

SPIRIT OF ADVENTURE COUNCIL | NORTHERN NEXUS OF ADVENTURE

Recommended Individual Packing List

Item	Suggested Number
<input type="checkbox"/> Backpack, foot locker, plastic bin, or trunk	1
<input type="checkbox"/> Sleeping bag or sheets and a blanket	1
<input type="checkbox"/> Pillow	1
<input type="checkbox"/> Bug net with poles	1
<input type="checkbox"/> Full uniform	1 each Scout shirt, Scout pants/shorts, Belt
<input type="checkbox"/> Walking shoes	1 Pair
<input type="checkbox"/> Hiking boots	1 Pair
<input type="checkbox"/> Underwear	7 Pairs
<input type="checkbox"/> Bathing suit	2
<input type="checkbox"/> Extra clothing (shorts, pants, shirts) ¹	1 pair pants, 2 pairs shorts, 7 t-shirts
<input type="checkbox"/> Sweatshirt or light jacket	1
<input type="checkbox"/> Cap or hat	1
<input type="checkbox"/> Socks	7 pairs
<input type="checkbox"/> Rain gear	1
<input type="checkbox"/> Bath towel, hand towel, wash cloth	2 each
<input type="checkbox"/> Toiletries including soap, shampoo, toothbrush, toothpaste, deodorant	1 each
<input type="checkbox"/> Flashlight	1
<input type="checkbox"/> Canteen or water bottle	1
<input type="checkbox"/> Completed medical form	3 (2 for camp and 1 for the Troop)
<input type="checkbox"/> Medications in original pharmacy containers	As needed
<input type="checkbox"/> Pocket knife	1
<input type="checkbox"/> Watch	1
<input type="checkbox"/> Day pack	Optional
<input type="checkbox"/> BSA Handbook and Fieldbook	1 each
<input type="checkbox"/> Merit badge books	As needed for advancement
<input type="checkbox"/> Pens or pencil and notebook	1
<input type="checkbox"/> Partial merit badge paperwork	As needed
<input type="checkbox"/> Merit badge projects/prerequisites	As needed
<input type="checkbox"/> Bug repellent (no aerosol)	As needed
<input type="checkbox"/> Fishing gear	Optional
<input type="checkbox"/> Camera and film	Optional
<input type="checkbox"/> Musical instrument	Optional
<input type="checkbox"/> OA sash	If a member
<input type="checkbox"/> Spending money	We recommend at about \$12 per day, additional for NeXus branded clothing and souvenirs