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Hi, my name is Malik and i'm studying the Master in Game Design at the ZHdK. The informations you provide for this survey is a part of my Master thesis and it will help me to create a toolkit for Game Developers, who want to design a relaxing game experience for the players. You don't need to be a game developer to fill out this survey. You can write here your name or username if you want:

AneViviAne

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How many hours do you spend, on playing video games per week?

8

3

Do you play video games to relax?

No

4

Please name at least 3 video games, which offer in your opinion a relaxing experience, with an explanation as to why you feel relaxed (more answers are also welcome):

Well, i don't feel relaxed while playing, but afterwards. When playing board games with friends in example I feel competitive but still with knowing it doesn't matter if I win or loose, because either way, after wards, I feel relaxed and full-filled because I'm social and have people around me feeling the same. I don't play specifically relaxing games, but sometimes Games make me feel relaxed after a big fight that just was over and I get to explore the enemy empty space and discover some secrets. I don't like to read, I like to watch things just happening.

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Please name at least 3 video games, which offer in your opinion a stressfull experience, with an explanation as to why you feel stressed (more answers are also welcome):

"Eve online" when battling and driving,

"The last of us", "HitMan"(stealth games) (HOW THE f**k AM I SUPPOSED TO KNOW WHAT TO DO? should I sneak and take hours! And what if in the last second someone sees me and everything i did is for nothing?? should I run?

Super Mario Kart"Deluxe" i just somedays get the controls and some days I don't,... and when I don't, my head explodes

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Am i allowed to quote your statements?

Yes

Thank you very much for participating, you can type here other comments, in regards to relaxing game experiences. Please share this survey with other people, to get as many valuable information as possible!

it would be cool to have a relaxing game which you can reflect your day with, you know. I think a lot and just relaxing doesn't do it. I need something more special to distract me with or somehow accept and value myself. Not in some cheesy way thought, I'd like something more abstract, a game that lets me decide what I want to do.

Relaxing games are ok and very useful sometimes i think, but often they get boring and we grow out of them, because we change and so do our ways to calm our selfs.