

Vision Into Reality

GOAL SETTING

for 2021





begin with the end in mind

CLARITY OF VISION



1. Who do you want to be?
2. What do you want to do?
3. What do you want to have?

*Your mind cannot
distinguish between
reality and what we
vividly imagine.*

*We live what we
believe we are.*

*Whatever you have now
you are allowing.*



where to focus (2)

LIFE AREAS

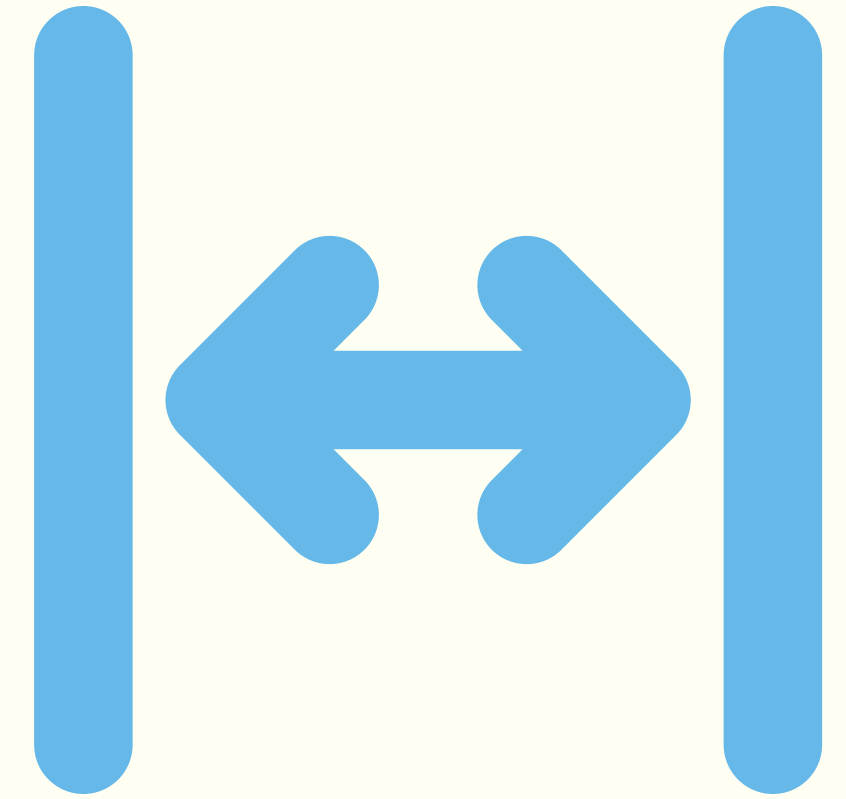
- 1. Health and Wellness**
- 2. Finances**
- 3. Relationships**
- 4. Emotional Wellbeing**
- 5. Purpose / Career / Mission**
- 6. Time**
- 7. Contribution / Legacy**



measure the gap

HOW FAR ARE YOU?

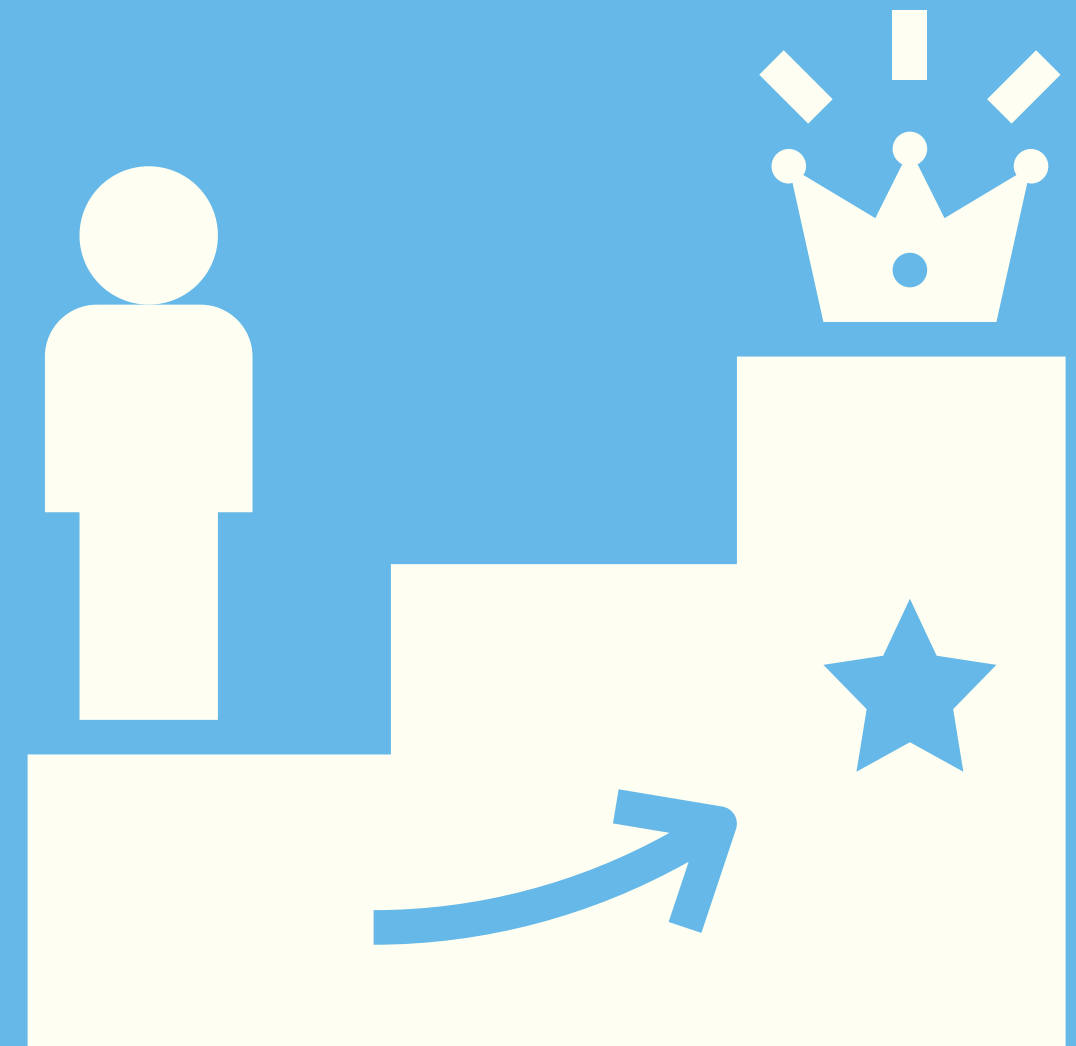
1. When you look at that future version of yourself and your life, what does that look like in each area?
2. What does it look like now?
3. What needs to change?
4. How can you measure it?





NEXT LEVEL

1. What would be the next meaningful level of achievement in this area?
2. What is a next milestone that if you accomplished it you could feel like you made progress?
3. Why does it matter? How will you feel when you hit it?



SET THE GOAL

1. Specific
2. Measurable
3. Timeframe



action leads to success

MAKE A PLAN

1. Write down an action plan.
2. What you will do to hit the target.
3. Make it something you can commit to for yourself.





uncertainty & indecision

I DON'T KNOW ...



1. If I did know I would ...
2. Write down some options, pick and take action.
3. If that one doesn't work, you have ruled it out and
you just pick another one.
4. Success leaves clues.

Take massive consistent
action.

Make decisions not
preferences.

*Self-confidence = Self-integrity.
It is the ability to rely on yourself
to follow through.*

There are winners and
there are learners.



take **ACTION NOW** **TO DO TODAY**

1. Make it non-negotiable.
2. Do it first.
3. Make a Daily Ritual or an Action Item.
4. Resolve the night before and plan it.



check in & accountability

RECALIBRATE

1. Set a schedule to check in on your progress (daily & weekly)
2. Address anything that is blocking you.
3. If you mess up, shake it off and shift in that moment.

