

Ann Waguama Gachoki

✉ Annwaguama4@gmail.com | ☎ +254724223460 | 📍 Nairobi, Kenya |

Objective

I am a compassionate Psychology graduate from Multimedia University seeking the Trauma Counselor position at ITHM-Africa, leveraging my understanding of human behavior and experience in crisis intervention to make a positive impact on trauma survivors' lives.

Experience

COMMUNITY TRAUMA COUNSELLING AND AWARENESS. *Kariobangi Catholic Church*

VOLUNTEER –COUNSELOR

August 2023 - Present

- Enhanced empathy to connect deeply with clients' emotional experiences.
- Acquired expertise in assessing and swiftly responding to trauma-related crises.
- Sharpened verbal and written communication skills to engage trauma survivors effectively.
- Mastered techniques to provide vital support and stabilization during traumatic events.
- Utilized systematic assessment methods to comprehensively understand trauma survivors' needs and strengths.

THE RETREAT REHABILITATION CENTRE.

Nairobi, Kenya

INTERN - COUNSELLOR

April 2023 – July 2023

- Assisted licensed psychologists in conducting individual and group counseling sessions.
- Conducted intake assessments and developed treatment plans for clients seeking addiction recovery support.
- Assisted in developing and implementing therapeutic programs to enhance clients coping skills and self-awareness.
- Collaborated with a diverse team to develop and implement mental health awareness campaigns.

PEER MENTOR

Nairobi, Kenya

VOLUNTEER

September 2021 – December 2021

- Offered personalized guidance and support to juvenile offenders, aiding in their adaptation to prison life.

- Proficiently assisted in document creation and organization, ensuring clear communication and record-keeping.
- Provided administrative support by managing data entry, filing systems, and record maintenance.
- Conducted thorough research and data compilation to support rehabilitation initiatives.

Skills

- I am proficient in maintaining detailed client records and organizing counseling schedules for effective trauma therapy delivery.
- I possess exceptional interpersonal skills to establish rapport and trust with trauma survivors, fostering collaboration and open communication.
- I possess meticulous attention to detail in documenting trauma experiences, ensuring accurate assessment and treatment planning.
- I excel in prioritizing trauma survivors' needs and effectively managing therapy sessions in dynamic environments
- I have comprehensive knowledge of psychological theories and trauma-specific interventions to guide counseling practices effectively.
- I am empathetic and compassionate approach to understanding and addressing trauma-related challenges, promoting healing and resilience.

Education

MULTIMEDIA UNIVERSITY OF KENYA
BACHELORS OF ARTS PSYCHOLOGY

Sept 2019 - Dec 2023

MUMBI GIRLS' HIGH SCHOOL
KCSE CERTIFICATE

Jan 2014- Dec2018

ST ANDREWS KABARE GIRLS BOARDING PRIMARY
KCPE CERTIFICATE

Jan 2011- Dec 2013

Referees

CHARLES KENGURA
NURSE COUNSELOR.

Contact: **0715224100.**

Email: charleskengura@yahoo.com

DR GLADYS NYACHIEO
SENIOR LECTURER MULTIMEDIA
UNIVERSITY OF KENYA.

Contact: **0722719874**

GACHOKI ANN WAGUAMA

P.O BOX 1227-00232, RUIRU

EMAIL: Annwaguama4@gmail.Com

PHONE NUMBER: **0724223460**

MARCH 10th, 2024

Human Resource Manager,

INTERNATIONAL TREASURE HOUSE MINISTRY (ITHM- AFRICA),

P. O. BOX 15829-509

NAIROBI, KENYA.

Dear Sir/Madam,

RE: APPLICATION FOR POSITION OF A TRAUMA COUNSELLOR

I am writing to express my strong interest in the Trauma Counselor position at ITHM-Africa, as advertised. With a degree in Psychology from multimedia university and a robust background in volunteering and professional experience in counseling and trauma care, I am confident in my ability to contribute effectively to your team.

My experience at the Community Counseling and Trauma Centre at Kariobangi Catholic Church has provided me with firsthand exposure to trauma cases and the implementation of effective counseling strategies. Through this role, I honed my skills in case management, ensuring that each client receives tailored and comprehensive support throughout their healing journey. Moreover, my volunteer work at the Kamiti Prison Centre (youth correctional and training center) has equipped me with a deep understanding of the complexities of trauma, particularly within vulnerable juveniles. Working with incarcerated individuals has underscored the importance of empathy, cultural sensitivity, and a non-judgmental approach in providing effective counseling and support.

ITHM-Africa's commitment to excellence and dedication to serving the community resonates with my own values, and I am eager to contribute to your mission. Thank you for considering my application.

Sincerely,

Ann Waguama.



Certificate No D 6 6 6 6



Multimedia University of Kenya

This is to certify that

Gachoki Ann Waguama

having satisfied all the requirements for the
conferment of the degree of

Bachelor of Arts


Psychology Option

Second Class Honours - (Upper Division)

was admitted to the degree at a congregation
held at this University
on the Twenty Seventh Day of October in the
Year Two Thousand and Twenty Three


Vice Chancellor




Deputy Vice Chancellor
(Academic Affairs)

The Kenya National Examinations Council



KENYA CERTIFICATE OF SECONDARY EDUCATION

This is to certify that the candidate named below sat for the Kenya Certificate of Secondary Education examination in the subjects shown and attained the grades indicated.



NAME: GACHOKI ANN WAGUMA
MUMBI GIRLS' HIGH SCHOOL

F1 10204102/055

	SUBJECT
101	ENGLISH
102	KISWAHILI
121	MATHEMATICS
231	BIOLOGY
233	CHEMISTRY
311	HISTORY AND GOVERNMENT
313	CHRISTIAN RELIGIOUS EDUCATION
443	AGRICULTURE

GRADE
B- (MINUS)
C+ (PLUS)
D (PLAIN)
C+ (PLUS)
C- (MINUS)
B (PLAIN)
B+ (PLUS)
C (PLAIN)



SUBJECTS NAMED EIGHT MEAN GRADE C+ (PLUS)
EXAMINATIONS OF YEAR 2010
PRINTED: 190806 14/910

Chief Executive Officer
Kenya National Examinations Council



Chairman
Kenya National Examinations Council

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