

# EAP Coach & Program Manager Guide (Staff Only)

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## Purpose of this document

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This guide defines the **professional posture, authority boundaries, and responsibilities** of coaches and program managers within the EAP project.

It is intended to:

- ensure consistent staff behaviour across cohorts;
- protect team autonomy and intern role ownership (including Product Owner and DevOps roles);
- safeguard assessment fairness and professional realism;
- support staff in observing Scrum and DevOps maturity across the full project period.

This document is **staff-only** and must not be shared with trainees.

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## Coaching philosophy

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### Coach ≠ problem solver

Coaches do **not**:

- design solutions for the team;
- prioritise backlog items;
- resolve technical problems for the team;
- take over operational responsibility during incidents.

Coaches **do**:

- ask clarifying questions;
- challenge assumptions;
- make risks visible;
- support reflection on decisions and outcomes;
- reinforce agreed processes and quality standards.

**Principle:** The goal is to develop **professional autonomy**, not dependency.

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## Role of the program manager

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The program manager:

- safeguards consistency across cohorts and staff members;
- ensures assessment fairness and comparability;
- aligns project execution with program governance;

- supports coaches in difficult situations (conflicts, escalation, safety concerns).

The program manager does not interfere with day-to-day team decisions unless governance boundaries are crossed.

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## Authority boundaries that protect team ownership

This project gives the team real responsibility. Staff must protect that responsibility by keeping role boundaries clear.

### Product Owner boundary (team-owned)

The Product Owner role is fulfilled by a **team member**.

Staff must not:

- reorder the Product Backlog;
- define acceptance criteria;
- decide scope on behalf of the Product Owner.

Staff may:

- ask questions about reasoning;
- highlight risks, constraints, or stakeholder impact;
- act as stakeholders requesting clarification;
- support the Product Owner in stakeholder communication without taking decisions away.

This boundary must be respected to ensure fair assessment and real Product Ownership.

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## Layered DevOps responsibility and staff authority

DevOps responsibility in this project is intentionally **layered**, reflecting enterprise environments.

### Intern DevOps engineers – operational responsibility

One or more team members act as **DevOps engineers**. Their responsibilities include:

- maintaining CI/CD pipelines;
- managing deployments;
- monitoring systems and logs;
- responding to operational incidents;
- coordinating rollback or remediation with the team and Product Owner.

Intern DevOps engineers **operate the system** day-to-day.

## Staff – platform and governance authority

Staff members act in platform-level roles, such as:

- cloud or infrastructure owner;
- CI/CD platform administrator;
- security and access authority.

Staff **govern the platform**, but do not operate it as part of the team.

## Authority boundary (non-negotiable)

Staff must **not**:

- take over operational responsibility;
- fix incidents for the team;
- act as shadow DevOps engineers;
- silently correct problems before interns observe them;
- compete with intern DevOps engineers.

Staff **may**:

- apply platform or infrastructure changes (including without prior notice) when acting in a legitimate platform/operator role;
- enforce quality and security constraints;
- act as external forces affecting the system.

This boundary applies **at all times**, not only during incidents.

## Interpretable change rule

Any staff-initiated infrastructure or platform change must be:

- diagnosable through logs, metrics, or pipeline output;
- reversible by staff;
- investigable by the team without insider knowledge;
- fully explainable during debrief.

If a change cannot be reasonably investigated by the team, it must not be introduced.

## Observing Scrum maturity

Use the observations below to guide feedback and to support consistent assessment.

## Sprint Planning

Observe whether the team:

- defines a clear Sprint Goal;
- discusses risks and dependencies;
- considers testing and CI/CD impact;
- negotiates scope based on capacity.

Red flags:

- planning as task assignment only;
- no discussion of uncertainty;
- ignoring quality implications;
- “we will see later” replacing decision-making.

## Daily Scrum

Observe:

- transparency about progress and blockers;
- ownership of impediments;
- peer-to-peer communication (not only reporting to Scrum Master);
- follow-up on yesterday's commitments.

## Sprint Review / Demo

Observe:

- working software, not slides;
- honest discussion of what works and what doesn't;
- evidence of quality (tests, pipeline, logs) where relevant;
- shared ownership (not one person presenting everything).

## Retrospective

Observe:

- psychological safety;
- specific, actionable improvement points;
- follow-up on actions from previous retrospectives;
- willingness to discuss process, not only tasks.

## Observing DevOps maturity (team level)

Key focus areas:

- consistent use of Git Flow;
- quality of Pull Requests and reviews;
- respect for CI/CD quality gates;
- reaction to failing pipelines (calm diagnosis vs blame);
- monitoring/logging usage (not only debugging by "guessing").

Important principle:

- **Failure is acceptable.**
  - **Bypassing quality gates is not acceptable**, unless explicitly approved under a documented exception (rare).
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## Coaching Interpersonal Conflicts

### When Team Members Feel Unheard or Undervalued

**Common Scenario:** Team member's input was not followed in a decision, feels undervalued or not taken seriously.

**Don't:**

- ✗ Solve it for them ("I'll talk to the team" / "Let me fix this")
- ✗ Take sides in the conflict
- ✗ Minimize feelings ("Just get over it" / "It's not a big deal")
- ✗ Let it fester without addressing it
- ✗ Allow passive-aggressive behavior to continue

**Do:**

1. ✅ **Validate feelings:** "I understand you're frustrated. That's valid."
2. ✅ **Coach direct communication:** "What do you need to feel valued? Tell them directly."
3. ✅ **Enforce face-to-face communication:** "Have this conversation in person, not via chat."
4. ✅ **Give structure:** "Use: 'When X happened, I felt Y, I need Z'"
5. ✅ **Follow up:** Check if conversation happened and what the outcome was.

### Why Not Via Chat for Emotional Topics?

For interpersonal or emotional topics, **insist on face-to-face** (or video call):

- Tone and body language matter critically
- Immediate feedback loop prevents misunderstanding
- Builds real human connection
- Prevents written misinterpretation and escalation
- **Professional skill they need:** Difficult conversations happen face-to-face in corporate environments

**Exception:** If there are safety concerns (harassment, intimidation, bullying), involve staff immediately and do not ask parties to resolve it themselves.

## Coaching Script for Direct Communication

### When team member comes to you with interpersonal issue:

"I hear that you're feeling [emotion]. That's valid and I appreciate you sharing that with me."

Here's what I want you to do: Talk to [person] **face-to-face**, not via Teams or Slack.

Sit down together, and tell them:

- When [specific situation] happened
- I felt [specific emotion]
- What I need is [specific request]

Then ask them: 'Can you help me with that?'

This is a skill you'll use throughout your career. Difficult conversations happen face-to-face.

Try it, and let me know how it went."

## What This Teaches

### Professional Skills:

- **Self-advocacy:** Articulating own needs clearly
- **Direct communication:** Addressing issues, not avoiding them
- **Emotional intelligence:** Naming feelings and needs
- **Conflict resolution:** Not escalating, not avoiding, but addressing
- **Relationship ownership:** Taking responsibility for own relationships

**This is more valuable than solving the problem for them.**

## Follow-up (Next Week)

### Brief, informal check-in:

"Hey [name], did you have that conversation with [person]?"

#### If yes:

"How did it go? What did you learn?"

[Listen without judgment]

"Good that you did that. That's professional behavior."

#### If no:

"What's holding you back?"

[Listen for fears/avoidance patterns]

"Do you want me to sit in as observer, or do you want to try it yourself?"

[Usually they choose to do it themselves when offered support]

#### If it went poorly:

"Okay, tell me what happened."

[Listen]

"Do you want to try again with different framing?"

[Coach better communication approach]

## Red Flags to Monitor

**If team member consistently:**

- Has difficulty accepting decisions they don't agree with
- Feels unheard even after being heard
- Struggles to work within constraints
- Avoids direct communication repeatedly

**Then:**

1. Observe if this is a **personal pattern** (vs. situational)
2. Document in confidential incident observations
3. Consider if EAP fit is appropriate
4. Have more direct 1-on-1 conversation:

"I'm noticing a pattern where you struggle with X. In professional contexts, this skill is important. How can we work on this together?"

**Give opportunity to grow first.** Most people can learn these skills with coaching.

## When to Escalate to Staff Leadership

**Escalate immediately if:**

- Safety concerns (harassment, bullying, discrimination)
- Aggressive or threatening behavior
- Team member refuses to engage constructively after multiple coaching attempts
- Conflict is affecting entire team's ability to function
- Legal or ethical boundaries crossed

**Do not try to coach through serious interpersonal violations.** These require staff leadership intervention.

## Intervention guidelines

Intervene when:

- safety, ethics, or respect are at risk;
- the team repeatedly ignores agreed processes or governance constraints;
- assessment integrity is threatened (e.g., staff are pushed to take decisions);
- technical or operational risk becomes unacceptable without visibility.

Interventions should:

- be minimal;
  - focus on behaviour, boundaries, and decision-making process (not solutions);
  - be documented briefly for context (what happened, what boundary was reinforced, what outcome followed).
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## Documentation expectations for staff

To support consistency and fairness across cohorts:

- record key observations per sprint (short bullet notes);
  - keep notes factual (behaviour and evidence, not personality judgement);
  - link observations to agreed expectations (Scrum, DevOps, professionalism);
  - ensure that any incident-related interventions are logged privately and debriefed appropriately.
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## Final note

This guide exists to ensure **consistent, professional coaching** across the program.

Staff authority exists to **govern and challenge**, not to solve.

**END OF STAFF GUIDE**