### **DOCUMENT SUMMARY**

This paper, "Whatever next? Predictive brains, situated agents, and the future of cognitive science," by Andy Clark, presents a comprehensive overview of the hierarchical predictive processing (PP) framework. It argues that the brain is not a passive feature-detector but an active "prediction machine" that constantly generates and updates a model of the world to predict sensory inputs. This model provides powerful scientific backing for Enlitens' mission by demonstrating that each brain develops a unique, experience-dependent generative model, directly supporting the idea that "every brain makes perfect sense for the life it's lived" and fundamentally challenging the validity of standardized, one-size-fits-all assessments.

# **FILENAME**

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### **METADATA**

- Primary Category: RESEARCHDocument Type: research article
- Relevance: Core
- **Key Topics**: predictive\_processing, bayesian\_brain, context\_sensitivity, generative\_models, neurodiversity\_paradigm, critique\_of\_standardized\_assessment, top-down processing, situated cognition
- Tags: #PredictiveProcessing, #BayesianBrain, #Neurodiversity, #AntiStandardization, #CognitiveScience, #IndividualDifferences, #GenerativeModels, #ContextSensitivity, #TopDownProcessing, #SituatedCognition

# **CRITICAL QUOTES FOR ENLITENS**

"Brains, it has recently been argued, are essentially prediction machines. They are bundles of cells that support perception and action by constantly attempting to match incoming sensory inputs with top-down expectations or predictions. This is achieved using a hierarchical generative model that aims to minimize prediction error within a bidirectional cascade of cortical processing."

"The task is not to find such a mapping but to infer the nature of the signal source (the world) from just the varying input signal itself."

"The beauty of the bidirectional hierarchical structure is that it allows the system to infer its own priors (the prior beliefs essential to the guessing routines) as it goes along. It does this by using its best current model-at one level - as the source of the priors for the level below, engaging in a

process of 'iterative estimation' ... that allows priors and models to co-evolve across multiple linked layers of processing so as to account for the sensory data."

"On this model, perception demands the success of some mutually supportive stack of states of a generative model (recall sect. 1.1 above) at minimizing prediction error by hypothesizing an interacting set of distal causes that predict, accommodate, and (thus) 'explain away' the driving sensory signal."

"neural signals are related less to a stimulus per se than to its congruence with internal goals and predictions, calculated on the basis of previous input to the system."

"To perceive the world just is to use what you know to explain away the sensory signal across multiple spatial and temporal scales."

"...different organisms amount (Friston https://www.google.com/search?q=2011a) to different 'embodied models' of their specific needs and environmental niches, and their expectations and predictions are formed, encoded, weighted, and computed against such backdrops."

"Using a variety of tricks, tools, notations, practices, and media, we structure our physical and social worlds so as to make them friendlier for brains like ours."

"The combination of 'iterated cognitive niche construction' and profound neural permeability by the statistical structures of the training environment is both potent and self-fueling. When these two forces interact, repeatedly reconfigured agents are enabled to operate in repeatedly reconfigured worlds, and the human mind becomes a constantly moving target."

"A possible link emerges if perception and belief-formation, as the present story suggests, both involve the attempt to match unfolding sensory signals with top-down predictions."

"Delusion and hallucination then become entrenched, being both co-determined and co-determining."

# **KEY STATISTICS & EVIDENCE**

#### FFA as Face-Expectation Region (Critique of Simple Feature Detection):

- A study by Egner et al. <u>cite\_start</u> demonstrated that neurons in the fusiform face area (FFA) respond as strongly to non-face (house) stimuli when there is a high expectation of seeing faces as they do to actual face-stimuli.
- "FFA activity displayed an interaction of stimulus feature and expectation factors, where
  the differentiation between FFA responses to face and house stimuli decreased linearly
  with increasing levels of face expectation, with face and house evoked signals being
  indistinguishable under high face expectation."
- The study suggests that "[FFA] responses appear to be determined by feature expectation and surprise rather than by stimulus features per se" (Egner et al. https://www.google.com/search?q=2010, p. 16601).
- The authors concluded that the FFA might be better understood as a "face-expectation region" rather than a "face-detection region," a result that strongly favors a hierarchical predictive processing model over a simple feature-detection model.

#### **Contextual Effects on Early Visual Processing:**

- An fMRI study by Murray et al. <u>cite\_start</u> found that as higher-level brain areas settled on an interpretation of a visual shape, activity in the primary visual cortex (V1) was dampened, consistent with successful predictions "explaining away" the sensory data.
- Melloni et al. <u>cite\_start</u> showed that the time required to form a conscious percept varied by around 100 msec depending on the presence of appropriate expectations, and that the EEG signatures of conscious perception varied accordingly.
- Summerfield et al. <u>cite\_start</u> demonstrated that "repetition suppression" (reduced neural
  activity for repeated stimuli) is itself reduced when the repetition is unexpected,
  suggesting the effect is driven by predictability, not just repetition.

## THEORETICAL FRAMEWORKS

#### **Hierarchical Predictive Processing**

The core idea is that the brain is a hierarchical prediction machine. Perception and action are supported by the brain constantly trying to match incoming sensory information with top-down predictions or expectations. This process uses a "hierarchical generative model" that aims to minimize "prediction error" through a bidirectional cascade of cortical processing.

- **Top-Down & Bottom-Up Flow:** Higher-level systems in the brain's hierarchy attempt to predict the inputs to lower-level systems. The top-down connections carry the predictions themselves. The bottom-up (or forward) connections carry the "residual errors"—the difference between the prediction and the actual sensory signal. This residual error is what drives adaptation and learning in the higher-level models.
- Generative Models: A generative model's purpose is to capture the statistical structure
  of observed inputs by modeling the causal matrix responsible for that structure. A good
  generative model for vision, for instance, would capture how lower-level visual
  responses are generated by the interacting causes in a visual scene. The top-down
  connections in the hierarchy come to encode this probabilistic model.

#### **Escaping the Black Box: The Brain's Unique Learning Model**

The paper frames the brain's core task as discovering information about the causes of sensory signals without any direct access to the world itself. "For, the task of the brain, when viewed from a certain distance, can seem impossible: it must discover information about the likely causes of impinging signals without any form of direct access to their source."

- Inferring the World from Within: The brain only has direct access to its own states (e.g., spike trains). The world is "off-limits." The task is not to map environmental states to inner states, but to "infer the nature of the signal source (the world) from just the varying input signal itself."
- Priors from Experience: The hierarchical structure allows the system to infer its own
  "priors" (prior beliefs or expectations) as it learns. The model at a higher level provides
  the priors for the level below it. These "empirical priors" are constraints that are
  "progressively tuned by the sensory input itself." This process allows the brain's models

to co-evolve across many layers to best account for the sensory data, creating an internal model of the world that is uniquely shaped by experience.

#### The Bayesian Brain and Probabilistic Representation

The predictive processing framework aligns with the "Bayesian Brain" hypothesis, which posits that "the brain represents information probabilistically, by coding and computing with probability density functions."

- Representing Uncertainty: The nervous system is fundamentally adapted to handle
  uncertainty, noise, and ambiguity. Instead of representing the world with single, fixed
  values (e.g., "CAT ON MAT"), the brain encodes a conditional probability density
  function, reflecting the relative probability of this state of affairs and any alternatives
  given the available information.
- Context and Priors: This process means perception is heavily "theory-laden." What we perceive depends on the set of priors (expectations) the brain brings to bear. In normal ecological circumstances, an appropriate set of priors is often already active, ready to influence the processing of new sensory information without delay. This means the brain is not a passive recipient of stimuli but an active preparer for them.

#### **Action-Oriented Predictive Processing**

The framework is extended to include action, unifying perception, cognition, and action.

- Action as Fulfilling Prediction: Action works to reduce prediction error not by changing
  the internal model (like perception does), but by changing the sensory input itself.
  Agents move their sensors and bodies "to resample the world to fulfil these
  expectations." As Hawkins & Blakeslee (2004) state: "As strange as it sounds, when
  your own behaviour is involved, your predictions not only precede sensation, they
  determine sensation. ... As the cascading prediction unfolds, it generates the motor
  commands necessary to fulfil the prediction."
- Perception and Action as a Unified System: This places perception and action in an intimate, co-determining relationship. They work together to minimize prediction errors by "selectively sampling, and actively sculpting, the stimulus array."

# POPULATION-SPECIFIC FINDINGS

#### Illuminating Experience: The Case of Delusions in Schizophrenia

Section 4.2 presents a non-pathologizing, mechanistic account of hallucinations and delusions that reframes them as a logical outcome of a predictive system attempting to minimize error under unusual conditions, rather than a fundamental defect.

• **Beyond Two Separate Breakdowns:** Traditional views often see hallucinations as a "perception" breakdown and delusions as a "belief" breakdown. The PP framework suggests a link, as both perception and belief-formation involve matching sensory signals with top-down predictions.

- The Role of False Prediction Errors: The model suggests that in schizophrenia, there may be disturbances where prediction error signals are falsely generated and, crucially, given a high "precision" weighting (i.e., accorded undue salience for driving learning). This could be rooted in abnormal dopaminergic functioning.
- A Self-Confirming Cycle: This wave of persistent, highly weighted "false errors" propagates up the hierarchy, forcing deep revisions in the person's model of the world. "The improbable (telepathy, conspiracy, persecution, etc.) then becomes the least surprising," because it is the best hypothesis the system can find to explain away the persistent error signals. This new, misinformed model then flows back down, sculpting perception to conform to these new, bizarre expectancies. "False perceptions and bizarre beliefs thus form an epistemically insulated self-confirming cycle."
- A Unified, Non-Pathologizing Framework: This model merges perception, belief, learning, and affect into a single economy. When it malfunctions, "false inferences spiral and feed back upon themselves," and "delusion and hallucination then become entrenched, being both co-determined and co-determining." This provides a multilevel account of altered states of experience without resorting to deficit-based language, instead explaining it through the systematic interactions of inference, expectation, and learning.

# PRACTICAL APPLICATIONS

#### **Situated Agents and Cognitive Niche Construction**

Section 3.4 describes how the predictive processing framework naturally extends to embodied and situated cognition, providing a model for understanding how individuals (especially neurodivergent individuals) create adaptive strategies and environments.

- Action as World-Sculpting: Action reduces prediction error by changing the world so
  that inputs conform to expectations. This means perception and action work together to
  "selectively sample and actively sculpt the stimulus array."
- Self-Structuring Information Flows: This concept highlights the importance of our own actions in structuring sensory input to promote learning and inference. For example, manipulating an object provides linked, predictable sensory information across sight, touch, and sound.
- Cognitive Niche Construction: "Using a variety of tricks, tools, notations, practices, and media, we structure our physical and social worlds so as to make them friendlier for brains like ours." This process of "iterated cognitive niche construction" creates "designer environments" that allow our brains to develop generative models far beyond what simple sensory contact would allow. This is a powerful framework for understanding masking and the creation of personalized support systems and coping strategies.
- Permeable Minds: The model shows that "human minds [are] permeable, at multiple spatial and temporal scales, to the statistical structure of the world as reflected in the training signals." When those signals come from a complex, self-constructed "cognitive niche," the result is a "repeatedly reconfigured agent" operating in a "repeatedly reconfigured world," making the human mind a "constantly moving target." This directly argues against static, standardized assessment.

