These days, there is an ongoing debate between people about *television and if it should be viewed as a positive or negative impact to society*. While it is possible to claim that *television provides a source of entertainment to people*, my view is that the disadvantages outweigh the advantages. In this essay, I shall explain my point of view by analysing both sides of the argument

There are several reasons why *Television is considered to be disadvantageous to society*. One of them is that *viewing of television can be a source of distraction in our life, turning away our focus from the more important things in life*. It can also be argued that *we tend to waste hours in front of the television instead of working on our goals and ambitions is life*. It should also be taken into account that *children at a young age spending too much time in front of the television, are missing out on opportunities for all around development*.

Those who argue for *Television* have a different view and say that it can actually be a good thing. Firstly, it is claimed that *Television can be a good source of information to learn new things if used correctly*. Then, there are concerns about *people not viewing television to be unaware of current events and latest new around the world*.

While there are strong arguments on both sides of the case, my personal opinion is that *Television usage is best avoided or minimized as we should focus on other productive tasks instead*. I would strongly recommend that *people view how long time they currently spend on watching Television and see how this time can be put to better use*.