

## Appendix J: Instruction for Use

### Introduction

This self-defense bracelet (see figure 1) is designed to provide personal protection in threatening situations. It is easy to wear, quick to deploy, and effective at maintaining a safe distance between you and a potential threat. The bracelet wraps around your wrist for everyday carry and can be unraveled into a self-defense tool when needed. This appendix covers:

- Parts list
- Safety information
- Wearing instructions
- Defensive use instructions
- Care guide



Figure 22: Bracelet worn on wrist

### Parts List

Included:

- 1x Self-Defense Bracelet (see Figure 2)



Figure 23: 1x BraceForce

Required conditions:

- A secure fit on the wrist
- Adequate space to swing the bracelet freely when needed

### **Safety Information**

**WARNING:** Use the bracelet responsibly. It is designed for self-defense only.

**CAUTION:** Avoid swinging the bracelet near fragile objects, other people, or pets.

### **Wearing Instructions:**

Step 1: Hold the sleeve in your hand.

Step 2: Wrap the metal piece around your wrist a couple of times.

Step 3: Slide the end into place and adjust the slider for a secure fit.

### **Defensive Use Instructions:**

Step 1: Remove the bracelet from your wrist.

Step 2: Unravel the metal piece from the sleeve.

Step 3: Hold the sleeve end in your hand.

Step 4: Swing it around like a flail to keep distance between you and the threat.

Remember: you don't need to swing it hard, just use it to intimidate or defend.

### **Care Guide**

- Inspect the bracelet regularly for wear and tear.

- Store in a dry place to maintain function.

Congratulations! Your self-defense bracelet is now ready to use. Wear it securely and use it responsibly. Stay safe!