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Hi, my name is Malik and i'm studying the Master in Game Design at the ZHdK. The informations you provide for this survey is a part of my Master thesis and it will help me to create a toolkit for Game Developers, who want to design a relaxing game experience for the players. You don't need to be a game developer to fill out this survey. You can write here your name or username if you want:

Celine

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How many hours do you spend, on playing video games per week?

20

3

Do you play video games to relax?

Yes

4

Please name at least 3 video games, which offer in your opinion a relaxing experience, with an explanation as to why you feel relaxed (more answers are also welcome):

I play games to relax but it's not always games supposed to be relaxing, sometimes it's childhoods game (final Fantasy x-2), or just the fact to play with friends (League of Legends) if I had to mention a game I played for its relaxing mood I'd say Stardew Valley, Minecraft or even Garrys Mod, I think that the fact that it's a sandbox where you can do whatever you want with friends around is what I prefer the most

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Please name at least 3 video games, which offer in your opinion a stressfull experience, with an explanation as to why you feel stressed (more answers are also welcome):

League of Legends (ranked)

Osu! (multiplayer)

Astral chain (latest game I came with) it's a furious game where you have to handle a lot of things between your character and the robot you're controlling

I think that something that stress me the most is the competition between players

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Am i allowed to quote your statements?

Yes

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Thank you very much for participating, you can type here other comments, in regards to relaxing game experiences. Please share this survey with other people, to get as many valuable information as possible!

It's funny to see that playing with people can be as relaxing than stressful