

*Competition in the contemporary  
workplace is not good for young  
people's development.*

speaker:王博雯

# OUTLINE

01

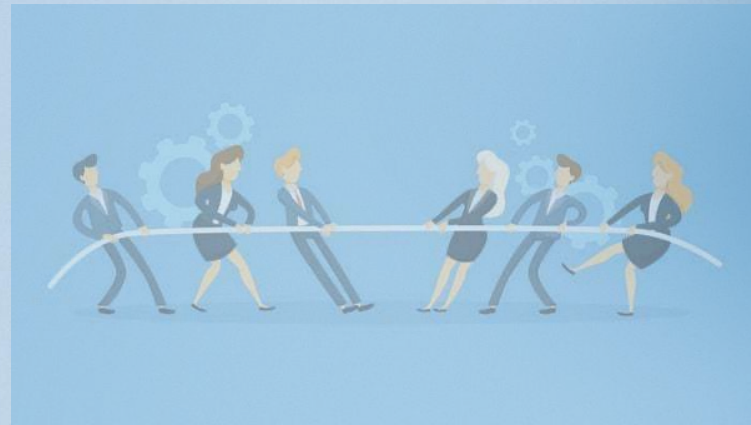
*CURRENT  
SITUATION*

02

*CHALLENGE*

03

*SUMMARY*

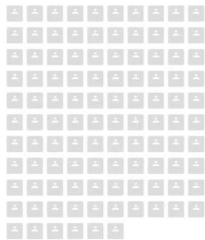


# 01.The current situation of contemporary workplace competition.



全国 TOP100 企业的职位竞争比

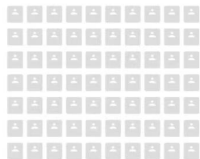
106: 1



TOP100 企业

数据来源：2023 中国年度最佳雇主

70: 1



非 TOP100 企业

In 2023, the job competition ratio of Top100 enterprises is 106:1, namely 106 people compete for one job, and the job competition ratio of non-TOP100 enterprises also reached 70:1. Workplace competition is fierce.

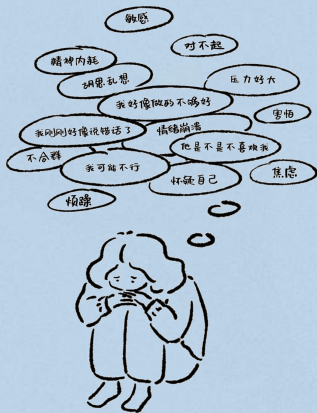
## YOUNG PEOPLE'S WORK STATUS.

how can you not go crazy at work

emotional burn out

slack of

今天的任务完成了吗

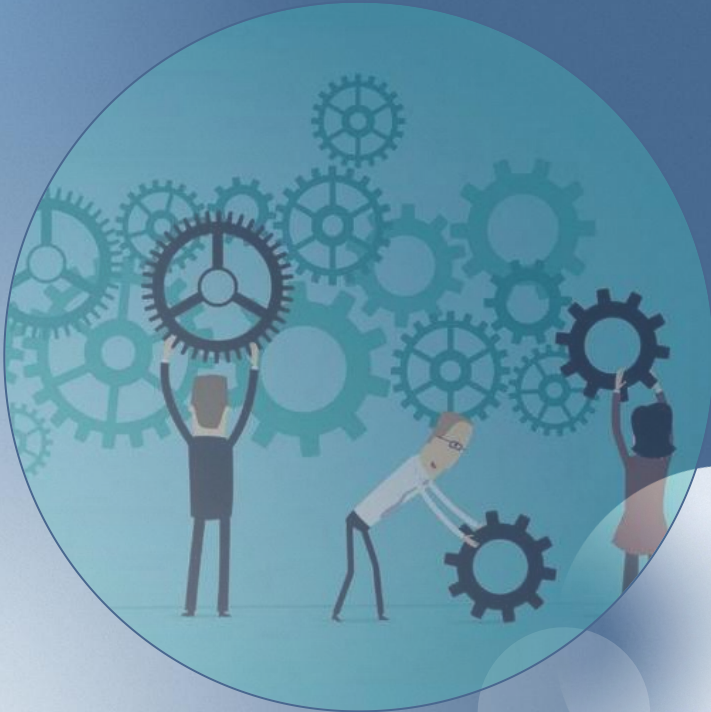


班哪不  
癡的, 罌  
硬罌。



02

Young people face  
many challenges.



# A. Stress and anxiety brought about by competition.



## 脆皮打工人的现状



In order to improve performance, increase workload. Physical and mental health is also at risk.

## B. Competition hinders innovation and personal development.

- **Limited creativity:** In order to pursue efficiency, we only pay attention to safety, ignoring innovation.
- **Lack of development opportunities:** Fierce competition makes companies reluctant to training young people. Managers' mushroom management can prevent newcomers from development.
- **Ignoring personal needs:** Young people may be forced to give up their interests .



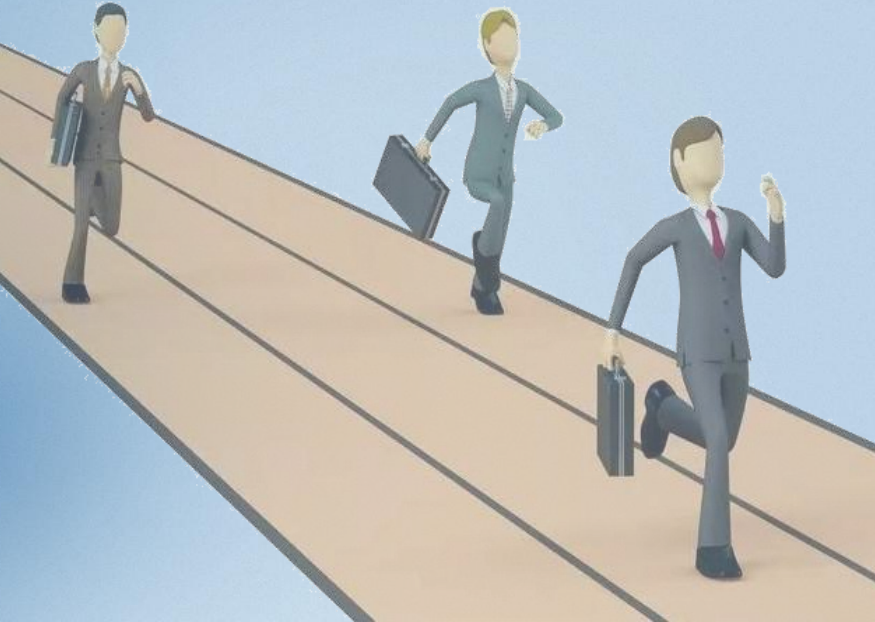
**Mushroom management** is used to refer to newcomers, often placed in a dark corner, unappreciated or miscellaneous errands, accepting all kinds of unwarranted criticism, accusations, do not get the necessary guidance and support, in the process of alone.



# C. Competition leads to deviation from goals and poor collaboration.

- Too competitive, the goal is off.

The 2013 UK Marathon.





- Interpersonal tension.

Competition between colleagues leads to disharmony and can't work as a team .





Summary.

# Reference.

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- 2、 <https://mo.mbd.baidu.com/r/1ivPn9PMqEo?f=cp&u=7401f0495abfb87e>
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THANKS FOR  
LISTENING