

## **Disclaimer**

*N.B. The terms 'Licensed', 'Medical', 'Psychological/Psychologist', 'Therapeutic/Therapist' and 'Psychotherapy/Psychotherapist' used herein are defined by the State of New York, or applicable United States law.*

### **1. General Information Only**

The content on this website is for informational and educational purposes only. It reflects personal opinions and professional insights but is not intended as medical, psychological, or therapeutic advice.

### **2. Complementary Support, Not a Replacement**

While I am a Certified Integrated Attachment Theory (IAT) coach, I am not a licensed psychotherapist, psychologist, or medical professional. My coaching services provide an alternative and complementary approach to personal development, relationships, and career guidance. They are designed to support personal growth and well-being but do not replace licensed psychotherapy, licensed counseling, or licensed medical treatment. If you are experiencing a mental health crisis or require professional medical advice, please consult a qualified healthcare provider.

### **3. No Client-Therapist Relationship**

Engaging with this website, booking coaching sessions, or communicating with me does not establish a client-therapist or doctor-patient relationship. Coaching is a collaborative process designed for self-improvement and growth, but it is distinct from clinical mental health care.

### **4. Personal Responsibility**

Any decisions you make based on the content of this website or coaching sessions are your own responsibility. I do not guarantee specific results, and outcomes may vary. It is your responsibility to seek professional advice when needed.

### **5. External Links and Third-Party Content**

This website may contain links to third-party resources for additional information. I do not endorse or take responsibility for the content, accuracy, or policies of these external sites.

### **6. Changes to Disclaimer**

This disclaimer may be updated from time to time. Your continued use of this website constitutes acceptance of any modifications.

*If you have any questions, please contact me before making any decisions based on the information provided on this website.*