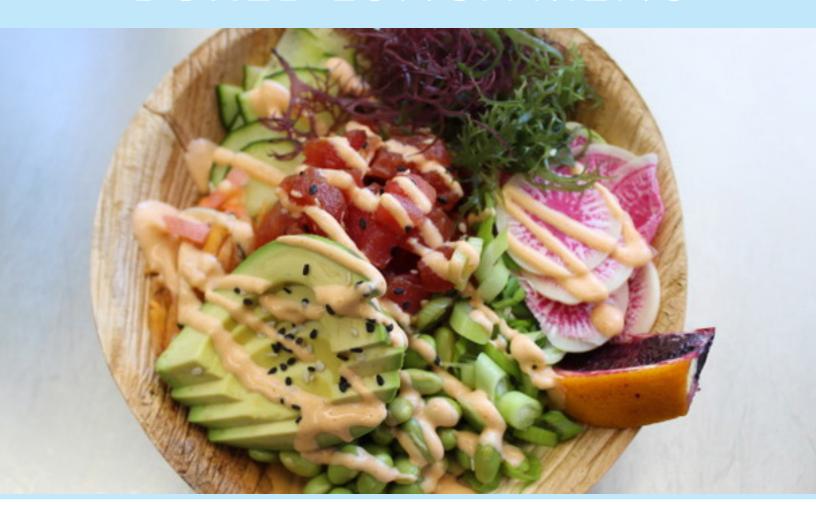


BOXED LUNCH MENU



flavorchefevents@gmail.com • 619.916.8360 • 🚱 flavorchefcatering • 🚯 theflavormobile

1175 Park Center Dr. Ste F. Vista, CA 92081 • flavorchefcatering.com

BOXED LUNCH MENU

SALADS \$10

ADD CHICKEN / SALMON \$4

CAESAR SALAD

chopped romaine, blistered tomato, house Caesar dressing, shaved parmesan cheese, garlic croutons

COBB SALAD

chopped romaine, baby greens, cherry tomato, hard boiled egg, avocado, bacon, blue cheese dressing

SPINACH SALAD

baby spinach, mixed greens, heirloom carrot, cucumber, radish, seasonal fruit, toasted almonds, feta, citrus vinaigrette

SANDWICHES \$15

(ALL SANDWICHES COME WITH KETTLE CHIPS & FRESH FRUIT SALAD)

TURKEY AVOCADO SANDWICH

roasted turkey breast, bacon, tomato, avocado, bean sprouts, lemon aioli, focaccia bread

CHICKEN CAPRESE SANDWICH

grilled chicken breast, buffalo mozzarella, pesto aioli, mixed greens, reduced balsamic drizzle, focaccia bread

Portabella Mushroom Sandwich

grilled portabella, buffalo mozzarella, pesto aioli, mixed greens, reduced balsamic drizzle, focaccia bread cucumber, red wine vinaigrette, parmesan Reggiano

FRESH BOWLS \$15

SANTA FE BOWL

organic quinoa, mixed greens, romaine, cherry tomato, bacon crumbles, cheddar cheese, avocado, chipotle vinaigrette, grilled chicken breast

MEDITERRANEAN BOWL

organic quinoa, mixed greens, feta cheese, sundried tomato, olive, red onion, pepperoncini, red wine vinaigrette, grilled chicken breast

POKE BOWL

fresh ahi, house poke sauce, cucumber, pickled vegetables, green onion, edamame, radishes, sriracha aioli, sesame seeds, jasmine rice

WRAPS \$15

(ALL WRAPS COME WITH KETTLE CHIPS & FRESH FRUIT SALAD)

SO CAL WRAP

spiced Chicken breast, bacon, guacamole, mixed greens, chipotle aioli, fresh tortilla

ROAST BEEF ARUGULA WRAP

sliced roast beef, arugula, provolone, horse radish mayonnaise, fresh tortilla

ROASTED VEGETABLE WRAP

roasted seasonal vegetables, sprouted bean hummus, mixed greens, fresh tortilla

ADD ONS

(\$2 PER PERSON)

LEMON BARS

Meyer lemon, gluten free short bread crust, powdered sugar

SALTED CARAMEL BROWNIES

double chocolate brownie, caramel drizzle, Maldon sea salt

CLASSIC CHOCOLATE CHIP COOKIES

house made chocolate chip cookies

(\$1 PER PERSON)

ASSORTED KETTLE CHIPS

assorted flavors of Hawaiian Kettle Chips

ORGANIC WHOLE FRUIT

organic seasonal whole fruit

ALL IN ONES

CHOOSE ONE STYLE OF MENU & GIVE QUANTITIES OF EACH ENTRÉE

CALIFORNIA BISTRO

HERB CHICKEN WITH SEASONAL CHUTNEY

sweet mashed potatoes, sauteed garden vegetables, Meyer lemon bar

PAN SEARED SALMON WITH ORANGE AND BASIL

sweet mashed potatoes, sauteed garden vegetables, Meyer lemon bar

GRILLED POLENTA CAKE WITH TOMATO RAGOUT

sweet mashed potatoes, sauteed garden vegetables, Meyer lemon bar

THAI

LEMONGRASS AND GINGER CHICKEN

yellow curry, steamed jasmine rice, fresh spring roll, coconut macaroon

GRILLED TOFU CURRY

yellow curry, steamed jasmine rice, fresh spring roll, coconut macaroon

SWEET CHILI SHRIMP

yellow curry, steamed jasmine rice, fresh spring roll, coconut macaroon

MEDITERRANEAN

SPICED CHICKEN KEBAB

cous cous pilaf, Mediterranean salad, naan bread, tzatziki, chocolate chip cookie

SPICED BEEF KEBAB

cous cous pilaf, Mediterranean salad, naan bread, tzatziki, chocolate chip cookie

ROASTED VEGETABLE KEBAB

cous cous pilaf, Mediterranean salad, naan bread, tzatziki, chocolate chip cookie

HAWAIIAN

HULI HULI CHICKEN

steamed jasmine rice, Hawaiian mac salad, Asian slaw, coconut macaroon

KOREAN STYLE SHORT RIBS

steamed jasmine rice, Hawaiian mac salad, Asian slaw, coconut macaroon

COCONUT CRUSTED CAULIFLOWER

steamed jasmine rice, Hawaiian mac salad, Asian slaw, coconut macaroon

MEXICAN

DRY RUB CHICKEN LEG OUARTER

Mexican roasted potatoes, jicama, black bean & corn salad, almond chocolate chip cookie

SALSA VERDE FLANK STEAK

Mexican roasted potatoes, jicama, black bean & corn salad, almond chocolate chip cookie

VEGETARIAN CHILI RELLENO

Mexican roasted potatoes, jicama, black bean & corn salad, almond chocolate chip cookie

TUSCAN

CHICKEN PARMESAN

house salad, penne pasta marinara, Meyer lemon bar

EGGPLANT PARMESAN

house salad, penne pasta marinara, Meyer lemon bar

HEIRLOOM BRUSCHETTA SALMON

house salad, penne pasta marinara, Meyer lemon bar