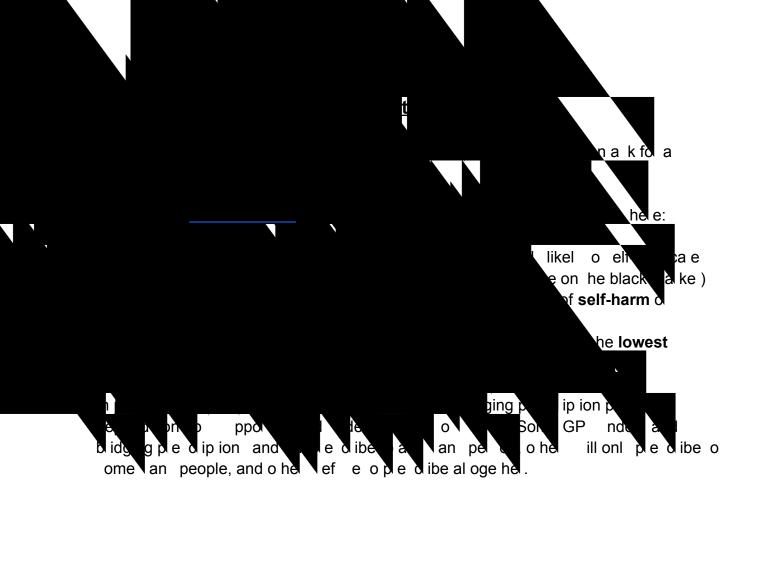
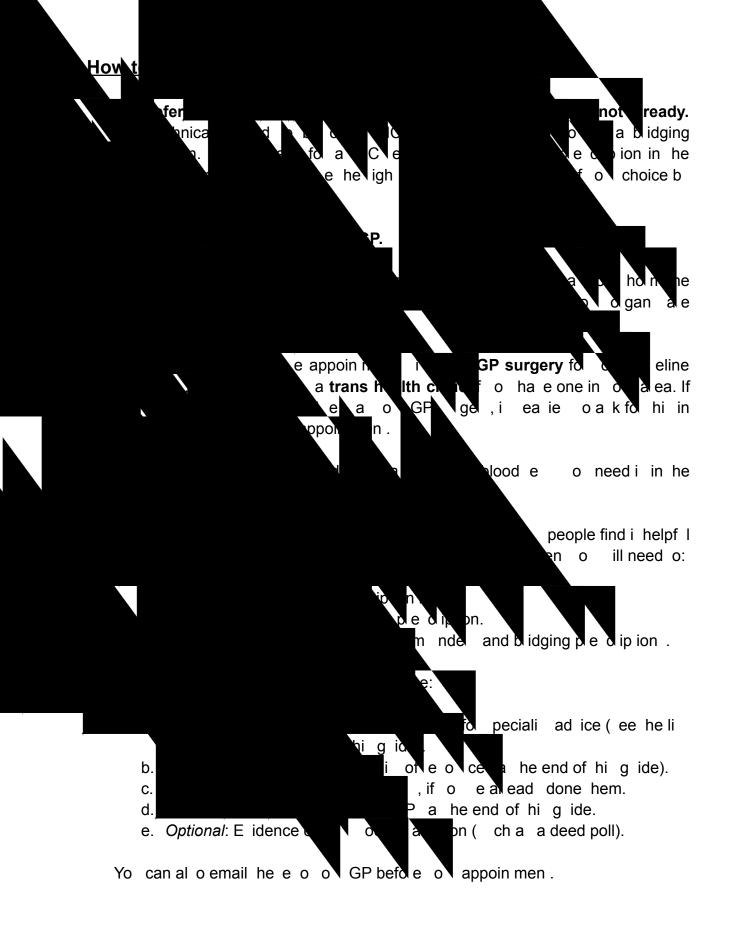


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## **Contents:**

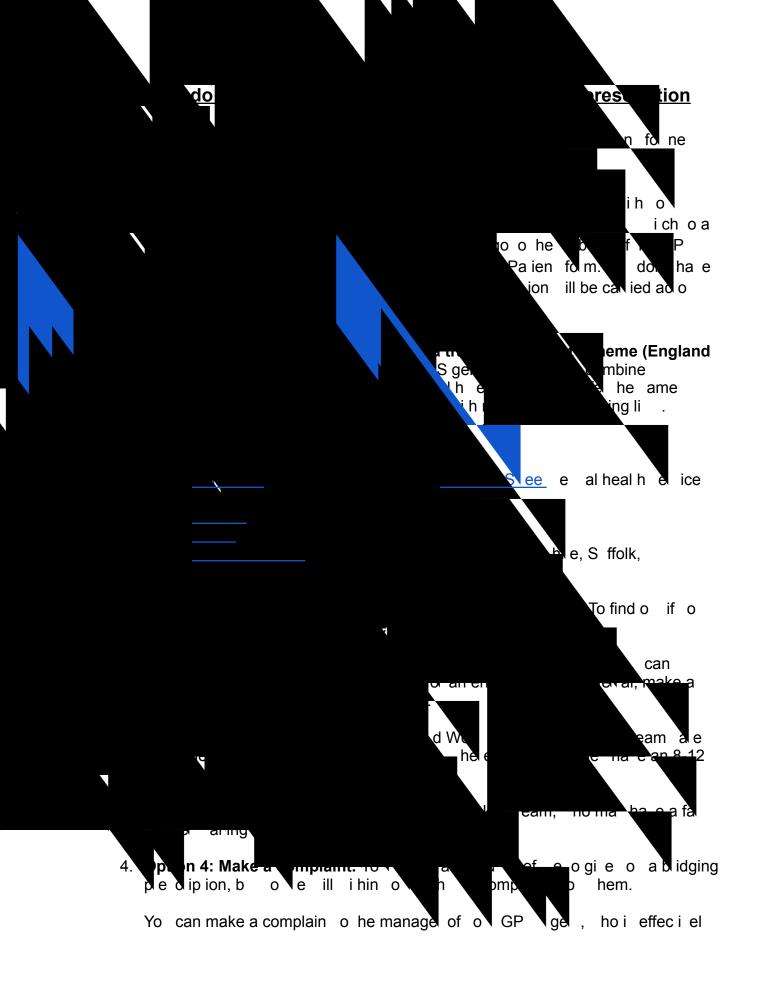
- 1. What is a bridging prescription?
- 2. Who can get a bridging prescription?
- 3. How to ask for a bridging prescription
- 4. What to do if your GP refuses to give you a bridging prescription
- 5. Self-advocacy tips
- 6. Bridging prescriptions and patient rights
- 7. List of resources







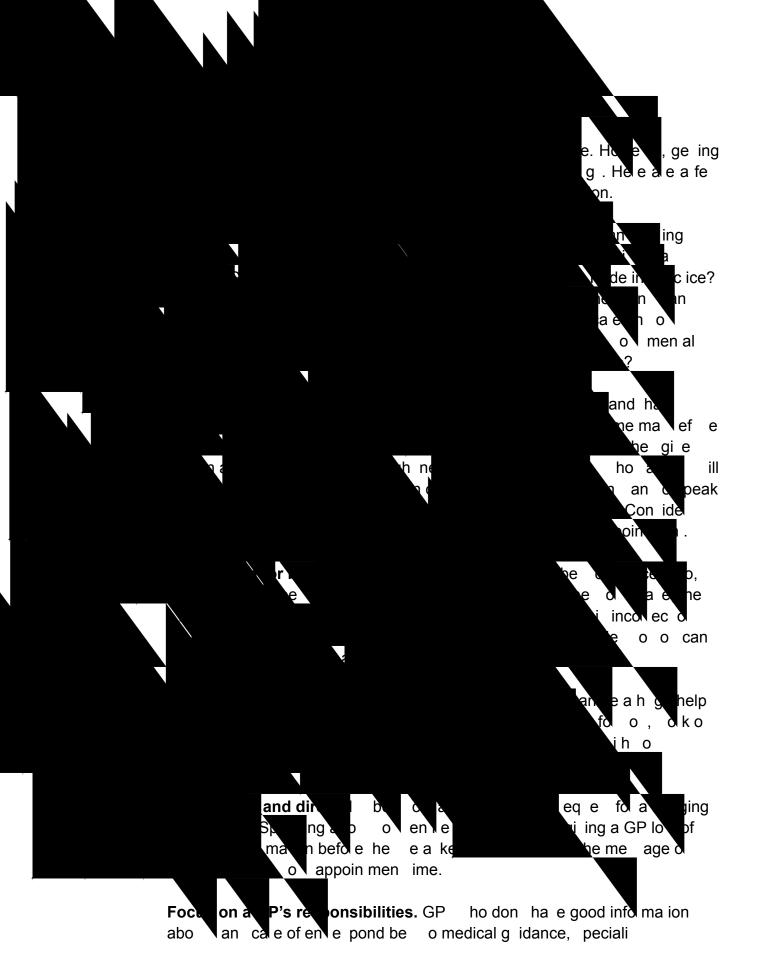
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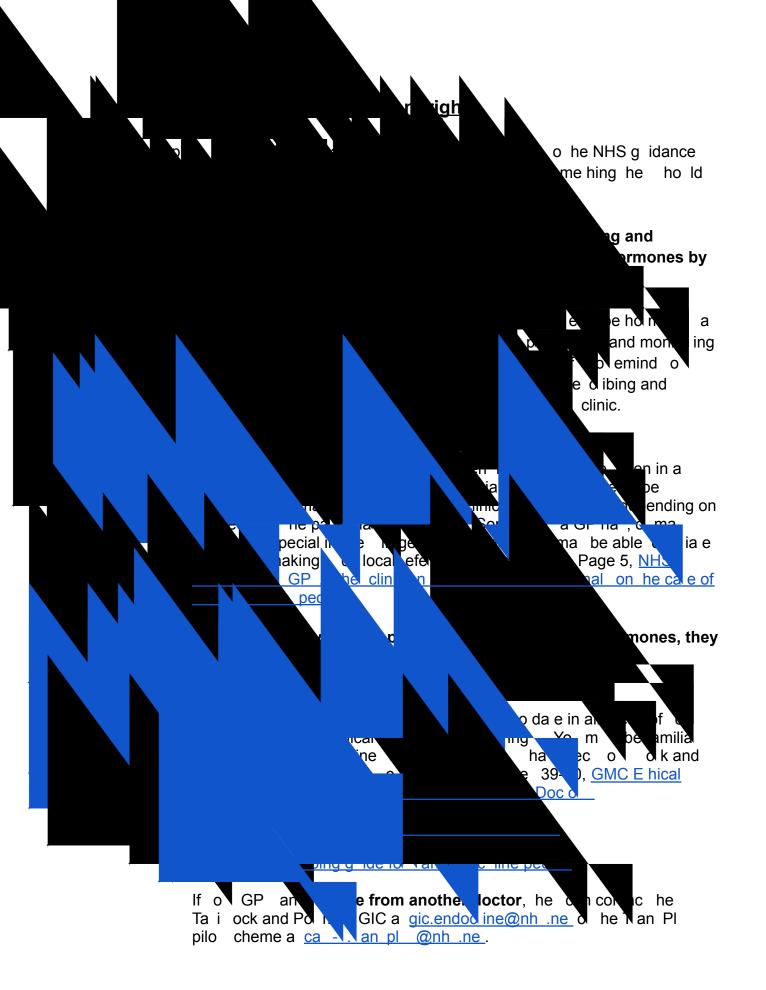
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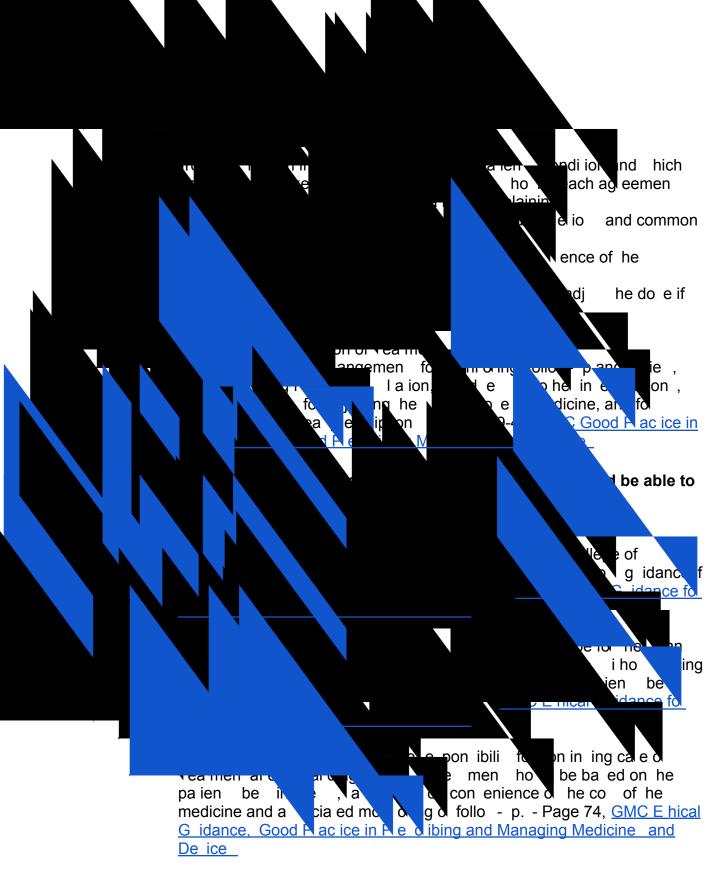
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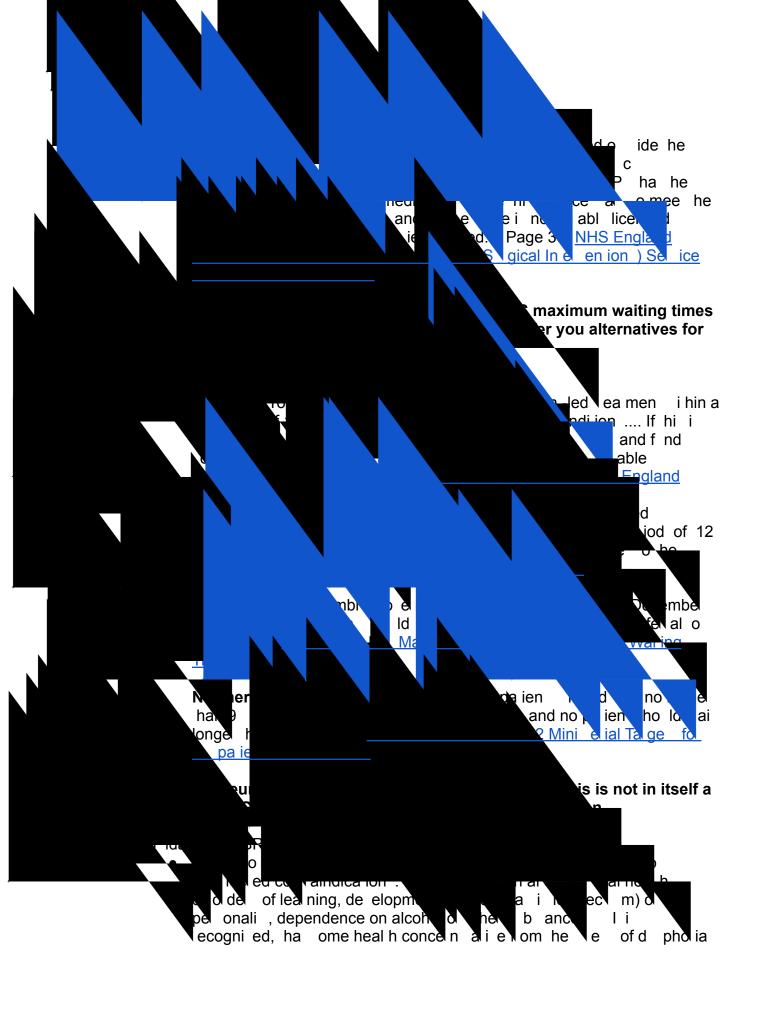
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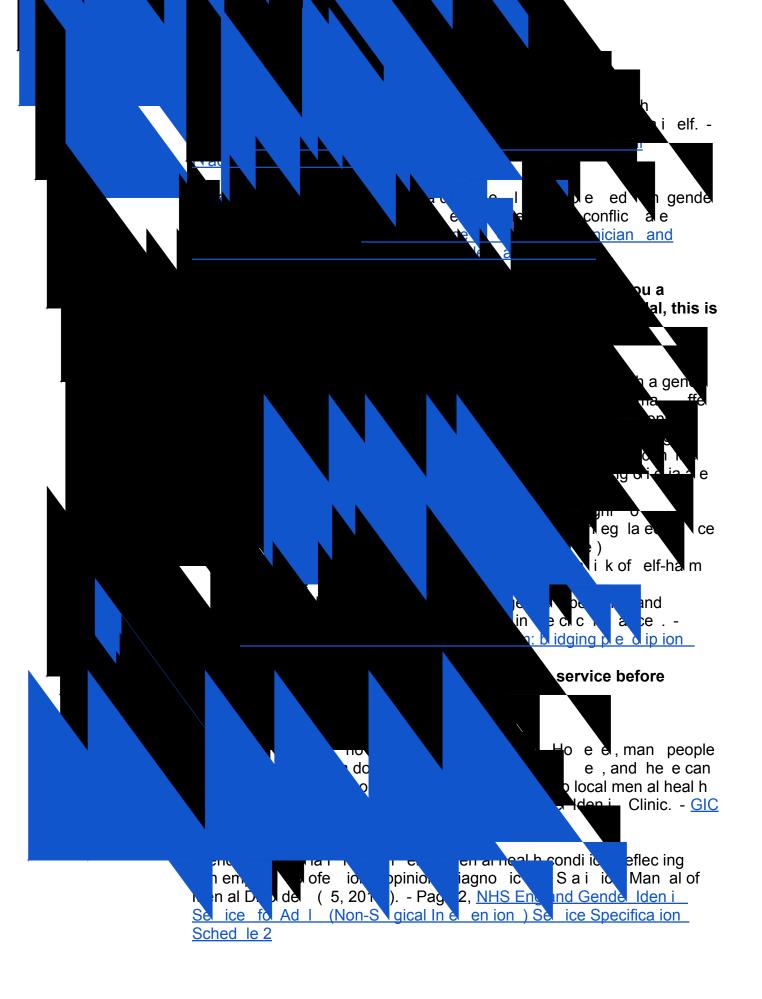
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5. Your GP can prescribe 'unlicensed' medication (which most hormone replacement therapy is) and will need to do so anyway once recommended by a gender clinic.



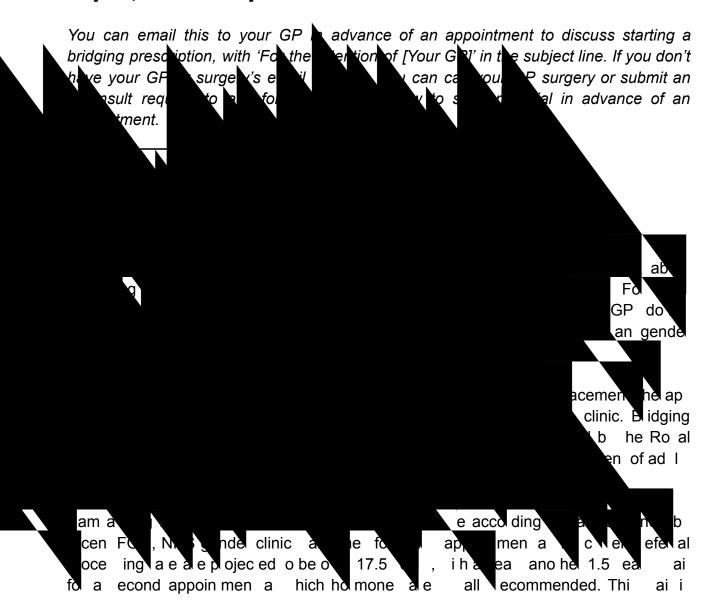


## 7. List of resources

- Template letter for GPs
- Resources for GPs
- Baseline blood tests

## **Template Letter for GPs**

This is a letter designed for use with your GP and contains guidance that was up-to-date as of November 2022. Using this template letter is not a guarantee that your GP will provide you with a bridging prescription. If you use this letter, make sure to edit the [bold, bracketed text].



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Where to Learn More and Get Advice:

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