



# 新聞稿 PRESS RELEASE

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## PROFESSOR OF MEDICINE TO TALK ON THE QUEST FOR LONGEVITY

"The prolongation of life span has been accompanied by an increase in diseases, sensory impairment and functional disability which are in fact amenable to prevention," according to Professor Jean Woo, Professor of Medicine of The Chinese University of Hong Kong.

"Studies have shown that equal or greater gains were achieved from prevention or delay of several major degenerative diseases, than from the complete elimination of some single major degenerative disease," she added.

In her inaugural lecture on "The Quest for Longevity" to be held on June 9 (Friday) at 5 pm in the Prince of Wales Hospital, Professor Woo will describe how Hong Kong is coping with the challenges of ageing.

"Improvements are desirable in primary health care, the interface between hospital and community care, provisions for long term care, and support for carers of the elderly," Professor Woo said.

"The ultimate target is to achieve a prolongation of healthy active life expectancy, rather than mere life expectancy," she concluded.

Professor Woo received her BA, MB BCh, MA, and MD degrees from the University of Cambridge. Professor Woo began her medical career at Charing Cross Hospital, UK, in 1975 and had since acquired extensive experience working in other medical centres and hospitals in the UK and Hong Kong.

She joined The Chinese University as Lecturer in Medicine in 1985 and was appointed Professor of Medicine last year.

Attachment: Abstract of the lecture