863625	0.2297125	0.1418500	0.0866250	0.0000000	67.6432500