BE YE SOBER AND WATCH UNTO PRAYER

The exhortation is drawn from the words of St. Peter in 1 Peter 4:7.

Why should we sober? Why should we watch and pray? It is because there is great trouble ahead of us. The great tribulation which God Almighty will visit on the wicked on this earth. It will be worse than any horrors any human conflict or war can unleash. However the righteous will be saved by the grace of God. – Daniel 12:1; Matthew 24:21, Zephaniah 1:14,15,17,18; Jeremiah 25:31-33; Isaiah 26:20,21

Knowledge of the danger ahead should make us to fear God so as to enjoy his blessings. We should not break the laws of God due to sinful pleasures as happened in the time of Noah and Lot. See Luke 17:26-30; Luke 21:33-36.

These sinful pleasures are listed in Galatians 5:19-21, while godly qualities known as fruits of the spirit are listed in chapter five verses 22 – 23.

To "watch and pray" involves studying the Scriptures to know how they fulfil and to be prayerful for God to help us to do the work until the end. (2 Peter 3:11; 1 Peter 4:17,18; 1 Thessalonians 5:1,2,6,8,9) We should watch, study the future, get the true knowledge of God, have faith, love for God and our fellow man. "But the end of all things is at hand: be ye therefore sober, and watch unto prayer. – 1 Peter 4:7.