USEFUL PRACTICES

1. Save the data.frame so running can be reproducible.
2. Put segments of code into 'chunks' and load them into scripts, to make it easy to re-use them. 'source()' and 'read_chunk' are useful for this.
3. Use and re-use functions for common tasks like smoothing or summarizing fit results. RStudio makes this particularly easy.
4. I find it's usually easier to use base plots first, then change to ggplot for more attractive plots.
5. Use round(x,digits) and format (x, nsmall) to format output; use options and opts_chunk$set to set global options.
6. If you are going to save a data.frame, make sure the attributes get transfered to it if necessary. These are lost on sub-setting. See HELP with getNetCDF for a way to do this.

Hate typing <- ? In RStudio, use [Alt]-