



# 新聞稿 PRESS RELEASE

## Chinese University Professor Warns HK on Diabetes

Professor David C Anderson, the newly-appointed Professor of Medicine and Chairman of the Department of Medicine at The Chinese University of Hong Kong, said that diabetes would receive high priority in his Department's research programme.

"Diabetes is reaching epidemic proportions in Hong Kong", warned Professor Anderson, who took up his post in October. "It is much more common than before and now affects about 10% of the elderly population. Furthermore, half of these patients have high blood pressure. Unless tackled, diabetes will pose an enormous burden on health care as it can lead to kidney and heart disease, gangrene, strokes and blindness." Professor Anderson would like to develop further the specialist service set up at the Prince of Wales Hospital and his Department will expand its programme of research into this urgent problem.

A specialist in endocrinology, with a particular interest in systemic bone diseases and reproductive endocrinology, Professor Anderson's research interests also include osteoporosis, which is rising in incidence due to a sedentary lifestyle and increasing lifespan; he is interested in prevention by various forms of hormonal replacement after menopause. He is a leading authority on Paget's Disease (a bone disease that his research in Manchester suggests may be caused by a virus from dogs) and would like to see if the disease here is different from that found in North-West England, which has the highest incidence in the world.

At the Chinese University, Professor Anderson will apply his extensive teaching experience to push for a critical and creative revamping of medical teaching, including the "rituals" of clinical exams, the better use of available resources, and the move away from what he described as "sectarian" teaching. He is a firm believer in breaking down the artificial barriers between pre-clinical and clinical medicine, and the barriers between different disciplines. The aim is to produce good, rounded doctors who can cope with today's fast changing field of medicine.

To complement the traditional methods of teaching clinical medicine, Professor Anderson is keen to expand the use of teaching videos to Hong Kong. In cooperation with the University of Manchester, he is producing 16 videos this year (8 in UK, 8 in HK) covering major areas of clinical examination. The series will be marketed commercially (including a Chinese language version), which will help put medical teaching at The Chinese University on the world map.

Professor Anderson studied medicine at St. Andrews University (Scotland, UK) and qualified as M.B. Ch.B in 1963. He made his house appointments as physician and surgeon at Dundee and Perth Royal Infirmaries, and obtained his MRCP (London and Edinburgh) in 1966. After studying for a MSc in biochemistry in 1971, he was awarded an MD by Dundee University in 1974. He was elected FRCP in 1979 and MRC Path in 1980. Professor Anderson was appointed Senior Lecturer in Medicine at the University of Manchester in 1975 and was promoted to reader in 1984, and to Professor of Endocrinology in 1986 before being appointed in 1991 as the Professor and Chairman of the Department of Medicine of The Chinese University of Hong Kong.

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Attachment: Photo of Professor David C Anderson