

 ref id_1

Solar eclipses have been historically associated with signif...

Studies suggest that belief in astrological

 ref id_5

Medical experts recommend focusing on evidence-based practic...

 ref id_9

The psychological effects of celestial events are often medi...

 **Metric**

MAPFactuality
0.75 0.80

 ref id_4

Some individuals report heightened creativity and introspect...

Mood changes and feelings of unease are commonly reported du...

 ref id_8

Eclipses may inspire evaluations of one's life purpose and l...

 **Commentary B**

The student's answer does cover a range of possible effects and importantly mentions the lack of sci...

How the solar eclipse can affect mental health?

The effects of a solar eclipse on mental health depend on one's personal beliefs in whether stellar phenomena can have such an effect. People who believe in astrology report things like agitation, unusual dreams, sudden bursts of creativity, and even relationship difficulties[3]. Also mood changes, dizziness, tiredness, and interference with overall mental well-being are reported[4, 5, 6]. Although major decisions are discouraged during this time, eclipse are said to also foster creativity and self-expression,

9 refs

Regenerate

 ref id_2

Astrological interpretations of solar eclipses often emphasi...

 ref id_6

There is no scientific evidence supporting the idea that sol...

 **Commentary B**

This is a fairly thoughtful response. Strengths: the student acknowledges both reported experiences ...

 ref id_3

Research indicates that cultural narratives around eclipses ...

 ref id_7

Mental health professionals advise against making major life...

 **Commentary A**

I see where the first review was coming from, but it's a bit too strict and undersells the student's...