

Patient Information

Patient Name:

Amina Yusuf

Age:

36

Preferred Language:

Arabic

Translated By:

MedGo AutoTranslate

Date:

March 29, 2025

Detailed Symptoms

1. Location of Pain:

The strongest pain is located behind the left nipple and is also felt on the opposite side of the body (exact mirrored location).

2. Description of Pain:

Very sharp, pressure-like pain with a sensation that feels cold, hot, and electric.

3. Onset and Duration:

The pain started over five days ago and occurs in episodes.

Episodes are unpredictable in pattern and duration, varying day by day.

The current episode is the most uncomfortable and painful so far.

4. Aggravating and Relieving Factors:

Breathing makes the pain more noticeable.

Caffeine might make the pain worse.

No known specific activities, rest, or medications consistently make it better or worse.

5. Associated Symptoms:

Shortness of Breath: Not sure, but the pain becomes more apparent when breathing.

Heart Sensations: Heart feels slow and painful during episodes, and I do not feel the beats clearly.

Fatigue: Feeling unusually tired.

Dizziness or Lightheadedness: Yes, mild.

This summary does NOT replace a professional medical diagnosis.

All information has been entered by the user. Please confirm all details before making clinical decisions.

Swelling: Not sure if there is swelling in legs, ankles, or abdomen.

6. Symptom Triggers:

Not sure if specific activities (e.g., climbing stairs or walking) trigger the symptoms.

Symptoms do not occur at a specific time of day.

7. Recent Illnesses or Events:

Recent intestinal catarrh and flu.

No recent trauma or surgeries.

8. Neurological Symptoms:

Unsure about numbness, tingling, or changes in vision.

Medical History

1. Relevant Medical History:

History of arrhythmias.

No history of high blood pressure, diabetes, high cholesterol, or thyroid disorders.

2. Medications and Supplements:

Currently taking vitamins and iron supplements.

3. Lifestyle and Habits:

Diet: No alcohol, minimal fatty foods, and very little salt intake.

Exercise: I do not work out but walk around 10,000 steps daily and move frequently in my apartment.

Smoking, Alcohol, and Drugs: Never smoked, consumed alcohol, or used recreational drugs.

4. Family History:

No known family history of heart disease, sudden cardiac death, or strokes.

5. Stress Levels:

No significant emotional or physical stress.

6. Respiratory and Gastrointestinal History:

Mild asthma during COVID-19 in mid-2022.

No issues with indigestion, acid reflux, or stomach pain.

