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Hi, my name is Malik and i'm studying the Master in Game Design at the ZHdK. The informations you provide for this survey is a part of my Master thesis and it will help me to create a toolkit for Game Developers, who want to design a relaxing game experience for the players. You don't need to be a game developer to fill out this survey. You can write here your name or username if you want:

No response

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How many hours do you spend, on playing video games per week?

3

3

Do you play video games to relax?

No

4

Please name at least 3 video games, which offer in your opinion a relaxing experience, with an explanation as to why you feel relaxed (more answers are also welcome):

GTA V- driving and exploring the vast map while listening to some good music. With so much happening in the world of GTA and the fact that it is modelled after the real world, it's nice to wander around, go to places where you normally can't. It strips away all the complications of life and setting you free.

Darkside Detective: A really funny, simple and easy point-n-click adventure game with chill 80s movie inspired music and light stories with cheesy but loveable character. The game offers a chill experience mainly through it's simplicity and nostalgia/smart humor.

Cards Against Humanities(Not a video game but I think it's offers a relaxing experience but maybe the digital version of the game can be considered as a video game.): Dark Humor. People with same sense of humor. It offers you freedom of speech and a safe area where everything can be said without anyone being butthurt.

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Please name at least 3 video games, which offer in your opinion a stressfull experience, with an explanation as to why you feel stressed (more answers are also welcome):

Do Not feed the Monkeys: Multi-tasking.

Darkest Dungeon: Too close to reality. Everything is beyond your control apart from you decisions.

Alien Isolation: A smart AI which is learns from its mistakes and your behavior is trying to hunt you down in a spaceship, an atmospheric yet somewhat-scary spaceship.

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Am i allowed to quote your statements?

Yes

7

Thank you very much for participating, you can type here other comments, in regards to relaxing game experiences. Please share this survey with other people, to get as many valuable information as possible!

No response