Ann Waguama Gachoki

Annwaguama4@gmail.com | ←+254724223460 | ♥ Nairobi, Kenya |

I am a compassionate Psychology graduate from Multimedia University seeking the Trauma Counselor position at ITHM-Africa, leveraging my understanding of human behavior and experience in crisis intervention to make a positive impact on trauma survivors' lives.

Experience _____

COMMUNITY TRAUMA COUNSELLING AND AWARENESS. Kariobangi Catholic Church

VOLUNTEER - COUNSELOR

August 2023 - Present

- Enhanced empathy to connect deeply with clients' emotional experiences.
- Acquired expertise in assessing and swiftly responding to trauma-related crises.
- Sharpened verbal and written communication skills to engage trauma survivors effectively.
- Mastered techniques to provide vital support and stabilization during traumatic events.
- Utilized systematic assessment methods to comprehensively understand trauma survivors' needs and strengths.

THE RETREAT REHABILITATION CENTRE.

Nairobi, Kenya

INTERN - COUNSELLOR

April 2023 – July 2023

- Assisted licensed psychologists in conducting individual and group counseling sessions.
- Conducted intake assessments and developed treatment plans for clients seeking addiction recovery support.
- Assisted in developing and implementing therapeutic programs to enhance clients coping skills and self-awareness.
- Collaborated with a diverse team to develop and implement mental health awareness campaigns.

PEER MENTOR

Nairobi, Kenya

VOLUNTEER

September 2021 – December 2021

 Offered personalized guidance and support to juvenile offenders, aiding in their adaptation to prison life.

- Proficiently assisted in document creation and organization, ensuring clear communication and recordkeeping.
- Provided administrative support by managing data entry, filing systems, and record maintenance.
- Conducted thorough research and data compilation to support rehabilitation initiatives.

Skills _____

- I am proficient in maintaining detailed client records and organizing counseling schedules for effective trauma therapy delivery.
- I possess exceptional interpersonal skills to establish rapport and trust with trauma survivors, fostering collaboration and open communication.
- I possess meticulous attention to detail in documenting trauma experiences, ensuring accurate assessment and treatment planning.
- I excel in prioritizing trauma survivors' needs and effectively managing therapy sessions in dynamic environments
- I have comprehensive knowledge of psychological theories and trauma-specific interventions to guide counseling practices effectively.
- I am empathetic and compassionate approach to understanding and addressing trauma-related challenges, promoting healing and resilience.

Education_____

MULTIMEDIA UNIVERSITY OF KENYA

Sept 2019 - Dec 2023

BACHELORS OF ARTS PSYCHOLOGY

MUMBI GIRLS' HIGH SCHOOL

Jan 2014- Dec 2018

KCSE CERTIFICATE

ST ANDREWS KABARE GIRLS BOARDING PRIMARY

Referees _____

Jan 2011- Dec 2013

KCPE CERTIFICATE

CHARLES KENGURA

DR GLADYS NYACHIEO

NURSE COUNSELOR.

SENIOR LECTURER MULTIMEDIA

Contact: **0715224100.**

UNIVERSITY OF KENYA.

Email: charleskengura@yahoo.com

Contact: **0722719874**

GACHOKI ANN WAGUAMA

P.O BOX 1227-00232, RUIRU

EMAIL: Annwaguama4@gmail.Com

PHONE NUMBER: 0724223460

MARCH 10th, 2024

Human Resource Manager,

INTERNATIONAL TREASURE HOUSE MINISTRY (ITHM- AFRICA),

P. O. BOX 15829-509

NAIROBI, KENYA.

Dear Sir/Madam.

RE: APPLICATION FOR POSITION OF A TRAUMA COUNSELLOR

I am writing to express my strong interest in the Trauma Counselor position at ITHM-Africa, as advertised. With a degree in Psychology from multimedia university and a robust background in volunteering and professional experience in counseling and trauma care, I am confident in my ability to contribute effectively

to your team.

My experience at the Community Counseling and Trauma Centre at Kariobangi Catholic Church has

provided me with firsthand exposure to trauma cases and the implementation of effective counseling

strategies. Through this role, I honed my skills in case management, ensuring that each client receives

tailored and comprehensive support throughout their healing journey. Moreover, my volunteer work at the

Kamiti Prison Centre (youth correctional and training center) has equipped me with a deep understanding

of the complexities of trauma, particularly within vulnerable juveniles. Working with incarcerated

individuals has underscored the importance of empathy, cultural sensitivity, and a non-judgmental approach

in providing effective counseling and support.

ITHM-Africa's commitment to excellence and dedication to serving the community resonates with my own

values, and I am eager to contribute to your mission. Thank you for considering my application.

Sincerely,

Ann Waguama.

Certificate No D & & W 6 &





Multimedia University of Kenya

This is to certify that

Gachoki Ann Waguama

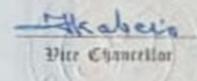
having satisfied all the requirements for the conferment of the degree of

Bachelor of Arts

Psychology Option

Gecond Class Honours - (Upper Division)

held at this University
on the Twenty Seventh Day of October in the Year Two Thousand and Twenty Three





Deputy Vice Chancellor (Acabemic Allairs)





KENYA CERTIFICATE OF SECONDARY EDUCATION

This is to certify that the candidate named below sat for the Kenya Certificate of Secondary Education examination in the subjects shown and anained the grades indicated.







NAME: GACHOKI ANN WAGUAMA MUMBI GIPLS' HIGH SCHOOL

SUBJECT 101 ENGLISH 102 KISWAHILI 121 MATHEMATICS

231 BIOLOGY 233 CHEMISTRY

311 HISTORY AND GOVERNMENT 313 CHRISTIAN RELIGIOUS EDUCATION

443 AGRICULTURE

F1 10204102/055

GRADE
B- (MINUS)
C+ (PLUS)
O (PLAIN)
C+ (PLUS)
C- (MINUS)
B (PLAIN)
B+ (PLUS)
C (PLAIN)



SUBJECTS NAMED EIGHT MEAN GRADE C+ (PLUS)
EXAMINATIONS OF YEAR 2018
PRINTED: 190806 144910

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Chief Executive Officer
Kenya National Examinations Council

Spriste.

Chairman Kenya National Examinations Council

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